



Information about the subject

Degree: Bachelor of Science Degree in Psychology

Faculty: Faculty of Psychology

Code: 292003 **Name:** Anthropology of the Person and Health

Credits: 6,00 **ECTS Year:** The course is not offered this academic year **Semester:** 1

Module: OPTIONAL

Subject Matter: Transversal psychology **Type:** Elective

Field of knowledge: Ciencias de la salud

Department: -

Type of learning: Classroom-based learning / Online

Languages in which it is taught:

Lecturer/-s:



Module organization

OPTIONAL

Subject Matter	ECTS	Subject	ECTS	Year/semester
Health psychology	84,00	-Clinical Neuropsychology	6,00	4/1
		-Disorders of Eating Behavior	6,00	3, 4/1
		-Health Psychology	6,00	3, 4/1
		-Legal Psychology	6,00	4/1
		-Main Models of Intervention in Psychotherapy	6,00	This elective is not offered in the academic year 23/24
		Mediation and familiar orientation	6,00	3, 4/1
		-New Directions in Psychotherapy	6,00	This elective is not offered in the academic year 23/24
		-Prevention and Treatment of Addictive Behavior	6,00	3/1
		-Psychogerontology	6,00	3/1
		-Psychology of the Chronic Disease and of Rehabilitation	6,00	This elective is not offered in the academic year 23/24
		-Psychology, Grieving and Palliative Care	6,00	4/1
		-Psychopharmacology	6,00	4/1



Health psychology		Sleeping disorders	6,00	4/1
		-Therapy Techniques and Behavior Modification	6,00	This elective is not offered in the academic year 23/24
Transversal psychology	42,00	Anthropology of the Person and Health	6,00	This elective is not offered in the academic year 23/24
		Basic Social and Emotional Skills for Professional Practice of Psychology	6,00	This elective is not offered in the academic year 23/24
		History and Philosophy of the Family	6,00	This elective is not offered in the academic year 23/24
		-Psychology of Religion	6,00	This elective is not offered in the academic year 23/24
		Psychology, and Information and Communication Technologies	6,00	This elective is not offered in the academic year 23/24
		-Qualitative Research Methodology	6,00	This elective is not offered in the academic year 23/24
		Scientific English II	6,00	This elective is not offered in the academic year 23/24
Educational psychology	48,00	-Affective Linkages in the Life Cycle	6,00	This elective is not offered in the academic year 23/24



Educational psychology		Development of Cognitive Skills	6,00	This elective is not offered in the academic year 23/24
		Education for Interculturality	6,00	This elective is not offered in the academic year 23/24
		Educational Intervention for Students with Special Educational Needs	6,00	This elective is not offered in the academic year 23/24
		-Occupational Guidance	6,00	This elective is not offered in the academic year 23/24
		Preventive Intervention and Early Stimulation	6,00	This elective is not offered in the academic year 23/24
		-School Psychology	6,00	2/1
		Strategies and Tools for Effective Learning	6,00	This elective is not offered in the academic year 23/24
Psychology of work and human resources	42,00	-Cooperative Work in Interdisciplinary Teams	6,00	This elective is not offered in the academic year 23/24
		-Intervention Techniques in Human Resources	6,00	This elective is not offered in the academic year 23/24
		Interview and Psychological Counselling	6,00	This elective is not offered in the academic year 23/24



Psychology of work and human resources		Management of the Work Climate in Organisations	6,00	3/1
		Mediation and Intervention in Family Businesses	6,00	This elective is not offered in the academic year 23/24
		-Negotiation and Conflict Resolution	6,00	4/1
		-Psychology of Communication	6,00	2/1
Community psychology and social intervention	54,00	Family and Aid to Dependency	6,00	2/1
		Intervention and Organisation of Socio-cultural Events	6,00	This elective is not offered in the academic year 23/24
		-Psychology of Conflict and Violence	6,00	2/1
		-Psychology of Criminality	6,00	3/1
		-Psychology of Physical Activity and Sport	6,00	2/1
		-Psychology of Social Intervention	6,00	This elective is not offered in the academic year 23/24
		-Psychology of the Media	6,00	This elective is not offered in the academic year 23/24
		Psychosocial Intervention in Disasters and Emergencies	6,00	3/1



Community psychology and social intervention		-Social Support Theory and Strategies	6,00	This elective is not offered in the academic year 23/24
Speech therapy psychology	30,00	Acquisition and Development of Language	6,00	This elective is not offered in the academic year 23/24
		Assessment of Language, Speech and Voice	6,00	0/1
		-Language and Hearing Disorders	6,00	This elective is not offered in the academic year 23/24
		Linguistic Analysis of Language Disorders	6,00	This elective is not offered in the academic year 23/24
		-Speech and Voice Disorders	6,00	This elective is not offered in the academic year 23/24

Recommended knowledge

Are not contemplated

Prerequisites

El alumno deberá cursar un mínimo de 30 ECTS de Optatividad, entre las asignaturas activadas en el curso académico.



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Know the main concepts, theories and models of Psychology in the field of work, organizations and human resources
- R2 Being able to design appropriate psychological intervention plans in the different contexts of the field of work psychology, organizations and human resources.
- R3 Know and acquire the necessary skills for proper management of the therapeutic relationship.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

SPECIFIC		Weighting			
		1	2	3	4
CE1	Analyzing needs and requests of addressee functions in different contexts.		X		
CE5	Identifying differences, problems and needs.				X
CE9	Analyzing and assessing interaction processes, organizational and inter-organizational dynamics and structure.			X	
CE23	Analyzing and collecting important data for intervention assessments.			X	
CE27	Knowing and adapting to the psychology code of ethics.				X
CE32	To know the psycho-social principles of group operation and of organisations.		X		
CE37	To know the different specialties of application of Psychology and to have the knowledge necessary to promote quality of life in individuals, groups, communities and organisations in different contexts.			X	
TRANSVERSAL		Weighting			
		1	2	3	4
CT1	Capacity to analyze and synthesize.			X	
CT2	Capacity to organize and plan.			X	
CT8	Decision making.				X
CT9	Capacity to work in team.			X	



CT10	Capacity to work in interdisciplinary teams.				X
CT12	Interpersonal skills.				X
CT13	Understanding multicultural and diverse environment.				X
CT14	Critical capacity.				X
CT15	Ethics.				X
CT20	Knowing foreign cultures.				X
CT24	Taking responsibility				X
CT25	Self-criticism ability: being able to critically assess one's performance.				X
CT30	Social commitment.				X
CT32	Sensitivity to personal, environmental and institutional injustices.				X
CT33	Showing concern for the development of individuals, communities and people.				X
CT34	Professional relationships: being able to build and maintain relationships with other professionals and important organizations				X



Assessment system for the acquisition of competencies and grading system

In-class teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	60,00%	Oral and/or written tests employed in initial, training and/or summative student assessment.
R1, R2, R3	10,00%	Presentation of practical activities.
R1, R2, R3	20,00%	Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher.
R1, R2, R3	10,00%	Oral presentation of assignments.

Observations

To pass the course it will be necessary to have passed the evaluation tests and practical activities with a minimum grade of 5 (out of 10) in each part. Those students who do not pass one of the two parts will have a grade of Failure. An evaluation test will be carried out at the end of the course on the day established by the Faculty's official exam calendar (60%), which will consist of objective questions and development questions. An Honors Degree will be awarded for every 20 students if levels of excellence have been demonstrated in all competencies and learning outcomes. In the qualification of activities and development questions, both formal and content aspects will be taken into account.

Online teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	70,00%	Final evaluation consisting of essay questions and hypothetical scenarios.
R1, R2, R3	5,00%	Submitted tasks
R1, R2, R3	25,00%	Attendance and participation in synchronic communication activities.

Observations

To pass the course it will be necessary to have passed the evaluation tests and practical activities with a minimum grade of 5 (out of 10) in each part. Those students who do not pass one of the two



parts will have a grade of Failure. An evaluation test will be carried out at the end of the course on the day established by the Faculty's official exam calendar (70%), which will consist of objective questions and development questions. An Honors Degree will be awarded for every 20 students if levels of excellence have been demonstrated in all competencies and learning outcomes. In the qualification of activities and development questions, both formal and content aspects will be taken into account.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M3 Supervised monographic sessions with shared participation.
- M4 Application of interdisciplinary knowledge.
- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.
- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.



- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities . Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.
- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.



IN-CLASS LEARNING

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3	40,00	1,60
PRACTICAL CLASSES Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R1, R2, R3	15,00	0,60
OFFICE ASSISTANCE Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc. M6	R1, R2, R3	2,50	0,10
ASSESSMENT Set of oral and/or written tests used in initial, formative or additive assessment of the student. M7	R1, R2, R3	2,50	0,10
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform M8	R1, R2, R3	15,00	0,60
INDEPENDENT WORK Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform. M9	R1, R2, R3	75,00	3,00
TOTAL		90,00	3,60

ON-LINE LEARNING

SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Virtual session (distance learning) M11	R1, R2, R3	31,25	1,25
Virtual practical session (distance learning) M13	R2	6,50	0,26
Individual tutoring sessions (distance learning) M16	R1, R2, R3	9,75	0,39
Discussion forums (distance learning) M18	R1, R2, R3	11,25	0,45
Continuous assessment activities (distance learning) M19	R1, R2, R3	6,25	0,25
TOTAL		65,00	2,60



ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Individual work activities (distance learning) M15, M19	R1, R2, R3	50,00	2,00
Teamwork (distance learning) M12	R2	35,00	1,40
TOTAL		85,00	3,40



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
TOPIC 1. THE HUMAN PERSON	What is Anthropology? Reason and faith The desire for the absolute in man Hope, reason and inner life concept The concept of culture. Ethnocentrism and cultural relativism.
TOPIC 2. HEALTH AND ILLNESS	The concepts of health and illness. Biomedical perspective and anthropological perspective. The dimensions of the concept of disease (disease, illness, sickness). Culturally delimited syndromes. The psychosomatic structure Hegemonic Western Biomedicine. Medicalization processes in western societies.
TOPIC 3. PARADIGMS IN HEALTH ANTHROPOLOGY	Anthropology in medicine. Anthropology of the disease.
TOPIC 4. HAPPINESS, MEANING OF LIFE AND SUFFERING	The spiritual dimension. Transcendence and God Contemplation. Quench the inner thirst The meaning of life and the meaning of suffering Visualize the future with hope



Temporary organization of learning:

Block of content	Number of sessions	Hours
TOPIC 1. THE HUMAN PERSON	10,00	20,00
TOPIC 2. HEALTH AND ILLNESS	5,00	10,00
TOPIC 3. PARADIGMS IN HEALTH ANTHROPOLOGY	5,00	10,00
TOPIC 4. HAPPINESS, MEANING OF LIFE AND SUFFERING	10,00	20,00

References

Basic bibliography

- Boixareu, R.M. (ed) (2016) De la antropología filosófica a la antropología de la salud. Herder.
- Cockerhan W. (2001) Sociología de la medicina. Madrid: Pearson Education.
- Comelles JM, Martínez Hernández Á. (1993) Enfermedad, Cultura y Sociedad: un ensayo sobre las relaciones entre la Antropología Social y la Medicina. Madrid: Eudema.
- Langbein K., Ehgartner B. (2004) Contra Hipócrates. El cartel médico. Los siete pecados capitales de la industria de la salud. Barcelona: Robinbook.
- Menéndez E. L.(2002) La parte negada de la cultura: relativismo, diferencias y racismo. Barcelona: Bellaterra
- Perdigueró E., Comelles JM (eds). (2000) Medicina y Cultura: estudio entre la antropología y la medicina. Barcelona: Bellaterra.
- Porter R. (2003) Breve historia de la medicina. Barcelona: Taurus

Recommended bibliography

- Aïach P., Cèbe D. (1991) Expression des symptômes et conduites de maladie. París: Editions INSERM.
- Canguilhem G. (1971) Lo normal y lo patológico. Buenos Aires: Siglo XXI
- Currer C., Stacey M. (1986) Concepts of Health, Illness and Disease. A comparative perspective. Oxford: Berg Publishers.
- Devillard MJ. (1990) La construcción de la salud y la enfermedad. Revista Española de Investigaciones Sociológicas; 51: 79-89.
- Dubos R. (1992) El espejismo de la salud. México DF: Fondo de Cultura Económica.
- Durkheim E. (2000) El suicidio. México DF: Manantial Foucault M. (1999) El nacimiento de la clínica: una arqueología de la mirada clínica. México DF: Siglo XXI
- Frankl, V. (1998) El hombre en busca de sentido. Herder.



Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☒ Microsoft Teams

☒ Kaltura



Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☒

Microsoft Teams

☒

Kaltura

Explanation about the practical sessions:



2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System:



ONLINE WORK

Regarding the Assessment Tools:

- ☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.
- ☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: