



## Information about the subject

**Degree:** Official Master's Degree in the Relationship of Aid and Counselling

**Faculty:** Faculty of Psychology

**Code:** 1420013 **Name:** External Practice Period

**Credits:** 6,00 **ECTS Year:** 1 **Semester:** 2

**Module:** MODULE 3: APPLICATION OF THE RELATIONSHIP COUNSELLING AND SUPPORT

**Subject Matter:** 3.2 External practice **Type:** Internship

**Department:**

**Type of learning:** Online

**Languages in which it is taught:** Spanish

**Lecturer/-s:**



## Module organization

### MODULE 3: APPLICATION OF THE RELATIONSHIP COUNSELLING AND

#### SUPPORT

Subject Matter	ECTS	Subject	ECTS	Year/semester
3.1 Analysis of cases	6,00	Analysis of Cases	6,00	1/1
3.2 External practice	6,00	External Practice Period	6,00	1/2

## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 The student uses the intervention styles presented.
- R2 The student applies the skills of the helping relationship.
- R3 The student implements possible improvements in real cases and modifies interventions towards an optimal helping relationship style.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

BASIC		Weighting			
		1	2	3	4
CB7	To be able to apply the acquired knowledges and the ability of problems resolution in new environments inside wider contexts (or multidisciplinary contexts).				X
CB8	To be able to integrate different knowledges in order to face the complexity of making judgments from incomplete or limited information, that includes reflections about social and ethical responsibilities related to their knowledges and judgements.				X

GENERAL		Weighting			
		1	2	3	4
CG2	Apply the tools of counseling in interdisciplinary work groups showing adaptability to different and plural contexts.				X
CG4	Apply the key elements of the relationship-counseling for specific intervention in conflict multidisciplinary contexts.				X
CG6	Be able to work collaboratively with other professionals and social agents, by exercising a leadership style focused on the person that addresses various common processes that converge roles and responsibilities.				X
CG8	Mastering the skills and techniques and social skills necessary to foster a climate that facilitates the relationship, and that is participatory and promoter of change in crisis.				X
CG11	Integrate efficient attitudes and skills for collaborative and team work towards synergy and to promote the learning of all those involved in the aid relationship.			X	
CG13	Identify actual or potential conflict situations in the team being able to solve effectively implementing technical assistance and Relationship Counselling.				X



SPECIFIC	Weighting			
	1	2	3	4
CE2 Apply the characteristics of the helping relationship techniques, integrating attitudes assistant or counselor for different contexts of exclusion.				X
CE5 Develop leadership skills centered on the person in order to promote ethical and humane management of processes and people.				X
CE9 Develop attitudes and skills effective for intervention with groups of people within the helping relationship.				X
CE13 Apply techniques of motivation and mobilization of people and groups toward healthy behavior styles.				X

## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	40,00%	Presentation of the final memory of practices.
R1, R2, R3	60,00%	Assessment of the work done during the practices by the tutor.

### Observations

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1 Content exposure by the teacher.



- M5 Individual attention to resolve doubts and orientation of the learning process.
- M8 Project learning.
- M9 Study of cases.
- M10 Self-understanding exercises.
- M15 Assessment tests.
- M18 Problem-based learning.



## ON-LINE LEARNING

### SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
SYNCHRONOUS INDIVIDUAL OR GROUP TUTORIES: Individual attention for monitoring and orientation of the learning process, carried out by a tutor in order to review and discuss the materials and topics, seminars, readings, works, etc. M1, M5	R1, R2, R3	20,00	0,80
TRAINING PRACTICES: Carrying out teaching practices. M5, M10	R1, R2, R3	100,00	4,00
<b>TOTAL</b>		<b>120,00</b>	<b>4,80</b>

### ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
INDIVIDUAL WORK ACTIVITIES: Preparation of topics on the materials presented for discussion or delivery in electronic format. M1, M5, M9, M10	R1, R2, R3	30,00	1,20
<b>TOTAL</b>		<b>30,00</b>	<b>1,20</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

Content block	Contents
Session 1: Presentation and monitoring	<ul style="list-style-type: none"><li>·Practice centers</li><li>·Placement in the curriculum</li><li>·Modality of the practicum</li><li>·Procedure to carry out the practicum</li></ul>
Session 2: Content Tracking	<ul style="list-style-type: none"><li>·Competences</li><li>·Learning outcomes</li><li>·Memory of the practicum</li></ul>

### Temporary organization of learning:

Block of content	Number of sessions	Hours
Session 1: Presentation and monitoring	2,00	4,00
Session 2: Content Tracking	8,00	16,00

## References

Course text (Practice Manual), accessible in the Virtual Classroom UCVNet



## Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

**Situation 1: Teaching without limited capacity** (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

**Situation 2: Teaching with limited capacity** (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

### 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☒ Microsoft Teams

☐ Kaltura





## **Situation 3: Confinement due to a new State of Alarm.**

In this case, the following changes are made:

### **1. Educational Activities of Onsite Work:**

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☒ Microsoft Teams

☐ Kaltura

Explanation about the practical sessions:



## ONLINE WORK

### Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

### Comments to the Assessment System: