Information about the subject

Degree: Bachelor of Science Degree in Psychology

Faculty: Faculty of Psychology

Code: 292003 **Name:** Anthropology of the Person and Health

Credits: 6,00 **ECTS Year:** The course is not offered this academic year **Semester:** 1

Module: OPTIONAL

Subject Matter: Transversal psychology **Type:** Elective

Field of knowledge: Ciencias de la salud

Department: Basic, Social, and Neuropsychology

Type of learning: Classroom-based learning / Online

Languages in which it is taught:

Lecturer/-s:

Module organization

OPTIONAL

Subject Matter	ECTS	Subject	ECTS	Year/semester
Health psychology	84,00	-Clinical Neuropsychology	6,00	0, 4/1
		-Disorders of Eating Behavior	6,00	4/1
		-Health Psychology	6,00	3, 4/1
		-Legal Psychology	6,00	0, 4/1
		-Main Models of Intervention in Psychotherapy	6,00	This elective is not offered in the academic year 24/25
		Mediation and familiar orientation	6,00	3/1
		-New Directions in Psychotherapy	6,00	This elective is not offered in the academic year 24/25
		-Prevention and Treatment of Addictive Behavior	6,00	0, 2, 3/1
		-Psychogerontology	6,00	This elective is not offered in the academic year 24/25
		-Psychology of the Chronic Disease and of Rehabilitation	6,00	This elective is not offered in the academic year 24/25
		-Psychology, Grieving and Palliative Care	6,00	4/1

Health psychology	-Psychopharmacology	6,00	4/1
	Sleeping disorders	6,00	4/1
	-Therapy Techniques and Behavior Modification	6,00	This elective is not offered in the academic year 24/25
Transversal psychology	42,00	Anthropology of the Person and Health	6,00	This elective is not offered in the academic year 24/25
	Basic Social and Emotional Skills for Professional Practice of Psychology	6,00	This elective is not offered in the academic year 24/25
	History and Philosophy of the Family	6,00	This elective is not offered in the academic year 24/25
	-Psychology of Religion	6,00	This elective is not offered in the academic year 24/25
	Psychology, and Information and Communication Technologies	6,00	This elective is not offered in the academic year 24/25
	-Qualitative Research Methodology	6,00	This elective is not offered in the academic year 24/25
	Scientific English II	6,00	This elective is not offered in the academic year 24/25

Educational psychology	48,00	-Affective Linkages in the Life Cycle	6,00	This elective is not offered in the academic year 24/25
		Development of Cognitive Skills	6,00	This elective is not offered in the academic year 24/25
		Education for Interculturality	6,00	This elective is not offered in the academic year 24/25
		Educational Intervention for Students with Special Educational Needs	6,00	This elective is not offered in the academic year 24/25
		-Occupational Guidance	6,00	This elective is not offered in the academic year 24/25
		Preventive Intervention and Early Stimulation	6,00	2/1
		-School Psychology	6,00	2, 3/1
		Strategies and Tools for Effective Learning	6,00	This elective is not offered in the academic year 24/25
Psychology of work and human resources	42,00	-Cooperative Work in Interdisciplinary Teams	6,00	This elective is not offered in the academic year 24/25
		-Intervention Techniques in Human Resources	6,00	This elective is not offered in the academic year 24/25

Psychology of work and human resources		Interview and Psychological Counselling	6,00	This elective is not offered in the academic year 24/25
		Management of the Work Climate in Organisations	6,00	3/1
		Mediation and Intervention in Family Businesses	6,00	This elective is not offered in the academic year 24/25
		-Negotiation and Conflict Resolution	6,00	0, 4/1
		-Psychology of Communication	6,00	2/1
Community psychology and social intervention	54,00	Family and Aid to Dependency	6,00	2/1
		Intervention and Organisation of Socio-cultural Events	6,00	This elective is not offered in the academic year 24/25
		-Psychology of Conflict and Violence	6,00	2/1
		-Psychology of Criminality	6,00	3/1
		-Psychology of Physical Activity and Sport	6,00	This elective is not offered in the academic year 24/25
		-Psychology of Social Intervention	6,00	This elective is not offered in the academic year 24/25
		-Psychology of the Media	6,00	This elective is not offered in the academic year 24/25

Community psychology and social intervention		Psychosocial Intervention in Disasters and Emergencies	6,00	3/1
		-Social Support Theory and Strategies	6,00	This elective is not offered in the academic year 24/25
Speech therapy psychology	30,00	Acquisition and Development of Language	6,00	This elective is not offered in the academic year 24/25
		Assessment of Language, Speech and Voice	6,00	0/1
		-Language and Hearing Disorders	6,00	0/1
		Linguistic Analysis of Language Disorders	6,00	This elective is not offered in the academic year 24/25
		-Speech and Voice Disorders	6,00	This elective is not offered in the academic year 24/25

Recommended knowledge

Are not contemplated

Prerequisites

El alumno deberá cursar un mínimo de 30 ECTS de Optatividad, entre las asignaturas activadas en el curso académico.

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

R1   Know the main concepts, theories and models of Psychology in the field of work, organizations and human resources

R2   Being able to design appropriate psychological intervention plans in the different contexts of the field of work psychology, organizations and human resources.

R3   Know and acquire the necessary skills for proper management of the therapeutic relationship.

Course guide

Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

SPECIFIC		Weighting			
		1	2	3	4
CE1	Analyzing needs and requests of addressee functions in different contexts.		x		
CE5	Identifying differences, problems and needs.				x
CE9	Analyzing and assessing interaction processes, organizational and inter-organizational dynamics and structure.		x		
CE23	Analyzing and collecting important data for intervention assessments.		x		
CE27	Knowing and adapting to the psychology code of ethics.				x
CE32	To know the psycho-social principles of group operation and of organisations.		x		
CE37	To know the different specialities of application of Psychology and to have the knowledge necessary to promote quality of life in individuals, groups, communities and organisations in different contexts.		x		

TRANSVERSAL		Weighting			
		1	2	3	4
CT1	Capacity to analyze and synthesize.			x	
CT2	Capacity to organize and plan.			x	
CT8	Decision making.				x
CT9	Capacity to work in team.			x	

CT10	Capacity to work in interdisciplinary teams.		x	
CT12	Interpersonal skills.			x
CT13	Understanding multicultural and diverse environment.			x
CT14	Critical capacity.			x
CT15	Ethics.			x
CT20	Knowing foreign cultures.		x	
CT24	Taking responsibility		x	
CT25	Self-criticism ability: being able to critically assess one's performance.		x	
CT30	Social commitment.		x	
CT32	Sensitivity to personal, envirnomental and institutional injustices.		x	
CT33	Showing concern for the development of individuals, communities and people.		x	
CT34	Professional relationships: being able to build and maintain relationships with other professionals and important organizations		x	

Assessment system for the acquisition of competencies and grading system

In-class teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	60,00%	Oral and/or written tests employed in initial, training and/or summative student assessment.
R1, R2, R3	10,00%	Presentation of practical activities.
R1, R2, R3	20,00%	Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher.
R1, R2, R3	10,00%	Oral presentation of assignments.

Observations

To pass the course it will be necessary to have passed the evaluation tests and practical activities with a minimum grade of 5 (out of 10) in each part. Those students who do not pass one of the two parts will have a grade of Failure. An evaluation test will be carried out at the end of the course on the day established by the Faculty's official exam calendar (60%), which will consist of objective questions and development questions. An Honors Degree will be awarded for every 20 students if levels of excellence have been demonstrated in all competencies and learning outcomes. In the qualification of activities and development questions, both formal and content aspects will be taken into account.

Online teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	70,00%	Final evaluation consisting of essay questions and hypothetical scenarios.
R1, R2, R3	5,00%	Submitted tasks
R1, R2, R3	25,00%	Attendance and participation in synchronic communication activities.

Observations

To pass the course it will be necessary to have passed the evaluation tests and practical activities with a minimum grade of 5 (out of 10) in each part. Those students who do not pass one of the two

parts will have a grade of Failure. An evaluation test will be carried out at the end of the course on the day established by the Faculty's official exam calendar (70%), which will consist of objective questions and development questions. An Honors Degree will be awarded for every 20 students if levels of excellence have been demonstrated in all competencies and learning outcomes. In the qualification of activities and development questions, both formal and content aspects will be taken into account.

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.
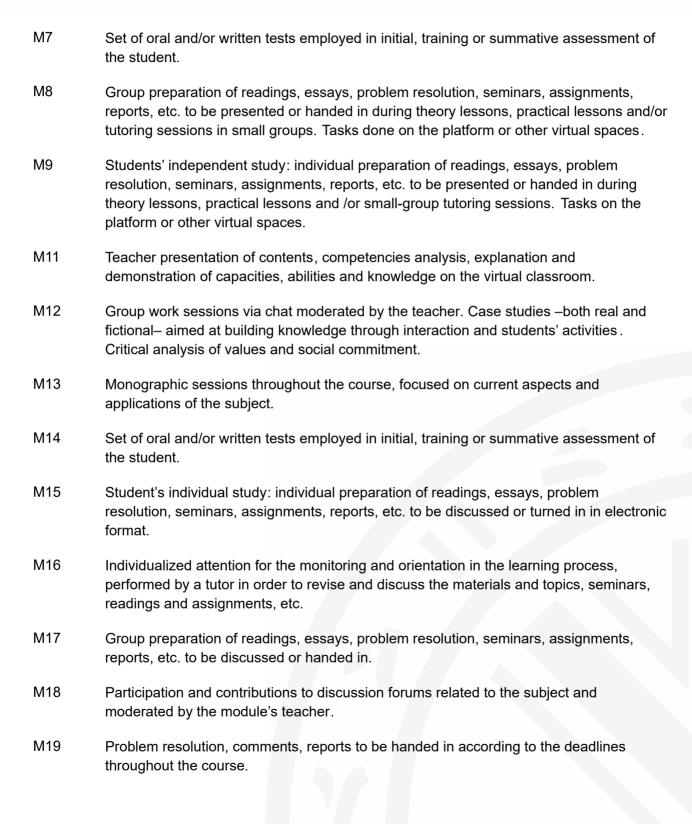Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1   Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).

M2   Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).

M3   Supervised monographic sessions with shared participation.

M4   Application of interdisciplinary knowledge.

M6   Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.

M7   Set of oral and/or written tests employed in initial, training or summative assessment of the student.

M8   Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.

M9   Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.

M11   Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.

M12   Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities. Critical analysis of values and social commitment.

M13   Monographic sessions throughout the course, focused on current aspects and applications of the subject.

M14   Set of oral and/or written tests employed in initial, training or summative assessment of the student.

M15   Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.

M16   Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.

M17   Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.

M18   Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.

M19   Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.

IN-CLASS LEARNING

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R2, R3	40,00	1,60
PRACTICAL CLASSES Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2	R1, R2, R3	15,00	0,60
OFFICE ASSISTANCE Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc. M6	R1, R2, R3	2,50	0,10
ASSESSMENT Set of oral and/or written tests used in initial, formative or additive assessment of the student. M7	R1, R2, R3	2,50	0,10
TOTAL		**60,00**	**2,40**

LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform M8	R1, R2, R3	15,00	0,60
INDEPENDENT WORK Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform. M9	R1, R2, R3	75,00	3,00
TOTAL		**90,00**	**3,60**

ON-LINE LEARNING

SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Virtual session (distance learning) M11	R1, R2, R3	31,25	1,25
Virtual practical session (distance learning) M13	R2	6,50	0,26
Individual tutoring sessions (distance learning) M16	R1, R2, R3	9,75	0,39
Discussion forums (distance learning) M18	R1, R2, R3	11,25	0,45
Continuous assessment activities (distance learning) M19	R1, R2, R3	6,25	0,25
TOTAL		**65,00**	**2,60**

Course guide

ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Individual work activities (distance learning) M15, M19	R1, R2, R3	50,00	2,00
Teamwork (distance learning) M12	R2	35,00	1,40
TOTAL		**85,00**	**3,40**

Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
TOPIC 1. THE HUMAN PERSON	What is Anthropology? Reason and faith The desire for the absolute in man Hope, reason and inner life concept The concept of culture. Ethnocentrism and cultural relativism.
TOPIC 2. HEALTH AND ILLNESS	The concepts of health and illness. Biomedical perspective and anthropological perspective. The dimensions of the concept of disease (disease, illness, sickness). Culturally delimited syndromes. The psychosomatic structure Hegemonic Western Biomedicine. Medicalization processes in western societies.
TOPIC 3. PARADIGMS IN HEALTH ANTHROPOLOGY	Anthropology in medicine. Anthropology of the disease.
TOPIC 4. HAPPINESS, MEANING OF LIFE AND SUFFERING	The spiritual dimension. Transcendence and God Contemplation. Quench the inner thirst The meaning of life and the meaning of suffering Visualize the future with hope

Temporary organization of learning:

Block of content	Number of sessions	Hours
TOPIC 1. THE HUMAN PERSON	10,00	20,00
TOPIC 2. HEALTH AND ILLNESS	5,00	10,00
TOPIC 3. PARADIGMS IN HEALTH ANTHROPOLOGY	5,00	10,00
TOPIC 4. HAPPINESS, MEANING OF LIFE AND SUFFERING	10,00	20,00

References

Basic bibliography
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Comelles JM, Martínez Hernáez Á. (1993) Enfermedad, Cultura y Sociedad: un ensayo sobre las relaciones entre la Antropología Social y la Medicina. Madrid: Eudema.
Langbein K., Ehgartner B. (2004) Contra Hipócrates. El cártel médico. Los siete pecados capitales de la industria de la salud. Barcelona: Robinbook.
Menéndez E. L.(2002) La parte negada de la cultura: relativismo, diferencias y racismo. Barcelona: Bellaterra
Perdiguero E., Comelles JM (eds). (2000) Medicina y Cultura: estudio entre la antropología y la medicina. Barcelona: Bellaterra.
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Recommended bibliography
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Durkheim E. (2000) El suicidio. México DF: Manantial Foucault M. (1999) El nacimiento de la clínica: una arqueología de la mirada clínica. México DF: Siglo XXI
Frankl, V. (1998) El hombre en busca de sentido. Herder.