



Information about the subject

Degree: Bachelor of Science Degree in Occupational Therapy

Faculty: Faculty of Psychology

Code: 1122001 **Name:** Activities of daily living

Credits: 6,00 **ECTS Year:** 2 **Semester:** 1

Module: OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter: General Occupational Therapy **Type:** Compulsory

Field of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

OCCUPATIONAL THERAPY, PERSONAL AUTONOMY AND INDEPENDENCE

Subject Matter	ECTS	Subject	ECTS	Year/semester
General Occupational Therapy	18,00	Activities of daily living	6,00	2/1
		History and Theory of Occupational Therapy	6,00	1/1
		Occupational science and Occupational Therapy fundamentals	6,00	1/2
Areas of Intervention in Occupational Therapy	42,00	Community Occupational Therapy	6,00	3/1
		Functional rehabilitation in physical disability	6,00	3/1
		Occupational Therapy in early care and the educational field	6,00	2/2
		Occupational Therapy in Geriatrics	6,00	4/2
		Occupational Therapy in intellectual disability	6,00	2/2
		Occupational Therapy in Mental Health	6,00	3/2
		Occupational Therapy in physical and sensory disabilities	6,00	3/2



Recommended knowledge

It is recommended to have passed the subjects History and General Theory of Occupational Therapy and Occupational Sciences and fundamentals in Occupational Therapy.

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 To know and integrate the key concepts about activity and occupation, and the meaning of daily life activities in the functioning of the human being.
- R2 To acquire the skills necessary for the analysis, adaptation and grading of daily living activities.
- R3 To learn how to analyze any activity in order to know its demands and the requirements to execute it, as well as the potential that it has for its use as a therapeutic agent.
- R4 To know the basic principles of evaluation, planning and implementation of an intervention in activities of daily life from Occupational Therapy.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG5	To know, value critically and use the sources of information in order to obtain, organise, interpret and communicate the scientific, sanitary, socio-sanitary and information, preserving the confidentiality of the data.		X		
CG7	To understand and recognise the interrelationship between the concepts of wellbeing, health, significant occupation, dignity and participation.				X
CG10	To evaluate and adapt the environment to promote participation in meaningful occupations -in the different facets of every day life-, personal autonomy and the quality of life				X
CG11	To understand and develop, with the relevant information, the historical application of Occupational Therapy				X
CG12	To develop an evaluation of occupational functioning that is adequate for the needs of individuals and populations.			X	
CG13	To determine occupational dysfunctions and needs, to define the planning and to establish Occupational Therapy interventions, using the therapeutic potential of meaningful occupation through the use of activities, with the consent and the participation of individuals and populations.				X
SPECIFIC		Weighting			
		1	2	3	4
CE34	To carry out an adequate treatment, respecting the different phases and basic principles through therapeutic occupations and based on related knowledge such as the science of occupation, in the different areas of occupational activity, analysing the activity components and the different existing environments and contexts.			X	



Course guide

Year 2023/2024

1122001 - Activities of daily living

CE37	To know, understand and apply the fundamentals of personal autonomy in everyday life activities with and without adaptations and/or technical help in the life cycle.		X
CE38	To analyse occupation in Occupational Therapy and its therapeutic use in the cycle of life.		X
CE44	To explain the relationship between occupational activity , health and wellbeing.		X
CE49	To use the therapeutic potential of occupation through the analysis and synthesis of occupation and activity.		X



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
	30,00%	Presentation of group and individual works.
	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

Observations

* Note 1

To facilitate the organization of the subject, any person who knows in advance that for work reasons or for any other reason he will not be able to attend the required presence, he must present his case in the first 15 days of class to the teacher.

* Note 2

To add the percentages it is essential to approve each and every one of the evaluation instruments. Failure to comply with the rules and deadlines established for carrying out academic activities will invalidate the grade.

Criteria for granting the Honors:

The mention of Honor Enrollment may be awarded to students who have obtained a grade equal to or greater than 9.0. Attendance at the face-to-face sessions, active participation and involvement in the practical theoretical classes as well as in the rest of the training activities by the student, candidate to receive the Honors, must reach the levels of excellence. Only one honors can be given for every 20 students, not for a fraction of 20, with the exception of the case of groups of less than 20 students in total, in which one can give tuition.



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 ON-CAMPUS CLASS
- M2 PRACTICAL CLASSES
- M3 SEMINAR
- M4 GROUP PRESENTATION OF PAPERS
- M5 OFFICE ASSISTANCE
- M6 ASSESSMENT
- M7 GROUP WORK
- M8 INDEPENDENT WORK



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R1, R2, R3, R4	10,00	0,40
SEMINAR: Supervised monographic sessions with shared participation M3	R4	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R2, R3	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, readings, papers, etc. M5	R2, R3	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3, R4	3,00	0,12
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
<p>GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)</p> <p>M7</p>	R2, R3, R4	40,00	1,60
<p>INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform (www.plataforma.ucv.es)</p> <p>M8</p>	R1, R2, R3, R4	50,00	2,00
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
Block 1. Activity and Occupation	·The fundamentals of activity and occupation.
Block 2. Activities of Daily Living	·Definition, classification and meaning of activities of daily living.
Block 3. Activity analysis.	·Analysis, adaptation and graduation of the activity in Occupational Therapy.
Block 4. Evaluation in Activities of Daily Living	·Occupational assessment ·Phases of Occupational Evaluation ·Evaluation Instruments and Information Sources in Occupational Therapy ·Occupational diagnosis
Block 5. Intervention in Activities of Daily Living	·Planning of interventions in the activities of daily life from Occupational Therapy. ·Phases of the intervention



Temporary organization of learning:

Block of content	Number of sessions	Hours
Block 1. Activity and Occupation	6,00	12,00
Block 2. Activities of Daily Living	6,00	12,00
Block 3. Activity analysis.	6,00	12,00
Block 4. Evaluation in Activities of Daily Living	6,00	12,00
Block 5. Intervention in Activities of Daily Living	6,00	12,00



References

- Crepeau, E. B., Willard, H. S., Cohn, E. S., Spackman, C. S., & Schell, B. A. B. (2005). Terapia ocupacional. Ed. Médica Panamericana.
- Kielhofner, G. (2006). Fundamentos Conceptuales de Terapia Ocupacional. Ed. Médica Panamericana.
- Kielhofner, G. (2004). Terapia ocupacional: modelo de ocupación humana: teoría y aplicación. Ed. Médica Panamericana.
- Margallo, P., Sanjuán, M., Jonquera, S., & Navas, I. (2005). El análisis y la adaptación de la actividad en Terapia Ocupacional. Aytona Editores.
- Rodríguez, M., Navas, R, Garrido, JA. (2018). Terapia Ocupacional en las actividades de la vida diaria. Editorial Síntesis.
- Romero, D., & Ocupacional, M. M. P. T. (2003). Teoría y técnicas. Editorial Masson.
- Romero, D. M. (2007). Actividades de la vida diaria. Editorial Masson.
- Souto, A.I. (2019). Terapia Ocupacional y promoción de la salud. Editorial Síntesis.
- Ytarte, R.M. (2017). Ocio, bienestar y calidad de vida en terapia ocupacional. Editorial Síntesis.

Artículos de interés:

- Duque, J. A. V. (2011). Actividades y terapia asistida por animales desde la mirada del Modelo de Ocupación Humana. Revista Chilena de Terapia Ocupacional, 11(1), Pág-29.
- Hunter, E. G., & Kearney, P. J. (2018). Occupational therapy interventions to improve performance of instrumental activities of daily living for community-dwelling older adults: A systematic review. American Journal of Occupational Therapy, 72(4), 7204190050p1-7204190050p9.
- Gutiérrez, L. M., Videira, S. D., Fernández-Conde, M. G., & Martín, A. V. (2010). Una experiencia de Terapia Ocupacional con pacientes oncológicos. Revista electrónica de terapia ocupacional Galicia, TOG, (11), 2.
- Legg, L., Drummond, A., & Langhorne, P. (2006). Occupational therapy for patients with problems in activities of daily living after stroke. Cochrane Database of Systematic Reviews, (4).
- Naranjo, A. A., & González, J. G. (2011). ¿Qué avd son las más afectadas en pacientes con fibromialgia?. Visión de la enfermedad y abordaje integral apoyado en terapia ocupacional. Revista electrónica de terapia ocupacional Galicia, TOG, (14), 8.
- Picallo Amigo, P. (2013). Percepción del desempeño ocupacional en el área de actividades de la vida diaria de usuarios de pisos protegidos con trastorno mental grave: la intervención del terapeuta ocupacional.
- Tafur, M. L. C. (2018). Instrumentalización de las Actividades de la Vida Diaria (AVD), una revisión desde Terapia Ocupacional. Revista Chilena de Terapia Ocupacional, 18(1), 27-34.



Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☒ Microsoft Teams

☒ Kaltura



Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☒ Microsoft Teams

☒ Kaltura

Explanation about the practical sessions:



2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: