

Year 2023/2024

1420009 - Application of Counselling in Other Fields

Information about the subject

Degree: Official Master's Degree in the Relationship of Aid and Counselling

Faculty: Faculty of Psychology

Code: 1420009 Name: Application of Counselling in Other Fields

Credits: 6,00 ECTS Year: 1 Semester: 2

Module: MODULO 5. COUNSELLING, VULNERABILIDAD Y EXCLUSIÓN

Subject Matter: 5.2. Application of Counseling in other areas Type: Compulsory

Department:

Type of learning: Online

Languages in which it is taught: Spanish

Lecturer/-s:



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Module organization

MODULO 5. COUNSELLING, VULNERABILIDAD Y EXCLUSIÓN

| Subject Matter | ECTS | Subject | ECTS | Year/semester |
|---|------|---|------|---------------|
| 5.1 Counselling in areas of social exclusión | 6,00 | Counselling in Areas of Social Exclusion | 6,00 | 1/2 |
| 5.2. Application of Counseling in other areas | 6,00 | Application of Counselling in Other Fields | 6,00 | 1/2 |

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 The student describes the most significant elements in normalized populations.
- R2 The student recognizes the contributions of feminism in the intervention of the helping relationship.
- R3 The student relates the characteristics of children and adolescents to carry out the intervention.
- R4 The student identifies the characteristics of elderly, dependent and chronically ill people and the relationship skills to help them care.
- R5 The student knows the field of palliative care and other situations to adapt the intervention to his reality of suffering.
- R6 The student is able to cite the most useful Counselling attitudes and techniques in each of the groups.



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Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

| BASIC | | Weighting | | | g |
|-------|--|-----------|---|---|---|
| | | 1 | 2 | 3 | 4 |
| CB7 | To be able to apply the acquired knowledges and the ability of problems resolution in new environments inside wider contexts (or multidisciplinary contexts). | | | | x |
| CB8 | To be able to integrate different knowledges in order to face the complexity of making judgments from incomplete or limited information, that includes reflections about social and ethical responsabilities related to their knowledges and judgements. | | | | x |

| GENEF | RAL | | Weig | hting | 9 |
|-------|--|---|------|-------|---|
| | | 1 | 2 | 3 | 4 |
| CG1 | Collect information concerning the relationship of help from different sources scientifically proven, incorporating the habit of verification and prioritization of sources of interest. | | | | X |
| CG3 | Design creatively intervention and research projects, helping to expand the frontiers of knowledge of the relationship of help and counseling. | | | X | |
| CG4 | Apply the key elements of the relationship-counseling for specific intervention in conflict multidisciplinary contexts. | | | | x |
| CG7 | Develop new knowledge and techniques Relationship Counselling help and suitable for intervention. | | | | x |
| CG8 | Mastering the skills and techniques and social skills necessary to foster a climate that facilitates the relationship, and that is participatory and promoter of change in crisis. | | | x | |
| CG9 | Acquire knowledge of scientific interest to provide a sufficient vision for the development of ideas and projects of intervention in situations of exclusion and vulnerability. | | | 1 | x |



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| SPECIF | IC | | Weig | hting | ı |
|--------|--|---|------|---------------------------------|---|
| | | 1 | 2 | 3 | 4 |
| CE2 | Apply the characteristics of the helping relationship techniques, integrating attitudes assistant or counselor for different contexts of exclusion. | | | | X |
| CE3 | Distinguish the limits of the aid relationship and key criteria for pointing out the need for further assistance strategies. | | | 1 1 1 1 1 1 | X |
| CE4 | Promote the person who aids, strategies for self-help and learning in situations of adversity . | | | | X |
| CE7 | Describe the different psycho-emotional reactions that occur in the intervention helping relationship-counseling both facilitator and as individuals or collective aid recipients. | | | | X |
| CE9 | Develop attitudes and skills effective for intervention with groups of people within the helping relationship. | | | | X |
| CE10 | Identify key ethical issues in existing intervention aid relationship-counseling. | | | 1 1 1 1 1 1 1 | X |
| CE14 | Pointing out the elements that characterize a sufficient command of intelligence emotional competence of professional agent help. | | | | X |

Assessment system for the acquisition of competencies and grading system

| Assessed learning outcomes | Granted percentage | Assessment method |
|----------------------------|--------------------|--|
| R1, R2, R3, R4, R5, R6 | 10,00% | Attendance and participation in the activities of synchronous communication. |
| R1, R2, R3, R4, R5, R6 | 80,00% | Making deliverables activities. |
| R1, R2, R3, R4, R5, R6 | 10,00% | Ongoing assessments using multiple choice questions. |

Observations



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Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M2 Preparation of topics on presented materials: readings, viewing of films or

documentaries.

- M3 Introspection exercises.
- M4 Realization of deepening exercises and analysis.
- M5 Individual attention to resolve doubts and orientation of the learning process.



