



Information about the subject

Degree: Bachelor of Science Degree in Psychology

Faculty: Faculty of Psychology

Code: 292050 **Name:** -Occupational Guidance

Credits: 6,00 **ECTS Year:** The course is not offered this academic year **Semester:** 1

Module: OPTIONAL

Subject Matter: Educational psychology **Type:** Elective

Field of knowledge: Ciencias de la salud

Department: -

Type of learning: Classroom-based learning / Online

Languages in which it is taught:

Lecturer/-s:



Module organization

OPTIONAL

| Subject Matter | ECTS | Subject | ECTS | Year/semester |
|-------------------|-------|--|------|---|
| Health psychology | 84,00 | -Clinical Neuropsychology | 6,00 | 4/1 |
| | | -Disorders of Eating Behavior | 6,00 | 3, 4/1 |
| | | -Health Psychology | 6,00 | 3, 4/1 |
| | | -Legal Psychology | 6,00 | 4/1 |
| | | -Main Models of Intervention in Psychotherapy | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Mediation and familiar orientation | 6,00 | 3, 4/1 |
| | | -New Directions in Psychotherapy | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -Prevention and Treatment of Addictive Behavior | 6,00 | 3/1 |
| | | -Psychogerontology | 6,00 | 3/1 |
| | | -Psychology of the Chronic Disease and of Rehabilitation | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -Psychology, Grieving and Palliative Care | 6,00 | 4/1 |
| | | -Psychopharmacology | 6,00 | 4/1 |



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|------------------------|-------|---|------|---|
| Health psychology | | Sleeping disorders | 6,00 | 4/1 |
| | | -Therapy Techniques and Behavior Modification | 6,00 | This elective is not offered in the academic year 23/24 |
| Transversal psychology | 42,00 | Anthropology of the Person and Health | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Basic Social and Emotional Skills for Professional Practice of Psychology | 6,00 | This elective is not offered in the academic year 23/24 |
| | | History and Philosophy of the Family | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -Psychology of Religion | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Psychology, and Information and Communication Technologies | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -Qualitative Research Methodology | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Scientific English II | 6,00 | This elective is not offered in the academic year 23/24 |
| Educational psychology | 48,00 | -Affective Linkages in the Life Cycle | 6,00 | This elective is not offered in the academic year 23/24 |



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|--|-------|--|------|---|
| Educational psychology | | Development of Cognitive Skills | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Education for Interculturality | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Educational Intervention for Students with Special Educational Needs | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -Occupational Guidance | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Preventive Intervention and Early Stimulation | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -School Psychology | 6,00 | 2/1 |
| | | Strategies and Tools for Effective Learning | 6,00 | This elective is not offered in the academic year 23/24 |
| Psychology of work and human resources | 42,00 | -Cooperative Work in Interdisciplinary Teams | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -Intervention Techniques in Human Resources | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Interview and Psychological Counselling | 6,00 | This elective is not offered in the academic year 23/24 |



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|--|-------|--|------|--|
| Psychology of work and human resources | | Management of the Work Climate in Organisations | 6,00 | 3/1 |
| | | Mediation and Intervention in Family Businesses | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -Negotiation and Conflict Resolution | 6,00 | 4/1 |
| | | -Psychology of Communication | 6,00 | 2/1 |
| Community psychology and social intervention | 54,00 | Family and Aid to Dependency | 6,00 | 2/1 |
| | | Intervention and Organisation of Socio-cultural Events | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -Psychology of Conflict and Violence | 6,00 | 2/1 |
| | | -Psychology of Criminality | 6,00 | 3/1 |
| | | -Psychology of Physical Activity and Sport | 6,00 | 2/1 |
| | | -Psychology of Social Intervention | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -Psychology of the Media | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Psychosocial Intervention in Disasters and Emergencies | 6,00 | 3/1 |



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|--|-------|---|------|---|
| Community psychology and social intervention | | -Social Support Theory and Strategies | 6,00 | This elective is not offered in the academic year 23/24 |
| Speech therapy psychology | 30,00 | Acquisition and Development of Language | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Assessment of Language, Speech and Voice | 6,00 | 0/1 |
| | | -Language and Hearing Disorders | 6,00 | This elective is not offered in the academic year 23/24 |
| | | Linguistic Analysis of Language Disorders | 6,00 | This elective is not offered in the academic year 23/24 |
| | | -Speech and Voice Disorders | 6,00 | This elective is not offered in the academic year 23/24 |

Recommended knowledge

Prior knowledge is not required.

Prerequisites

El alumno deberá cursar un mínimo de 30 ECTS de Optatividad entre las asignaturas activadas en el curso académico.



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Know the main concepts, theories and models of Psychology in the educational field
- R2 Being able to design appropriate psychological intervention plans in the different contexts of the field of educational psychology



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

| SPECIFIC | Weighting | | | |
|---|-----------|---|---|---|
| | 1 | 2 | 3 | 4 |
| CE4 Analyzing and measuring variables (personality, intelligence and other aptitudes) and cognitive, emotional, psychobiological and behavioral processes . | | | | X |
| CE5 Identifying differences, problems and needs. | | | | X |
| CE15 Defining objectives and devising action plans according to action goals. (prevention, treatment, rehabilitation, insertion, support). | | X | | |
| CE24 Analyzing and interpreting assessment results. | | X | | |

| TRANSVERSAL | Weighting | | | |
|---|-----------|---|---|---|
| | 1 | 2 | 3 | 4 |
| CT3 Mastering Spanish oral and written communication. | | | X | |
| CT9 Capacity to work in team. | | | | X |
| CT12 Interpersonal skills. | | | X | |
| CT16 Capacity to develop and update competences, skills and knowledge following professional standards. | | | X | |



Assessment system for the acquisition of competencies and grading system

In-class teaching

| Assessed learning outcomes | Granted percentage | Assessment method |
|----------------------------|--------------------|--|
| | 60,00% | Oral and/or written tests employed in initial, training and/or summative student assessment. |
| | 20,00% | Presentation of practical activities. |
| | 10,00% | Oral presentation of assignments. |
| | 10,00% | Group assignments. |

Observations

Online teaching

| Assessed learning outcomes | Granted percentage | Assessment method |
|----------------------------|--------------------|--|
| | 70,00% | Final evaluation consisting of essay questions and hypothetical scenarios. |
| | 5,00% | Periodical assessment through questionnaires |
| | 25,00% | Attendance and participation in synchronic communication activities. |

Observations



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M3 Supervised monographic sessions with shared participation.
- M4 Application of interdisciplinary knowledge.
- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.
- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.
- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities. Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.



- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.



IN-CLASS LEARNING

IN-CLASS LEARNING ACTIVITIES

| | LEARNING OUTCOMES | HOURS | ECTS |
|--|-------------------|--------------|-------------|
| ON-CAMPUS CLASS Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1, M2, M6 | R1, R2 | 35,00 | 1,40 |
| PRACTICAL CLASSES Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M2, M6 | R1, R2 | 20,00 | 0,80 |
| GROUP WORK EXHIBITION Application of multidisciplinary knowledge. M2, M6 | R1, R2 | 5,00 | 0,20 |
| TOTAL | | 60,00 | 2,40 |



LEARNING ACTIVITIES OF AUTONOMOUS WORK

| | LEARNING OUTCOMES | HOURS | ECTS |
|---|-------------------|--------------|-------------|
| GROUP WORK Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform M7 | R1, R2 | 70,00 | 2,80 |
| INDEPENDENT WORK Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform. M7 | R1, R2 | 20,00 | 0,80 |
| TOTAL | | 90,00 | 3,60 |

ON-LINE LEARNING

SYNCHRONOUS LEARNING ACTIVITIES

| | LEARNING OUTCOMES | HOURS | ECTS |
|--|-------------------|--------------|-------------|
| Virtual session (distance learning) M11 | R1, R2 | 35,00 | 1,40 |
| Virtual practical session (distance learning) M12, M17, M19 | R1, R2 | 25,00 | 1,00 |
| TOTAL | | 60,00 | 2,40 |



ASYNCHRONOUS LEARNING ACTIVITIES

| | LEARNING OUTCOMES | HOURS | ECTS |
|--|-------------------|--------------|-------------|
| Individual work activities (distance learning) M14, M15 | R1, R2 | 40,00 | 1,60 |
| Teamwork (distance learning) M12, M17, M19 | R1, R2 | 50,00 | 2,00 |
| TOTAL | | 90,00 | 3,60 |



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

| Content block | Contents |
|--|--|
| UNIT 1: SELF-KNOWLEDGE IN PROFESSIONAL DEVELOPMENT | <ul style="list-style-type: none">- Conceptual framework and historical development of Professional Guidance- Vocational maturity- Emotional Intelligence- Self-efficacy and self-esteem- Planning and decision making |
| UNIT 2: JOB SEEKING | <ul style="list-style-type: none">- Employability, professional project and skills- Definition of employability- Definition of professional competences- Generic competences and specific competences- The National System of Qualifications and Vocational Training- Advantages and disadvantages of the different professional options- Active search versus passive job search- Decision making in the job search- Job search techniques and instruments- The curriculum vitae- Job interview |
| UNIT 3: JOB CONTRACT AND PROFESSIONAL RELATIONS | <ul style="list-style-type: none">- Labor law and worker representation- The employment relationship- The employer's obligations- The employment contract: concept, types and conditions of work- The permanent contract- The temporary contract- The contract for training and apprenticeship- Working conditions: salary, working time and work break- Trial period, formalization, modification, suspension and termination of the employment contract |



Temporary organization of learning:

| Block of content | Number of sessions | Hours |
|--|--------------------|-------|
| UNIT 1: SELF-KNOWLEDGE IN PROFESSIONAL DEVELOPMENT | 10,00 | 20,00 |
| UNIT 2: JOB SEEKING | 10,00 | 20,00 |
| UNIT 3: JOB CONTRACT AND PROFESSIONAL RELATIONS | 10,00 | 20,00 |

References

- González Acedo, J. C., and Pérez Aroca, R. (2015). Training and career counseling. Madrid, Spain: Ediciones Paraninfo, S.A.
- López Romero, A., Molina Muñoz, J. A., de la Nava Loro, I. M., Gómez Burgos, L., Villasana Terradillos, M., González García, N., & López Selas, S. (2016). Vocational Guidance. (I. M. de la Nava Loro, Ed.). Madrid: Tomillo Foundation.
- PÉREZ BOULLOSA, A. and BLASCO CALVO, P. (2010): Guidance and Professional Insertion. Fundamentals and trends. Valencia: Nau Llibres.
- FERNÁNDEZ, A. and BLASCO, M. (2012): Job search strategies. Madrid: CEF.
- MONTANÉ, J. (1993): Occupational Orientation. Barcelona: CEAC.
- Argyropoulou, E. P., Sidiropoulou-Dimakakou, D., & Besevegis, E. G. (2007). Generalized self-efficacy, coping, career indecision, and vocational choices of senior high school students in Greece: Implications for career guidance practitioners. *Journal of Career Development*, 33(4), 316-337.
- Gysbers, N. C., Heppner, M. J., & Johnston, J. A. (2009). Career counseling: Contexts, processes, and techniques (3rd ed.). American Counseling Association.



Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☒ Microsoft Teams

☐ Kaltura



Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☒ Microsoft Teams

☐ Kaltura

Explanation about the practical sessions:



2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

| Course guide | | Adaptation | |
|-----------------|----------------------|--------------------------------------|---------------------|
| Assessment tool | Allocated percentage | Description of the suggested changes | Platform to be used |

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System:



ONLINE WORK

Regarding the Assessment Tools:

- ☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.
- ☐ The following changes will be made to adapt the subject's assessment to the online teaching.

| Course guide | | Adaptation | |
|-----------------|----------------------|--------------------------------------|---------------------|
| Assessment tool | Allocated percentage | Description of the suggested changes | Platform to be used |

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: