



Information about the subject

Degree: Bachelor of Science Degree in Psychology

Faculty: Faculty of Psychology

Code: 292027 **Name:** -Psychogerontology

Credits: 6,00 **ECTS Year:** 3 **Semester:** 1

Module: OPTIONAL ITINERARY 4: COMMUNITY PSYCHOLOGY AND SOCIAL INTERVENTION

Subject Matter: COMMUNITY PSYCHOLOGY AND SOCIAL INTERVENTION **Type:** Elective

Department: -

Type of learning: Classroom-based learning / Online

Languages in which it is taught: Spanish

Lecturer/-s:



Module organization

OPTIONAL ITINERARY 4: COMMUNITY PSYCHOLOGY AND SOCIAL INTERVENTION

Subject Matter	ECTS	Subject	ECTS	Year/semester
COMMUNITY PSYCHOLOGY AND SOCIAL INTERVENTION	24,00	-Psychogerontology	6,00	3/1
		-Psychology of Communication	6,00	2/1
		-Psychology of Physical Activity and Sport	6,00	
		Psychosocial Intervention in Disasters and Emergencies	6,00	3/1

Prerequisites

The student must take 24 credits from itinerary 4: community psychology and social intervention and 6 credits from the elective common itinerary.

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Knowing the concepts, theories and main models of Psychology in the community and social intervention context.
- R2 Being able to design intervention plans that are adequate to the different contexts of the community environment.
- R3 Knowing and acquiring the necessary skills for the correct management of the therapeutic relationship.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

SPECIFIC	Weighting			
	1	2	3	4
CE1 Analyzing needs and requests of addressee functions in different contexts.				X
CE2 Establishing psychological action goals in different contexts, proposing and negotiating the goals with addressees.				X
CE19 Putting into practice direct intervention strategies and methods in contexts: building healthy environment...				X
CE21 Planning programmes and intervention assessment.				X
CE23 Analyzing and collecting important data for intervention assessments.			X	
CE26 Writing oral and written reports.			X	
CE34 To know different evaluation methods, psychological diagnoses and treatments in different applied domains of Psychology.				X
TRANSVERSAL	Weighting			
	1	2	3	4
CT10 Capacity to work in interdisciplinary teams.				X



Assessment system for the acquisition of competencies and grading system

In-class teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	60,00%	Oral and/or written tests employed in initial, training and/or summative student assessment.
R2, R3	10,00%	Presentation of practical activities.
R1, R2, R3	20,00%	Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher.
R2	10,00%	Group assignments.

Observations

Notas: La nota final es la media ponderada de las distintas calificaciones. Para poder realizar la media será necesario: • En el examen de la asignatura el alumno debe llegar a la puntuación final de 5. • El alumno debe entregar obligatoriamente las prácticas de la asignatura. Debe respetar los plazos de entrega que serán comunicados en clase y publicados en la plataforma. CRITERIOS PARA LA CONCESIÓN DE MATRÍCULA DE HONOR: La mención de Matrícula de Honor podrá ser otorgada a alumnos que hayan obtenido una calificación igual o superior a 9,5 puntos. Su número no podrá exceder del 5 % de los alumnos matriculados en una materia en el correspondiente curso académico, salvo que el número de alumnos matriculados sea inferior a 20, en cuyo caso se podrá conceder una sola Matrícula de Honor. (Real Decreto 1125/2003). Se realizará una prueba discriminativa entre los aspirantes, a criterio individual de la profesora.

Online teaching

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	70,00%	Final evaluation consisting of essay questions and hypothetical scenarios.
R1, R2	5,00%	Submitted tasks
	0,00%	Periodical assessment through questionnaires
R1, R2, R3	25,00%	Attendance and participation in synchronic communication activities.



Observations

Notas: La nota final es la media ponderada de las distintas calificaciones. Para poder realizar la media será necesario:

- En el examen de la asignatura el alumno debe llegar a la puntuación final de 5.
- El alumno debe entregar obligatoriamente las prácticas de la asignatura. Debe respetar los plazos de entrega que serán comunicados en clase y publicados en la plataforma.

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Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M3 Supervised monographic sessions with shared participation.
- M4 Application of interdisciplinary knowledge.
- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.



- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.
- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities . Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.
- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.



IN-CLASS LEARNING

IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
ON-CAMPUS CLASS Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1	R1, R3	32,00	1,28
PRACTICAL CLASSES Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. M4	R2	15,00	0,60
SEMINAR Supervised monographic sessions with shared participation. M3	R1	1,50	0,06
GROUP WORK EXHIBITION Application of multidisciplinary knowledge. M2, M7, M9	R2	5,00	0,20
OFFICE ASSISTANCE Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc. M6, M8	R1, R3	5,00	0,20
ASSESSMENT Set of oral and/or written tests used in initial, formative or additive assessment of the student. M4, M7	R1, R2, R3	2,50	0,10
TOTAL		61,00	2,44



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform M2	R1, R2, R3	35,00	1,40
INDEPENDENT WORK Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform. M9	R1, R2, R3	54,00	2,16
TOTAL		89,00	3,56



ON-LINE LEARNING

SYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Virtual session (distance learning) M11, M12, M17, M19	R1, R2, R3	32,50	1,30
Virtual practical session (distance learning) M18, M19	R1, R2, R3	15,00	0,60
Seminar and virtual videoconference (distance learning) M13	R1	2,00	0,08
In-person or virtual assessment (distance learning) M14, M19	R1, R2, R3	5,00	0,20
Individual tutoring sessions (distance learning) M16	R1, R2, R3	5,50	0,22
Discussion forums (distance learning) M18	R1	3,00	0,12
Continuous assessment activities (distance learning) M13, M19	R1, R2, R3	5,00	0,20
TOTAL		68,00	2,72

ASYNCHRONOUS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Individual work activities (distance learning) M15, M19	R1, R2, R3	50,00	2,00
Teamwork (distance learning) M12, M17, M19	R1, R2, R3	32,00	1,28
TOTAL		82,00	3,28



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
1	Introduction to Psychogerontology
2	Normal and optimal aging
3	Promotion of optimal aging
4	Pathological aging
5	Evaluation and intervention in pathological aging
6	Aging, family and society



Temporary organization of learning:

Block of content	Number of sessions	Hours
1	3,00	6,00
2	6,00	12,00
3	2,00	4,00
4	9,50	19,00
5	7,00	14,00
6	3,00	6,00

References

Fernández-Ballesteros, R. (2009). Psicología de la vejez: una Psicogerontología aplicada. Madrid: Pirámide. Triadó, C. y Villar, F. (Coords.) (2006). Psicología de la vejez. Madrid: Alianza. Específica Fernández Lópiz, E. (2012). Psicología del Envejecimiento. Granada: Editorial GEU. Berger, K.S (2009): Psicología del desarrollo: Adultez y Vejez. (7ª edición). Madrid: Médica Panamericana Bibliografía complementaria: Fernández-Ballesteros, R., Santacreu, M., Lopez M.D., Molina, M.A. (2013): Trastornos asociados a la vejez. En M.A. Vallejo (Dir.): Manual de Terapia de Conducta. Madrid: Dikinson Psicología. Caprara, M.G. (2008). La promoción del envejecimiento activo. En En R. Fernández-Ballesteros (Dir). Psicología de la vejez. La psicogerontología aplicada. Madrid: Pirámide.Deví Bastida, J (coord.) (2012). Manual de intervención clínica en Psicogerontología. Barcelona:Herder. Calenti, M (2010). Gerontología y geriatría. Madrid: Ed. Panamericana.



Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☒ Microsoft Teams

☐ Kaltura



Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☒ Microsoft Teams

☐ Kaltura

Explanation about the practical sessions:



2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System:



ONLINE WORK

Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

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Comments to the Assessment System: