



## Information about the subject

**Degree:** Bachelor of Science Degree in Occupational Therapy

**Faculty:** Faculty of Psychology

**Code:** 1121106 **Name:** Psychology of the Personality

**Credits:** 6,00 **ECTS Year:** 1 **Semester:** 1

**Module:** BASIC TRAINING MODULE

**Subject Matter:** Psychology **Type:** Basic Formation

**Field of knowledge:** Health Sciences

**Department:** -

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

**Lecturer/-s:**

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## Module organization

### BASIC TRAINING MODULE

Subject Matter	ECTS	Subject	ECTS	Year/semester
Human Anatomy	6,00	Structure and function of the human body I	6,00	1/1
Physiology	12,00	Kinesiology	6,00	1/2
		Structure and function of the human body II	6,00	1/2
Psychology	24,00	Basic Psychological Processes	6,00	1/2
		Developmental Psychology I	6,00	2/1
		Developmental Psychology II	6,00	2/2
		Psychology of the Personality	6,00	1/1
Anthropology	6,00	Anthropology	6,00	1/1
Social Moral-Deontology	6,00	Social Morality - Deontology	6,00	2/1
Science, Reason and Faith	6,00	Science, Reason and Faith	6,00	1/2

## Recommended knowledge

Not precise



## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Describe how the nature and organization of the personality is currently understood.
- R2 To identify how different theoretical perspectives have contributed and continue to contribute knowledge about personality.
- R3 The student is able to explain how scientific knowledge about personality is used in their future professional activity.
- R4 To analyse and describe the explanatory models of the relationship between personality and health.
- R5 To search bibliographical information in order to elaborate the different contents put forward in the course.
- R6 To work as a team and to collaborate effectively with others.
- R7 To produce academic papers and orally present their content.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG1	To recognise the key elements of the profession, including ethical principles, legal responsibilities, the focus on the individual and population respecting their autonomy, and the oath of confidentiality.		X		
CG4	To recognise one's own limitations and the need to maintain and keep up to date one's professional competence, focusing specially on the importance of autonomous learning of knowledge and techniques and the desire for quality.			X	
CG5	To know, value critically and use the sources of information in order to obtain, organise, interpret and communicate the scientific, sanitary, socio-sanitary and information, preserving the confidentiality of the data.			X	
CG7	To understand and recognise the interrelationship between the concepts of wellbeing, health, significant occupation, dignity and participation.				X
CG8	To understand and recognise the importance of contextual factors as determiners of occupational dysfunction and promote the right of individual/populations to satisfy their occupational needs.		X		
CG17	To recognise the influence of individual, religious, and cultural differences, as well as the customs about occupation and participation			X	
CG22	To establish an assertive interpersonal communication with all the interlocutors that is relevant during the Occupational Therapy process.	X			
CG24	To transmit written and/or oral information to a specialised audience as well as a non-specialised one.				X
SPECIFIC		Weighting			
		1	2	3	4



CE27	To know and understand pedagogy, psychology and psychopathology applicable to the human being in every moment of the life cycle so as to evaluate, synthesise and apply Occupational Therapy treatments.				X
CE28	To know and understand pedagogy, psychology and psychopathology applicable to the human being in every moment of the life cycle so as to evaluate, synthesise and apply Occupational Therapy treatments				X
CE29	To know and understand the current legal and administrative framework in order to carry out the functions and responsibilities of the occupational therapist, using the socio-sanitary and financial resources available adequately		X		
CE30	To know the professional, ethical and legal context of the occupational therapist, recognising and responding to ethical issues and dilemmas in everyday practice.				X



## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
	50,00%	Written tests: Summative and final theoretical-practical test (open questions, objective test questions, truncated test, etc.) Preparation of field work memoranda, practical case solutions, single cases.
	30,00%	Presentation of group and individual works.
	20,00%	Individual monitoring of attendance at face-to-face sessions and active participation in theoretical and practical classes, seminars and tutorials.

### Observations

**Note:** In order to pass the course, the student must pass each of the evaluation criteria separately. The official exam dates will be set by the Faculty Dean's Team according to the periods established in the academic calendar. For MODIFICATIONS OF DATES OF EXAMS consult the reasons that justify such modifications and the procedure in article 12 of the Examination Regulations. <https://www.ucv.es/Portals/0/documentos/normativa/20170526144309926.pdf> A minimum of 75% of the attendance is required for the course grade to be computed. The attendance will be controlled through the VIRTUAL CAMPUS, only, at the beginning of each lesson. Absences must be justified by means of an official document.

### Criteria to grant the honorific mention:

The honorific mention will be granted to the student who obtains a grade higher than 9 in the first call.

-Attendance to classroom sessions, active participation and involvement in the theoretical and practical classes, as well as in the rest of the training activities by the student, candidate to receive the mention of honor, must reach the levels of excellence. –

The honorific mention will be granted to students who have obtained a grade equal to or higher than 9.0. The number of mentions will not exceed 5% of enrolled students in a module in the academic year unless the number of enrolled students is below 20, in which case only one mention can be granted (Royal Decree 1125/2003).



## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 ON-CAMPUS CLASS
- M2 PRACTICAL CLASSES
- M3 SEMINAR
- M4 GROUP PRESENTATION OF PAPERS
- M5 OFFICE ASSISTANCE
- M6 ASSESSMENT
- M7 GROUP WORK
- M8 INDEPENDENT WORK



## IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS: Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4	29,00	1,16
PRACTICAL CLASSES: Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R1, R2, R3, R4, R5, R6, R7	10,00	0,40
SEMINAR: Supervised monographic sessions with shared participation M3	R1, R3	7,50	0,30
GROUP PRESENTATION OF PAPERS: Application of multidisciplinary knowledge M4	R5, R6, R7	7,50	0,30
OFFICE ASSISTANCE: Personalized and small group attention. Period of instruction and /or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, readings, papers, etc. M5	R4, R5, R7	3,00	0,12
ASSESSMENT: Set of oral and/or written tests used in initial, formative or additive assessment of the student M6	R1, R2, R3, R4	3,00	0,12
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>





## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> ) M7	R3, R4, R5, R6, R7	40,00	1,60
INDEPENDENT WORK: Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> ) M8	R1, R2, R3, R4, R5, R6, R7	50,00	2,00
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

Content block	Contents
BLOCK I. INTRODUCTION TO THE PSYCHOLOGY OF PERSONALITY	Definition Psychology of Personality Historical background
BLOCK II. STRUCTURAL AND DYNAMIC DETERMINANTS OF CONDUCT	Cognitive-experimental domain Biological domain Humanistic-existential domain Intrapsychic domain Dispositional domain
BLOCK III. PERSONALITY AND ADAPTATION	Emotions and personality Personality: Stress, coping, adaptation and health. Perceived self-efficacy. Self Control Personality psychology of personality disorders. Personality and Psychopathology

### Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I. INTRODUCTION TO THE PSYCHOLOGY OF PERSONALITY	8,00	16,00
BLOCK II. STRUCTURAL AND DYNAMIC DETERMINANTS OF CONDUCT	15,00	30,00
BLOCK III. PERSONALITY AND ADAPTATION	7,00	14,00



## References

### BASIC BIBLIOGRAPHY

Randy J. Larsen, David M. Buss (2022) Psicología de la personalidad. 7.<sup>a</sup> Edición Madrid: McGraw Hill.

Bermúdez, J. Pérez, A., Rueda, B.; Ruíz Caballero, J. A. y Sanjuán P. (2011). Psicología de la personalidad. Madrid: U.N.E.D.

Moreno, Bernardo (2007). Psicología de la personalidad. Procesos. Madrid: Thompson.

Larsen, R. y Buss, D. (2005) Psicología de la personalidad. México: McGraw Hill.

Ortet, G. y Sanchís, M.C. (2005). Prácticas de Psicología de la Personalidad. Barcelona: Ariel

Schultz, D. y Schultz, P. (2002): Teorías de la Personalidad. Madrid: Thomson-Paraninfo.

Belloch Fuster, A., Fernandez-Alvarez H., Pascual-Vera B., (2019). Guía de intervención en Trastornos de la Personalidad. Madrid: Síntesis

### COMPLEMENTARY BIBLIOGRAPHY:

Brody, N. y Ehrlichman, H. (2000). Psicología de la Personalidad. Madrid: Prentice-Hall.

Engler, Barbara (1996). Introducción a las teorías de la personalidad. México: McGraw-Hill.

Fierro, A. (2002). Personalidad, persona, acción. Un tratado de Psicología. Madrid: Alianza.

Pelechano, V. (2000): Psicología Sistemática de la Personalidad. Barcelona: Ariel.

Polaino, A. (2003): Fundamentos de Psicología de la personalidad. Madrid: Ediciones Rialp.

Cloninger, Susan C. (2003). Teorías de la personalidad. México: Pearson educación.



## Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

**Situation 1: Teaching without limited capacity** (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

**Situation 2: Teaching with limited capacity** (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

### 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☒ Microsoft Teams

☒ Kaltura



## **Situation 3: Confinement due to a new State of Alarm.**

In this case, the following changes are made:

### **1. Educational Activities of Onsite Work:**

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☒ Microsoft Teams

☒ Kaltura

Explanation about the practical sessions:



## 2. System for Assessing the Acquisition of the competences and Assessment System

### ONSITE WORK

#### Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

#### Comments to the Assessment System: