



Information about the subject

Degree: Bachelor of Science Degree in Occupational Therapy

Faculty: Faculty of Psychology

Code: 1123007 **Name:** Occupational Therapy in Mental Health

Credits: 6,00 **ECTS Year:** 3 **Semester:** 2

Module: OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter: Areas of Intervention in Occupational Therapy **Type:** Compulsory

Field of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter	ECTS	Subject	ECTS	Year/semester
General Occupational Therapy	18,00	Activities of daily living	6,00	2/1
		History and Theory of Occupational Therapy	6,00	1/1
		Occupational science and Occupational Therapy fundamentals	6,00	1/2
Areas of Intervention in Occupational Therapy	42,00	Community Occupational Therapy	6,00	3/1
		Functional rehabilitation in physical disability	6,00	3/1
		Occupational Therapy in early care and the educational field	6,00	2/2
		Occupational Therapy in Geriatrics	6,00	4/2
		Occupational Therapy in intellectual disability	6,00	2/2
		Occupational Therapy in Mental Health	6,00	3/2
		Occupational Therapy in physical and sensory disabilities	6,00	3/2



Recommended knowledge

Not precise

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To be able to adequately integrate the various treatment modalities into the Occupational Therapy intervention process to support occupational performance, preferably those that accumulate the most scientific and clinical evidence in each intervention setting.
- R2 To know and identify the main resources for the care of people with mental illness.
- R3 To identify the relevant information provided in a clinical case to elaborate an occupational diagnosis consistent with the available information, which considers the multifactoriality of factors affecting occupational performance.
- R4 To know the basic principles of Occupational Therapy in the area of mental health, as well as its framework in the multidisciplinary work with other professionals.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG5	To know, value critically and use the sources of information in order to obtain, organise, interpret and communicate the scientific, sanitary, socio-sanitary and information, preserving the confidentiality of the data.			X	
CG7	To understand and recognise the interrelationship between the concepts of wellbeing, health, significant occupation, dignity and participation.			X	
CG14	To know, select and apply the appropriate theories, the theoretical frameworks for reference, the models and methods of Occupational Therapy practice to choose or re-establish meaningful occupation, according to the health needs of individuals/populations (promotion of health, prevention and treatment).				X

SPECIFIC		Weighting			
		1	2	3	4
CE34	To carry out an adequate treatment, respecting the different phases and basic principles through therapeutic occupations and based on related knowledge such as the science of occupation, in the different areas of occupational activity, analysing the activity components and the different existing environments and contexts.			X	
CE41	To know, evaluate, analyse, elaborate and participate in education programmes and the promotion of health within the scope of Occupational Therapy to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions and social exclusion.			X	
CE47	To select, modify and apply theories appropriately, practical models of intervention and methods to satisfy occupational and health needs of individuals and populations.			X	



CE48 To use ethical and professional reasoning in an efficient way through the process of Occupational Therapy.

x

Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
	30,00%	Presentation of group and individual works.
	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

Observations

Note: In order to pass the course, the student must pass each of the evaluation criteria separately. The official exam dates will be set by the Faculty Dean's Team according to the periods established in the academic calendar. For MODIFICATIONS OF DATES OF EXAMS consult the reasons that justify such modifications and the procedure in article 12 of the Examination Regulations. <https://www.ucv.es/Portals/0/documentos/normativa/20170526144309926.pdf> A minimum of 75% of the attendance is required for the course grade to be computed. The attendance will be controlled through the VIRTUAL CAMPUS, only, at the beginning of each lesson. Absences must be justified by means of an official document.

Criteria to grant the honorific mention:

The honorific mention will be granted to the student who obtains a grade higher than 9 in the first call.

-Attendance to classroom sessions, active participation and involvement in the theoretical and practical classes, as well as in the rest of the training activities by the student, candidate to receive the mention of honor, must reach the levels of excellence. –

The honorific mention will be granted to students who have obtained a grade equal to or higher than 9.0. The number of mentions will not exceed 5% of enrolled students in a module in the academic year unless the number of enrolled students is below 20, in which case only one mention can be granted (Royal Decree 1125/2003).



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 ON-CAMPUS CLASS
- M2 PRACTICAL CLASSES
- M3 SEMINAR
- M4 GROUP PRESENTATION OF PAPERS
- M5 OFFICE ASSISTANCE
- M6 ASSESSMENT
- M7 GROUP WORK
- M8 INDEPENDENT WORK



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R1, R3, R4	10,00	0,40
SEMINAR: Supervised monographic sessions with shared participation M3	R2	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R1, R2, R3, R4	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, readings, papers, etc. M5	R1, R2, R3, R4	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3, R4	3,00	0,12
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
<p>GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)</p> <p>M7</p>	R1, R2, R3, R4	40,00	1,60
<p>INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)</p> <p>M8</p>	R1, R2, R3, R4	50,00	2,00
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
BLOCK I. Psychopathological, psychiatric disorders, functioning and occupational participation.	Occupational therapy in mental health: definition and basic theoretical assumptions. Mental illness, functioning and occupational participation. Design, management and organization of occupational therapy departments in mental health.
BLOCK II. Fields of application from Occupational Therapy.	Occupational Therapy in Mental Health Centers. Occupational Therapy in Hospitalization Units. Occupational Therapy in Socio-Community Resources.
BLOCK III. Approaches and intervention techniques from Occupational Therapy.	Occupational evaluation and clinical reasoning in mental health. Planning of the intervention of occupational therapy in mental health. Approaches and types of intervention of occupational therapy in mental health.

Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I. Psychopathological, psychiatric disorders, functioning and occupational participation.	10,00	20,00
BLOCK II. Fields of application from Occupational Therapy.	8,00	16,00
BLOCK III. Approaches and intervention techniques from Occupational Therapy.	12,00	24,00



References

BIBLIOGRAPHY:

- Guzmán Lozano, S. (2016) Manual práctico de salud mental en Terapia Ocupacional. Editorial Síntesis.
- American Occupational Therapy Association (2020). Occupational therapy practice framework: Domain and process (4th ed.), AOTA.
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- Boyt Schell, B.A.; Gillen, G.; Scaffa, M.E. (2016) Terapia Ocupacional. Editorial Panamericana.
- Sánchez, O.; Polonio, B.; Pellegrini, M. (2013). Terapia Ocupacional en Salud Mental: Teorías y técnicas para la autonomía personal. Ed. Panamericana.
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- Hernández Merino, A. Montero-Ríos Gil. M. (2016). Actividades artísticas y creativas en Terapia Ocupacional. Ed. Síntesis Madrid.
- Ayuso, D. y Moreno Miralles, P. (2003). Terapia Ocupacional. Teoría y técnicas. Ed. Masson. Madrid.
- Durante Molina, P., Moruno Miralles, P. y Noya Arnaiz, B. (2000). Terapia Ocupacional en Salud Mental: 23 Casos Clínicos. Ed. Masson. Barcelona.
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- Moruno, P. y Talavera, M.A. (2011). Terapia ocupacional en salud mental. Ed. Elsevier-Masson.
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- Guía de Práctica Clínica de Intervenciones Psicosociales en el trastorno mental grave TMG (2009). Ministerio de Sanidad y Política Social.



Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☒ Microsoft Teams

☒ Kaltura



Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☒ Microsoft Teams

☒ Kaltura

Explanation about the practical sessions:



2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: