

Year 2023/2024 1750002 - Risk Factors and Protection

Information about the subject

Degree: Official Master's Degree in Education and Rehabilitation of Addictive Behaviours

Faculty: Faculty of Psychology

Code: 1750002 Name: Risk Factors and Protection

Credits: 6,00 ECTS Year: 1 Semester: 1

Module: FUNDAMENTALS OF ADDICTIVE BEHAVIOR

Subject Matter: Fundamentals of Active Behavior Type: Compulsory

Department:

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

FUNDAMENTALS OF ADDICTIVE BEHAVIOR

| Subject Matter | ECTS | Subject | ECTS | Year/semester |
|------------------------------------|------|--|------|---------------|
| Fundamentals of Active Behavior | 9,00 | Fundamentals of Addictive Behaviour | 3,00 | 1/1 |
| | | Risk Factors and Protection | 6,00 | 1/1 |

Recommended knowledge

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 The student identifies the main processes of evolutionary development in adolescence and justifies the relationships that can be established with addictive behaviors.
- R2 The student identifies and evaluates the main socio-structural, psychological and relational factors that act as risk factors for addictive behavior.
- R3 The student is able to evaluate family dynamics and identify risk and protective factors.
- R4 The student is able to explain the different theoretical models of addiction prevention and health promotion.
- R5 In-depth knowledge of the design, legislation and management of community prevention units.



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Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

| BASIC | | | Weig | hting | 3 |
|-------|---|---|------|-------|---|
| | | 1 | 2 | 3 | 4 |
| CB6 | Having and understanding knowledge that provides a basis or opportunity to be original in the development and/or application of ideas, often in a research context. | | | x | |
| CB8 | The ability to integrate knowledge and deal with the complexity of making judgments based on information that, being incomplete or limited, includes reflections on the social and ethical responsibilities linked to the application of their knowledge and judgments. | | 1 | 1 | X |
| CB10 | Having the learning skills that will allow them to continue studying in a largely self-directed or autonomous manner. | | | | x |

| SPECIFIC | | Weig | hting | J |
|--|---|------|-------|---|
| | 1 | 2 | 3 | 4 |
| CEM7 Knowledge of the anthropological bases of health and drug addiction. | | X | | |
| CEM11The ability to relate the basic concepts of addition, taking into account psychological, psychotropic and contextual characteristics. | | | X | |
| CEM12The ability to describe the main consumption patterns and evaluate the consequences associated with risk behaviors. | | | | X |
| CEM13The ability to explain the physiological mechanisms in the development of substance dependence and to establish relationships with the psychological and social bases of addiction. | | x | | |
| CEM14The ability to explain the physiological mechanisms in the development of substance dependence and to establish relationships with the psychological and social bases of addiction. | | x | | |
| CEM15Knowing the legal framework of drug dependencies and how to delimit the legislative framework of different areas regulating drug dependencies and other addictive disorders. | | | | X |



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CEM16The ability to identify the main processes of evolutionary development in adolescence and to justify the relationships that can be established with addictive behavior.

X

| TRANSVERSAL | | | Weighting | | |
|-------------|--|---|-----------|---|---|
| | | 1 | 2 | 3 | 4 |
| CT1 | Information management skills. | | | | x |
| CT2 | T2 Capacity for teamwork and effective collaboration with other professionals (with the possibility of working in an interdisciplinary and international context). | | | | X |
| СТ3 | The ability to update the knowledge and skills related to this framework of action. | | | X | 1 |
| CT4 | Problem-solving and decision-making skills. | | | x | 1 |
| CT7 | Oral and written communication skills. | | | | x |
| CT10 | Self-critical attitude, that is, assessing one's own performance by knowing one's own competences and limitations, putting possible frustrations in perspective, showing interest in the quality of one's own performance and developing systems that guarantee the quality of one's own services. | | | x | |



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Assessment system for the acquisition of competencies and grading system

| Assessed | learning outcomes | Granted percentage | Assessment method |
|----------|-------------------|-----------------------|--|
| R1, F | 22, R3, R4, R5 | 10,00% | ATTENDANCE AND PARTICIPATION IN IN-PERSON SESSIONS |
| R1, F | 22, R3, R4, R5 | 60,00% | OBJECTIVE TESTS |
| R1, F | 2, R3, R4, R5 | 30,00% | THEORY-PRACTICE ACTIVITIES |

Observations

A minimum mark must be obtained in the tests and activities in order for them to be accumulated (50% of the total mark that can be obtained with each evaluation system).

CRITERIA FOR THE AWARD OF HONOUR GRADUATION: Those who obtain a mark higher than 9.5 will be eligible for an assessment test for the award of Honours. The awarding of this mention will depend on the grade obtained in the evaluation test and the maximum number that can be awarded.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Presentation of contents by the professor, analysis of competencies, explanation and demonstration of abilities, skills and knowledge in the classroom.
- M3 Supervised monographic sessions with shared participation through specialists in very specific topics.
- M6 Personalized attention and in small groups. Period of instruction and/or orientation carried out by a tutor with the objective of reviewing and discussing the materials and topics presented in the classes, seminars, readings, or completion of assignments, through the distance-learning platform.



