



## Information about the subject

**Degree:** Bachelor of Science Degree in Psychology

**Faculty:** Faculty of Psychology

**Code:** 292019 **Name:** Mediation and familiar orientation

**Credits:** 6,00 **ECTS Year:** 3 **Semester:** 1

**Module:** OPTIONAL ITINERARY 1: CLINICAL AND HEALTH PSYCHOLOGY

**Subject Matter:** CLINICAL AND HEALTH PSYCHOLOGY **Type:** Elective

**Field of knowledge:** Health Sciences

**Department:** -

**Type of learning:** Classroom-based learning / Online

**Languages in which it is taught:** Spanish

**Lecturer/-s:**



## Module organization

### OPTIONAL ITINERARY 1: CLINICAL AND HEALTH PSYCHOLOGY

Subject Matter	ECTS	Subject	ECTS	Year/semester
CLINICAL AND HEALTH PSYCHOLOGY	54,00	-Disorders of Eating Behavior	6,00	4/1
		Family and Aid to Dependency	6,00	2/1
		-Health Psychology	6,00	3, 4/1
		-Legal Psychology	6,00	4/1
		Mediation and familiar orientation	6,00	3/1
		-Prevention and Treatment of Addictive Behavior	6,00	3/1
		-Psychology, Grieving and Palliative Care	6,00	4/1
		-Psychopharmacology	6,00	4/1
		Sleeping disorders	6,00	4/1

## Recommended knowledge

Not required

## Prerequisites



The student must take 24 credits of itinerary 1 clinical and health psychology and 6 credits of elective common itinerary.

## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1      Knowing the concepts, theories and main models of psychology in the area of Clinical Psychology and Health Psychology.
- R2      Being able to design psychological prevention plans that are adequate to the specific demands presented in each area based on the learned theoretical models.
- R3      Being able to design psychological prevention plans in the different contexts of the health field.
- R4      Knowing and acquiring the necessary skills for the adequate management of therapeutic relationships.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

SPECIFIC		Weighting			
		1	2	3	4
CE3	Planning and carrying out interviews.			X	
CE5	Identifying differences, problems and needs.				X
CE7	Analyzing and assessing interaction processes, group dynamics and group and inter-group structures.				X
CE8	Identifying group and inter-group problems and needs.			X	
CE11	Analyzing the context in which personal behaviors, group and organizational processes take place.			X	
CE15	Defining objectives and devising action plans according to action goals. (prevention, treatment, rehabilitation, insertion, support).				X
CE16	Choosing adequate psychological intervention techniques.				X
CE17	Mastering strategies and techniques to get addressees involved.				X
CE18	Putting into practice direct intervention strategies and methods: psychological advice, therapy, negotiation mediation...				X
CE25	To be able to measure and to collect relevant data for the evaluation of the interventions				X
TRANSVERSAL		Weighting			
		1	2	3	4
CT7	Problem solving.				X
CT8	Decision making.				X



CT9	Capacity to work in team.				X
CT10	Capacity to work in interdisciplinary teams.				X
CT12	Interpersonal skills.			X	
CT15	Ethics.				X
CT17	Capacity to adapt to new situations.			X	
CT18	Capacity to produce new ideas (creativity).			X	
CT29	Interpreting other's intentions.			X	
CT34	Professional relationships: being able to build and maintain relationships with other professionals and important organizations			X	
CT37	Being able to collect information from other people.			X	



## Assessment system for the acquisition of competencies and grading system

### In-class teaching

Assessed learning outcomes	Granted percentage	Assessment method
	60,00%	Oral and/or written tests employed in initial, training and/or summative student assessment.
	10,00%	Presentation of practical activities.
	20,00%	Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher.
	10,00%	Oral presentation of assignments.

### Observations

**Continuous evaluation** will be carried out through active participation in class (theoretical and practical), the delivery of practical activities and oral presentation of work.

The **final evaluation** will consist of a multiple-choice exam of the subject matter specified by the teacher.

In order to **pass the course** the student must pass the different evaluation systems separately (attendance and active participation, practices and exam).

**Criteria for the awarding of Honor Grades:** Evidence of levels of excellence in all competencies and learning outcomes.

### Online teaching

Assessed learning outcomes	Granted percentage	Assessment method
	75,00%	Final evaluation consisting of essay questions and hypothetical scenarios.
	5,00%	Submitted tasks
	20,00%	Attendance and participation in synchronic communication activities.



## Observations

**Continuous evaluation** will be carried out through active participation in class (theoretical and practical) and the delivery of practical activities.

The **final evaluation** will consist of a multiple-choice exam of the subject matter specified by the teacher.

In order to **pass the course** the student must pass the different evaluation systems separately (attendance and active participation, practices and exam).

**Criteria for the awarding of Honor Grades:** Evidence of levels of excellence in all competencies and learning outcomes.

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- |    |   |
|----|---|
| M1 | Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).   |
| M2 | Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality). |
| M3 | Supervised monographic sessions with shared participation.  |
| M4 | Application of interdisciplinary knowledge.   |



- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.
- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.
- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities. Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.
- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.





- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.



## IN-CLASS LEARNING

### IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
<b>ON-CAMPUS CLASS</b> Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3, R4	30,00	1,20
<b>PRACTICAL CLASSES</b> Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R2, R3, R4	15,00	0,60
<b>GROUP WORK EXHIBITION</b> Application of multidisciplinary knowledge. M2	R1, R2, R3, R4	8,00	0,32
<b>OFFICE ASSISTANCE</b> Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc. M6	R1, R2, R3, R4	5,00	0,20
<b>ASSESSMENT</b> Set of oral and/or written tests used in initial, formative or additive assessment of the student. M7	R1, R2, R3, R4	2,00	0,08
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
<b>GROUP WORK</b> Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform M8	R1, R2, R3, R4	30,00	1,20
<b>INDEPENDENT WORK</b> Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform. M9	R1, R2, R3, R4	60,00	2,40
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>



## ON-LINE LEARNING

### SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Virtual session (distance learning) M11	R1, R2, R3, R4	25,00	1,00
Virtual practical session (distance learning) M12	R2, R3, R4	12,50	0,50
Seminar and virtual videoconference (distance learning) M13	R1, R2, R3, R4	3,00	0,12
In-person or virtual assessment (distance learning) M7	R1, R2, R3, R4	2,00	0,08
Individual tutoring sessions (distance learning) M6	R1, R2, R3, R4	7,50	0,30
Discussion forums (distance learning) M18	R1, R2, R3, R4	5,00	0,20
Continuous assessment activities (distance learning) M19	R1, R2, R3	5,00	0,20
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>

### ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Individual work activities (distance learning) M15	R1, R2, R3, R4	50,00	2,00
Teamwork (distance learning) M8	R1, R2, R3, R4	40,00	1,60
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

Content block	Contents
Unit 1: FAMILY SYSTEM	The family as an evolutionary system; Family functioning.
Unit 2: FAMILY ORIENTATION	Functions of the family counselor and family intervention techniques; Family orientation strategies.
Unit 3: FAMILY MEDIATION.	Theoretical bases of mediation; Essential techniques in family mediation.

### Temporary organization of learning:

Block of content	Number of sessions	Hours
Unit 1: FAMILY SYSTEM	8,00	16,00
Unit 2: FAMILY ORIENTATION	16,00	32,00
Unit 3: FAMILY MEDIATION.	6,00	12,00



## References

### MAIN REFERENCES:

Spanish

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ENGLISH

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