



Information about the subject

Degree: Official Master's Degree in General Health Psychology

Faculty: Faculty of Psychology

Code: 1430016 **Name:** Practicum I

Credits: 12,00 **ECTS Year:** 1 **Semester:** 2

Module: Specific Module: Internship.

Subject Matter: XII. Internship I **Type:** Internship

Department:

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

PSSANI Juan Jose Mora Ascó (Responsible Lecturer)

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PSSANIB Juan Jose Mora Ascó (Responsible Lecturer)

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Module organization

Specific Module: Internship.

Subject Matter	ECTS	Subject	ECTS	Year/semester
XII. Internship I	12,00	Practicum I	12,00	1/2
XIII. Internship II	18,00	Practicum II	18,00	2/1

Recommended knowledge

No required.

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Demonstrating the acquisition and implementation of a holistic health concept, as well as adjustment to the fundamentals of bioethics.
- R2 The ability to use clinical information sources, using information technology.
- R3 Command of the necessary interpersonal communication and emotion management skills.
- R4 The ability to correctly conduct or supervise the psychological evaluation process and to correctly write psychological reports.
- R5 The ability to design, implement, monitor and evaluate psychological intervention programs.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG1	Ability to display an attitude of competence and responsibility in both theoretical and practical activities and internal or external practicum.				X
CG2	Ability to show interest in providing help through a committed and mature attitude, in accordance with professional ethics.				X
CG5	Ability to make decisions with maturity and in accordance with professional ethics.				X
CG8	Ability to develop and remain updated on the competences, knowledge and skills according to the standards of the profession.			X	
CG9	Ability to assume responsibilities and to adequately respond to the requirements that arise in the context of the classroom or the external work placement,				X
CG10	Ability to evaluate personal actions in the pre-professional and professional context, and to know the skills and limitations of said context.				X

SPECIFIC		Weighting			
		1	2	3	4
CE2	Applying the fundamentals of bioethics and the method of deliberation in professional practice, adjusting his tenure as health professional to the provisions in the Ley 44/2003, de 21 de noviembre, de ordenación de las profesiones sanitarias.				X
CE4	Critically analysing and use the sources of clinical information.				X
CE6	Writing psychological reports in a suitable way to the addresses.				X



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Psychosocial factors associated with health	X
Biological and psychosocial factors associated with disease, especially those related to mental	X
Current models of assessment and intervention by Health and techniques and procedures for behavioral disorders and psychological factors problems.	X
When appropriate, monitor the process of of human behavior and psychological health problems to establish the evaluation of	X
Evaluate the appropriate plans and of intervention, depending on the of individual and social variables	X
Education and health promotion for in relation to psychological health.	X



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	10,00%	Evaluation through objective multiple-choice test(s) or essay tests.
	40,00%	Delivery of report, and / or poster on the content and assessment of the internship.
	50,00%	Evaluation of the internship by an external tutor.

Observations

Evaluation criteria of the course:

To evaluate the subject the student must pass separately the different systems established in this guide.

Assistance requirements:

Attendance and attendance is mandatory to pass the course.

Criteria for the awarding of Honors Grades:

In order to be awarded an Honors Degree, the student must demonstrate levels of excellence in all the competencies and learning outcomes.

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M4 Written test, delivery of synthesis and research work on the contents learned in the sessions.
- M7 Observation, evaluation, design and supervised intervention in external internship centers.

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
TUTORIALS M4	R1	8,00	0,32
INTERNSHIPS IN EXTERNAL CENTERS M7	R1, R2, R3, R4, R5	232,00	9,28
TOTAL		240,00	9,60

LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
INDIVIDUAL WORK M4, M7	R1	60,00	2,40
TOTAL		60,00	2,40



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
External practicum	Carry out practices in health centers and services, including commenting on and monitoring cases and presenting the results associated with them.

Temporary organization of learning:

Block of content	Number of sessions	Hours
External practicum	100,00	200,00



References

Each practice center can adapt the recommended bibliography according to particular needs and interests.

Basic bibliographic references:

Boggiano, J. P., & Gagliardi, P. (2018). Dialectical behavioral therapy. Introduction to the treatment of clients with emotional dysregulation. Argentina: Editorial of the National University of La Plata.

Caballo, V. E. (Ed.). (1997). Manual for the cognitive-behavioral treatment of psychological disorders (Vol. 1, pp. 113-136). XXI century.

Caballo, V. E., Buela-Casal, G., & Sierra, J. C. (1996). Manual of evaluation in clinical and health psychology. XXI Century of Spain Editors.

Labrador Encinas, F. J. (2011). Behavior modification techniques. Pyramid.

Manrique, V. E. C., & López, M. Á. S. (2020). Child and adolescent clinical psychology manual. Commercial Group ANAYA, SA.

Marrone, M., Diamond, N., & Juri, L. (2001). Attachment theory: a current approach (pp. 103-132). Madrid: Psimática.

Ortiz, E. M. (2022). Manual of psychotherapy with a logotherapeutic approach. Editorial The Modern Manual.

Pérez Álvarez, M., Fernández Hermida, J. R., Fernández Rodríguez, C., & Amigo Vázquez, I. (2018). Guide to effective psychological treatments II (Vol. 2). Commercial Grupo ANAYA, SA.