

Year 2023/2024 340511 - Psychiatry

Information about the subject

Degree: Bachelor of Science Degree in Medicine

Faculty: Faculty of Medicine and Health Sciences

Code: 340511 Name: Psychiatry

Credits: 3,00 ECTS Year: 5 Semester: 1

Module: Human Clinical Training

Subject Matter: Human Pathology Type: Compulsory

Field of knowledge: Health Science

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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345B	Ignacio Diaz Fernandez Alons (Profesor responsable)	ignacio.diaz@ucv.es





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Module organization

Human Clinical Training

Subject Matter	ECTS	Subject	ECTS	Year/semester
Human pathology basis	6,00	General Pathology I	3,00	3/1
		General Pathology II: Analysis by Problems	3,00	3/2
Psychology	6,00	Medical Psychology and Psychopathology	6,00	3/2
Human Pathology	102,00	Clinical Allergology and Immunology	3,00	3/2
		Dermatology	6,00	5/1
		Endocrinology and Nutrition	6,00	5/2
		Haematology	3,00	3/2
		Infectious Diseases	3,00	3/2
		Medical Oncology and Radiotherapy	3,00	5/2
		Medicine and Surgery of the Cardiocirculatory System	9,00	4/2
		Medicine and Surgery of the Digestive System	6,00	4/1
		Medicine and Surgery of the Musculoskeletal System	9,00	4/2
		Medicine and Surgery of the Nephro-Urological System	6,00	5/1



Human Patholog

Medicine and Surgery of the Nervous System	9,00	5/2
Medicine and Surgery of the Respiratory System	6,00	3/2
Obstetrics and Gynaecology	9,00	4/2
Ophthalmology	3,00	3/2
Otorhinolaryngology	3,00	4/2
Paediatrics	9,00	5/2
Palliative Medicine	3,00	6/1
Psychiatry	3,00	5/1
Rheumatology	3,00	4/2



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Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

R1 Know and understand the psychiatric interview, gathering the information necessary to arrive at the precise diagnosis and allow adequate therapeutic guidance. R2 Being able to deepen the psychopathological examination of the patient without losing conception of the person's psychic unit R3 To know and understand the principles and concepts in the field of mental illness, at the preventive, etiopatogenic, clinical and therapeutic level. R4 Knowing and mastering the art of listening as a basic instrument for the exercise of the medical profession, developing the theoretical-practical work of empathy in the doctor-patient relationship R5 Knowing and being able to develop group work, role-playing techniques, assertiveness, Balint groups and expression of feelings R6 Properly understand and use biological and psychological exploratory media, complementary to reach diagnostic guidance R7 Being able to integrate the bio-psycho-socio-spiritual model of psychiatry into medicine, enabling a holistic approach to the person allowing its application to the general clinic R8 To be able to develop a therapeutic plan in mild psychiatric pathology, as well as to refer the patient to the corresponding medical consultation at the appropriate time and in an appropriate manner. R9 Know and master verbal and nonverbal communication with patients, family members, as well as teammates and professionals from other specialties. R10 Perform psychopathological examination appropriately R11 Make a psychiatric medical history with its different sections R12 Know and perform differential diagnosis with organic pathology. R13 Know and make the differential diagnosis of the various psychiatric pathologies R14 Know the different families of psychopharmaceuticals.



R15	Knowing the therapeutic uses and indications of the various psychopharmaceuticals
R16	Know and identify the different psychotherapeutic techniques most common today.
R17	Know the indications of Group Therapy
R18	Knowing and identifying nonverbal and verbal communication
R19	Know the basics of the doctor-patient relationship
R20	Being able to work as a team
R21	Maintaining a critical and tolerant attitude
R22	Being able to make an empathetic listening
R23	Knowing and managing psychiatry classification systems properly



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Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

