



## Information about the subject

**Degree:** Bachelor of Science Degree in Occupational Therapy

**Faculty:** Faculty of Psychology

**Code:** 1121107 **Name:** Anthropology

**Credits:** 6,00 **ECTS Year:** 1 **Semester:** 1

**Module:** BASIC TRAINING MODULE

**Subject Matter:** Anthropology **Type:** Basic Formation

**Field of knowledge:** Social and Legal Sciences

**Department:** Occupational Sciences

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

**Lecturer/-s:**

1121 Miguel Pedro Leon Padilla (**Responsible Lecturer**)

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## Module organization

### BASIC TRAINING MODULE

Subject Matter	ECTS	Subject	ECTS	Year/semester
Human Anatomy	6,00	Structure and function of the human body I	6,00	1/1
Physiology	12,00	Kinesiology	6,00	1/2
		Structure and function of the human body II	6,00	1/2
Psychology	24,00	Basic Psychological Processes	6,00	1/2
		Developmental Psychology I	6,00	2/1
		Developmental Psychology II	6,00	2/2
		Psychology of the Personality	6,00	1/1
Anthropology	6,00	Anthropology	6,00	1/1
Social Moral-Deontology	6,00	Social Morality - Deontology	6,00	2/1
Science, Reason and Faith	6,00	Science, Reason and Faith	6,00	1/2

## Recommended knowledge

Basic knowledge of philosophy and humanities



## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To describe with fluency the characteristics of the different forms of knowledge (technical, scientific, philosophical, theological) that allow a wide and integrated vision of the human being and not a reduced one.
- R2 To know how to identify the fundamental notes of the human person that reveal his/her dignity, his/her freedom of self-determination, his/her sociability and his/her openness to transcendence.
- R3 To be able to elaborate analysis and synthesis papers or works with arguments from anthropology about the existential realities of the person and the limits of life, using as sources academic texts, audiovisual materials, press media or Internet.
- R4 To know how to confront socio-cultural anthropological proposals with the contributions of other knowledge about man, especially psychology, economics, law, philosophy and theology.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG1	To recognise the key elements of the profession, including ethical principles, legal responsibilities, the focus on the individual and population respecting their autonomy, and the oath of confidentiality.			X	
CG4	To recognise one's own limitations and the need to maintain and keep up to date one's professional competence, focusing specially on the importance of autonomous learning of knowledge and techniques and the desire for quality.				X
CG5	To know, value critically and use the sources of information in order to obtain, organise, interpret and communicate the scientific, sanitary, socio-sanitary and information, preserving the confidentiality of the data.				X
CG6	To understand the conceptual foundations of the occupational nature of the human being and the carrying out of his occupations throughout the cycle of life.			X	
CG7	To understand and recognise the interrelationship between the concepts of wellbeing, health, significant occupation, dignity and participation.			X	
CG8	To understand and recognise the importance of contextual factors as determiners of occupational dysfunction and promote the right of individual/populations to satisfy their occupational needs.			X	
CG17	To recognise the influence of individual, religious, and cultural differences, as well as the customs about occupation and participation				X
CG18	To acquire and develop skills and practical experience in a socio-sanitary and community context			X	
CG22	To establish an assertive interpersonal communication with all the interlocutors that is relevant during the Occupational Therapy process.				X



CG24 To transmit written and/or oral information to a specialised audience as well as a non-specialised one.

X

SPECIFIC	Weighting			
	1	2	3	4
CE27 To know and understand pedagogy, psychology and psychopathology applicable to the human being in every moment of the life cycle so as to evaluate, synthesise and apply Occupational Therapy treatments.			X	
CE28 To know and understand pedagogy, psychology and psychopathology applicable to the human being in every moment of the life cycle so as to evaluate, synthesise and apply Occupational Therapy treatments				X



## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R2	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
R3	30,00%	Presentation of group and individual works.
R1, R2, R3	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

### Observations

#### 1. EVALUATION:

Students may choose between two assessment methods for the course: continuous and single assessment.

##### 1. Continuous Assessment:

A minimum of 70% attendance at in-person classes is required.

The final exam may consist of any of these three options:

- A multiple-choice exercise.
- Topic-based questions and/or short-answer questions.
- An oral exam.

##### 2. Single Assessment:

This is intended for students who, for justified and documented reasons, cannot meet the established minimum attendance requirements. The request must be made in writing to the faculty member responsible for the course, who will respond in writing.

The single assessment does not consist of a single test, but rather a set of tests and/or activities necessary to demonstrate and measure all the learning outcomes defined for the course.

The structure of the single assessment for this subject will be as follows:

The exam will consist of the following three exercises:

- The theoretical exam will consist of a written discussion of a randomly selected topic and five short-answer questions (60% of the grade).
- Practical exam and additional assignments (30% of the grade): A test (30 questions, with



three alternative answers, with correct answers subtracted from the correct answers).

- An analytical-critical commentary on an anthropological text (10% of the grade).

In both modalities, students must pass all sections to pass the subject.

## 2.- Citation and attribution criteria:

- Any use of AI tools must be explicitly declared in the submitted document (for example, in a footnote or an appendix).
- The name of the tool, the purpose of its use (e.g., grammar check, organization of ideas, writing sample), and the part of the assignment where it was used will be indicated.
- Responsible use of AI will be evaluated as part of the criteria for originality and academic honesty.

Students may not use AI for:

- Recording or transcribing, in whole or in part, any classroom activity to obtain summaries or notes created by AI.
- Generating text in assignments related to the activities.
- Presenting AI-generated work as their own.
- Providing the AI with statements, exercises, or assessment tests to obtain automated responses.

Under no circumstances will assignments be submitted after the deadline or time established on the platform. Assignments submitted by email, virtual tutoring, or platform messages will not be assessed.

The grades obtained will be valid for only one academic year; therefore, if a student fails the subject, the grade for any of the assessment instruments will not be retained for the second enrollment or subsequent examinations.

## 3.- To pass the subject, each test must be passed.

The grades obtained will be valid for only one academic year. Therefore, in the event of failing the subject, the grade for any of the assessment instruments will not be retained for the second or subsequent enrollment sessions, and all common requirements must be repeated to pass the subject.

## 3.- Attendance. Excused absences count as half the attendance. PROCEDURE:

- 1.- Only if the student has missed more than 30% of the teaching sessions.
- 2.- Only when the above situation applies, the justification will be provided on the first day the student returns to class after the absence. After this time limit, any type of justification will be rejected.
- 4.- Documentary evidence of the incident that prevented attendance at the teaching session will be provided. Non-verifiable incidents will be rejected.

**VERY IMPORTANT:** Under no circumstances should you notify in advance that you will be absent from class.

Excuses by email, message on the platform, or in virtual tutoring are **NOT ACCEPTED**.

Noncompliance with this rule will result in penalties. In any case, these types of



communications will not be taken into account.

#### 5. Criteria for granting the honors degree:

This degree will be awarded to students who have obtained a grade equal to or higher than 10, provided they have demonstrated a clear interest in the subject, actively participated in the teaching sessions, and completed additional work to expand or deepen the topics, such as readings, essays, etc.

The number of honors awarded may not exceed 5% of the students enrolled in a subject, unless the enrollment is less than 20, in which case only one honor may be awarded. (Royal Decree 1125/2003).

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- |    |                              |
|----|------------------------------|
| M1 | ON-CAMPUS CLASS              |
| M2 | PRACTICAL CLASSES            |
| M3 | SEMINAR                      |
| M4 | GROUP PRESENTATION OF PAPERS |
| M5 | OFFICE ASSISTANCE            |





Universidad  
**Católica de  
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# Course guide

Year 2025/2026  
1121107 - Anthropology

- M6 ASSESSMENT
- M7 GROUP WORK
- M8 INDEPENDENT WORK



## IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R3	10,00	0,40
SEMINAR: Supervised monographic sessions with shared participation M3	R2	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R1, R3	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, eadings, papers, etc. M5	R1	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R2, R4	3,00	0,12
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> ) M7	R1, R2, R3, R4	40,00	1,60
INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> ) M8	R1, R2, R3, R4	50,00	2,00
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

Content block	Contents
1. DIDACTIC UNIT: The anthropological problem:	Philosophical and theological approach The person, dignity and human rights.
2. DIDACTIC UNIT Intersubjectivity:	<ul style="list-style-type: none"><li>• The fundamental forms of intersubjectivity</li><li>• The fundamental equality of all people</li><li>• Being with others and for others</li><li>• The Church, community of salvation</li></ul>
3. DIDACTIC UNIT Corporeity:	The insufficiency of anthropological dualism. The meaning of the human body. The fundamental equality of men and women Sex, gender and personal identity Marriage and family
4. DIDACTIC UNIT The world as a fundamental dimension of the human being	The insufficiency of anthropological materialism The spirit as a personal subject. Principles of Christian anthropology: Substantial unity of body and soul <ul style="list-style-type: none"><li>• Consciousness Freedom and grace Christ and human perfection</li></ul>
5. DIDACTIC UNIT The mystery of knowledge and truth	<ul style="list-style-type: none"><li>• The word and the concept Intelligence and reason</li></ul> The fundamental forms of truth Relativist historicism Knowledge by faith
6. DIDACTIC UNIT: Human action, values and freedom	Freedom and personal fulfillment Determinism or the absolutization of freedom Freedom, values and good: ethical relativism. The theistic moral • Natural law and revelation The new law of love versus the law of precepts Consciousness and sense of sin



7. DIDACTIC UNIT: Historicity of the existence and meaning of history

The historical dimension of human life and the meaning of history  
Work and culture  
The transcendence  
The Christian meaning of history: Creation, Redemption and Final Consummation

8. DIDACTIC UNIT: Failure and evil as basic problems of man

The vulnerability to suffering and pain.  
The search for a meaning to suffering.  
The limit situations.  
The Christian meaning of suffering.

9. DIDACTIC UNIT: Death as a fundamental problem of human existence

The inexorability of death  
The prospect of hope

10. DIDACTIC UNIT: Signs of God in humanity

10. DIDACTIC UNIT: Signs of God in humanity



## Temporary organization of learning:

Block of content	Number of sessions	Hours
1. DIDACTIC UNIT: The anthropological problem:	2,00	4,00
2. DIDACTIC UNIT Intersubjectivity:	4,00	8,00
3. DIDACTIC UNIT Corporeity:	4,00	8,00
4. DIDACTIC UNIT The world as a fundamental dimension of the human being	2,00	4,00
5. DIDACTIC UNIT The mystery of knowledge and truth	2,00	4,00
6. DIDACTIC UNIT: Human action, values and freedom	4,00	8,00
7. DIDACTIC UNIT: Historicity of the existence and meaning of history	2,00	4,00
8. DIDACTIC UNIT: Failure and evil as basic problems of man	4,00	8,00
9. DIDACTIC UNIT: Death as a fundamental problem of human existence	4,00	8,00
10. DIDACTIC UNIT: Signs of God in humanity	2,00	4,00



## References

### BASIC REFERENCES

*Apuntes de Antropología. Aproximación filosófico-teológica (2025)*

### SUPPLEMENTARY REFERENCES

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- **BEORLEGUI RODRÍGUEZ, C.** (2017) Antropología filosófica. Dimensiones de la realidad humana. Comillas/Deusto.
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- **GARCÍA CUADRADO, J. A.** (2019). Antropología filosófica. Una introducción a la Filosofía del Hombre. EUNSA.
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- **LLUCH-BAIXAULI, M.** (2015). Visión cristiana del mundo. Escritos sobre cristianismo y cultura contemporánea. EUNSA.
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- **SANTAMARIA GARAI, M. G.** (2011). Ser persona. Un bicho que busca a Dios. Sekotia