



Information about the subject

Degree: Official Master's Degree in Marriage and Family Sciences

Faculty: Faculty of Philosophy, Letters and Humanities

Code: 1740014 **Name:** Marriage and Family Life

Credits: 6,00 **ECTS Year:** 1 **Semester:** 2

Module: Family life

Subject Matter: Vida matrimonial y familiar **Type:** Compulsory

Department:

Type of learning: Blended

Languages in which it is taught: Spanish

Lecturer/-s:

MATRIM Noemi Bresó Grancha (**Responsible Lecturer**)

noemi.breso@ucv.es



Module organization

Family life

Subject Matter	ECTS	Subject	ECTS	Year/semester
Vida matrimonial y familiar	6,00	Marriage and Family Life	6,00	1/2
Familia y sexualidad	6,00	Family and Sexuality	6,00	1/2

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	10,00%	Attendance and active participation in class
	30,00%	Completion of theoretical and practical activities during class
	60,00%	Objective tests and/or questionnaires

Observations



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Written reflection on the content covered in class.
- M2 Reading and analyzing texts.
- M3 Presentation and analysis of practical cases.
- M5 Presentation of content by the teacher, analysis of competencies, explanation and demonstration of skills, abilities, and knowledge in the classroom.



IN-CLASS LEARNING

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Assessment		2,00	0,08
Face-to-face class M2, M3, M5		26,00	1,04
TOTAL		28,00	1,12

LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
Independent work by the student M2, M3		102,00	4,08
TOTAL		102,00	4,08

ON-LINE LEARNING

SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Individual tutoring		4,00	0,16
TOTAL		4,00	0,16

ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Audiovisual content		16,00	0,64
TOTAL		16,00	0,64



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
Psychology of marriage and family	Anthropological framework. Phenomenological approach to falling in love. Dynamics of the sexual act. Masturbation and womanhood. Sexuality and the stages of the life. Dysfunctions and sexual deviations. The communication. The family and the daily life. The family as a dynamic system. Marriage between people with personality disorders.
Family Counseling	Discernment and psychobiology. Psychobiology of sexuality. Therapeutic orientation

Temporary organization of learning:

Block of content	Number of sessions	Hours
Psychology of marriage and family	7,00	14,00
Family Counseling	7,00	14,00



References

L'Ecuyer, C. (2012) Educar en el asombro, Plataforma Editorial, Barcelona

Prats, J.I., y Arolas, G. (2015) Ni la mujer sin el hombre, ni el hombre sin la mujer. Edicep, Valencia

Prats, J.I. (2012) La forma cristiana de educar. Edicep, Valencia

Nault, J.C. (2018), El demonio del mediodía. La acedía, el oscuro mal de nuestro tiempo, B.A.C., Madrid

Ortiz, E., Lluca, O., Mora, J. I. P., & Arolas, G. (2004). La persona completa: aproximación desde la antropología, la psicología y la biología. Edicep.