BASIC		Weighting			3	
		1		2	3	4
CB1	Students have demonstrated to possess and understand knowledge in a study area that starts from the base of the general secondary education, and is usually found at a level that, while supported by advanced textbooks, also includes some aspects that involve knowledge from the forefront of their field of study					X
CB2	Students know how to apply their knowledge to their job or vocation in a professional way and possess the competences that are usually demonstrated through the elaboration and defense of arguments and the resolution of problems within their area of ??study					X
CB3	Students have the ability to collect and interpret relevant data (usually within their area of study) to make judgments that include a reflection on relevant social, scientific or ethical topics				4	X
CB4	Students can pass on information, ideas, problems and solutions to both a specialized and non-specialized audience					X
CB5	Students have developed the learning skills needed to undertake further studies with a high degree of autonomy					x

GENERAL		Weighting
		1 2 3 4
CG4 Developing beliefs and c	professional practice with respect to patient autonomy,	x
	ng and recognizing the effects, mechanisms and ns of the disease on the structure and function of the	X
	ng and recognizing the effects of growth, development n the individual and their social environment	x



CG33	Maintaining and using records with patient information for further analysis, preserving data confidentiality	
CG29	Knowing national and international health organizations and the environments and conditions of different health systems	x
CG24	Establishing good interpersonal communication that enables patients, family members, media workers and other professionals to address patients, families, media and other professionals with efficiency and empathy	x
CG23	Communicating effectively and clearly, both orally and in writing, with patients, family members, media workers and other professionals	X
CG22	Writing medical histories and other medical records in an understandable way to outsiders	x
CG21	Listening to carefully, obtain and synthesize relevant information about the problems afflicting the patient and understand the content of this information	X
CG20	Acquiring enough clinical experience in hospital institutions, health centers or other health institutions, under supervision, as well as basic knowledge of patient-centered clinical management and appropriate use of tests, medicines and other health system resources	X
CG19	Raising and proposing appropriate preventive measures for each clinical situation	X
CG18	Indicating the most appropriate therapeutics of the most prevalent and chronic acute processes, as well as terminally ill patients	X
CG17	Establishing all diagnosis, prognosis and treatment, applying principles based on the best possible information and clinical safety	X
CG16	Recognizing and treating life-threatening situations and those that require immediate attention	X
CG15	Having the ability to make an initial diagnostic judgment and establish a reasoned diagnostic strategy	X
CG14	Perform a physical exam and mental assessment	x
CG13	Getting and writing a medical history containing all relevant information	X
CG12	Understanding the basis of action, indications and efficacy of therapeutic interventions, based on available scientific evidence	x



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CG36 Being able to formulate hypotheses, critically collect and evaluate information for problem solving, following the scientific method

X

SPECIFIC			Weighting			
		1	2	3	4	
CE51	Knowing the biological, psychological and social foundations of personality and behavior				x	
CE52	Recognizing, diagnosing and guiding the management of psychiatric disorders. Psychotherapy				x	

TRANS	VERSAL	Weig	ghting	I
	1	2	3	4
CT1	Analytical and synthesis capacity			X
CT2	Planification and organization capacity			X
СТЗ	Oral and written communication in mother language			x
CT7	Solving problems	x		
СТ8	Making decisions			x
СТ9	Team work	x		
CT10	Interdisciplinary team work			
CT12	Interpersonal relationship skills		x	
CT14	Critical reasoning			x
CT15	Ethical commitment x			
CT16	Individual learning		x	
CT17	New situations' adaptation			1



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CT26	Knowing how to value personal action and know your own skills and limitations			X
CT32	Being able to establish and maintain relationships with other professionals and institutions		X	
CT33	Knowing how to get relevant information from personal interviews	x		

Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5, R6, R7, R8, R9, R12, R13, R14, R15, R16, R17	70,00%	Tests
R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R18, R19, R20, R21, R22, R23	30,00%	Practice exam

Observations

MENTION OF DISTINCTION:

According to Article 22 of the Regulations governing the Evaluation and Qualification of UCV Courses, the mention of "Distinction of Honor" may be awarded by the professor responsible for the course to students who have obtained, at least, the qualification of 9 over 10 ("Sobresaliente"). The number of "Distinction of Honor" mentions that may be awarded may not exceed five percent of the number of students included in the same official record, unless this number is lower than 20, in which case only one "Distinction of Honor" may be awarded.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:



M1	Masterclass
M2	Problems resolution and practical cases
M3	Virtual simulations
M4	Content presentations by teacher
M5	Knowledges and skills explanation
M7	Oral presentation by student
M8	Group activities supervised by professor
M9	Knowledge acquirance through student interaction and activity
M11	Personalised attention by professor
M12	Tests to understand the level of knowledge acquirance and skills
M13	Written work
M14	Online activity on e-learning
M15	Personal study
M16	Information research
M17	Discussion and solving issues in group
M18	Work in team
M19	Group work for searching, discussion and information research
M21	Supervision of clinical histories



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M22 Clinical practices

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Theory class M1, M2, M3, M4	R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18, R19, R20, R21, R22, R23	25,00	1,00
Seminar and group practices M7, M8, M9, M17	R6, R12, R13, R20	6,00	0,24
Tutoring M9, M11	R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18, R19, R20, R21, R22, R23	4,00	0,16
Evaluation M12	R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R19, R23	2,00	0,08
TOTAL		37,00	1,48
LEARNING ACTIVITIES OF AUTONOMOUS WORK			
	LEARNING OUTCOMES	HOURS	ECTS
No attendance M2, M13, M14, M15, M16	R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18, R19, R20, R21, R22, R23	38,00	1,52
TOTAL		38,00	1,52



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Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block Contents

UNIT II

Organic mental disorders (I)Organic mental disorders (II)Substance use disorder (I): Alcohol.Substance use disorder (II): cannabis, stimulants, opiates and hallucinogens. Schizophrenia (I) Schizophrenia (II) Delusional disorder Schizoaffective disorder.Bipolar disorder.Depressive disordersSuicide.Anxiety disorders. Trauma-related disorders and stressors. Obsessive disorders. Somatoform and dissociative disorders. Eating disorder. Impulse control disorder. Sleep disorders. Sexual disorders Personality disorders (I)Personality disorders (II)Developmental and behavioral disorders in childhood and adolescence (I)Developmental and behavioral disorders in childhood and adolescence (II)Psychiatric therapy: prevention.Psychiatric Therapeutics: Pharmacological Treatments (I)Psychiatric therapeutics: pharmacological treatments (II) and other biological therapies. Psychiatric therapeutics: psychotherapeutic treatment.

UNIT I

Description of contentsIntroduction. Biological, psychological and social foundations of psychiatry. Anamnesis and psychopathological examination. Classification of mental disorders.



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Temporary organization of learning:

Block of content	Number of sessions	Hours
UNIT II	14,00	28,00
UNIT I	4,50	9,00

References

MAIN REFERNCE

Vallejo Ruiloba J. Introducción a la Psicopatología y la Psiquiatría. Elsevier Masson. 8ª ed. 2015 **COMPLEMENTARY REFERENCE**

Kaplan-Sadock. Manual de bolsillo de Psiquiatría clínica. Lippincott Williams and Wilkins. 6ªed.2018

Chinchilla A. Breviario de urgencias psiquiátricas. Elsevier Masson. 1ªed. 2011.

Kaplan- Sadock. Sinopsis de Psiquiatría. Lippincott Williams and Wilkins. 11ª ed. 2015.

Stahl. Psicofarmacología esencial. 2ªed. 2009.

McKinnon R. La entrevista psiquiátrica. Ars Médica.

DSM-5. Manual diagnóstico y estadístico de los trastornos mentales. APA. 5 ed. 2013.

CIE-10. Clasificación internacional de enfermedades.

Vallejo J, Leal C. Tratado de Psiquiatría. 2ª ed. Ars Médica. 2010



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Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

<u>Situation 1: Teaching without limited capacity</u> (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

<u>Situation 2: Teaching with limited capacity</u> (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

X

Microsoft Teams



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Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

X Microsoft Teams			
X Kaltura			
Explanation about the practical sess	sions:		



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2. System for Assessing the Acquisition of the competences and Assessment System

Assessment System					
ONSITE WORK					
Regarding the Assessment Tools:					
Х	The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.				
	The following changes will be made to adapt the subject's assessment to the online teaching.				

Course guide		Adaptation		
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used	

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: