



## Information about the subject

**Degree:** Bachelor of Science Degree in Psychology

**Faculty:** Faculty of Psychology

**Code:** 292010 **Name:** Family and Aid to Dependency

**Credits:** 6,00 **ECTS Year:** 2 **Semester:** 1

**Module:** OPTIONAL

**Subject Matter:** Community psychology and social intervention **Type:** Elective

**Field of knowledge:** Ciencias de la salud

**Department:** -

**Type of learning:** Classroom-based learning / Online

**Languages in which it is taught:** Spanish

**Lecturer/-s:**

OPP02 María De Nazaret Hernández Espeso (**Responsible  
Lecturer**)

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## Module organization

### OPTIONAL

Subject Matter	ECTS	Subject	ECTS	Year/semester
Health psychology	84,00	-Clinical Neuropsychology	6,00	4/1
		-Disorders of Eating Behavior	6,00	3, 4/1
		-Health Psychology	6,00	3, 4/1
		-Legal Psychology	6,00	4/1
		-Main Models of Intervention in Psychotherapy	6,00	This elective is not offered in the academic year 23/24
		Mediation and familiar orientation	6,00	3, 4/1
		-New Directions in Psychotherapy	6,00	This elective is not offered in the academic year 23/24
		-Prevention and Treatment of Addictive Behavior	6,00	3/1
		-Psychogerontology	6,00	3/1
		-Psychology of the Chronic Disease and of Rehabilitation	6,00	This elective is not offered in the academic year 23/24
		-Psychology, Grieving and Palliative Care	6,00	4/1
		-Psychopharmacology	6,00	4/1



Health psychology		Sleeping disorders	6,00	4/1
		-Therapy Techniques and Behavior Modification	6,00	This elective is not offered in the academic year 23/24
Transversal psychology	42,00	Anthropology of the Person and Health	6,00	This elective is not offered in the academic year 23/24
		Basic Social and Emotional Skills for Professional Practice of Psychology	6,00	This elective is not offered in the academic year 23/24
		History and Philosophy of the Family	6,00	This elective is not offered in the academic year 23/24
		-Psychology of Religion	6,00	This elective is not offered in the academic year 23/24
		Psychology, and Information and Communication Technologies	6,00	This elective is not offered in the academic year 23/24
		-Qualitative Research Methodology	6,00	This elective is not offered in the academic year 23/24
		Scientific English II	6,00	This elective is not offered in the academic year 23/24
Educational psychology	48,00	-Affective Linkages in the Life Cycle	6,00	This elective is not offered in the academic year 23/24



Educational psychology		Development of Cognitive Skills	6,00	This elective is not offered in the academic year 23/24
		Education for Interculturality	6,00	This elective is not offered in the academic year 23/24
		Educational Intervention for Students with Special Educational Needs	6,00	This elective is not offered in the academic year 23/24
		-Occupational Guidance	6,00	This elective is not offered in the academic year 23/24
		Preventive Intervention and Early Stimulation	6,00	This elective is not offered in the academic year 23/24
		-School Psychology	6,00	2/1
		Strategies and Tools for Effective Learning	6,00	This elective is not offered in the academic year 23/24
Psychology of work and human resources	42,00	-Cooperative Work in Interdisciplinary Teams	6,00	This elective is not offered in the academic year 23/24
		-Intervention Techniques in Human Resources	6,00	This elective is not offered in the academic year 23/24
		Interview and Psychological Counselling	6,00	This elective is not offered in the academic year 23/24



Psychology of work and human resources		Management of the Work Climate in Organisations	6,00	3/1
		Mediation and Intervention in Family Businesses	6,00	This elective is not offered in the academic year 23/24
		-Negotiation and Conflict Resolution	6,00	4/1
		-Psychology of Communication	6,00	2/1
Community psychology and social intervention	54,00	Family and Aid to Dependency	6,00	2/1
		Intervention and Organisation of Socio-cultural Events	6,00	This elective is not offered in the academic year 23/24
		-Psychology of Conflict and Violence	6,00	2/1
		-Psychology of Criminality	6,00	3/1
		-Psychology of Physical Activity and Sport	6,00	2/1
		-Psychology of Social Intervention	6,00	This elective is not offered in the academic year 23/24
		-Psychology of the Media	6,00	This elective is not offered in the academic year 23/24
		Psychosocial Intervention in Disasters and Emergencies	6,00	3/1



Community psychology and social intervention		-Social Support Theory and Strategies	6,00	This elective is not offered in the academic year 23/24
Speech therapy psychology	30,00	Acquisition and Development of Language	6,00	This elective is not offered in the academic year 23/24
		Assessment of Language, Speech and Voice	6,00	0/1
		-Language and Hearing Disorders	6,00	This elective is not offered in the academic year 23/24
		Linguistic Analysis of Language Disorders	6,00	This elective is not offered in the academic year 23/24
		-Speech and Voice Disorders	6,00	This elective is not offered in the academic year 23/24

### Recommended knowledge

The student must take 24 credits of the itinerary 1 clinical and health psychology and 6 credits of the common itinerary of electivity.

### Prerequisites

El alumno deberá cursar un mínimo de 30 ECTS de Optatividad, entre las asignaturas activadas en el curso académico.



## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1      Knowing the concepts, theories and main models of Psychology in the community and social intervention context.
- R2      Being able to design intervention plans that are adequate to the different contexts of the community environment.
- R3      Knowing and acquiring the necessary skills for the correct management of the therapeutic relationship



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

SPECIFIC		Weighting			
		1	2	3	4
CE1	Analyzing needs and requests of addressee functions in different contexts.				X
CE5	Identifying differences, problems and needs.				X
CE12	Selecting and correctly using tools, products and services and identifying those people and group concerned.				X
CE17	Mastering strategies and techniques to get addressees involved.				X
CE25	To be able to measure and to collect relevant data for the evaluation of the interventions			X	
TRANSVERSAL		Weighting			
		1	2	3	4
CT1	Capacity to analyze and synthesize.			X	
CT2	Capacity to organize and plan.			X	
CT8	Decision making.		X		
CT12	Interpersonal skills.				X
CT17	Capacity to adapt to new situations.			X	





## Assessment system for the acquisition of competencies and grading system

### In-class teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	60,00%	Oral and/or written tests employed in initial, training and/or summative student assessment.
R1, R2, R3	20,00%	Presentation of practical activities.
R1, R2, R3	20,00%	Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher.

### Observations

**Nota:** Para superar la asignatura será preciso superar por separado cada uno de los criterios de evaluación.

\* Las fechas oficiales de exámenes las fijará el Equipo Decanal de la Facultad atendiendo a los periodos establecidos en el calendario académico. Para MODIFICACIONES DE FECHAS DE EXÁMENES consultad las causas que justifican dichas modificaciones y el procedimiento en el artículo 12 de la Normativa de Exámenes.

<https://www.ucv.es/Portals/0/documentos/normativa/20170526144309926.pdf>

\*\* Todas las entregas de trabajos individuales y grupales se realizarán a través del CAMPUS VIRTUAL de la UCV en los plazos y formas establecidos por el profesor de la asignatura. No se aceptarán, en ningún caso, entregas fuera de plazo. Aquellas tareas que hayan quedado pendientes de entrega serán entregadas y evaluadas en la fecha oficial de la segunda convocatoria.

\*\*\* Se requiere un mínimo de un 75% de la asistencia para que ésta compute en la calificación de la asignatura. El control de asistencia se llevará a cabo a través del CAMPUS VIRTUAL, únicamente, al inicio de cada clase. Las faltas de asistencia deberán justificarse mediante documento oficial escaneado y remitido a través del CAMPUS VIRTUAL al profesor de la asignatura.

### Online teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	70,00%	Final evaluation consisting of essay questions and hypothetical scenarios.
R1, R2, R3	5,00%	Submitted tasks



R1, R2, R3	5,00%	Periodical assessment through questionnaires
	20,00%	Attendance and participation in synchronic communication activities.

## Observations

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M3 Supervised monographic sessions with shared participation.
- M4 Application of interdisciplinary knowledge.
- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.
- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.



- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities . Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.
- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.



## IN-CLASS LEARNING

### IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
<b>ON-CAMPUS CLASS</b> Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R3	30,00	1,20
<b>PRACTICAL CLASSES</b> Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R2	15,00	0,60
<b>SEMINAR</b> Supervised monographic sessions with shared participation. M3	R1	3,00	0,12
<b>GROUP WORK EXHIBITION</b> Application of multidisciplinary knowledge. M3, M8	R1, R2, R3	5,00	0,20
<b>OFFICE ASSISTANCE</b> Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc. M6	R1, R2, R3	5,00	0,20
<b>ASSESSMENT</b> Set of oral and/or written tests used in initial, formative or additive assessment of the student. M7	R1, R2, R3	2,00	0,08
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
<b>GROUP WORK</b> Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform M8	R1, R2, R3	30,00	1,20
<b>INDEPENDENT WORK</b> Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform. M9	R1, R2, R3	60,00	2,40
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>

## ON-LINE LEARNING

### SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Virtual session (distance learning) M11	R1, R2, R3	40,00	1,60
Virtual practical session (distance learning) M12	R1, R2, R3	16,00	0,64
Seminar and virtual videoconference (distance learning) M14	R1, R2, R3	2,00	0,08
In-person or virtual assessment (distance learning) M19	R1, R2, R3	2,00	0,08
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>



## ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Individual work activities (distance learning) M15	R1, R2, R3	90,00	3,60
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>

## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

Content block	Contents
Unit 1. Disability	<ul style="list-style-type: none"><li>· Explanatory models of disability and its evolution</li><li>· International Classification of Functioning, the Disability and Health</li><li>· Typologies of Disability</li><li>· Current legal framework</li></ul>
Unit 2. Conceptual frameworks	<ul style="list-style-type: none"><li>· Quality of life model and supports</li><li>· Family centered practice</li><li>· Person-centered practice</li></ul>
Unit 3: Attention to people with Disability and their families	<ul style="list-style-type: none"><li>· The impact of disability in the family context</li><li>· Rights of people with disabilities</li><li>· Ethics and dignified treatment</li><li>· Self-determination and empowerment</li></ul>
Unit 4: Strategies to support people with disabilities and their families	<ul style="list-style-type: none"><li>· Accessibility, technologies and assistive products</li><li>· Positive Behavioral Support</li><li>· Other supports for people with disabilities and their families</li></ul>



## Temporary organization of learning:

Block of content	Number of sessions	Hours
Unit 1. Disability	7,00	14,00
Unit 2. Conceptual frameworks	8,00	16,00
Unit 3: Attention to people with Disability and their families	7,00	14,00
Unit 4: Strategies to support people with disabilities and their families	8,00	16,00



## References

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- Barton, L. (2008). Superar las barreras de la discapacidad. Ediciones Morata.
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- Castillo, T. (2007). ¡ Déjame intentarlo! La discapacidad: hacia una visión creativa de las limitaciones humanas. *Educació social. Revista d'intervenció socioeducativa*, (35), 133-133.
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- Echeita, G. (2013). Inclusión y exclusión educativa. De nuevo voz y quebranto. *Reice*, 11, 2, 99-118.
- Etxeberria, X. (2008). *La condición de ciudadanía de las personas con discapacidad intelectual*. Universidad de Deusto.
- Instrumento de Ratificación de la Convención sobre los derechos de las personas con discapacidad, hecho en Nueva York el 13 de diciembre de 2006 (BOE núm. 96, de 21 de abril de 2008).
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- Rodríguez, S., & Ferreira, M.A. (2010). Diversidad funcional: Sobre lo normal y lo patológico en torno a la condición social de la dis-capacidad. *Cuadernos De Relaciones Laborales*, 28, 151-172.
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- Sosa, L. M. (2009). Reflexiones sobre la discapacidad: Dialógica de la inclusión y exclusión en las prácticas. *Agora Para La Educación Física y El Deporte*, 9, 57-82.
- Thomas, C. (2007). Sociologies of disability and illness: Contested ideas in disability studies and medical sociology. Palgrave Macmillan.
- Verdugo, M.A (2009). Cómo mejorar la calidad de vida de las personas con discapacidad . Amarú Ediciones.
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- Verdugo, M.A., Schalock, R., y Sainz-Modinos, F. (2013). El cambio en las organizaciones de discapacidad: estrategias para superar sus retos y hacerlo realidad. Guía de liderazgo. Madrid. Alianza
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## Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

**Situation 1: Teaching without limited capacity** (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

**Situation 2: Teaching with limited capacity** (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

### 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☒ Microsoft Teams

☒ Kaltura



## **Situation 3: Confinement due to a new State of Alarm.**

In this case, the following changes are made:

### **1. Educational Activities of Onsite Work:**

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☒ Microsoft Teams

☒ Kaltura

Explanation about the practical sessions:



## 2. System for Assessing the Acquisition of the competences and Assessment System

### ONSITE WORK

#### Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

#### Comments to the Assessment System:



## ONLINE WORK

### Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

### Comments to the Assessment System: