

Year 2023/2024

1123003 - Psychopathology and psychological treatments

### Information about the subject

Degree: Bachelor of Science Degree in Occupational Therapy

Faculty: Faculty of Psychology

**Code:** 1123003 **Name:** Psychopathology and psychological treatments

Credits: 6,00 ECTS Year: 3 Semester: 1

Module: MEDICAL, SURGICAL AND PSYCHIATRIC AFFECTIONS

Subject Matter: Psychiatry Type: Compulsory

Field of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

1123 María Inmaculada Aragonés Barberá (Responsible

Lecturer)

inmaculada.aragones@ucv.es

PI-02-F-16 ED. 00 1/14

Year 2023/2024 1123003 - Psychopathology and psychological treatments

## Module organization

#### MEDICAL, SURGICAL AND PSYCHIATRIC AFFECTIONS

Subject Matter	ECTS	Subject	ECTS	Year/semester
Medical-Surgical Conditions	18,00	Medical-surgical conditions I	6,00	2/1
		Medical-surgical conditions II	6,00	2/2
		Medical-surgical conditions III	6,00	3/1
Psychiatry	6,00	Psychopathology and psychological treatments	6,00	3/1
Public Health	6,00	Public health, management and quality of care	6,00	4/2

## Recommended knowledge

Not precise

PI-02-F-16 ED. 00 2/14



Year 2023/2024 1123003 - Psychopathology and psychological treatments

### Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To be able to explain the main explanatory models of psychopathology.
- R2 To be able to describe the main mental disorders of the child, youth and adult population.
- R3 To be able to describe the main predisposing or vulnerable factors for different mental disorders in the infant, young child and adult population.
- R4 To be able to describe the main behavioural intervention techniques applicable in mental health contexts.

PI-02-F-16 ED. 00 3/14



Year 2023/2024 1123003 - Psychopathology and psychological treatments

## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL			We	eig	hting	3
		1	2	2	3	4
CG9	To recognise the determiners of health on the population, the resources and multidisciplinary teams and the intervention actions, maintenance and promotion of health, at an individual level as well as that of community				X	
CG14	To know, select and apply the appropriate theories, the theoretical frameworks for reference, the models and methods of Occupational Therapy practice to choose or re-establish meaningful occupation, according to the health needs of individuals/populations (promotion of health, prevention and treatment).					X
CG15	To cooperate with groups and communities to promote the health and wellbeing of their members through participation in meaningful occupation				x	
CG19	To acquire basic knowledge about management and improvement of the quality of Occupational Therapy services considering the advances in health, social care, society and legislation at local, national and international levels, centred on individuals/populations			<		

SPECIFIC		١	Neig	htin	g	
		1	2	3	4	Ļ
CE59 To know and understand medical, surgical and psychiatric knowledge applicable to the human being in all stages of the cylife, from infancy to old age, that allow the students to evaluate synthesise and apply Occupational Therapy treatments.				x		
CE61 To know, evaluate, analyse, elaborate and participate in educa programmes and promote health within the scope of Occupation Therapy in order to prevent occupational dysfunctions in general subsequent to medical, surgical and psychiatric conditions, as as social exclusion.	onal ral and				,	(

PI-02-F-16 ED. 00 4/14



Year 2023/2024 1123003 - Psychopathology and psychological treatments

CE62 To synthesise and apply the relevant knowledge of biological, medical, human, pedagogical, psychological, social, technological and occupational sciences, together with the theories of occupation and participation.

X



PI-02-F-16 ED. 00 5/14



Year 2023/2024

1123003 - Psychopathology and psychological treatments

## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
	30,00%	Presentation of group and individual works.
	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

#### **Observations**

**Note:** In order to pass the course, the student must pass each of the evaluation criteria separately. The official exam dates will be set by the Faculty Dean's Team according to the periods established in the academic calendar. For MODIFICATIONS OF DATES OF EXAMS consult the reasons that justify such modifications and the procedure in article 12 of the Examination Regulations. https://www.ucv.es/Portals/0/documentos/normativa/20170526144309926.pdf

A minimum of 75% of the attendance is required for the course grade to be computed. The attendance will be controlled through the VIRTUAL CAMPUS, only, at the beginning of each lesson. Absences must be justified by means of an official document.

#### Criteria to grant the honorific mention:

The honorific mention will be granted to the student who obtains a grade higher than 9 in the first call.

-Attendance to classroom sessions, active participation and involvement in the theoretical and practical classes, as well as in the rest of the training activities by the student, candidate to receive the mention of honor, must reach the levels of excellence. –

The honorific mention will be granted to students who have obtained a grade equal to or higher than 9.0. The number of mentions will not exceed 5% of enrolled students in a module in the academic year unless the number of enrolled students is below 20, in which case only one mention can be granted (Royal Decree 1125/2003).

PI-02-F-16 ED. 00 6/14



Year 2023/2024 1123003 - Psychopathology and psychological treatments

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1 ON-CAMPUS CLASS

M2 PRACTICAL CLASSES

M3 SEMINAR

M4 GROUP PRESENTATION OF PAPERS

M5 OFFICE ASSISTANCE

M6 ASSESSMENT

M7 GROUP WORK

M8 INDEPENDENT WORK

PI-02-F-16 ED. 00 7/14



Year 2023/2024 1123003 - Psychopathology and psychological treatments

#### **IN-CLASS LEARNING ACTIVITIES**

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge.  M1	R1, R2, R3, R4	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity.	R2, R4	10,00	0,40
M2			
SEMINAR: Supervised monographic sessions with shared participation M3	R3	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge <sup>M4</sup>	R2, R4	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, eadings, papers, etc.	R1, R2, R3, R4	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3, R4	3,00	0,12
TOTAL		60,00	2,40

PI-02-F-16 ED. 00 8/14



Year 2023/2024 1123003 - Psychopathology and psychological treatments

#### **LEARNING ACTIVITIES OF AUTONOMOUS WORK**

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)	R1, R2, R3, R4	40,00	1,60
INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( www.plataforma.ucv.es )	R1, R2, R3, R4	50,00	2,00
TOTAL		90,00	3,60

PI-02-F-16 ED. 00 9/14



Year 2023/2024

1123003 - Psychopathology and psychological treatments

## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

#### Theoretical contents:

Content block	Contents
BLOCK I. INTRODUCTION TO PSYCHOPATHOLOGY	History of Psychopathology Research methods in psychopathology Current qualifying systems
BLOCK II. CLASSIFICATION OF MENTAL DISORDERS ACCORDING TO DSM-5	Neurological Development Disorders Spectrum of Schizophrenia and other Psychotic Disorders Bipolar Disorder and Related Disorders
	Depressive Disorders Anxiety disorders
	Obsessive-Compulsive Disorder and Related Disorders Disorders Related to Traumas and Stress Factors Somatic Symptom Disorders and Related Disorders
	Eating Disorders Sleep-Vigil Disorders
	Personality disorders
	Disorders Related to Addictive Substances and Disorders

### Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I. INTRODUCTION TO PSYCHOPATHOLOGY	8,00	16,00
BLOCK II. CLASSIFICATION OF MENTAL DISORDERS ACCORDING TO DSM-5	22,00	44,00

PI-02-F-16 ED. 00 10/14



Year 2023/2024

1123003 - Psychopathology and psychological treatments

#### References

#### **BASIC BIBLIOGRAPHY**

Belloch, A., Sandín, B Ramos, F. (2020). Manual de psicopatología volumen I y II. Madrid: McGraw Hill

Perpiñá. C. y Baños, R.M. (2019). Manual básico de exploración psicopatológica. Madrid: Síntesis

Caballo, V., Salazar, I.C., y Carrobles, J.A. (Dirs) (2014) Manual de Psicopatología y trastornos psicológicos. (2ª edición) Madrid: Pirámide

American Psychiatric Association [APA] (2014). DSM-5. Manual Diagnóstico y Estadístico de los Trastornos Mentales. Madrid: Editorial Médica Panamericana.

**COMPLEMENTARY BIBLIOGRAPHY** 

Obiols, J. (Ed.) (2008). Manual de Psicopatología General. Madrid: Biblioteca Nueva.

Rodriguez Testal, J.F. y Mesa Cid, P.J. (Coord.). (2011). Manual de Psicopatología Clínica.

Madrid: Pirámide.

Evaluación y pruebas psicológicas Bundle 10.ª Edición (2023) Madrid: McGraw Hill

PI-02-F-16 ED. 00 11/14



Year 2023/2024

1123003 - Psychopathology and psychological treatments

### Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

<u>Situation 1: Teaching without limited capacity</u> (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

<u>Situation 2: Teaching with limited capacity</u> (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

#### 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

Х	Microsoft Teams	
Х	Kaltura	

PI-02-F-16 ED. 00 12/14



Year 2023/2024 1123003 - Psychopathology and psychological treatments

#### Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

#### 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

X	Microsoft Teams			
X	Kaltura			
Explan	ation about the practical session	ns:		

PI-02-F-16 ED. 00 13/14



Year 2023/2024

1123003 - Psychopathology and psychological treatments

## 2. System for Assessing the Acquisition of the competences and Assessment System

**ONSITE WORK** 

Regarding the Assessment Tools:								
X	The Assessment Tool will be done online thro		odified. If onsite assessment Campus.	t is not possible, it				
	The following changes will be made to adapt the subject's assessment to the online teaching.							
Course guide Adaptation								
	Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used				

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

**Comments to the Assessment System:** 

PI-02-F-16 ED. 00 14/14