



Information about the subject

Degree: Official Master's Degree in Legal Psychology

Faculty: Faculty of Psychology

Code: 1520006 **Name:** Intervention Techniques and Strategies with Victims and Offenders

Credits: 6,00 **ECTS Year:** 1 **Semester:** 2

Module: 2. PREVENTION AND INTERVENTION IN LEGAL PSYCHOLOGY

Subject Matter: INTERVENTION AND TREATMENT IN LEGAL PSYCHOLOGY **Type:** Compulsory

Department:

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Universidad
**Católica de
Valencia**
San Vicente Mártir

Course guide

Year 2025/2026

1520006 - Intervention Techniques and Strategies with Victims and Offenders

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Module organization

2. PREVENTION AND INTERVENTION IN LEGAL PSYCHOLOGY

Subject Matter	ECTS	Subject	ECTS	Year/semester
PSYCHOLOGY APPLIED TO THE LEGAL FIELD	6,00	Dynamics and Systems in Forensic Psychology	6,00	1/1
INTERVENTION AND TREATMENT IN LEGAL PSYCHOLOGY	12,00	Intervention Techniques and Strategies with Victims and Offenders	6,00	1/2
		Prevention and Psychological Intervention in Different Legal Contexts	6,00	1/2

Recommended knowledge

NOT REQUIRED

It is recommended that the student have basic knowledge of Social Psychology, Personality, Psychopathology, Evaluation and Psychological Therapies.



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Know the prison as a special context for professionals.
- R2 Know about specialized programs for violent criminals, drug addicts, suicide prevention and social education.
- R3 Design intervention programmes with prisoners in open and closed environments.
- R4 Students can design and manage psycho-social-educational programmes with aggressors.
- R5 Know the prosocial thought program.
- R6 Know the programs of profession to maltreatment men.
- R7 Know the services of assistance to the victims of crime.
- R8 Develop programs of attention in crisis with victims of the crime.
- R9 Know the objectives and phases of intervention with abused women.
- R10 Students know strategies of intervention with women victims of sexual aggression.
- R11 Prove therapeutic skills for crisis intervention.
- R12 Know the resistances in the intervention programs with victims.
- R13 Know the services of assistance to minors who are victims of crime.
- R14 Understand the process of the abused child.
- R15 Manage social and psychological strategies to assist minors who are victims of school violence.



- R16 Show skills for working with child victims of sexual abuse.
- R17 Know strategies for predicting juvenile delinquency.
- R18 Know about closed and open programs.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

BASIC		Weighting			
		1	2	3	4
CB6	Students prove to be original in the development and/or application of ideas, often in a research context.	X			
CB7	Students apply the knowledge acquired and their problem-solving skills in new or unfamiliar environments within broader (or multidisciplinary) contexts related to their area of study.				X
CB8	Students are able to integrate knowledge and deal with the complexity of making judgments based on information that, being incomplete or limited, includes reflections on social and ethical responsibilities linked to the application of their knowledge and judgments.		X		
CB9	Students communicate their conclusions and the ultimate knowledge and reasons behind them to specialized and non-specialized audiences in a clear and unambiguous manner.			X	
GENERAL		Weighting			
		1	2	3	4
CG1	Students apply professional skills to act effectively in the area of assessment, intervention and prevention of those psychological phenomena, behavioral and relational that affect the legal behavior of people.				X
CG4	Select and apply our own specific instruments of intervention in psycho-legal environments, bearing in mind the contextual variables that affect the individual.				X
CG6	Recognize and analyze the demands and needs of individuals within the judicial contexts proposed.				X
CG7	Elaborate, synthesize and defend the psychological expert reports in the judicial field, with the maximum rigor and sensibility.	X			



CG9 Develop a specialization that, without prejudice to a single curriculum for all, allows them to be oriented towards the mastery of specialized work within legal psychology, according to their preferences, and through the Practicum and Final Master's Work.

X

SPECIFIC

Weighting

1 2 3 4

CES3 Design and implement programs for the prevention, treatment and integration of offenders and victims, either in the community or in the prison environment, both individually and collectively.

X

CES5 Train and/or select legal system professionals (judges and prosecutors, police, lawyers, prison staff, etc.) in content and techniques useful in their work.

X

CES6 Elaborate and develop information and social awareness campaigns for the general population and those at risk.

X

CES7 Promote and contribute to the improvement of the victim's situation and their interaction with the legal system.

X

CES8 Promote negotiated solutions to legal conflicts, through a mediating intervention that contributes to mitigate and prevent emotional and social damage, and present an alternative to the legal route, where those involved have a predominant role.

X

CES9 Make scientific and professional contributions in the field of legal psychology.

X

CES10 Become familiar with non-verbal and verbal communication strategies in judicial contexts.

X

CES11 Analyze and develop strategies for the prevention of violence.

X

CES12 Make presentations and defend expert reports in judicial forums.

X

CES14 Know and apply social competence techniques that promote personal, group and community development of the recipients of the intervention.

X

CES15 Promote citizen participation in community organizations (volunteer organizations, civic groups, social movements of victims, etc).

X

CES16 Know and interpret the different policies associated with prevention, care and intervention at regional, Spanish and European levels, and assess their impact on the contexts of reference.

X



TRANSVERSAL	Weighting			
	1	2	3	4
CTR1 Know, understand and manage information.		X		
CTR2 Incorporate the knowledge acquired and show flexibility for teamwork and effective collaboration with other professionals (with the possibility of working in an interdisciplinary and international context).			X	
CTR3 Prove problem-solving and decision-making skills.				X
CTR4 Create and promote a self-critical attitude, which allows to value one's own performance, knowing competences and limitations, and relativizing possible frustrations.		X		
CTR5 Develop and show skills to adapt to new situations, assume responsibilities and act independently and autonomously.		X		
CTR6 Organize and execute action plans within the professional environment, properly managing time, resources and available professionals.			X	
CTR7 Use scientific evidence to select appropriate instruments and tools for assessment, intervention and prevention in legal psychology.				X
CTR9 Students are involved in continuous processes of evaluation and improvement of the quality of their actions.		X		
CTR10 Establish and maintain relationships with other professionals to contrast and validate knowledge and realities.	X			
CTR11 Share and disseminate academic and professional knowledge through effective oral and/or written communication.		X		
CTR12 Students keep updated and reorganize the knowledge and competences related to the own framework of action.		X		



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18	20,00%	Attendance and active participation in the face-to-face and practical sessions.
R1, R2, R5, R6, R7, R9, R12, R13, R18	60,00%	Performance of objective tests.
R3, R4, R8, R10, R11, R14, R15, R16, R17	10,00%	Theoretical and practical group activities that can be evaluated.
R3, R4, R8, R10, R11, R14, R15, R16, R17	10,00%	Individual theoretical-practical activities that can be evaluated (diagnoses, experts, etc).

Observations

- Individual tests are written or oral and may combine multiple-choice questions with open-ended questions.
- Active participation is assessed through practical activities carried out throughout the course.
- To pass the course, students must pass each assessment instrument separately.
- To be awarded an Honors Distinction, students must demonstrate excellence in all competencies and learning outcomes.

USE OF ARTIFICIAL INTELLIGENCE

Citation and attribution criteria:

- Any use of AI tools must be explicitly declared in the submitted document (for example, in a footnote or appendix).
- The name of the tool, its intended use, and the sections of the work in which it was employed must be specified.
- Responsible use of AI will be evaluated as part of the originality and academic integrity criteria. Students may use AI for clarifying questions related to learning activities, assisted learning (alternative explanations or self-assessment exercises), searching for additional study resources and references, organizing ideas, receiving feedback on the clarity or coherence of their own texts, grammar checks and improving written documents, simulating interviews, questionnaires, or conversations as part of data collection practice, and any other activity agreed upon with the instructor.



In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Presentation of contents by the teaching staff, analysis of competencies, explanation and demonstration of capacities, skills and knowledge in the classroom.
- M2 Group work sessions supervised by the teaching staff. Case studies, expert analysis, theoretical analysis, field study, visits to resources, data search (libraries, network, Internet, etc.). Significant construction of knowledge through student interaction and activity. Critical analysis on values and social commitment.
- M3 Supervised monographic sessions with shared participation through specialists in very specific topics.
- M4 Student's study -with/without support in the platform- that includes individual preparation of readings, reports, counter reports, evaluations, essays, problem solving, programs, memories, etc. to expose or deliver in the theoretical classes, practical classes and/or tutorials.
- M5 Study of the students in small groups with the purpose of analyzing readings, expert cases, problem solving, legal reports, sentences, programs, reports, etc. to present or deliver in the theoretical classes, practical classes and/or tutorials.
- M6 Application of interdisciplinary knowledge through the presentation of individual and/or group works.



- M7 Personalized attention and in small groups during the period of instruction and/or orientation carried out by a tutor or mentor with the objective of reviewing and discussing the materials and topics presented in the sessions, seminars, readings, completion of papers, etc.
- M9 Set of oral and/or written tests used in the initial, formative or additive evaluation of the student.

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
FACE-TO-FACE LESSONS M1	R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18	40,00	1,60
PRACTICE CLASSES M2, M6	R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18	12,00	0,48
TUTORIALS M7	R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18	4,00	0,16
CONTINUOUS ASSESSMENT ACTIVITIES M9	R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18	4,00	0,16
TOTAL		60,00	2,40

LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
SELF-EMPLOYMENT (WITH OR WITHOUT PLATFORM SUPPORT) M4, M5	R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R15, R16, R17, R18	90,00	3,60
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
UNIT 1	ASSISTANCE TO CRIME VICTIMS. CRISIS CARE PROGRAMS.
UNIT 2	INTERVENTION WITH MINORS VICTIMS OF ABUSE.
UNIT 3	PSYCHOLOGICAL INTERVENTION FROM THE STATE SECURITY FORCES.
UNIT 4	INTERVENTION WITH FAMILIES IN LEGAL CONTEXTS.
UNIT 5	INTERVENTION AND TREATMENT OF ABUSED WOMEN.
UNIT 6	INTERVENTION WITH MINORS VICTIMS OF SCHOOL VIOLENCE.
UNIT 7	PENITENTIARY INTERVENTION.
UNIT 8	INTERVENTION WITH JUVENILE OFFENDERS.
UNIT 9	JUDICIAL CO-PARENTING.
UNIT 10	INTERVENTION AND TREATMENT OF VICTIMS OF SEXUAL AGGRESSION.



Temporary organization of learning:

Block of content	Number of sessions	Hours
UNIT 1	4,00	8,00
UNIT 2	3,00	6,00
UNIT 3	3,00	6,00
UNIT 4	3,00	6,00
UNIT 5	3,00	6,00
UNIT 6	3,00	6,00
UNIT 7	4,00	8,00
UNIT 8	2,00	4,00
UNIT 9	3,00	6,00
UNIT 10	2,00	4,00



References

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