



Information about the subject

Degree: Official Master's Degree in General Health Psychology

Faculty: Faculty of Psychology

Code: 1430002 **Name:** Scientific Fundamentals of Health Psychology

Credits: 3,00 **ECTS Year:** 1 **Semester:** 1

Module: Basic module: the scientific and professional fundamentals of health psychology.

Subject Matter: II. SCIENTIFIC FOUNDATIONS OF HEALTH PSYCHOLOGY **Type:** Compulsory

Department:

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

Basic module: the scientific and professional fundamentals of health

Subject Matter	ECTS	Subject	ECTS	Year/semester
I. PROFESSIONAL FOUNDATIONS OF HEALTH PSYCHOLOGY	3,00	Professional Fundamentals of Health Psychology	3,00	1/1
II. SCIENTIFIC FOUNDATIONS OF HEALTH PSYCHOLOGY	3,00	Scientific Fundamentals of Health Psychology	3,00	1/1

Recommended knowledge

Research Methodology and/or Data Analysis (Degree of Psychology).

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Knowledge of the main resources, studies, guidelines, etc. to obtain empirically supported information to approach the various treatments in the area of health psychology.
- R2 Formulating objectives, hypotheses and research designs based on the scientific analysis of empirically supported information.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG5	Ability to make decisions with maturity and in accordance with professional ethics.		X		

SPECIFIC		Weighting			
		1	2	3	4
CE4	Critically analysing and use the sources of clinical information.			X	
CE5	Using the information and communication technologies in the professional performance.			X	
CE7	Formulating working hypotheses in research and collecting and critically evaluating information for problem solving, applying the scientific method.				X



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2	30,00%	Evaluation through objective multiple-choice test(s) or essay tests.
R1, R2	70,00%	Delivery of practical activities (problem solving, case studies, diagnostic analyses, etc.) at the end of each session or by the time stipulated by the professor via the platform.

Observations

CRITERIA TO AWARD THE MENTION OF DISTINCTION:

Better results from 9.5 in the final grade, and show levels of excellence in Objective multiple-choice test/s or developmental tests, as well as Delivery of practical activities.

According to the general normative, only one Distinction may be granted to a student in a course of 20 students, not on the grounds of a fraction of 20, unless the number of students enrolled is under 20 in which case only one Distinction may be granted.

OTHER RELEVANT ASPECTS ABOUT ASSESSMENT:

In order to pass the course, the student must pass the different evaluation systems separately (Objective multiple-choice test/s or developmental tests, as well as Delivery of practical activities). The final or summative evaluation is carried out through an objective test.

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Presentation of contents by the professor, analysis of competencies, explanation and demonstration of abilities, skills and knowledge in the classroom.
- M2 Group work sessions supervised by the professor. Case studies, diagnostic analyses, problems, field study. Significant construction of knowledge through student interaction and activity.
- M4 Written test, delivery of synthesis and research work on the contents learned in the sessions.
- M6 Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or delivered in theory classes, practical classes and/or small group tutorials. Work done on the platform or other virtual spaces.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
IN-PERSON CLASS M1	R1, R2	18,00	0,72
PRACTICAL CLASSES M2	R1, R2	4,00	0,16
EVALUATION M4	R1, R2	2,00	0,08
TUTORIALS M2	R1, R2	6,00	0,24
TOTAL		30,00	1,20

LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
INDIVIDUAL WORK M6	R1, R2	45,00	1,80
TOTAL		45,00	1,80

Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block

Contents

Sources of clinical information

Resources, studies, guides, etc. for obtaining empirically supported information for the approach to various treatments in the area of health psychology.

Scientific method

Objectives, hypotheses and research designs based on scientific analysis of empirically supported information.



Temporary organization of learning:

Block of content	Number of sessions	Hours
Sources of clinical information	5,00	10,00
Scientific method	10,00	20,00

References

Botella Ausina, J., & Caperos Montalbán, J. M. (2019). *Metodología de investigación en psicología general sanitaria*. Síntesis.

Labrador, F.J. y Crespo, M. (2012). *Psicología clínica basada en la evidencia*. Madrid: Pirámide.

Oliván, J. A. S., & Cuenca, G. M. (2023). *Fundamentos de búsqueda y recuperación de la información en bases de datos*. Aula Magna Proyecto clave McGraw Hill.