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| SYNCHRONOUS LEARNING ACTIVITIES LEARNING OUTCOMES HOURS ECTS SYNCHRONOUS VIRTUAL SESSION: Content exposure by the teacher. M1, M2 PRACTICAL SYNCHRONOUS VIRTUAL R1, R2, R3, R4, R5, R6 18,00 0,72 SESSION: Group work sessions through chat moderated by the teacher. M3, M4 SYNCHRONOUS INDIVIDUAL OR GROUP R1, R2, R3, R4, R5, R6 24,00 0,96 TUTORIES: Individual attention for monitoring and orientation of the learning process, carried out by a tutor in order to review and discuss the materials and topics, seminars, readings, works, etc. M5 TOTAL ASYNCHRONOUS LEARNING ACTIVITIES LEARNING OUTCOMES HOURS ECTS INDIVIDUAL WORK ACTIVITIES: Preparation of topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 TOTAL 18, M2, R3, R4, R5, R6 10,00 0,40 R1, R2, R3, R4, R5, R6 80,00 3,20 R1, R2, R3, R4, R5, R6 10,00 0,40 R1, R2, R3, R4, R5, R6 10,00 0,40 | | | | |
|---|--|------------------------|-------|------|
| SYNCHRONOUS VIRTUAL SESSION: Content exposure by the teacher. M1, M2 PRACTICAL SYNCHRONOUS VIRTUAL SESSION: Content exposure by the teacher. M3, M4 SYNCHRONOUS VIRTUAL SESSION: Content exposure by the teacher. M3, M4 SYNCHRONOUS INDIVIDUAL OR GROUP TUTORIES: Individual attention for monitoring and orientation of the learning process, carried out by a tutor in order to review and discuss the materials and topics, seminars, readings, works, etc. M5 TOTAL ASYNCHRONOUS LEARNING ACTIVITIES LEARNING OUTCOMES HOURS ECTS LEARNING OUTCOMES HOURS ECTS INDIVIDUAL WORK ACTIVITIES: Preparation of topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 | ON-LINE LEARNING | | | |
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| exposure by the teacher. M1, M2 PRACTICAL SYNCHRONOUS VIRTUAL SESSION: Group work sessions through chat moderated by the teacher. M3, M4 SYNCHRONOUS INDIVIDUAL OR GROUP TUTORIES: Individual attention for monitoring and orientation of the learning process, carried out by a tutor in order to review and discuss the materials and topics, seminars, readings, works, etc. M5 TOTAL ASYNCHRONOUS LEARNING ACTIVITIES LEARNING OUTCOMES HOURS ECTS INDIVIDUAL WORK ACTIVITIES: Preparation of topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 | | LEARNING OUTCOMES | HOURS | ECTS |
| SESSION: Group work sessions through chat moderated by the teacher. M3, M4 SYNCHRONOUS INDIVIDUAL OR GROUP R1, R2, R3, R4, R5, R6 24,00 0,96 TUTORIES: Individual attention for monitoring and orientation of the learning process, carried out by a tutor in order to review and discuss the materials and topics, seminars, readings, works, etc. M5 TOTAL ASYNCHRONOUS LEARNING ACTIVITIES LEARNING OUTCOMES HOURS ECTS INDIVIDUAL WORK ACTIVITIES: Preparation of topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 | exposure by the teacher. | R1, R2, R3, R4, R5, R6 | 18,00 | 0,72 |
| TUTORIES: Individual attention for monitoring and orientation of the learning process, carried out by a tutor in order to review and discuss the materials and topics, seminars, readings, works, etc. M5 TOTAL 60,00 2,40 ASYNCHRONOUS LEARNING ACTIVITIES LEARNING OUTCOMES HOURS ECTS INDIVIDUAL WORK ACTIVITIES: Preparation of topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 | SESSION: Group work sessions through chat moderated by the teacher. | R1, R2, R3, R4, R5, R6 | 18,00 | 0,72 |
| etc. M5 TOTAL 60,00 2,40 ASYNCHRONOUS LEARNING ACTIVITIES LEARNING OUTCOMES HOURS ECTS INDIVIDUAL WORK ACTIVITIES: Preparation of topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 | TUTORIES: Individual attention for monitoring and orientation of the learning process, carried out by a tutor in order to review and discuss the | R1, R2, R3, R4, R5, R6 | 24,00 | 0,96 |
| ASYNCHRONOUS LEARNING ACTIVITIES LEARNING OUTCOMES HOURS ECTS INDIVIDUAL WORK ACTIVITIES: Preparation of topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 | etc. | | | |
| INDIVIDUAL WORK ACTIVITIES: Preparation of topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 LEARNING OUTCOMES R1, R2, R3, R4, R5, R6 80,00 3,20 R1, R2, R3, R4, R5, R6 10,00 0,40 | TOTAL | | 60,00 | 2,40 |
| INDIVIDUAL WORK ACTIVITIES: Preparation of topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 LEARNING OUTCOMES R1, R2, R3, R4, R5, R6 80,00 3,20 R1, R2, R3, R4, R5, R6 10,00 0,40 | | | | |
| INDIVIDUAL WORK ACTIVITIES: Preparation of R1, R2, R3, R4, R5, R6 80,00 3,20 topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 | ASYNCHRONOUS LEARNING ACTIVITIES | | | |
| topics on the materials presented for discussion or delivery in electronic format. M2, M3, M4 DISCUSSION FORUMS: Participation and R1, R2, R3, R4, R5, R6 10,00 0,40 contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 | | LEARNING OUTCOMES | HOURS | ECTS |
| contributions to discussion forums related to the subject, moderated by the teacher of the subject. M3, M4 | topics on the materials presented for discussion or delivery in electronic format. | R1, R2, R3, R4, R5, R6 | 80,00 | 3,20 |
| TOTAL 90,00 3,60 | contributions to discussion forums related to the subject, moderated by the teacher of the subject. | R1, R2, R3, R4, R5, R6 | 10,00 | 0,40 |
| | TOTAL | | 90,00 | 3,60 |



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Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

| Content block | Contents |
|--|---|
| Lesson 26: Counselling in population standard | ·Counselling in population standard. |
| Lesson 27: Gender and vulnerability | ·Humanization and woman. ·Contributions from feminism. |
| Lesson 28: Intervention with children teenagers | ·Counselling in education. ·Skills interaction with teenagers. |
| Lesson 29: Intervention with people seniors and dependents | ·Caring for the elderly with cognitive impairment. · Intervention with chronic patients and people with disabilities. |
| Lesson 30: Intervention in palliative care and other situations of disease | ·Intervention in palliative care. ·Other situations of disease. |



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Temporary organization of learning:

| Block of content | Number of sessions | Hours |
|--|--------------------|-------|
| Lesson 26: Counselling in population standard | 6,00 | 12,00 |
| Lesson 27: Gender and vulnerability | 6,00 | 12,00 |
| Lesson 28: Intervention with children teenagers | 6,00 | 12,00 |
| Lesson 29: Intervention with people seniors and dependents | 6,00 | 12,00 |
| Lesson 30: Intervention in palliative care and other situations of disease | 6,00 | 12,00 |

References

REFERENCES

eText of the subject, prepared by Mr. Ernolando Parra Parra, accessible in the Virtual Classroom. eText of the subject, prepared by Ms. Susana López Steidl, accessible in the Virtual Classroom. eText of the subject, prepared by Dr. Miguel Ángel Climent Duran, accessible in the Virtual Classroom.

eText of the subject, prepared by Dr. Ma Consuelo Cerdá Marín and Carlos Novella García, accessible in the Virtual Classroom.

eText of the subject, prepared by Dr. Margarita Gutiérrez Moret, Dr. Margarita Cañadas Pérez and Mr. Carlos Guillamó Mínguez, accessible in the Virtual Classroom

Complementary Bibliography

Bermejo, J.C. (1998): Apuntes de relación de ayuda. Santander, Salt Terrae.

Bermejo, J.C. (2011): Introducción al counselling. Santander, Salt Terrae.

Romero Sabater,I.(2015). Guía de intervención en casos de violencia de género: Una mirada para ver. Madrid: Síntesis.

Ruiz-Jarabo Quemada C., Blanco Prieto P. (2004) La violencia contra las mujeres. Prevención y detección. Madrid: Díaz de Santos.



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Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

<u>Situation 1: Teaching without limited capacity</u> (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

<u>Situation 2: Teaching with limited capacity</u> (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

| classes onsite or to attend then | n online throug | the telemat | ic tools prov | rided by the | university |
|--|-----------------|------------------|---------------|--------------|------------|
| videoconferences). In any case, | students who | attend classe | s onsite and | l who attend | them by |
| rideoconference will rotate periodica | ally. | | | | |
| n the particular case of this subject, | these videocon | ferences will be | made through | n: | |
| Microsoft Teams | | | | | |
| Kaltura | | | | | |



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Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

| χ Microsoft Teams | | | |
|-----------------------------------|-----------|--|--|
| X Kaltura | | | |
| | | | |
| Explanation about the practical s | sessions: | | |
| | | | |
| | | | |
| | | | |
| | | | |



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| ONLINE V | VORK | | | | | | | | |
|----------|--|----------------------|--|------------------------|--|--|--|--|--|
| Regardi | ng the Assessment Too | ls: | | | | | | | |
| X | The Assessment Tool will be done online thro | | odified. If onsite assessment Campus. | is not possible, it | | | | | |
| | The following changes will be made to adapt the subject's assessment to the online teaching. | | | | | | | | |
| | Course guide Adaptation | | | | | | | | |
| | Assessment tool | Allocated percentage | Description of the suggested changes | Platform to be used | | | | | |
| | | | | | | | | | |

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: