



## Information about the subject

**Degree:** Bachelor of Science Degree in Psychology

**Faculty:** Faculty of Psychology

**Code:** 292023 **Name:** -New Directions in Psychotherapy

**Credits:** 6,00 **ECTS Year:** The course is not offered this academic year **Semester:** 1

**Module:** OPTIONAL

**Subject Matter:** Health psychology **Type:** Elective

**Field of knowledge:** Ciencias de la salud

**Department:** -

**Type of learning:** Classroom-based learning / Online

**Languages in which it is taught:**

**Lecturer/-s:**



## Module organization

### OPTIONAL

| Subject Matter    | ECTS  | Subject                                                  | ECTS | Year/semester                                           |
|-------------------|-------|----------------------------------------------------------|------|---------------------------------------------------------|
| Health psychology | 84,00 | -Clinical Neuropsychology                                | 6,00 | 4/1                                                     |
|                   |       | -Disorders of Eating Behavior                            | 6,00 | 3, 4/1                                                  |
|                   |       | -Health Psychology                                       | 6,00 | 3, 4/1                                                  |
|                   |       | -Legal Psychology                                        | 6,00 | 4/1                                                     |
|                   |       | -Main Models of Intervention in Psychotherapy            | 6,00 | This elective is not offered in the academic year 23/24 |
|                   |       | Mediation and familiar orientation                       | 6,00 | 3, 4/1                                                  |
|                   |       | -New Directions in Psychotherapy                         | 6,00 | This elective is not offered in the academic year 23/24 |
|                   |       | -Prevention and Treatment of Addictive Behavior          | 6,00 | 3/1                                                     |
|                   |       | -Psychogerontology                                       | 6,00 | 3/1                                                     |
|                   |       | -Psychology of the Chronic Disease and of Rehabilitation | 6,00 | This elective is not offered in the academic year 23/24 |
|                   |       | -Psychology, Grieving and Palliative Care                | 6,00 | 4/1                                                     |
|                   |       | -Psychopharmacology                                      | 6,00 | 4/1                                                     |



|                        |       |                                                                           |      |                                                         |
|------------------------|-------|---------------------------------------------------------------------------|------|---------------------------------------------------------|
| Health psychology      |       | Sleeping disorders                                                        | 6,00 | 4/1                                                     |
|                        |       | -Therapy Techniques and Behavior Modification                             | 6,00 | This elective is not offered in the academic year 23/24 |
| Transversal psychology | 42,00 | Anthropology of the Person and Health                                     | 6,00 | This elective is not offered in the academic year 23/24 |
|                        |       | Basic Social and Emotional Skills for Professional Practice of Psychology | 6,00 | This elective is not offered in the academic year 23/24 |
|                        |       | History and Philosophy of the Family                                      | 6,00 | This elective is not offered in the academic year 23/24 |
|                        |       | -Psychology of Religion                                                   | 6,00 | This elective is not offered in the academic year 23/24 |
|                        |       | Psychology, and Information and Communication Technologies                | 6,00 | This elective is not offered in the academic year 23/24 |
|                        |       | -Qualitative Research Methodology                                         | 6,00 | This elective is not offered in the academic year 23/24 |
|                        |       | Scientific English II                                                     | 6,00 | This elective is not offered in the academic year 23/24 |
| Educational psychology | 48,00 | -Affective Linkages in the Life Cycle                                     | 6,00 | This elective is not offered in the academic year 23/24 |



|                                        |       |                                                                      |      |                                                         |
|----------------------------------------|-------|----------------------------------------------------------------------|------|---------------------------------------------------------|
| Educational psychology                 |       | Development of Cognitive Skills                                      | 6,00 | This elective is not offered in the academic year 23/24 |
|                                        |       | Education for Interculturality                                       | 6,00 | This elective is not offered in the academic year 23/24 |
|                                        |       | Educational Intervention for Students with Special Educational Needs | 6,00 | This elective is not offered in the academic year 23/24 |
|                                        |       | -Occupational Guidance                                               | 6,00 | This elective is not offered in the academic year 23/24 |
|                                        |       | Preventive Intervention and Early Stimulation                        | 6,00 | This elective is not offered in the academic year 23/24 |
|                                        |       | -School Psychology                                                   | 6,00 | 2/1                                                     |
|                                        |       | Strategies and Tools for Effective Learning                          | 6,00 | This elective is not offered in the academic year 23/24 |
| Psychology of work and human resources | 42,00 | -Cooperative Work in Interdisciplinary Teams                         | 6,00 | This elective is not offered in the academic year 23/24 |
|                                        |       | -Intervention Techniques in Human Resources                          | 6,00 | This elective is not offered in the academic year 23/24 |
|                                        |       | Interview and Psychological Counselling                              | 6,00 | This elective is not offered in the academic year 23/24 |



|                                                    |       |                                                              |      |                                                                  |
|----------------------------------------------------|-------|--------------------------------------------------------------|------|------------------------------------------------------------------|
| Psychology of work<br>and human<br>resources       |       | Management of the Work<br>Climate in Organisations           | 6,00 | 3/1                                                              |
|                                                    |       | Mediation and<br>Intervention in Family<br>Businesses        | 6,00 | This elective is not<br>offered in the<br>academic year<br>23/24 |
|                                                    |       | -Negotiation and Conflict<br>Resolution                      | 6,00 | 4/1                                                              |
|                                                    |       | -Psychology of<br>Communication                              | 6,00 | 2/1                                                              |
| Community<br>psychology and<br>social intervention | 54,00 | Family and Aid to<br>Dependency                              | 6,00 | 2/1                                                              |
|                                                    |       | Intervention and<br>Organisation of<br>Socio-cultural Events | 6,00 | This elective is not<br>offered in the<br>academic year<br>23/24 |
|                                                    |       | -Psychology of Conflict<br>and Violence                      | 6,00 | 2/1                                                              |
|                                                    |       | -Psychology of Criminality                                   | 6,00 | 3/1                                                              |
|                                                    |       | -Psychology of Physical<br>Activity and Sport                | 6,00 | 2/1                                                              |
|                                                    |       | -Psychology of Social<br>Intervention                        | 6,00 | This elective is not<br>offered in the<br>academic year<br>23/24 |
|                                                    |       | -Psychology of the Media                                     | 6,00 | This elective is not<br>offered in the<br>academic year<br>23/24 |
|                                                    |       | Psychosocial Intervention<br>in Disasters and<br>Emergencies | 6,00 | 3/1                                                              |



|                                              |       |                                           |      |                                                         |
|----------------------------------------------|-------|-------------------------------------------|------|---------------------------------------------------------|
| Community psychology and social intervention |       | -Social Support Theory and Strategies     | 6,00 | This elective is not offered in the academic year 23/24 |
| Speech therapy psychology                    | 30,00 | Acquisition and Development of Language   | 6,00 | This elective is not offered in the academic year 23/24 |
|                                              |       | Assessment of Language, Speech and Voice  | 6,00 | 0/1                                                     |
|                                              |       | -Language and Hearing Disorders           | 6,00 | This elective is not offered in the academic year 23/24 |
|                                              |       | Linguistic Analysis of Language Disorders | 6,00 | This elective is not offered in the academic year 23/24 |
|                                              |       | -Speech and Voice Disorders               | 6,00 | This elective is not offered in the academic year 23/24 |

## Recommended knowledge

No recommended knowledge.

## Prerequisites

El alumno deberá cursar un mínimo de 30 ECTS de Optatividad, entre las asignaturas activadas en el curso académico.



## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1      Knowing the concepts, theories and main models of psychology in the area of Clinical Psychology and Health Psychology.
- R2      Being able to design psychological prevention plans that are adequate to the specific demands presented in each area based on the learned theoretical models.
- R3      Being able to design psychological prevention plans in the different contexts of the health field.
- R4      Knowing and acquiring the necessary skills for the adequate management of therapeutic relationships.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

| BASIC |                                                                                                                                                                                                                                                                                             | Weighting |   |   |   |
|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|---|---|---|
|       |                                                                                                                                                                                                                                                                                             | 1         | 2 | 3 | 4 |
| CB1   | Students must show that they have and understand knowledge in a field of study that is based on general secondary education on a level that, although supported by advanced textbooks, includes also some aspects that involve knowledge belonging to the vanguard of their field of study. | X         |   |   |   |
| CB2   | Students can apply their knowledge to their work or vocation in a professional manner and possess the skills typically demonstrated through devising and sustaining arguments and solving problems within their field of study.                                                             | X         |   |   |   |
| CB3   | Students have the ability to gather and interpret relevant data usually within their field of study to inform judgments that include reflection on relevant social, scientific or ethical.                                                                                                  | X         |   |   |   |
| CB4   | Students can communicate information, ideas, problems and solutions to both specialist and non-specialist.                                                                                                                                                                                  | X         |   |   |   |

| SPECIFIC |                                                                                                                                                         | Weighting |   |   |   |
|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|---|---|---|
|          |                                                                                                                                                         | 1         | 2 | 3 | 4 |
| CE1      | Analyzing needs and requests of addressee functions in different contexts.                                                                              |           |   | X |   |
| CE2      | Establishing psychological action goals in different contexts, proposing and negotiating the goals with addressees.                                     |           |   | X |   |
| CE3      | Planning and carrying out interviews.                                                                                                                   |           |   | X |   |
| CE4      | Analyzing and measuring variables (personality, intelligence and other aptitudes) and cognitive, emotional, psychobiological and behavioral processes . |           | X |   |   |
| CE5      | Identifying differences, problems and needs.                                                                                                            |           |   |   | X |





|      |                                                                                                                                       |   |   |   |   |
|------|---------------------------------------------------------------------------------------------------------------------------------------|---|---|---|---|
| CE6  | Diagnosing following professional principles.                                                                                         |   | X |   |   |
| CE7  | Analyzing and assessing interaction processes, group dynamics and group and inter-group structures.                                   | X |   |   |   |
| CE8  | Identifying group and inter-group problems and needs.                                                                                 | X |   |   |   |
| CE9  | Analyzing and assessing interaction processes, organizational and inter-organizational dynamics and structure.                        | X |   |   |   |
| CE11 | Analyzing the context in which personal behaviors, group and organizational processes take place.                                     | X |   |   |   |
| CE12 | Selecting and correctly using tools, products and services and identifying those people and group concerned.                          | X |   |   |   |
| CE15 | Defining objectives and devising action plans according to action goals. (prevention, treatment, rehabilitation, insertion, support). |   |   |   | X |
| CE16 | Choosing adequate psychological intervention techniques.                                                                              |   |   |   | X |
| CE17 | Mastering strategies and techniques to get addressees involved.                                                                       |   |   | X |   |
| CE18 | Putting into practice direct intervention strategies and methods: psychological advice, therapy, negotiation mediation...             |   |   |   | X |
| CE19 | Putting into practice direct intervention strategies and methods in contexts: building healthy environment...                         |   | X |   |   |
| CE21 | Planning programmes and intervention assessment.                                                                                      |   |   | X |   |
| CE23 | Analyzing and collecting important data for intervention assessments.                                                                 |   |   | X |   |
| CE24 | Analyzing and interpreting assessment results.                                                                                        |   |   | X |   |
| CE25 | To be able to measure and to collect relevant data for the evaluation of the interventions                                            |   |   |   | X |
| CE26 | Writing oral and written reports.                                                                                                     |   | X |   |   |
| CE27 | Knowing and adapting to the psychology code of ethics.                                                                                |   |   | X |   |
| CE32 | To know the psycho-social principles of group operation and of organisations.                                                         | X |   |   |   |



|      |                                                                                                                                                                                                            |   |  |  |   |
|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|--|--|---|
| CE34 | To know different evaluation methods, psychological diagnoses and treatments in different applied domains of Psychology.                                                                                   |   |  |  | X |
| CE37 | To know the different specialties of application of Psychology and to have the knowledge necessary to promote quality of life in individuals, groups, communities and organisations in different contexts. | X |  |  |   |

## TRANSVERSAL

## Weighting

|      |                                                                                                                      | 1 | 2 | 3 | 4 |
|------|----------------------------------------------------------------------------------------------------------------------|---|---|---|---|
| CT1  | Capacity to analyze and synthesize.                                                                                  | X |   |   |   |
| CT2  | Capacity to organize and plan.                                                                                       | X |   |   |   |
| CT3  | Mastering Spanish oral and written communication.                                                                    | X |   |   |   |
| CT6  | Capacity to manage information (capacity to look for and analyze information coming from different types of sources) | X |   |   |   |
| CT7  | Problem solving.                                                                                                     |   | X |   |   |
| CT8  | Decision making.                                                                                                     | X |   |   |   |
| CT9  | Capacity to work in team.                                                                                            | X |   |   |   |
| CT10 | Capacity to work in interdisciplinary teams.                                                                         | X |   |   |   |
| CT12 | Interpersonal skills.                                                                                                | X |   |   |   |
| CT13 | Understanding multicultural and diverse environment.                                                                 | X |   |   |   |
| CT14 | Critical capacity.                                                                                                   | X |   |   |   |
| CT15 | Ethics.                                                                                                              | X |   |   |   |
| CT16 | Capacity to develop and update competences, skills and knowledge following professional standards.                   | X |   |   |   |
| CT17 | Capacity to adapt to new situations.                                                                                 | X |   |   |   |



|      |                                                                                                                                 |   |  |   |
|------|---------------------------------------------------------------------------------------------------------------------------------|---|--|---|
| CT18 | Capacity to produce new ideas (creativity).                                                                                     | X |  |   |
| CT20 | Knowing foreign cultures.                                                                                                       | X |  |   |
| CT21 | Taking initiatives and enterprising spirit.                                                                                     | X |  |   |
| CT23 | Sensitivity to environmental issues                                                                                             | X |  |   |
| CT24 | Taking responsibility                                                                                                           | X |  |   |
| CT25 | Self-criticism ability: being able to critically assess one's performance.                                                      | X |  |   |
| CT26 | Assessing our behavior and knowing our competences and limits.                                                                  | X |  |   |
| CT27 | Capacity to express feelings.                                                                                                   | X |  |   |
| CT28 | Capacity to overcome possible frustrations.                                                                                     | X |  |   |
| CT29 | Interpreting other's intentions.                                                                                                | X |  |   |
| CT30 | Social commitment.                                                                                                              | X |  |   |
| CT31 | Sensitivity to problems facing mankind.                                                                                         | X |  |   |
| CT32 | Sensitivity to personal, environmental and institutional injustices.                                                            | X |  |   |
| CT33 | Showing concern for the development of individuals, communities and people.                                                     | X |  |   |
| CT34 | Professional relationships: being able to build and maintain relationships with other professionals and important organizations | X |  |   |
| CT36 | Being able to collect information using different kinds of sources.                                                             |   |  | X |
| CT37 | Being able to collect information from other people.                                                                            | X |  |   |



## Assessment system for the acquisition of competencies and grading system

### In-class teaching

| Assessed learning outcomes | Granted percentage | Assessment method                                                                                                                          |
|----------------------------|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| R1, R2, R3, R4             | 60,00%             | Oral and/or written tests employed in initial, training and/or summative student assessment.                                               |
| R2, R3, R4                 | 10,00%             | Presentation of practical activities.                                                                                                      |
| R1, R2, R3                 | 20,00%             | Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher. |
| R2, R3                     | 10,00%             | Oral presentation of assignments.                                                                                                          |

### Observations

The final grade (the student has to pass each one of the parts) will be obtained by adding all the qualifications. If the approval is not obtained - in all evaluated parts -, the qualification that will appear in the "record" will be a weighted one less than five.

Criteria for granting the Honors: best results from 9.5 in the final grade, and prove levels of excellence in practical activities, as well as in attendance and active participation in class.

### Online teaching

| Assessed learning outcomes | Granted percentage | Assessment method                                                          |
|----------------------------|--------------------|----------------------------------------------------------------------------|
| R1, R2, R3, R4             | 75,00%             | Final evaluation consisting of essay questions and hypothetical scenarios. |
| R2, R3                     | 5,00%              | Submitted tasks                                                            |
| R2, R3                     | 20,00%             | Attendance and participation in synchronic communication activities.       |

### Observations

To pass the course the student will have to pass both the final written test (minimum 3.75 points) and the presentation of the different practices (minimum 1 point). The grade obtained in the approved part (theoretical or practical) will be saved for the second call.

Criteria for granting the Honors: "Prove levels of excellence in all competencies and learning outcomes".



## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M3 Supervised monographic sessions with shared participation.
- M4 Application of interdisciplinary knowledge.
- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.
- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.
- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities. Critical analysis of values and social commitment.



- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.
- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.



## IN-CLASS LEARNING

### IN-CLASS LEARNING ACTIVITIES

|                                                                                                                                                                                                                                                                                                | LEARNING OUTCOMES | HOURS        | ECTS        |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--------------|-------------|
| <b>ON-CAMPUS CLASS</b><br>Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge.<br>M1                                                                                                                                | R1, R2, R3, R4    | 25,00        | 1,00        |
| <b>PRACTICAL CLASSES</b><br>Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity.<br>M2 | R2, R3, R4        | 25,00        | 1,00        |
| <b>OFFICE ASSISTANCE</b><br>Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc.<br>M6                                                              | R1, R2, R3, R4    | 7,50         | 0,30        |
| <b>ASSESSMENT</b><br>Set of oral and/or written tests used in initial, formative or additive assessment of the student.<br>M7                                                                                                                                                                  | R1, R2, R3, R4    | 2,50         | 0,10        |
| <b>TOTAL</b>                                                                                                                                                                                                                                                                                   |                   | <b>60,00</b> | <b>2,40</b> |



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

|                                                                                                                                                                                                                                                                                                     | LEARNING OUTCOMES | HOURS        | ECTS        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--------------|-------------|
| <b>GROUP WORK</b><br>Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform<br>M8                            | R2, R3            | 50,00        | 2,00        |
| <b>INDEPENDENT WORK</b><br>Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform.<br>M9 | R1, R2, R3, R4    | 40,00        | 1,60        |
| <b>TOTAL</b>                                                                                                                                                                                                                                                                                        |                   | <b>90,00</b> | <b>3,60</b> |





## ON-LINE LEARNING

### SYNCHRONOUS LEARNING ACTIVITIES

|                                                                | LEARNING OUTCOMES | HOURS        | ECTS        |
|----------------------------------------------------------------|-------------------|--------------|-------------|
| Virtual session (distance learning)<br>M11                     | R1, R2, R3, R4    | 25,00        | 1,00        |
| Virtual practical session (distance learning)<br>M12           | R2, R3, R4        | 12,50        | 0,50        |
| Seminar and virtual videoconference (distance learning)<br>M13 | R1, R2, R3, R4    | 6,00         | 0,24        |
| In-person or virtual assessment (distance learning)<br>M14     | R1, R2, R3, R4    | 2,50         | 0,10        |
| Individual tutoring sessions (distance learning)<br>M16        | R1, R2, R3, R4    | 7,50         | 0,30        |
| Discussion forums (distance learning)<br>M13                   | R1, R2, R3, R4    | 1,50         | 0,06        |
| Continuous assessment activities (distance learning)<br>M14    | R1, R2, R3, R4    | 5,00         | 0,20        |
| <b>TOTAL</b>                                                   |                   | <b>60,00</b> | <b>2,40</b> |

### ASYNCHRONOUS LEARNING ACTIVITIES

|                                                       | LEARNING OUTCOMES | HOURS        | ECTS        |
|-------------------------------------------------------|-------------------|--------------|-------------|
| Individual work activities (distance learning)<br>M15 | R1, R2, R3        | 50,00        | 2,00        |
| Teamwork (distance learning)<br>M17                   | R2, R3            | 40,00        | 1,60        |
| <b>TOTAL</b>                                          |                   | <b>90,00</b> | <b>3,60</b> |



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

| Content block     | Contents                                                                                                                                                                                                                                                              |
|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| DIDACTIC UNIT I   | New orientations in psychotherapy: Music therapy <ul style="list-style-type: none"><li>- Historical Introduction</li><li>- Purpose and definition of the therapeutic technique</li><li>- Fundamental concepts</li><li>- Therapeutic Methods</li></ul>                 |
| DIDACTIC UNIT II  | New orientations in psychotherapy: Animal-assisted psychotherapy <ul style="list-style-type: none"><li>- Historical Introduction</li><li>- Purpose and definition of the therapeutic technique</li><li>- Fundamental concepts</li><li>- Therapeutic Methods</li></ul> |
| DIDACTIC UNIT III | New orientations in psychotherapy: Art therapy <ul style="list-style-type: none"><li>- Historical Introduction</li><li>- Purpose and definition of the therapeutic technique</li><li>- Fundamental concepts</li><li>- Therapeutic Methods</li></ul>                   |
| DIDACTIC UNIT IV  | New orientations in psychotherapy: Dance therapy <ul style="list-style-type: none"><li>- Historical Introduction</li><li>- Purpose and definition of the therapeutic technique</li><li>- Fundamental concepts</li><li>- Therapeutic Methods</li></ul>                 |



## Temporary organization of learning:

| Block of content  | Number of sessions | Hours |
|-------------------|--------------------|-------|
| DIDACTIC UNIT I   | 8,00               | 16,00 |
| DIDACTIC UNIT II  | 8,00               | 16,00 |
| DIDACTIC UNIT III | 7,00               | 14,00 |
| DIDACTIC UNIT IV  | 7,00               | 14,00 |



## References

### Basic references:

- Benenzon, R. O. (2011). Musicoterapia: De la teoría a la práctica. Nueva edición ampliada. Paidós Ibérica
- Domènec, E. y Ristol, F. (2013). Terapia asistida con animales: método CTAC: técnicas y ejercicios para intervenciones asistidas con perros. Smiles CTAC
- Domínguez, P. (2005). Arteterapia principios y ámbitos de aplicación. S.I. s.n.
- Fariñas, G. (2011). Psicoballet, ciencia y arte. Palibrio
- Fine, A.H. (2015). Handbook on animal-assisted therapy : foundations and guidelines for animal-assisted interventions. Elsevier Academic Press
- Fux, M (2004). ¿Que es la Danzaterapia? Preguntas que tienen respuesta. Lumen Argentina
- López-Cepero, J. (dir) (2019). Animales de compañía y salud: del vínculo humano-animal al diseño de intervenciones asistidas por animales. Pirámide
- López, M y Martínez, N. (2006). Arteterapia conocimiento interior a través de la expresión artística. Tutor
- Sarrà, S. (2018). Música en escuela infantil. Intervención en musicoterapia preventiva y estimulación musical en la etapa sensoriomotriz. Círculo Rojo
- Sheykholya, A. (2013). El corazón danzado, psicoterapia de la danza. Palibrio

### Supplementary references:

- Allen, P. y Richards, M.C. (2010). Arte-terapia guía de autodescubrimiento a través del arte y la creatividad. Gaia
- Benenzon, R. (1981). Manual de musicoterapia. Paidós
- Ducorneau, G. (1990). Musicoterapia. La comunicación musical: su función y métodos en terapia y reeducación. Edaf
- Carnacea, M. A., Lozano, A. y Engeli, G. (2011). Arte, intervención y acción social la creatividad transformadora. Grupo 5
- López, M<sup>a</sup> D. y Monje, M. (1985). Técnicas de musicoterapia aplicadas al deficiente mental. Servicio de Publicaciones de la Universidad de Córdoba
- Pain, S. y Jarreau, G. (1995). Una psicoterapia por el arte. Nueva Visión
- Waller, D. Gilroy, A. et al, (1992). Art Therapy. Open University



## Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

**Situation 1: Teaching without limited capacity** (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

**Situation 2: Teaching with limited capacity** (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

### 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☒ Microsoft Teams

☒ Kaltura



## **Situation 3: Confinement due to a new State of Alarm.**

In this case, the following changes are made:

### **1. Educational Activities of Onsite Work:**

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☒ Microsoft Teams

☒ Kaltura

Explanation about the practical sessions:



## 2. System for Assessing the Acquisition of the competences and Assessment System

### ONSITE WORK

#### Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

| Course guide    |                      | Adaptation                           |                     |
|-----------------|----------------------|--------------------------------------|---------------------|
| Assessment tool | Allocated percentage | Description of the suggested changes | Platform to be used |

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

#### Comments to the Assessment System:



## ONLINE WORK

### Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

| Course guide    |                      | Adaptation                           |                     |
|-----------------|----------------------|--------------------------------------|---------------------|
| Assessment tool | Allocated percentage | Description of the suggested changes | Platform to be used |

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

### Comments to the Assessment System: