

Year 2025/2026

1123003 - Psychopathology and psychological treatments

Information about the subject

Degree: Bachelor of Science Degree in Occupational Therapy

Faculty: Faculty of Psychology

Code: 1123003 **Name:** Psychopathology and psychological treatments

Credits: 6,00 ECTS Year: 3 Semester: 1

Module: MEDICAL, SURGICAL AND PSYCHIATRIC AFFECTIONS

Subject Matter: Psychiatry Type: Compulsory

Field of knowledge: Health Sciences

Department: Occupational Sciences

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

1123 María Inmaculada Aragonés Barberá (Responsible

Lecturer)

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Module organization

MEDICAL, SURGICAL AND PSYCHIATRIC AFFECTIONS

Subject Matter	ECTS	Subject	ECTS	Year/semester
Medical-Surgical Conditions	18,00	Medical-surgical conditions I	6,00	2/1
		Medical-surgical conditions II	6,00	2/2
		Medical-surgical conditions III	6,00	3/1
Psychiatry	6,00	Psychopathology and psychological treatments	6,00	3/1
Public Health	6,00	Public health, management and quality of care	6,00	4/2

Recommended knowledge

Not precise



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Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To be able to explain the main explanatory models of psychopathology.
- R2 To be able to describe the main mental disorders of the child, youth and adult population.
- R3 To be able to describe the main predisposing or vulnerable factors for different mental disorders in the infant, young child and adult population.
- R4 To be able to describe the main behavioural intervention techniques applicable in mental health contexts.



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Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL			We	eig	hting	3
		1	2	2	3	4
CG9	To recognise the determiners of health on the population, the resources and multidisciplinary teams and the intervention actions, maintenance and promotion of health, at an individual level as well as that of community				X	
CG14	To know, select and apply the appropriate theories, the theoretical frameworks for reference, the models and methods of Occupational Therapy practice to choose or re-establish meaningful occupation, according to the health needs of individuals/populations (promotion of health, prevention and treatment).					X
CG15	To cooperate with groups and communities to promote the health and wellbeing of their members through participation in meaningful occupation				x	
CG19	To acquire basic knowledge about management and improvement of the quality of Occupational Therapy services considering the advances in health, social care, society and legislation at local, national and international levels, centred on individuals/populations			<		

SPECIFIC		Weighting				
		1	2		3	4
k li	To know and understand medical, surgical and psychiatric knowledge applicable to the human being in all stages of the cycle of ife, from infancy to old age, that allow the students to evaluate, synthesise and apply Occupational Therapy treatments.				X	
р Т s	To know, evaluate, analyse, elaborate and participate in educational programmes and promote health within the scope of Occupational Therapy in order to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions, as well as social exclusion.					X



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CE62 To synthesise and apply the relevant knowledge of biological, medical, human, pedagogical, psychological, social, technological and occupational sciences, together with the theories of occupation and participation.

X





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Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
	30,00%	Presentation of group and individual works.
	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

Observations

Attendance and assessment methods

Students will be able to choose between two assessment methods for the course: **continuous** and single assessment.

1. Continuous assessment:

A minimum of 70% attendance to face-to-face classes is required to be eligible.

Assessment is continuous and evidence of attendance/participation, practical activities and individual and/or group work will be collected/delivered throughout the term. All individual and group work will be submitted through the UCV's VIRTUAL CAMPUS within the deadlines and in the manner established by the lecturer of the subject. Late submissions will not be accepted under any circumstances. Those assignments that have not yet been handed in will be handed in and assessed on the official date of the second sitting.

In addition, there will be a final test of a theoretical-practical nature during the official exam period. The official exam dates will be set by the Dean's Team of the Faculty in accordance with the periods established in the academic calendar. For changes to exam dates, please consult the reasons for such changes and the procedure in article 12 of the Exams Regulations.

2. Single assessment:

This is for students who, for justified and documented reasons, are unable to meet the minimum attendance requirements. The request must be made in writing to the lecturer responsible for the subject, who will respond by the same means.

The single assessment does not consist of a single test, but of the set of tests and/or activities necessary to demonstrate and measure all the learning outcomes defined for the subject.



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The structure of the single assessment in this subject will be as follows:

- Theoretical exam (50%)
- Practical exam and/or additional work (50%): this part will include a practical test, and, if necessary, extraordinary autonomous work activities to demonstrate the learning outcomes. Note: In order to pass the course, students must pass the different assessment systems separately (attendance and participation, practicals/work and exam). Failure to comply with the rules and deadlines established for the completion of academic activities will invalidate the grade. Criteria for the awarding of honours: evidence of levels of excellence in all competences and learning outcomes.

With regard to the use of Artificial Intelligence (AI)

- Any use of Al tools must be explicitly stated in the submitted document (e.g. in a footnote or annex).
- The name of the tool, the purpose of the use (e.g. grammar check, organisation of ideas, writing example) and in which part of the work it has been used shall be indicated.
- Responsible use of Al will be assessed as part of the criteria for originality and academic honesty. **Students may not use Artificial Intelligence (Al) to:**
- Recording or transcribing, in whole or in part, any activity carried out in the classroom, in order to obtain summaries or notes made by AI.
- Generate text in work related to the activity.
- Presenting Al-generated work as one's own.
- Providing the AI with statements, practice or assessment tests to obtain automatic answers.

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.



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Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1	ON-CAMPUS CLASS
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M2 PRACTICAL CLASSES

M3 SEMINAR

M4 GROUP PRESENTATION OF PAPERS

M5 OFFICE ASSISTANCE

M6 ASSESSMENT

M7 GROUP WORK

M8 INDEPENDENT WORK



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IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity.	R2, R4	10,00	0,40
M2			
SEMINAR: Supervised monographic sessions with shared participation M3	R3	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge ^{M4}	R2, R4	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, eadings, papers, etc.	R1, R2, R3, R4	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3, R4	3,00	0,12
TOTAL		60,00	2,40



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LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)	R1, R2, R3, R4	40,00	1,60
INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)	R1, R2, R3, R4	50,00	2,00
TOTAL		90,00	3,60



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Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
BLOCK I. INTRODUCTION TO PSYCHOPATHOLOGY	History of Psychopathology Research methods in psychopathology Current qualifying systems
BLOCK II. CLASSIFICATION OF MENTAL DISORDERS ACCORDING TO DSM-5	Neurological Development Disorders Spectrum of Schizophrenia and other Psychotic Disorders Bipolar Disorder and Related Disorders
	Depressive Disorders Anxiety disorders
	Obsessive-Compulsive Disorder and Related Disorders Disorders Related to Traumas and Stress Factors
	Somatic Symptom Disorders and Related Disorders Eating Disorders Sleep-Vigil Disorders
	Personality disorders
	Disorders Related to Addictive Substances and Disorders

Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I. INTRODUCTION TO PSYCHOPATHOLOGY	8,00	16,00
BLOCK II. CLASSIFICATION OF MENTAL DISORDERS ACCORDING TO DSM-5	22,00	44,00



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References

BASIC BIBLIOGRAPHY

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Perpiñá. C. y Baños, R.M. (2019). Manual básico de exploración psicopatológica. Madrid:

Síntesis

Caballo, V., Salazar, I.C., y Carrobles, J.A. (Dirs) (2014) Manual de Psicopatología y trastornos psicológicos. (2ª edición) Madrid: Pirámide

American Psychiatric Association [APA] (2014). DSM-5. Manual Diagnóstico y Estadístico de los Trastornos Mentales. Madrid: Editorial Médica Panamericana.

COMPLEMENTARY BIBLIOGRAPHY

Obiols, J. (Ed.) (2008). Manual de Psicopatología General. Madrid: Biblioteca Nueva.

Rodriguez Testal, J.F. y Mesa Cid, P.J. (Coord.). (2011). Manual de Psicopatología Clínica.

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