



Information about the subject

Degree: Bachelor of Science Degree in Occupational Therapy

Faculty: Faculty of Psychology

Code: 1121001 **Name:** Occupational science and Occupational Therapy fundamentals

Credits: 6,00 **ECTS Year:** 1 **Semester:** 2

Module: OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter: General Occupational Therapy **Type:** Compulsory

Field of knowledge: Health Sciences

Department: Occupational Sciences

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

1121	<u>María De Nazaret Hernández Espeso</u> (Responsible Lecturer)	nazaret.hernandez@ucv.es
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Module organization

OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter	ECTS	Subject	ECTS	Year/semester
General Occupational Therapy	18,00	Activities of daily living	6,00	2/1
		History and Theory of Occupational Therapy	6,00	1/1
		Occupational science and Occupational Therapy fundamentals	6,00	1/2
Areas of Intervention in Occupational Therapy	42,00	Community Occupational Therapy	6,00	3/1
		Functional rehabilitation in physical disability	6,00	3/1
		Occupational Therapy in early care and the educational field	6,00	2/2
		Occupational Therapy in Geriatrics	6,00	4/2
		Occupational Therapy in intellectual disability	6,00	2/2
		Occupational Therapy in Mental Health	6,00	3/2
		Occupational Therapy in physical and sensory disabilities	6,00	3/2



Recommended knowledge

There are no prerequisites

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To integrate specific terminology and key concepts in the current paradigm of Occupational Therapy.
- R2 To acquire knowledge that will help to build the students' professional identity as future Occupational Therapists: to understand the relationship between health and occupation, the need for occupational performance and "engagement" for the well-being of people and the role of the environment in the performance of occupations.
- R3 To know the main conceptual models/methodologies for the practice of Occupational Therapy, its principles of intervention and the technology for the application of each of the practice models.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG4	To recognise one's own limitations and the need to maintain and keep up to date one's professional competence, focusing specially on the importance of autonomous learning of knowledge and techniques and the desire for quality.			X	
CG6	To understand the conceptual foundations of the occupational nature of the human being and the carrying out of his occupations throughout the cycle of life.			X	
CG7	To understand and recognise the interrelationship between the concepts of wellbeing, health, significant occupation, dignity and participation.				X
CG11	To understand and develop, with the relevant information, the historical application of Occupational Therapy		X		
CG14	To know, select and apply the appropriate theories, the theoretical frameworks for reference, the models and methods of Occupational Therapy practice to choose or re-establish meaningful occupation, according to the health needs of individuals/populations (promotion of health, prevention and treatment).				X
CG16	To understand the fundamentals of action, indications and efficiency of Occupational Therapy interventions, based on the available scientific evidence			X	

SPECIFIC		Weighting			
		1	2	3	4



Year 2025/2026

CE31	To know and understand the historical background and the fundamental theoretical and methodological principles: philosophical aspects, theoretical frames of reference, models, techniques, evaluations and valuations of Occupational Therapy necessary to recognise and interpret the processes of occupational function/dysfunction.			X
CE32	To understand the different theories of functioning , personal autonomy, functional adaptation from/to the environment, as well as the intervention models in Occupational Therapy, transferring them to every day professional practice			X
CE35	To know, design and apply the different modalities and general intervention procedures in Occupational Therapy in its reference frameworks, evaluating their effectiveness in a cooperative working environment.			X
CE43	To explain the theoretical concepts which sustain Occupational Therapy, specifically that of human beings and the carrying out of their occupations.	X		
CE44	To explain the relationship between occupational activity, health and wellbeing.		X	
CE45	To defend logical and well-reasoned arguments relating to human occupation and Occupational Therapy.	X		
CE51	To appreciate and respect individual differences, cultural beliefs, customs and their influence in occupation and participation.		X	



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
R1, R2, R3	30,00%	Presentation of group and individual works.
R1, R2, R3	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

Observations

ATTENDANCE AND ASSESSMENT MODALITIES:

Students may choose between two types of assessment for this subject: continuous assessment or single final assessment.

Continuous Assessment: A minimum of 70% attendance to in-person classes is required to qualify for this modality.

Assessment is continuous and will involve the collection/submission of evidence of attendance/participation, practical activities, and individual and/or group assignments throughout the semester. All assignments must be submitted through UCV's VIRTUAL CAMPUS within the deadlines and formats established by the course instructor. Under no circumstances will late submissions be accepted. Any pending tasks must be submitted and assessed on the official date of the second exam session.

In addition, a final theoretical-practical exam will be held during the official exam period. Official exam dates are set by the Dean's Office of the Faculty in accordance with the academic calendar. For modifications to exam dates, please consult the justifying reasons and procedure outlined in Article 12 of the Examination Regulations.

As described in the course syllabus, the structure of continuous assessment in this subject will be as follows:

- Theoretical exam: 50%
- Independent work activities and oral presentation of assignments: 30%
- Active class participation: 20%

Single Final Assessment: This modality is intended for students who, for justified and documented reasons, cannot meet the required minimum attendance. The request must be



submitted in writing to the course instructor, who will respond in the same manner. Single final assessment does **not** consist of a single test, but of a set of tests and/or activities necessary to demonstrate and measure all learning outcomes defined for the course.

The structure of single final assessment in this subject will be as follows:

- Theoretical exam (50%)
- Practical exam and additional assignments (50%): this part will include a practical test, which may be oral or written, and, if necessary, additional independent work activities to demonstrate learning outcomes not assessable through exams.

In both modalities, students must pass **all** components in order to pass the course.

CRITERIA FOR AWARDING "MATRÍCULA DE HONOR" (HONORS DISTINCTION):

The Honors Distinction ("Matrícula de Honor") may be awarded to students who achieve a final grade equal to or higher than 9.5 and demonstrate excellence in practical activities, as well as in attendance and active class participation. According to general regulations, only one Honors Distinction may be awarded per 20 students, not per fraction of 20, except in groups with fewer than 20 students, in which case one Honors Distinction may be awarded.

CONSIDERATIONS FOR THE USE OF ARTIFICIAL INTELLIGENCE:

Responsible use of artificial intelligence (AI) tools can enrich the learning process, provided that principles of academic honesty, individual authorship, and critical thinking are respected.

In this course, the use of AI tools IS allowed for:

- Generating outlines, summaries, concept maps, or study schedules.
- Asking questions to review concepts or practice interactively.
- Grammar, spelling, and style review.
- Suggestions for improving academic writing or adapting to the required format.
- Obtaining additional or simplified explanations of complex concepts.
- Receiving suggestions for sources (which must always be verified by the student).
- Other activities proposed by the course instructor that involve the use of AI, provided they are explicitly indicated.

In this course, the use of AI tools is NOT allowed for:

- Submitting as one's own any text, exercise, presentation, or assignment generated (in whole or in part) by AI without explicit mention or instructor authorization.
- Copying and pasting AI-generated responses into exams, practicals, or graded activities.
- Using AI to complete assignments that must be original and reflect individual understanding.
- Including fabricated, inaccurate, or unverified references generated by AI.
- Creating fake or altered images, graphs, data, or videos for presentations or reports without indicating they are artificially generated.

Students must **explicitly declare** any use of AI tools in any submitted document (e.g., in a footnote or appendix). The name of the tool, its purpose, and the part of the work in which it was used must be indicated.



In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

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|----|------------------------------|
| M1 | ON-CAMPUS CLASS |
| M2 | PRACTICAL CLASSES |
| M3 | SEMINAR |
| M4 | GROUP PRESENTATION OF PAPERS |
| M5 | OFFICE ASSISTANCE |
| M6 | ASSESSMENT |
| M7 | GROUP WORK |
| M8 | INDEPENDENT WORK |



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R1, R2, R3	10,00	0,40
SEMINAR: Supervised monographic sessions with shared participation M3	R1, R2, R3	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R1, R2, R3	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, eadings, papers, etc. M5	R1, R2, R3	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3	3,00	0,12
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es) M7	R1, R2, R3	40,00	1,60
INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es) M8	R1, R2, R3	50,00	2,00
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
DIDACTIC UNIT 1.- Generalities and current conceptual models for the practice of occupational therapy I. Comprehensive models.	TOPIC 1. Organization and use of knowledge in occupational therapy. TOPIC 2. ICF (WHO, 2011) TOPIC 3. Framework of the AOTA: competence of occupational therapy and process. TOPIC 4. Model of human occupation. TOPIC 5. Canadian model of occupational performance. TOPIC 6. Kawa Model
DIDACTIC UNIT 2.- Current conceptual models for the practice of Occupational Therapy II. Specific models.	TOPIC 7. Biomechanical model. TOPIC 8. Motor control model. TOPIC 9. Model of sensory integration TOPIC 10. Cognitive-perceptual model. TOPIC 11. Cognitive disabilities model. TOPIC 12. Other.

Temporary organization of learning:

Block of content	Number of sessions	Hours
DIDACTIC UNIT 1.- Generalities and current conceptual models for the practice of occupational therapy I. Comprehensive models.	20,00	40,00
DIDACTIC UNIT 2.- Current conceptual models for the practice of Occupational Therapy II. Specific models.	10,00	20,00



References

Basic bibliography

- AOTA (2020). *Occupational therapy practice framework: Domain and process (4th ed.)*. American Occupational Therapy Association, AOTA.
- CAOT (1997). *Enabling occupation: An occupational therapy perspective*. Canadian Association of Occupational therapist, CAOT.
- Duncan, E. A. (2022). *Fundamentos para la práctica en terapia ocupacional*. Elsevier Health Sciences.
- Hinojosa, J., Kramer, P. y Royeen, C. B. (2017). *Perspectives on Human Occupations: Theories Underlying Practice*. FA Davis.
- Hopkins. H.L. y Smith, H.D. (2006). *Terapia Ocupacional*. Médica Panamericana.
- Kielhofner G. (2004). *Modelo de ocupación humana: teoría y práctica*. Médica Panamericana.
- Kielhofner G. (2006). *Fundamentos conceptuales de la terapia ocupacional*. Médica Panamericana.
- Miralles, P. M. (2017). *Principios conceptuales en terapia ocupacional*. Síntesis.
- Morrison Jara, R., & Vidal, D. (2012). *Perspectivas ontológicas de la ocupación humana en terapia ocupacional: una aproximación a la filosofía de la ocupación*. Editorial Académica Española.
- Romero, A. y Moruno, P. (2003). *Terapia ocupacional. Teoría y Técnicas*. Masson.
- Turpin, M. J., y Iwama, M. K. (2011). *Using Occupational Therapy Models in Practice E-Book: A Fieldguide*. Elsevier Health Sciences.
- Verdugo, M.A y Schalock, R (2013) *Discapacidad e inclusión: manual para la docencia*. Amarú.