



Information about the subject

Degree: Bachelor of Science Degree in Occupational Therapy

Faculty: Faculty of Psychology

Code: 1121003 **Name:** History and Theory of Occupational Therapy

Credits: 6,00 **ECTS Year:** 1 **Semester:** 1

Module: OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter: General Occupational Therapy **Type:** Compulsory

Field of knowledge: Health Sciences

Department: Occupational Sciences

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

1121 Carlos Guillermo Minguez (**Responsible Lecturer**)

carlos.guillamo@ucv.es



Module organization

OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter	ECTS	Subject	ECTS	Year/semester
General Occupational Therapy	18,00	Activities of daily living	6,00	2/1
		History and Theory of Occupational Therapy	6,00	1/1
		Occupational science and Occupational Therapy fundamentals	6,00	1/2
Areas of Intervention in Occupational Therapy	42,00	Community Occupational Therapy	6,00	3/1
		Functional rehabilitation in physical disability	6,00	3/1
		Occupational Therapy in early care and the educational field	6,00	2/2
		Occupational Therapy in Geriatrics	6,00	4/2
		Occupational Therapy in intellectual disability	6,00	2/2
		Occupational Therapy in Mental Health	6,00	3/2
		Occupational Therapy in physical and sensory disabilities	6,00	3/2



Recommended knowledge

No previous recommended knowledge is required.

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To know the origin and historical evolution of Occupational Therapy , as well as the concept of occupation as a key concept in this profession.
- R2 To define what Occupational Therapy is and the areas of intervention in which this profession is developed.
- R3 To integrate specific terminology and key concepts in the current paradigm of Occupational Therapy.
- R4 To acquire knowledge that will help to build the students' professional identity as future Occupational Therapists: to understand the relationship between health and occupation, the need for occupational performance and "engagement" for the well-being of people and the role of the environment in the performance of occupations.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG6	To understand the conceptual foundations of the occupational nature of the human being and the carrying out of his occupations throughout the cycle of life.				X
CG16	To understand the fundamentals of action, indications and efficiency of Occupational Therapy interventions, based on the available scientific evidence		X		
CG20	To develop professional practice with respect for other professionals, acquiring group work skills.			X	
CG22	To establish an assertive interpersonal communication with all the interlocutors that is relevant during the Occupational Therapy process.				X
CG24	To transmit written and/or oral information to a specialised audience as well as a non-specialised one.				X
SPECIFIC		Weighting			
		1	2	3	4
CE31	To know and understand the historical background and the fundamental theoretical and methodological principles: philosophical aspects, theoretical frames of reference, models, techniques, evaluations and valuations of Occupational Therapy necessary to recognise and interpret the processes of occupational function/dysfunction.				X
CE38	To analyse occupation in Occupational Therapy and its therapeutic use in the cycle of life.				X
CE43	To explain the theoretical concepts which sustain Occupational Therapy, specifically that of human beings and the carrying out of their occupations.				X



CE45	To defend logical and well-reasoned arguments relating to human occupation and Occupational Therapy.				X
CE51	To appreciate and respect individual differences, cultural beliefs, customs and their influence in occupation and participation.			X	
CE55	To develop one's knowledge of occupation and Occupational Therapy practice				X
CE56	To determine and prioritise Occupational Therapy services.			X	



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
R1, R2, R3, R4	30,00%	Presentation of group and individual works.
R1, R2, R3, R4	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

Observations

Attendance and Assessment Modalities

Students may choose between two assessment modalities for the course: continuous assessment or single assessment.

Continuous Assessment: To be eligible for this modality, students must attend at least 80% of the face-to-face classes.

Single Assessment: This modality is intended for students who, for justified and documented reasons, cannot meet the established minimum attendance requirement. The request must be submitted in writing to the course instructor, who will reply using the same means.

Single assessment does not consist of a single test, but of a set of tests and/or activities necessary to demonstrate and assess all the learning outcomes defined for the course.

The structure of the single assessment for this course will be as follows:

- **Theoretical exam (90%)**

- **Practical exam and additional assignments (10%):** This part will include a practical test, which may be oral or written, and, if necessary, additional independent work activities to demonstrate learning outcomes that cannot be assessed by examination.

In both modalities, students must pass all components in order to pass the course.

Considerations for the Use of Artificial Intelligence (AI):

Within the framework of this course, the use of AI is permitted for:

- Solving doubts regarding formative activities
- Assisted learning (alternative explanations or self-assessment exercises)
- Searching for resources and alternative references for study



Within the framework of this course, the use of AI is **not** permitted for:

- Text generation for assignments related to Activity X
- Submitting AI-generated work as one's own
- Providing AI tools with exam questions, tasks, or evaluation exercises to obtain automatic answers

Students must explicitly declare any use of AI tools in any submitted document (e.g., in a footnote or annex). The declaration must include the name of the tool, the purpose of use (e.g., grammar check, idea organization, sample writing), and indicate where in the work it was used.

Criteria for Awarding Distinctions (Matrícula de Honor):

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with 9 Distinction) may be awarded. Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong.

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Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1 ON-CAMPUS CLASS



M2	PRACTICAL CLASSES
M3	SEMINAR
M4	GROUP PRESENTATION OF PAPERS
M5	OFFICE ASSISTANCE
M6	ASSESSMENT
M7	GROUP WORK
M8	INDEPENDENT WORK



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R1, R2, R3, R4	10,00	0,40
SEMINAR: Supervised monographic sessions with shared participation M3	R4	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R1, R2, R3	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, readings, papers, etc. M5	R1, R2, R3, R4	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3, R4	3,00	0,12
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es) M7	R1, R2	40,00	1,60
INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es) M8	R1, R2, R3, R4	50,00	2,00
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
Unit 1. Historical foundations and Theorists of Occupational Therapy	<ul style="list-style-type: none">·History of Occupational Therapy·Definition and basic concepts of Occupational Therapy
Unit 2. The development of knowledge of Occupational Therapy	<ul style="list-style-type: none">·The evolution of the paradigms·The contemporary paradigm of Occupational Therapy
Unit 3. The Occupational Therapist: the professional profile in detail	<ul style="list-style-type: none">·Therapist's identity and professional competence Occupational <ul style="list-style-type: none">·Skills and skills (general and specific) of the Occupational Therapist
Unit 4. Fundamental concepts for clinical practice	<ul style="list-style-type: none">·Introduction to the Occupational Therapy intervention process·Specific terminology in Occupational Therapy
Unit 5. Areas of intervention and assistance levels	<ul style="list-style-type: none">·Areas of Occupational Therapy Intervention·Assistance levels in the socio-health field



Temporary organization of learning:

Block of content	Number of sessions	Hours
Unit 1. Historical foundations and Theorists of Occupational Therapy	10,00	20,00
Unit 2. The development of knowledge of Occupational Therapy	8,00	16,00
Unit 3. The Occupational Therapist: the professional profile in detail	8,00	16,00
Unit 4. Fundamental concepts for clinical practice	2,00	4,00
Unit 5. Areas of intervention and assistance levels	2,00	4,00



References

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