

Course guide Academic year 2025-2026 Subject

Information about the subject

Degree: University Master in Inclusive Education

Faculty: Teaching and Educational Sciences

Code:1630009

Name: Family and associative movement.leisure and free time. Adapted sport

Credits: 3 ECTS Semester: 2°

Subject Matter: Psycho-educational Intervention in Official Educational Environments

Type: Obligatory

Department: Inclusive Education, Social-Community Development and Occupational Sciences

Type of learning: Hybrid

Language(s) in which it is taught: Spanish

Lecturer/-s

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Module organization

BASIC THEORETICAL TRAINING

Subject	ECTS	Course	ECTS	Semester
Socioeducational Intervention in Non-	6	Family and Associative Movement.	3	2nd
Regulated Educational Environments		Leisure and Free Time. Adapted		
		Sport.		
		Transition to Adult Life. Quality of	3	2nd
		Life. Residential Environments.		







Recommended Knowledge

No prerequisites, except those established by the general regulations for access to official master's degree courses (general and specific for the master's degree itself).

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

Code	Learning outcomes
R1	The student establishes the different measures of attention to diversity for the case presented, proposing and designing inclusive educational activities that favor all students.
R3	The student identifies behaviour problems and conflicts in family relations of a student with specific educational needs and guides their resolution.
R4	The student is familiar with different family associations and their functions.
R5	The student identifies different resources linked toleisure and free time.
R6	The student understands the possibilities provided byadapted sports as a way to social integration.





Competences

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

Code	Conorol	Weighting			
Code	General	1	2	3	4
G3	To be able to work as a team in the educational community and incollaboration with other professionals and social agents.				x
G5	Master social skills and abilities required to promote an environmentthat favours learning and coexistence.		x		
G6	To know how to deal with and resolve diverse problematic situationsand interpersonal conflicts in a cooperative way.			x	

Code	Pasia	Weighting			
	Basic	1	2	3	4
B8	Students should know how to integrate knowledge and face the complexity of suing a judgement from information that is limited, incomplete, and includes considerations about the ethical and social responsibilities linked to the application of their previous knowledge				x

Code	Specific		Weig	ghting	
Code	Specific	1	2	3	4
E8	To inform, guide and collaborate with the different sectors of the educative community and the environment by promoting the social interaction of students with specific needs.				x
E10	To know about suitable systems that improve the personal competence of students with specific educational needs of support in theirpsychological, social, sport and physical activity context, which can be related to their needs.				x
E11	To know how to detect and analyze possible barriers to the full participation of students in the educational environments where they are, as well as how to contribute to their elimination.			x	





Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R4	40%	Preparation of memoranda of fieldwork
R3, R5, R6	40%	Individual or group work: case study solution. Exposition
R1, R3, R4, R5, R6	20%	Attendance to on- campus session and participation in activities

Criteria for the awarding of Honours Grades: In accordance with the regulations governing the evaluation and grading of the subject in force at the UCV, the mention of 'Honours Grade' may be awarded to students who have obtained a grade equal to or higher than 9.0. The number of 'Matrícula de Honor' may not exceed five percent of the students enrolled in the group in the corresponding academic year, unless the number of students enrolled is less than 20, in which case only one 'Matrícula de Honor' may be awarded.

Exceptionally, honours may be allocated between the different groups of the same subject as a whole. However, the total number of honours to be awarded will be the same as if they were assigned by group, but these may be distributed among all students according to a common criterion, regardless of the group to which they belong. The criteria for awarding 'Honours' will be carried out according to the criteria stipulated by the lecturer responsible for the subject detailed in the 'Observations' section of the assessment system of the teaching guide.

NOTE: Use of Artificial Intelligence:

The use of AI is permitted for:

·Study support (generating alternative explanations, concept maps, or self-assessment exercises)

·Receiving feedback on the clarity or coherence of one's own text.

The use of AI is not permitted for:

Performing assessable tasks, unless required in a specific activity and indicated by the teacher.

If AI is used in any of the activities under the permitted conditions, it must be stated in which part of the activity it has been used, which AI tool has been used and for what purpose.





Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1	PARTICIPATORY MASTER CLASS
M2	VIRTUAL TUTORING
M3	PRACTICAL CLASSES
M4	FACE-TO-FACE ASSESSMENT
M5	DISCUSSION FORUM
M6	VIRTUAL TUTORING
M7	ASYNCHRONOUS VIRTUAL SESSION
M8	GROUP WORK
M9	AUTONOMOUS WORK





In-class learning

IN-CLASS LEARNING ACTIVITIES				
Activity	Learning Outcomes	Methodology	ECTS	
PARTICIPATIVE MASTER CLASS	R1, R3, R4, R5,R6	Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge, which require the feed-back and involvement of the student.	0.16	
FACE-TO-FACE TUTORIALS	R1, R3, R4, R5,R6	Personalized attention for the student, individual or in a small group. Period of instruction and/or orientation carried out by a tutor for the purpose of reviewing and discussing the materials and topics presented in class.	0.08	
PRACTICAL CLASSES	R1, R3, R4, R5,R6	Group work sessions supervised by the professor. Case studies. Meaningful construction of knowledge through interaction and activity of the student.	0.16	
IN-PERSON EVALUATION	R1, R3, R4, R5,R6	Group of oral and/or written tests, expositions and paper discussions used for the initial, training and additive assessment of the student.	0.2	
		Total	0.6	

On-line learning

Activity	Learning Outcomes	Methodology	ECT
ONLINE TUTORING	R1, R3, R4, R5, R6	Personalized attention to the student in a virtual and individual way through the university e- learning platform: https://campusvirtual.ucv.es/. It's a period of instruction and orientation carried out by a teacher which has as purpose to review and discuss the materials and issues covered in class, to help with the activities of the ongoing assessment, etc.	0.0





Activity	Learning Outcomes	Methodology	ECTS
ASYNCHRONOUS ONLINE SESSION	R1, R3, R4, R5, R6	Exposition of the contents by the teacher, analysis of competences, explication and demonstration of abilities, skills and knowledge in the Virtual classroom, which requiresfeedback and involvement of the students at different moments.	0.16
TEAM WORK	R1, R3, R4, R5, R6	Activity that requires the participation of different students with a common objective, which forces them to personal interaction and the distribution and fulfilment of responsibilities, as well as the planning of meetings between the group members and the teacher.	0.4
TEAM WORK		different students with a common of which forces them to personal in and the distribution and fulfil responsibilities, as well as the planning of meetings between th	objective, iteraction ment of

Autonomous work

Activity	Learning Outcomes	Methodology	ECTS
INDEPENDENT WORK	R1, R3, R4, R5, R6	Student study: Group or Individual preparation of readings, essays, concept maps,problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or Small-group tutoring sessions. It can also be submitted to the university e-learning platform. https://campusvirtual.ucv.es/.	1.8





Description of the contents

Description of the necessary contents to acquire the learning outcomes:

CONTENT BLOCK	Contents
BLOCK 1	Family and disability. Historical evolution of the associative movement.
BLOCK 2	Main organizations and objectives.
BLOCK 3	Emotional education.
BLOCK 4	The importance of leisure and free time for the integral developmentof the person.
BLOCK 5	Leisure and free time programs that exist in our socio-cultural context.

Temporary organization of learning

BLOCK OF CONTENT/DICACTIC UNIT	Number of sessions	Hours
Family and disability. Historical evolution of the associativemovement.	2	3
Main organizations and objectives.	1	2
Emotional education.	1	3
The importance of leisure and free time for the integral development of the person.	1	2
Leisure and free time programs that exist in our socio-cultural context.	1	2





References

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