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M8

Group preparation of readings, case studies, seminars, papers, etc. to be presented or delivered in theory classes, practical classes or in small group tutorials.

IN-CLASS LEARNING ACTIVITIES

| | LEARNING OUTCOMES | HOURS | ECTS |
|------------------------------------|--------------------|-------|------|
| IN-PERSON CLASS. M1, M3, M6, M8 | R1, R2, R3, R4, R5 | 28,00 | 1,12 |
| PRACTICAL CLASSES. M1, M3, M6, M8 | R1, R2, R3, R4, R5 | 15,00 | 0,60 |
| GROUP WORK M6, M8 | R1, R2, R3, R4 | 5,00 | 0,20 |
| TOTAL | | 48,00 | 1,92 |

LEARNING ACTIVITIES OF AUTONOMOUS WORK

| | LEARNING OUTCOMES | HOURS | ECTS |
|---|--------------------|--------|------|
| INDIVIDUAL TASKS ON THE PLATFORM M3, M6, M8 | R1, R2, R3, R4, R5 | 102,00 | 4,08 |
| TOTAL | | 102,00 | 4,08 |



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Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

| Content block | Contents |
|-----------------------------|--|
| | |
| RISK AND PROTECTIVE FACTORS | 1-CONSUMPTION PATTERNS |
| | 2-ADOLESCENCE AND PERSONALITY |
| | 3-RISK FACTORS AND RISK BEHAVIORS |
| | 4-VULNERABLE CONTEXT AND PENITENTIARY |
| | ENVIRONMENT |
| | 5-PROTECTIVE FACTORS: personal and family |
| | 6-PROTECTIVE FACTORS: school, community |
| | 7-LEGAL AND LEGISLATIVE FRAMEWORK FOR DRUG |
| | DEPENDENCE AND OTHER ADDICTIVE DISORDERS |

Temporary organization of learning:

| Block of content | Number of sessions | Hours |
|-----------------------------|--------------------|-------|
| RISK AND PROTECTIVE FACTORS | 24,00 | 48,00 |

References

Erickson, E. (1968). Identity: Youth and crisis. New York: Norton.

Navarro-Pérez, J-J., Viera, M., Calero, J. y Tomás, JM. (2020). Factors in Assessing Recidivism Risk in Young Offenders. Sustainability. 2020; 12(3):1111. https://doi.org/10.3390/su12031111



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Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

<u>Situation 1: Teaching without limited capacity</u> (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

<u>Situation 2: Teaching with limited capacity</u> (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

Kaltura

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

| n the pa | articular case of this subjec | t, these videoconfer | ences will be made th | rough: |
|----------|-------------------------------|----------------------|-----------------------|--------|
| Х | Microsoft Teams | | | |
| | | | | |



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Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

| Х | Microsoft Teams |
|---|-----------------|
| | Kaltura |

Explanation about the practical sessions:

Given the exceptional situation caused by the health crisis caused by COVID-19 and taking into account the security measures relating to the development of educational activity in the university teaching environment in force, the appropriate modifications are presented in the teaching guide to ensure that students achieve the learning outcomes of the subject.

Situation 1: Teaching without limited capacity (when the number of students enrolled is less than the permitted capacity of the classroom, according to the established security measures).

In this case, no changes are made to the teaching guide.



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Situation 2: Teaching with limited capacity (when the number of students enrolled is greater than the permitted capacity of the classroom, according to the established security measures).

In this case, the following modifications are established:

1. TRAINING ACTIVITIES INVOLVING FACE-TO-FACE WORK:

All the activities planned to be carried out in a classroom in this section of the teaching guide will be carried out through simultaneous face-to-face teaching in the classroom and synchronous virtual teaching. Students will be able to attend classes in person or through the telematic tools provided by the university (videoconferencing). In any case, students who receive face-to-face teaching and those who receive it by videoconference must rotate periodically.

In the specific case of this subject, these videoconferences will be carried out through:

Microsoft Teams

Kaltura

Situation 3: Confinement due to a new state of alarm.

In this case, the following modifications are established:

1. TRAINING ACTIVITIES OF FACE-TO-FACE WORK:

All the activities planned to be carried out in a classroom in this section of the teaching guide, as well as the personalised and group tutorials, will be carried out through the telematic tools provided by the university (videoconferencing). In the specific case of this subject, through:

Microsoft Teams



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2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

| Regardir | ng the Assessment Tools: |
|----------|--|
| Х | The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus. |
| | The following changes will be made to adapt the subject's assessment to the online teaching. |

| Course guide | | Adaptation | |
|-----------------|----------------------|--------------------------------------|---------------------|
| Assessment tool | Allocated percentage | Description of the suggested changes | Platform to be used |

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System:

2. SYSTEM FOR ASSESSING THE ACQUISITION OF COMPETENCES AND GRADING SYSTEM

Regarding the assessment instruments:

No modifications will be made to the assessment instruments. In the event of not being able to carry out the assessment tests in person, they will be carried out telematically through the UCVnet campus.



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