



Information about the subject

Degree: Bachelor of Science Degree in Occupational Therapy

Faculty: Faculty of Psychology

Code: 1123007 **Name:** Occupational Therapy in Mental Health

Credits: 6,00 **ECTS Year:** 3 **Semester:** 2

Module: OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter: Areas of Intervention in Occupational Therapy **Type:** Compulsory

Field of knowledge: Health Sciences

Department: Occupational Sciences

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter	ECTS	Subject	ECTS	Year/semester
General Occupational Therapy	18,00	Activities of daily living	6,00	2/1
		History and Theory of Occupational Therapy	6,00	1/1
		Occupational science and Occupational Therapy fundamentals	6,00	1/2
Areas of Intervention in Occupational Therapy	42,00	Community Occupational Therapy	6,00	3/1
		Functional rehabilitation in physical disability	6,00	3/1
		Occupational Therapy in early care and the educational field	6,00	2/2
		Occupational Therapy in Geriatrics	6,00	4/2
		Occupational Therapy in intellectual disability	6,00	2/2
		Occupational Therapy in Mental Health	6,00	3/2
		Occupational Therapy in physical and sensory disabilities	6,00	3/2



Recommended knowledge

Not precise

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To be able to adequately integrate the various treatment modalities into the Occupational Therapy intervention process to support occupational performance, preferably those that accumulate the most scientific and clinical evidence in each intervention setting.
- R2 To know and identify the main resources for the care of people with mental illness.
- R3 To identify the relevant information provided in a clinical case to elaborate an occupational diagnosis consistent with the available information, which considers the multifactoriality of factors affecting occupational performance.
- R4 To know the basic principles of Occupational Therapy in the area of mental health, as well as its framework in the multidisciplinary work with other professionals.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG5	To know, value critically and use the sources of information in order to obtain, organise, interpret and communicate the scientific, sanitary, socio-sanitary and information, preserving the confidentiality of the data.			X	
CG7	To understand and recognise the interrelationship between the concepts of wellbeing, health, significant occupation, dignity and participation.			X	
CG14	To know, select and apply the appropriate theories, the theoretical frameworks for reference, the models and methods of Occupational Therapy practice to choose or re-establish meaningful occupation, according to the health needs of individuals/populations (promotion of health, prevention and treatment).				X
SPECIFIC		Weighting			
		1	2	3	4
CE34	To carry out an adequate treatment, respecting the different phases and basic principles through therapeutic occupations and based on related knowledge such as the science of occupation, in the different areas of occupational activity, analysing the activity components and the different existing environments and contexts.			X	
CE41	To know, evaluate, analyse, elaborate and participate in education programmes and the promotion of health within the scope of Occupational Therapy to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions and social exclusion.			X	
CE47	To select, modify and apply theories appropriately, practical models of intervention and methods to satisfy occupational and health needs of individuals and populations.			X	



CE48 To use ethical and professional reasoning in an efficient way through the process of Occupational Therapy.

x



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
	30,00%	Presentation of group and individual works.
	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

Observations

Attendance and assessment methods

Students will be able to choose between two assessment methods for the course: **continuous and single assessment**.

1. Continuous assessment:

A minimum of 70% attendance to face-to-face classes is required to be eligible.

Assessment is continuous and evidence of attendance/participation, practical activities and individual and/or group work will be collected/delivered throughout the term. All individual and group work will be submitted through the UCV's VIRTUAL CAMPUS within the deadlines and in the manner established by the lecturer of the subject. Late submissions will not be accepted under any circumstances. Those assignments that have not yet been handed in will be handed in and assessed on the official date of the second sitting.

In addition, there will be a final test of a theoretical-practical nature during the official exam period.

The official exam dates will be set by the Dean's Team of the Faculty in accordance with the periods established in the academic calendar. For changes to exam dates, please consult the reasons for such changes and the procedure in article 12 of the Exams Regulations.

2. Single assessment:

This is for students who, for justified and documented reasons, are unable to meet the minimum attendance requirements. The request must be made in writing to the lecturer responsible for the subject, who will respond by the same means.

The single assessment does not consist of a single test, but of the set of tests and/or activities necessary to demonstrate and measure all the learning outcomes defined for the subject.



The structure of the single assessment in this subject will be as follows:

- Theoretical exam (50%)
 - Practical exam and/or additional work (50%): this part will include a practical test, and, if necessary, extraordinary autonomous work activities to demonstrate the learning outcomes.
- Note: In order to pass the course, students must pass the different assessment systems separately (attendance and participation, practicals/work and exam). Failure to comply with the rules and deadlines established for the completion of academic activities will invalidate the grade.
- Criteria for the awarding of honours: evidence of levels of excellence in all competences and learning outcomes.

With regard to the use of Artificial Intelligence (AI)

- Any use of AI tools must be explicitly stated in the submitted document (e.g. in a footnote or annex).
- The name of the tool, the purpose of the use (e.g. grammar check, organisation of ideas, writing example) and in which part of the work it has been used shall be indicated.
- Responsible use of AI will be assessed as part of the criteria for originality and academic honesty.

Students may not use Artificial Intelligence (AI) to:

- Recording or transcribing, in whole or in part, any activity carried out in the classroom, in order to obtain summaries or notes made by AI.
- Generate text in work related to the activity.
- Presenting AI-generated work as one's own.
- Providing the AI with statements, practice or assessment tests to obtain automatic answers.

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 ON-CAMPUS CLASS
- M2 PRACTICAL CLASSES
- M3 SEMINAR
- M4 GROUP PRESENTATION OF PAPERS
- M5 OFFICE ASSISTANCE
- M6 ASSESSMENT
- M7 GROUP WORK
- M8 INDEPENDENT WORK



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R1, R3, R4	10,00	0,40
SEMINAR: Supervised monographic sessions with shared participation M3	R2	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R1, R2, R3, R4	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, readings, papers, etc. M5	R1, R2, R3, R4	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3, R4	3,00	0,12
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es) M7	R1, R2, R3, R4	40,00	1,60
INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es) M8	R1, R2, R3, R4	50,00	2,00
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
BLOCK I. Psychopathological, psychiatric disorders, functioning and occupational participation.	Occupational therapy in mental health: definition and basic theoretical assumptions. Mental illness, functioning and occupational participation. Design, management and organization of occupational therapy departments in mental health.
BLOCK II. Fields of application from Occupational Therapy.	Occupational Therapy in Mental Health Centers. Occupational Therapy in Hospitalization Units. Occupational Therapy in Socio-Community Resources.
BLOCK III. Approaches and intervention techniques from Occupational Therapy.	Occupational evaluation and clinical reasoning in mental health. Planning of the intervention of occupational therapy in mental health. Approaches and types of intervention of occupational therapy in mental health.

Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I. Psychopathological, psychiatric disorders, functioning and occupational participation.	10,00	20,00
BLOCK II. Fields of application from Occupational Therapy.	8,00	16,00
BLOCK III. Approaches and intervention techniques from Occupational Therapy.	12,00	24,00



References

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Durante Molina, P., Moruno Miralles, P. y Noya Arnaiz, B. (2000). Terapia Ocupacional en Salud Mental: 23 Casos Clínicos. Ed. Masson. Barcelona.

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