



Information about the subject

Degree: Bachelor of Science Degree in Psychology

Faculty: Faculty of Psychology

Code: 292010 **Name:** Family and Aid to Dependency

Credits: 6,00 **ECTS Year:** 2, 3 **Semester:** 1

Module: OPTIONAL

Subject Matter: Community psychology and social intervention **Type:** Elective

Field of knowledge: Ciencias de la salud

Department: Basic, Social, and Neuropsychology

Type of learning: Classroom-based learning / Online

Languages in which it is taught: Spanish

Lecturer/-s:

OPP02 María De Nazaret Hernández Espeso (**Responsible
Lecturer**)

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Module organization

OPTIONAL

Subject Matter	ECTS	Subject	ECTS	Year/semester
Health psychology	84,00	-Clinical Neuropsychology	6,00	0, 4/1
		-Disorders of Eating Behavior	6,00	3, 4/1
		-Health Psychology	6,00	3, 4/1
		-Legal Psychology	6,00	0, 4/1
		-Main Models of Intervention in Psychotherapy	6,00	This elective is not offered in the academic year 25/26
		Mediation and familiar orientation	6,00	3, 4/1
		-New Directions in Psychotherapy	6,00	This elective is not offered in the academic year 25/26
		-Prevention and Treatment of Addictive Behavior	6,00	0, 2, 3/1
		-Psychogerontology	6,00	This elective is not offered in the academic year 25/26
		-Psychology of the Chronic Disease and of Rehabilitation	6,00	This elective is not offered in the academic year 25/26
		-Psychology, Grieving and Palliative Care	6,00	4/1



Health psychology		-Psychopharmacology	6,00	4/1
		Sleeping disorders	6,00	4/1
		-Therapy Techniques and Behavior Modification	6,00	This elective is not offered in the academic year 25/26
Transversal psychology	42,00	Anthropology of the Person and Health	6,00	This elective is not offered in the academic year 25/26
		Basic Social and Emotional Skills for Professional Practice of Psychology	6,00	This elective is not offered in the academic year 25/26
		History and Philosophy of the Family	6,00	This elective is not offered in the academic year 25/26
		-Psychology of Religion	6,00	This elective is not offered in the academic year 25/26
		Psychology, and Information and Communication Technologies	6,00	This elective is not offered in the academic year 25/26
		-Qualitative Research Methodology	6,00	This elective is not offered in the academic year 25/26
		Scientific English II	6,00	This elective is not offered in the academic year 25/26



Educational psychology	48,00	-Affective Linkages in the Life Cycle	6,00	This elective is not offered in the academic year 25/26
		Development of Cognitive Skills	6,00	This elective is not offered in the academic year 25/26
		Education for Interculturality	6,00	This elective is not offered in the academic year 25/26
		Educational Intervention for Students with Special Educational Needs	6,00	This elective is not offered in the academic year 25/26
		-Occupational Guidance	6,00	This elective is not offered in the academic year 25/26
		Preventive Intervention and Early Stimulation	6,00	2, 3/1
		-School Psychology	6,00	2, 3/1
		Strategies and Tools for Effective Learning	6,00	This elective is not offered in the academic year 25/26
Psychology of work and human resources	42,00	-Cooperative Work in Interdisciplinary Teams	6,00	This elective is not offered in the academic year 25/26
		-Intervention Techniques in Human Resources	6,00	This elective is not offered in the academic year 25/26



Psychology of work and human resources		Interview and Psychological Counselling	6,00	This elective is not offered in the academic year 25/26
		Management of the Work Climate in Organisations	6,00	3/1
		Mediation and Intervention in Family Businesses	6,00	This elective is not offered in the academic year 25/26
		-Negotiation and Conflict Resolution	6,00	0, 4/1
		-Psychology of Communication	6,00	2/1
Community psychology and social intervention	54,00	Family and Aid to Dependency	6,00	2, 3/1
		Intervention and Organisation of Socio-cultural Events	6,00	This elective is not offered in the academic year 25/26
		-Psychology of Conflict and Violence	6,00	2/1
		-Psychology of Criminality	6,00	3/1
		-Psychology of Physical Activity and Sport	6,00	This elective is not offered in the academic year 25/26
		-Psychology of Social Intervention	6,00	This elective is not offered in the academic year 25/26
		-Psychology of the Media	6,00	This elective is not offered in the academic year 25/26



Community psychology and social intervention		Psychosocial Intervention in Disasters and Emergencies	6,00	3/1
		-Social Support Theory and Strategies	6,00	This elective is not offered in the academic year 25/26
Speech therapy psychology	30,00	Acquisition and Development of Language	6,00	This elective is not offered in the academic year 25/26
		Assessment of Language, Speech and Voice	6,00	0/1
		-Language and Hearing Disorders	6,00	0/1
		Linguistic Analysis of Language Disorders	6,00	This elective is not offered in the academic year 25/26
		-Speech and Voice Disorders	6,00	This elective is not offered in the academic year 25/26

Recommended knowledge

The student must take 24 credits of the itinerary 1 clinical and health psychology and 6 credits of the common itinerary of electivity.

Prerequisites

El alumno deberá cursar un mínimo de 30 ECTS de Optatividad, entre las asignaturas activadas en el curso académico.



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Knowing the concepts, theories and main models of Psychology in the community and social intervention context.
- R2 Being able to design intervention plans that are adequate to the different contexts of the community environment.
- R3 Knowing and acquiring the necessary skills for the correct management of the therapeutic relationship



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

SPECIFIC		Weighting			
		1	2	3	4
CE1	Analyzing needs and requests of addressee functions in different contexts.				X
CE5	Identifying differences, problems and needs.				X
CE12	Selecting and correctly using tools, products and services and identifying those people and group concerned.				X
CE17	Mastering strategies and techniques to get addressees involved.				X
CE25	To be able to measure and to collect relevant data for the evaluation of the interventions			X	
TRANSVERSAL		Weighting			
		1	2	3	4
CT1	Capacity to analyze and synthesize.			X	
CT2	Capacity to organize and plan.			X	
CT8	Decision making.		X		
CT12	Interpersonal skills.				X
CT17	Capacity to adapt to new situations.			X	



Assessment system for the acquisition of competencies and grading system

In-class teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	60,00%	Oral and/or written tests employed in initial, training and/or summative student assessment.
R1, R2, R3	20,00%	Presentation of practical activities.
R1, R2, R3	20,00%	Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher.

Observations

ATTENDANCE AND ASSESSMENT MODALITIES

Students may choose between two assessment modalities for the course: **continuous assessment** or **single assessment**.

Continuous Assessment:

A minimum of 40% attendance to face-to-face classes is required to qualify for this modality.

- **Theoretical exam:** 60%
- **Practical activities and oral presentation of a project:** 20%
- **Active participation in class:** 20%

Single Assessment:

This modality is intended for students who, for justified and documented reasons, are unable to meet the minimum attendance requirement. The request must be submitted in writing to the course instructor, who will respond using the same method.

Please note: single assessment does not consist of a single test, but rather a set of tests and/or activities designed to demonstrate and measure all the learning outcomes established for the course.

The structure for the single assessment in this course will be as follows:

- **Theoretical exam:** 50%
- **Practical exam and additional assignments:** 50% This component will include a practical test (oral or written), and, if necessary, additional autonomous work to evaluate learning outcomes not measurable through the exam alone.

In both assessment modalities, students must pass all components in order to successfully complete the course.

CRITERIA FOR AWARDED DISTINCTION (MATRÍCULA DE HONOR)

The distinction "Matrícula de Honor" may be awarded to students who achieve a final grade of 9.5



or higher and demonstrate excellence in practical activities, class attendance, and active participation. In accordance with general regulations, only one distinction may be awarded per 20 students (not per fraction of 20), except in groups with fewer than 20 students, where one distinction may still be granted.

GUIDELINES FOR THE USE OF ARTIFICIAL INTELLIGENCE (AI)

The responsible use of artificial intelligence (AI) tools can enhance the learning process, provided that principles of academic integrity, individual authorship, and critical thinking are upheld.

Use of AI is PERMITTED in this course for:

- Generating study aids such as outlines, summaries, concept maps, or study schedules.
- Asking questions to review concepts or practice interactively.
- Grammar, spelling, and style revision.
- Suggestions for academic writing improvement or adaptation to required formats.
- Receiving simplified explanations of complex concepts.
- Obtaining suggestions for sources (to be verified by the student).
- Any additional activities proposed by the course instructor that involve the use of AI, provided this is explicitly stated.

Use of AI is NOT PERMITTED in this course for:

- Submitting as your own any text, assignment, presentation, or project generated (wholly or partially) by AI without explicit mention or prior authorization.
- Copying and pasting AI-generated responses in exams, assignments, or graded activities.
- Using AI to complete work that must be original and reflect individual understanding.
- Including invented, inaccurate, or unverified references generated by AI.
- Creating images, graphs, data, or videos that are fake or manipulated without stating that they were generated by AI.

Students must explicitly declare any use of AI tools in submitted work (e.g., in a footnote or appendix), specifying the tool used, the purpose, and where it was applied.

Online teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	70,00%	Final evaluation consisting of essay questions and hypothetical scenarios.
R1, R2, R3	5,00%	Submitted tasks
R1, R2, R3	5,00%	Periodical assessment through questionnaires
	20,00%	Attendance and participation in synchronic communication activities.

Observations

All individual and group assignments must be submitted through the UCV VIRTUAL CAMPUS within the deadlines and formats established by the course instructor. Under no circumstances will



late submissions be accepted. Any tasks that remain pending will be submitted and assessed on the official date of the second exam session.

A theoretical-practical final exam will be held during the official exam period. Official exam dates will be set by the Faculty Dean's Team in accordance with the periods established in the academic calendar. For any changes to exam dates, please consult the justifiable reasons and procedure outlined in Article 12 of the Examination Regulations.

Students must pass all components in order to successfully complete the course.

CRITERIA FOR AWARDING DISTINCTION (MATRÍCULA DE HONOR)

The distinction "Matrícula de Honor" may be awarded to students who achieve a final grade of 9.5 or higher and demonstrate excellence in practical activities, class attendance, and active participation. In accordance with general regulations, only one distinction may be awarded per 20 students (not per fraction of 20), except in groups with fewer than 20 students, where one distinction may still be granted.

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- Suggestions for academic writing improvement or adaptation to required formats.
- Receiving simplified explanations of complex concepts.
- Obtaining suggestions for sources (to be verified by the student).
- Any additional activities proposed by the course instructor that involve the use of AI, provided this is explicitly stated.

Use of AI is NOT PERMITTED in this course for:

- Submitting as your own any text, assignment, presentation, or project generated (wholly or partially) by AI without explicit mention or prior authorization.
- Copying and pasting AI-generated responses in exams, assignments, or graded activities.
- Using AI to complete work that must be original and reflect individual understanding.
- Including invented, inaccurate, or unverified references generated by AI.
- Creating images, graphs, data, or videos that are fake or manipulated without stating that they were generated by AI.

Students must explicitly declare any use of AI tools in submitted work (e.g., in a footnote or appendix), specifying the tool used, the purpose, and where it was applied.



In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M3 Supervised monographic sessions with shared participation.
- M4 Application of interdisciplinary knowledge.
- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.



- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.
- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities. Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.
- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.



IN-CLASS LEARNING

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R3	30,00	1,20
PRACTICAL CLASSES Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R2	15,00	0,60
SEMINAR Supervised monographic sessions with shared participation. M3	R1	3,00	0,12
GROUP WORK EXHIBITION Application of multidisciplinary knowledge. M3, M8	R1, R2, R3	5,00	0,20
OFFICE ASSISTANCE Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc. M6	R1, R2, R3	5,00	0,20
ASSESSMENT Set of oral and/or written tests used in initial, formative or additive assessment of the student. M7	R1, R2, R3	2,00	0,08
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform M8	R1, R2, R3	30,00	1,20
INDEPENDENT WORK Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform. M9	R1, R2, R3	60,00	2,40
TOTAL		90,00	3,60

ON-LINE LEARNING

SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Virtual session (distance learning) M11	R1, R2, R3	40,00	1,60
Virtual practical session (distance learning) M12	R1, R2, R3	16,00	0,64
Seminar and virtual videoconference (distance learning) M14	R1, R2, R3	2,00	0,08
In-person or virtual assessment (distance learning) M19	R1, R2, R3	2,00	0,08
TOTAL		60,00	2,40



ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Individual work activities (distance learning) M15	R1, R2, R3	90,00	3,60
TOTAL		90,00	3,60

Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
Unit 1. Disability	<ul style="list-style-type: none">·Explanatory models of disability and their evolution·Ableism·Diversity model·Types of disability·Current legal framework
Unit 2. Conceptual frameworks	<ul style="list-style-type: none">·International Classification of Functioning, Disability and Health (ICF)·Quality of Life and Supports Model·Person-centered planning
Unit 3: Disability, Rights and Human Dignity	<ul style="list-style-type: none">·International Classification of Functioning, Disability and Health (ICF)·Quality of Life and Supports Model·Person-centered planning
Unit 4: Supporting People with Disabilities and Their Families	<ul style="list-style-type: none">·The impact of disability on the family context·Strategies for supporting families



Temporary organization of learning:

Block of content	Number of sessions	Hours
Unit 1. Disability	10,00	20,00
Unit 2. Conceptual frameworks	8,00	16,00
Unit 3: Disability, Rights and Human Dignity	8,00	16,00
Unit 4: Supporting People with Disabilities and Their Families	4,00	8,00



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