

Year 2023/2024

1123005 - Community Occupational Therapy

### Information about the subject

Degree: Bachelor of Science Degree in Occupational Therapy

Faculty: Faculty of Psychology

Code: 1123005 Name: Community Occupational Therapy

Credits: 6,00 ECTS Year: 3 Semester: 1

Module: OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter: Areas of Intervention in Occupational Therapy Type: Compulsory

Field of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

1123 María De Nazaret Hernández Espeso (Responsible nazaret.hernandez@ucv.es

Lecturer)

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### Module organization

#### OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter	ECTS	Subject	ECTS	Year/semester
General Occupational Therapy	18,00	Activities of daily living	6,00	2/1
		History and Theory of Occupational Therapy	6,00	1/1
		Occupational science and Occupational Therapy fundamentals	6,00	1/2
Areas of Intervention in Occupational Therapy	42,00	Community Occupational Therapy	6,00	3/1
		Functional rehabilitation in physical disability	6,00	3/1
		Occupational Therapy in early care and the educational field	6,00	2/2
		Occupational Therapy in Geriatrics	6,00	4/2
		Occupational Therapy in intellectual disability	6,00	2/2
		Occupational Therapy in Mental Health	6,00	3/2
		Occupational Therapy in physical and sensory disabilities	6,00	3/2

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### Recommended knowledge

It is recommended to have taken the subjects that belong to the subject of "General Occupational Therapy".

### Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To understand the theoretical foundations and models of Occupational Therapy that support the action of the Occupational Therapist in community health.
- R2 To design community intervention projects that provide solutions to the realities of the communities, adequately applying the concepts addressed during the course.
- R3 To develop skills for the analysis of the reality of a community from the perspective of Community Occupational Therapy.

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### Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			3
		1	2	3	4
CG7	To understand and recognise the interrelationship between the concepts of wellbeing, health, significant occupation, dignity and participation.				x
CG10	To evaluate and adapt the environment to promote participation in meaningful occupations -in the different facets of every day life-, personal autonomy and the quality of life				x
CG12	To develop an evaluation of occupational functioning that is adequate for the needs of individuals and populations.				X
CG13	To determine occupational dysfunctions and needs, to define the planning and to establish Occupational Therapy interventions, using the therapeutic potential of meaningful occupation through the use of activities, with the consent and the participation of individuals and populations.				X
CG14	To know, select and apply the appropriate theories, the theoretical frameworks for reference, the models and methods of Occupational Therapy practice to choose or re-establish meaningful occupation, according to the health needs of individuals/populations (promotion of health, prevention and treatment).			X	
CG20	To develop professional practice with respect for other professionals, acquiring group work skills.			X	

PECIFIC	Weighting
	1 2 3 4
CE32 To understand the different theories of functioning, personal autonomy, functional adaptation from/to the environment, as well as the intervention models in Occupational Therapy, transferring them to every day professional practice	x

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CE33	To promote health and prevent disability, acquire or recover the occupational activity needed in each part of the life cycle in order to achieve independence and autonomy in the areas of occupational activity of those persons who are at risk, those with organ deficiency, activity limitation and participation and/or social exclusion.		X
CE41	To know, evaluate, analyse, elaborate and participate in education programmes and the promotion of health within the scope of Occupational Therapy to prevent occupational dysfunctions in general and subsequent to medical, surgical and psychiatric conditions and social exclusion.		X
CE46	To work in cooperation with other individuals and groups in order to participate actively in occupation, through the promotion of health, prevention, rehabilitation and treatment.		X
CE50	To adapt and apply the process of Occupational Therapy in close cooperation with individuals and populations.		X

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## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R3	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
R2, R3	30,00%	Presentation of group and individual works.
R1, R2, R3	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

#### **Observations**

#### \* Note 1

To facilitate the organization of the subject, any person who knows in advance that for work reasons or for any other reason he will not be able to attend the required presence, he must present his case in the first 15 days of class to the teacher.

#### \* Note 2

To add the percentages it is essential to approve each and every one of the evaluation instruments. Failure to comply with the rules and deadlines established for carrying out academic activities will invalidate the grade.

Criteria for granting the Honors:

The mention of Honor Enrollment may be awarded to students who have obtained a grade equal to or greater than 9.0. Attendance at the face-to-face sessions, active participation and involvement in the practical theoretical classes as well as in the rest of the training activities by the student, candidate to receive the Honors, must reach the levels of excellence. Only one honors can be given for every 20 students, not for a fraction of 20, with the exception of the case of groups of less than 20 students in total, in which one can give tuition.

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### Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1 ON-CAMPUS CLASS

M2 PRACTICAL CLASSES

M3 SEMINAR

M4 GROUP PRESENTATION OF PAPERS

M5 OFFICE ASSISTANCE

M6 ASSESSMENT

M7 GROUP WORK

M8 INDEPENDENT WORK

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#### **IN-CLASS LEARNING ACTIVITIES**

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge.  M1	R1, R2, R3	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity.	R2, R3	10,00	0,40
M2			
SEMINAR: Supervised monographic sessions with shared participation M3	R1	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge <sup>M4</sup>	R1, R2, R3	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, eadings, papers, etc.	R2, R3	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1	3,00	0,12
TOTAL		60,00	2,40

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#### **LEARNING ACTIVITIES OF AUTONOMOUS WORK**

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)	R2, R3	40,00	1,60
INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( www.plataforma.ucv.es )	R1, R2, R3	50,00	2,00
TOTAL		90,00	3,60

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### Description of the contents

Description of the necessary contents to acquire the learning outcomes.

#### Theoretical contents:

Content block	Contents
Unit 1. Community and health	<ul> <li>·Health concept and health determinants.</li> <li>·Community and Community Health Concept.</li> <li>·The occupation as a determinant of health.</li> <li>·Community participation.</li> </ul>
Unit 2. Community intervention from Occupational Therapy	·Principles, strategies and models of community intervention.
	<ul> <li>Theoretical and practical foundations of Community</li> <li>Occupational Therapy</li> </ul>
Unit 3. Intervention Methodology community	Reality analysis Community Action Plan Community action evaluation
Unit 4. Occupational Therapy in	The role of the Occupational Therapist in the community
community	intervention approach.
Unit 5. Rehabilitation based on community	Rehabilitation based on the community Differences between Community Occupational Therapy and Occupational Therapy through rehabilitation based in the community

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#### Temporary organization of learning:

Block of content	Number of sessions	Hours
Unit 1. Community and health	4,00	8,00
Unit 2. Community intervention from Occupational Therapy	5,00	10,00
Unit 3. Intervention Methodology community	10,00	20,00
Unit 4. Occupational Therapy in community	8,00	16,00
Unit 5. Rehabilitation based on community	3,00	6,00

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#### References

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