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**SUBJECT**  
**FAMILY AND ASSOCIATIVE MOVEMENT. LEISURE AND**  
**FREE TIME. ADAPTED SPORT.**

Field  
Psycho-educational Intervention in Official Educational  
Environments

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**Official Master in Inclusive Education**  
**Catholic University of Valencia**

Year 2023-2024



## COURSE GUIDE OF THE SUBJECT

		ECTS
Subject: Family and associative movement. Leisure and free time. Adapted sport.		3
Type of Learning <sup>1</sup> : Obligatory	YEAR: 1 Semester: 2	
Teacher: D <sup>a</sup> . Susana Tébar Yébana	Department: Inclusive Education, Social-Community Development and Occupational Sciences.	
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## SUBJECT ORGANIZATION

Fields and Subjects			
Field	SUBJECT	ECTS	Year/ Semester
Psycho-educational intervention in official educational environments	<b>Family and associative movement. Leisure and free time. Adapted sport.</b>	3	1/2

## COURSE GUIDE FOR SUBJECT

**Prerequisites:** None

### GENERAL GOALS

To know about associative and community resources that responds to social-affective-emotional needs and health of people throughout their lives, working in collaboration with families.

<sup>1</sup> Basic learning (common subject), Compulsory subjects, Optional subjects, External practices, Grade final project.



BASIC COMPETENCES		Competence measuring scales			
		1	2	3	4
B8 – Students should be able to integrate knowledge and deal with the complexity of making judgments based on information that, despite being incomplete and limited, includes considerations about social and ethical responsibilities linked to the application of their knowledge and judgments.					X

GENERAL COMPETENCES		Competence measuring scales			
		1	2	3	4
G3 To be able to work as a team in the educational community and in collaboration with other professionals and social agents.					X
G5 – Master social skills and abilities required to promote an environment that favours learning and coexistence.			X		
G6 To know how to deal with and resolve diverse problematic situations and interpersonal conflicts in a cooperative way.				X	

SPECIFIC COMPETENCES					
		1	2	3	4
E8 To inform, guide and collaborate with the different sectors of the educative community and the environment by promoting the social interaction of students with specific needs.					X
E10 To know about suitable systems that improve the personal competence of students with specific educational needs of support in their psychological, social, sport and physical activity context, which can be related to their needs.					X
E11 - To know how to detect and analyze possible barriers to the full participation of students in the educational environments where they are, as well as how to contribute to their elimination.				X	



LEARNING OUTCOMES	COMPETENCES
R1 The student designs support systems in response to the educational needs of students.	<b>B8, G6</b>
R3 The student identifies behaviour problems and conflicts in family relations of a student with specific educational needs and guides their resolution.	<b>G3, E8</b>

R4 The student is familiar with different family associations and their functions.	<b>G3, G5, G6, E8</b>
R5 The student identifies different resources linked to leisure and free time.	<b>G3, G6, E10, E11</b>
R6 The student understands the possibilities provided by adapted sports as a way to social integration.	<b>G3, E10, E11</b>



ON-CAMPUS EDUCATIONAL ACTIVITIES			
ACTIVITY	Teaching-Learning Methodology	Relationship between Course and Learning Outcomes	ECTS
MASTER CLASS	Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge, which require the feed-back and involvement of the student.	R1, R3, R4, R5, R6	0.16
FACE-TO-FACE TUTORIALS	Personalized attention for the student, individual or in a small group. Period of instruction and/or orientation carried out by a tutor for the purpose of reviewing and discussing the materials and topics presented in class.	R1, R3, R4, R5, R6	0.08
PRACTICAL CLASSES	Group work sessions supervised by the professor. Case studies. Meaningful construction of knowledge through interaction and activity of the student.	R1, R3, R4, R5, R6	0.16
ASSESSMENT	Group of oral and/or written tests, expositions and paper discussions used for the initial, training and additive assessment of the student.	R1, R3, R4, R5, R6	0.2
Total			(0,6)



NON ON-CAMPUS EDUCATIONAL ACTIVITIES			
ACTIVITY	Teaching-Learning Methodology	Relationship between Course and Learning Outcomes	ECTS
ONLINE TUTORING	<p>Personalized attention to the student in a virtual and individual way through the university e-learning platform: <a href="https://campusvirtual.ucv.es/">https://campusvirtual.ucv.es/</a>.</p> <p>It's a period of instruction and orientation carried out by a teacher which has as purpose to review and discuss the materials and issues covered in class, to help with the activities of the ongoing assessment, etc.</p>	R1, R3, R4, R5, R6	0.04
ASYNCHRONOUS ONLINE SESSION	Exposition of the contents by the teacher, analysis of competences, explication and demonstration of abilities, skills and knowledge in the Virtual classroom, which requires feed-back and involvement of the students at different moments.	R1, R3, R4, R5, R6	0.16
TEAM WORK	Activity that requires the participation of different students with a common objective, which forces them to personal interaction and the distribution and fulfilment of responsibilities, as well as the planning of meetings between the group members and the teacher.	R1, R3, R4, R5, R6	0.4
Total			(0,6)



INDEPENDENT WORK ACTIVITIES OF THE STUDENT			
ACTIVITY	Teaching-Learning Methodology	Relationship between Course and Learning Outcomes	ECTS
INDEPENDENT WORK	<p>Student study: Group or Individual preparation of readings, essays, concept maps, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or Small-group tutoring sessions.</p> <p>It can also be submitted to the university e-learning platform. <a href="https://campusvirtual.ucv.es/">https://campusvirtual.ucv.es/</a>.</p>	R1, R3, R4, R5, R6	1.8
Total			(1,8)



SYSTEM FOR ASSESSING THE ACQUISITION OF THE COMPETENCES AND ASSESSMENT SYSTEM		
Assessment Tool	LEARNING OUTCOMES ASSESSED	Allocated Percentage
Preparation of memoranda of fieldwork	R1, R4	40%
Individual or group work: case study solution. Exposition	R3, R5, R6	40%
Individual work: Table of resources	R1, R3, R4, R5, R6	40%
Attendance to on-campus session and participation in activities	R1, R3, R4, R5, R6	20%
<b>Criterion of concession of the Mention of Distinction:</b> From the obtaining of 9 on and providing that the obtained result is a consequence of an excellent academic progress together with an effort and interest for the subject.		
<b>Comments:</b>  <b>Note 1</b> In the description of the content and assessment criteria of the subject the procedure, reference materials and deadline dates will be explained, and they will also be described by the coordinator of the subject in the first class session.  <b>Note 2</b> Failure to follow the rules and deadlines for the completion of academic activities invalidates the note.		





DESCRIPTION OF CONTENTS	COMPETENCES
Organization in contents blocks or thematic groups. Development of contents in didactic guides.	(Indicate, numerically, the related competences)
Family and disability. Historical evolution of the associative movement.	<b>G8,E11</b>
Main organizations and objectives.	<b>G3,G5,E11</b>
Emotional education.	<b>G5,G6</b>
The importance of leisure and free time for the integral development of the person.	<b>E8,E10</b>
Leisure and free time programs that exist in our socio-cultural context.	<b>E8,E10,E11</b>
Physical education and adapted sports.	<b>E8,E10</b>



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## Addendum to the Course Guide of the Subject

### **FAMILY AND ASSOCIATIVE MOVEMENT. LEISURE AND FREE TIME. ADAPTED SPORT**

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject:

**Situation 1: Teaching without limited capacity** (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

**Situation 2: Teaching with limited capacity** (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

#### **1. Educational Activities of Onsite Work:**

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching.



Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:



Microsoft Teams



Blackboard Collaborate Ultra



Kaltura

### **Situation 3: Confinement due to a new State of Alarm.**

In this case, the following changes are made:

#### **1. Educational Activities of Onsite Work:**

**All the foreseen onsite activities described in this section of the Course Guide, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:**



Microsoft Teams



Blackboard Collaborate Ultra



Kaltura



*Explanation about the practical sessions:*

## 2. System for Assessing the Acquisition of the competences and Assessment System

Onsite WORK

### Regarding the Assessment tools:

- ☒ the Assessment tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.
- ☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated Percentage	Description of the suggested changes	Platform to be used
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the other Assessment tools will not be modified with regards to what is indicated in the Course Guide.

### Comments to the Assessment System:

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## ONLINE WORK

### Regarding the Assessment tools:

- ☒ the Assessment tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.
- ☐ the following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated Percentage	Description of the suggested changes	Platform to be used
---		---	

the other Assessment tools will not be modified with regards to what is indicated in the Course Guide.