



Information about the subject

Degree: Official Master's Degree in Marriage and Family Sciences

Faculty: Faculty of Philosophy, Letters and Humanities

Code: 1740014 **Name:** Marriage and Family Life

Credits: 6,00 **ECTS Year:** 1 **Semester:** 2

Module: Family life

Subject Matter: Marital and family life **Type:** Compulsory

Department:

Type of learning: Blended

Languages in which it is taught: Spanish

Lecturer/-s:



Module organization

Family life

Subject Matter	ECTS	Subject	ECTS	Year/semester
Marital and family life	6,00	Marriage and Family Life	6,00	1/2
Family and sexuality	6,00	Family and Sexuality	6,00	1/2

Prerequisites

1. Psychology of marriage and family.

Anthropological framework. Phenomenological approach to falling in love. Dynamics of the sexual act. Masturbation and womanhood. Sexuality and the stages of life. Dysfunctions and sexual deviations. Communication. Family and daily life. The family as a dynamic system. Marriage among people with personality disorders.

2. Family orientation.

Discernment and psychobiology. Psychobiology of sexuality. Therapeutic orientation



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Recognizing the conforming elements of love
- R2 Knowing the psychological and physical dynamics of sexuality
- R3 Recognize sexual dysfunctions
- R4 to know the elements of the dynamics of family life
- R5 Recognize how personality disorders affect marriage and family
- R6 to know the psychobiology of sexuality
- R7 Recognize and analyze the main therapeutic means in marriage and family counseling



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

BASIC		Weighting			
		1	2	3	4
CB6	Possess and understand knowledge that provides a basis or opportunity to be original in the development and/or application of ideas, often in a research context		X		
CB7	Students are able to apply their acquired knowledge and problem-solving skills in new or unfamiliar environments within broader (or multidisciplinary) contexts related to their area of study		X		
CB9	Students should be able to communicate their findings and the ultimate knowledge and reasons behind them to specialist and non-specialist audiences in a clear and unambiguous manner		X		

GENERAL		Weighting			
		1	2	3	4
CG1	Training on all the structural elements of marriage and the family that provides an integral vision of the person, marriage and the family from an interdisciplinary perspective				X
CG2	To instruct in a methodology that enables to interpret, educate and guide the essentially human experience in the conjugal and family environment from the equal dignity of men and women.				X
CG3	Provide keys to understanding and personalized attention to the family in conflict situations.				X
CG4	To know, analyze and understand the influence of marriage and family in the field of culture from the promotion of the values of a culture of peace, non-discrimination and equal opportunities.				X
CG5	To know, understand and deepen the proper anthropology of marriage and family				X



SPECIFIC		Weighting			
		1	2	3	4
CE12	To know and analyze the affective dynamism in the development of the personality.				X
CE16	To know and deepen in the keys of the personalist orientation of psychology in the field of marriage and family.				X

TRANSVERSAL		Weighting			
		1	2	3	4
CT1	To develop systems of oral and written communication in one's own language specific to the disciplines of the scientific field related to family issues		X		
CT3	To increase the ability to work autonomously, on the basis and premise of personal effort for self-learning from a multidisciplinary perspective that includes reference to the transcendent and ethical dimensions of the person and society		X		
CT4	To provide students with advanced skills in the use of computer and virtual systems related to study and research contexts	X			
CT5	Encourage the search for and analysis of information from various sources on issues related to marriage and family		X		
CT7	To equip students with the basic skills to solve situations with research competence		X		



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5, R6, R7	80,00%	Objective tests and/or questionaries
R1, R2, R3, R4, R5, R6, R7	20,00%	Carrying out theoretical and practical activities during the class time
	0,00%	Class attendance and active participation.

Observations

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Exposition of contents by the teacher, analysis of competencies, explanation and demonstration of abilities, skills and knowledge in the classroom
- M3 Presentation and analysis of case studies
- M4 Reading and analysis of texts
- M5 Written reflection about the contents worked on in class



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
In-person class M1, M3	R1, R2, R3, R4, R5, R6, R7	30,00	1,20
Individual coaching M1	R1, R2, R3, R4, R5, R6, R7	4,00	0,16
Evaluation M5	R1, R2, R3, R4, R5, R6, R7	2,00	0,08
TOTAL		36,00	1,44

LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
Autonomous work of the student M4	R1, R2, R3, R4, R5, R6, R7	108,00	4,32
Audiovisual content M1	R1, R2, R3, R4, R5, R6, R7	6,00	0,24
TOTAL		114,00	4,56



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
Psychology of marriage and family.	Anthropological framework. Phenomenological approach to falling in love. Dynamics of the sexual act. Masturbation and womanhood. Sexuality and the stages of the life. Dysfunctions and sexual deviations. The communication. The family and the daily life. The family as a dynamic system. Marriage between people with personality disorders.
Family Counseling	Discernment and psychobiology. Psychobiology of sexuality. Therapeutic orientation

Temporary organization of learning:

Block of content	Number of sessions	Hours
Psychology of marriage and family.	9,00	18,00
Family Counseling	9,00	18,00



References

L'Ecuyer, C. (2012) *Educación en el asombro*, Plataforma Editorial, Barcelona

Prats, J.I., y Arolas, G. (2015) *Ni la mujer sin el hombre, ni el hombre sin la mujer*. Edicep, Valencia

Prats, J.I. (2012) *La forma cristiana de educar*. Edicep, Valencia.

Nault, J.C. (2018), *El demonio del mediodía. La acedía, el oscuro mal de nuestro tiempo*, B.A.C., Madrid

Ortiz, E., Lluca, O., Mora, J. I. P., & Arolas, G. (2004). *La persona completa: aproximación desde la antropología, la psicología y la biología*. Edicep.



Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☒ Microsoft Teams

☐ Kaltura



Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☒

Microsoft Teams

☐

Kaltura

Explanation about the practical sessions:



2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: