

Course guide

Year 2023/2024 290308 - Child and Adolescent Psychopathology

Information about the subject

Degree: Bachelor of Science Degree in Psychology

Faculty: Faculty of Psychology

Code: 290308 Name: Child and Adolescent Psychopathology

Credits: 6,00 ECTS Year: 3 Semester: 1

- Module: CLINICAL AND HEALTH PSYCHOLOGY
- Subject Matter: PERSONALITY AND PSYCHOPATHOLOGY Type: Compulsory

Field of knowledge: Health Sciences

Department: -

Type of learning: Classroom-based learning / Online

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

CLINICAL AND HEALTH PSYCHOLOGY

| Subject Matter | ECTS | Subject | ECTS | Year/semester |
|---|-------|--|------|---------------|
| PERSONALITY AND PSYCHOPATHOL OGY | 18,00 | Adult Psychopathology | 6,00 | 3/1 |
| | | Child and Adolescent Psychopathology | 6,00 | 3/1 |
| | | Psychology of the Personality | 6,00 | 2/2 |
| INTERVENTION AND TREATMENT | 12,00 | Clinical Psychology and of Child-Adolescent Health | 6,00 | 3/2 |
| | | Clinical Psychology of Adult Health | 6,00 | 3/2 |

Recommended knowledge

They are not required





Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

| R1 | Working in teams and collaborating efficiently with other people. |
|----|--|
| R2 | Elaborating scholarly studies and presenting their content. |
| R3 | Describing mental disorders of the infantile-juvenile population. |
| R4 | Describing the predisposition or vulnerability factors to the different mental disorders in the infantile-juvenile population. |
| R5 | Explaining the main models of infantile-juvenile psychopathology. |
| R6 | Describing the prevalence, incidence, course, comorbidity of the different disorders in the infantile-juvenile population. |

R7 Explaining how to use the main manuals on Mental Disorders.





Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

| SPECIF | IC | | Weig | hting | 3 |
|--------|---|---|------|-------|---|
| | | 1 | 2 | 3 | 4 |
| CE4 | Analyzing and measuring variables (personality, intelligence and other aptitudes) and cognitive, emotional, psychobiological and behavioral processes . | | | | × |
| CE6 | Diagnosing following professional principles. | | | | X |
| CE11 | Analyzing the context in which personal behaviors, group and organizational processes take place. | | | | X |
| CE25 | To be able to measure and to collect relevant data for the evaluation of the interventions | | | | * |
| CE26 | Writing oral and written reports. | | | x | |
| CE27 | Knowing and adapting to the psychology code of ethics. | | | | X |
| CE30 | To know the processes and main stages of psychological development throughout the vital cycle in its aspects of normality and abnormality. | | | | > |
| TRANS | VERSAL | | Weig | hting | 3 |
| | | 1 | 2 | 3 | 4 |
| CT2 | Capacity to organize and plan. | | | × | |
| CT7 | Problem solving. | | | x | |

| CT2 | Capacity to organize and plan. | × |
|------|--|---|
| CT7 | Problem solving. | × |
| CT8 | Decision making. | x |
| СТ9 | Capacity to work in team. | x |
| CT13 | Understanding multicultural and diverse environment. | × |





| CT16 | Capacity to develop and update competences, skills and knowledge following professional standards. | | x |
|------|--|--|---|
| CT36 | Being able to collect information using different kinds of sources. | | X |

Assessment system for the acquisition of competencies and grading system

In-class teaching

| Assessed learning outcomes | Granted percentage | Assessment method |
|-------------------------------|--------------------|--|
| R3, R4, R5, R6, R7 | 50,00% | Oral and/or written tests employed in initial, training and/or summative student assessment. |
| R1, R2, R3, R4, R5, R6, R7 | 35,00% | Presentation of practical activities. |
| R1, R2, R3, R4, R5, R6, R7 | 15,00% | Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher. |

Observations

To pass the subject, the student will have to pass each of the evaluation systems separately: written tests, presentation of practical activities and attendance and participation in class sessions. **Online teaching**

| Assessed learning outcomes | Granted percentage | Assessment method |
|----------------------------|--------------------|--|
| R3, R4, R5, R6, R7 | 70,00% | Final evaluation consisting of essay questions and hypothetical scenarios. |
| R1, R2, R3, R4, R5, R6 | 5,00% | Submitted tasks |
| R1, R2, R3, R4, R5, R6 | 25,00% | Attendance and participation in synchronic communication activities. |

Observations

To pass the subject, the student will have to pass each of the evaluation systems separately: written tests, presentation of practical activities and attendance and participation in class sessions.





Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M3 Supervised monographic sessions with shared participation.
- M4 Application of interdisciplinary knowledge.
- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.
- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.
- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities. Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.





- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.





IN-CLASS LEARNING

IN-CLASS LEARNING ACTIVITIES

| | LEARNING OUTCOMES | HOURS | ECTS |
|--|----------------------------|-------|------|
| ON-CAMPUS CLASS Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. M1 | R3, R4, R5, R6, R7 | 25,00 | 1,00 |
| PRACTICAL CLASSES Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity. | R1, R2, R3, R4, R6, R7 | 12,50 | 0,50 |
| M2 SEMINAR | R1, R2, R3, R4, R5, R6 | 6,26 | 0,25 |
| Supervised monographic sessions with shared participation. | ,,,,, | 0,20 | |
| GROUP WORK EXHIBITION Application of multidisciplinary knowledge. | R1, R2, R3, R4, R6 | 6,24 | 0,25 |
| LABORATORY Activities carried out in spaces with specialized equipment. M12 | R3, R4, R5, R6 | 3,76 | 0,15 |
| OFFICE ASSISTANCE Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc. M6 | R1, R2, R3, R4, R5, R6, R7 | 3,74 | 0,15 |
| ASSESSMENT Set of oral and/or written tests used in initial, formative or additive assessment of the student. | R3, R4, R5, R6 | 2,50 | 0,10 |
| TOTAL | | 60,00 | 2,40 |
| | | | |

8/19





LEARNING ACTIVITIES OF AUTONOMOUS WORK

| LEARNING OUTCOMES | HOURS | ECTS |
|------------------------|------------------------|--|
| R1, R2, R3, R4, R5, R6 | 40,00 | 1,60 |
| R2, R3, R4, R5, R6, R7 | 50,00 | 2,00 |
| | 90,00 | 3,60 |
| | R1, R2, R3, R4, R5, R6 | R1, R2, R3, R4, R5, R6 40,00 R2, R3, R4, R5, R6, R7 50,00 |





ON-LINE LEARNING

SYNCHRONOUS LEARNING ACTIVITIES

| | LEARNING OUTCOMES | HOURS | ECTS |
|--|----------------------------|-------|------|
| Virtual session (distance learning) ^{M1} | R2, R3, R4, R5, R6, R7 | 25,00 | 1,00 |
| Virtual practical session (distance learning) | R1, R2, R3, R4, R5, R6, R7 | 12,50 | 0,50 |
| Seminar and virtual videoconference (distance learning) ^{M13} | R1, R2, R3, R4, R5, R6, R7 | 6,28 | 0,25 |
| In-person or virtual assessment (distance learning) ^{M7} | R1, R2, R3, R4, R5, R6 | 2,50 | 0,10 |
| Individual tutoring sessions (distance learning) | R1, R2, R3, R4, R5, R6, R7 | 3,72 | 0,15 |
| Discussion forums (distance learning) | R1, R2, R3, R4, R5, R6, R7 | 5,00 | 0,20 |
| Continuous assessment activities (distance learning) ^{M19} | R3, R4, R5, R6, R7 | 5,00 | 0,20 |
| TOTAL | | 60,00 | 2,40 |
| | | | |
| | | | |
| ASYNCHRONOUS LEARNING ACTIVITIES | | | |

| | LEARNING OUTCOMES | HOURS | ECTS |
|--|----------------------------|-------|------|
| Individual work activities (distance learning) | R2, R3, R4, R5, R6, R7 | 50,00 | 2,00 |
| Teamwork (distance learning) | R1, R2, R3, R4, R5, R6, R7 | 40,00 | 1,60 |
| TOTAL | | 90,00 | 3,60 |





Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

| Content block | Contents | | |
|---|---|--|--|
| Conceptual, diagnostic and taxonomic of child psychopathology | History of child and adolescent psychopathology. Unidimensional and multidimensional models in psychopathology. Diathesis-stress models. Diagnostic and Classification of Mental Disorders. Categorical and Dimensional methods. Diagnostic manuals: ICD and DSM. Ethical Issues | | |
| Attention-Deficit and Disruptive Disorders | Disruptive behavior in children. Clinical Description. Evaluation. Diagnosis. Differential diagnosis. Epidemiology. Explanatory theoriesAttention Deficit Hyperactivity Disorder . Oppositional Defiant Disorder. Conduct Disorder. | | |
| Ansiety and Mood Disorders | Childhood fears. Epidemiology. Specific phobias. obsessive-compulsive disorder. Separation anxiety disorder. Generalized anxiety disorder.Clinical Description. Evaluation | | |
| Mood disorders | Clinical Description. Evaluation. Diagnosis. Differential diagnosis. Epidemiology. Explanatory theoriesDepressive Disorders | | |
| Excretory disorders | Clinical Description. Evaluation. Diagnosis. Differential diagnosis. Epidemiology. Explanatory theories: Enuresis. Encopresis | | |
| Intake disorders and eating disorders | Clinical description. Evaluation Diagnosis. Differential diagnosis. Epidemiology. Explanatory theories:Intake disorders: Pica. Rumination disorder. Childhood Food Intake Disorder. | | |



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| Sleep disorders | Evolution of normal sleep. Clinical description. Evaluation. Diagnosis. Differential diagnosis. Epidemiology. Explanatory theories: Insomnia, Nightmares, Night Terrors, Sleepwalking. |
|---|--|
| Neurodevelopmental disorders | Autism Spectrum disorders. Clinical description. Evaluation. Diagnosis. Differential diagnosis. Epidemiology. Intellectual Disability. Clinical description. Evaluation. Diagnosis. Differential diagnosis. Epidemiology.Clinical description. Evaluation. Diagnosis. Differential diagnosis. Epidemiology. Neurodevelopmental motor disorders: Stereotyped Movement Disorder, Tourette Disorder, Tics Disorder (Chronic Motors or Vowels and Transient Tics Disorder) Clinical Description. Evaluation Diagnosis. Differential diagnosis. Epidemiology. Explanatory theories: Tics disorder. |
| | |
| Trauma-related disorders and stress factors | Reactive attachment disorder Uninhibited social relationship disorder |
| | |





Temporary organization of learning:

| Block of content | Number of sessions | Hours |
|---|--------------------|-------|
| Conceptual, diagnostic and taxonomic of child psychopathology | 4,00 | 8,00 |
| Attention-Deficit and Disruptive Disorders | 5,00 | 10,00 |
| Ansiety and Mood Disorders | 3,00 | 6,00 |
| Mood disorders | 4,00 | 8,00 |
| Excretory disorders | 2,00 | 4,00 |
| Intake disorders and eating disorders | 2,00 | 4,00 |
| Sleep disorders | 2,00 | 4,00 |
| Neurodevelopmental disorders | 5,00 | 10,00 |
| Trauma-related disorders and stress factors | 3,00 | 6,00 |





References

Basic References:

American Psychiatric Association (2014). Trastornos disruptivos, del control de los impulsos y de la conducta. En APA (Ed.) Manual Diagnóstico y Estadístico de los Trastornos Mentales, DSM-5,). Editorial Médica Panamericana.

Barlow, D. H. y Durand, V. M. (2003). Psicopatología. 3^a Edición. Madrid: Thomson.Caballo, V. y Simón, M. A. (2001). Manual de psicología clínica infantil y del adolescente (Vol. I y II). Madrid: Pirámide.González Barrón, R. y Montoya-Castilla, I. (2015). Psicología clínica infanto-juvenil. Madrid: Pirámide.

Rodríguez Sacristán, J. (2000). Psicopatología infantil básica. Teoría y casos clínicos. Madrid: Pirámide.

Supplementary References:

Buela-Casal, G. y Sierra, J.C. (1994): Los Trastornos del Sueño. Evaluación, Tratamiento y Prevención en la Infancia y adolescencia. Madrid: Pirámide.Buendía, J. (1996): Psicopatología en Niños y Adolescentes. Madrid: Pirámide.

Caballo, V. E. y Simón, M. A. (2001). Manual de psicología clínica infantil y del adolescente. Trastornos generales. Madrid: Pirámide.

Caballo, V. E. y Simón, M. A. (2002). Manual de psicología clínica infantil y del adolescente. Trastornos específicos. Madrid: Pirámide.

Erickson, M.Y. (1978): Child Psychopathology. N.J.: Prentice Hall.

Ezpeleta, L. (2005). Factores de riesgo en psicopatología del desarrollo. Barcelona: Masson. Gelfand, D.M. y Hartman, D.P. (1989): Análisis y Terapia de la Conducta Infantil. Madrid: Pirámide.

González Barrón, R. (2000). Psicopatología del niño y el adolescente. Madrid: Pirámide. Heward, W. (1998): Niños Excepcionales. Madrid: Prentice Hall.

Marcelli, D. y Braconnier, A. (2005). Psicopatología del adolescente. Barcelona: Masson. Martin, G. y Pear, J. (1999): Modificación de Conducta. Madrid: Prentice Hall.Miranda, A. y Santamaría, M. (eds.) (1986): Hiperactividad y Dificultades de Aprendizaje. Análisis y Técnicas de Recuperación. Valencia: Promolibro.Moreno, I. (1995): Hiperactividad. Evaluación,

Tratamiento y Prevención en la Infancia y Adolescencia. Madrid: Pirámide.

Morrison J., Flegel, K. (2018). La entrevista en niños y adolescentes. Habilidades y estrategias para el diagnóstico eficaz del DSM-5. Méjico. Manual moderno.

Olivares Rodríguez, J., Méndez, F.X. y Maciá Antón, (1997). Tratamientos conductuales en la infancia y la adolescencia. Bases históricas, conceptuales y metodológicas. Madrid: Pirámide. Ollendick, T.H. y Hersen, M. (eds.) (1993): Psicopatología Infantil. Barcelona: Martínez Roca. Rodríguez Sacristán, J. (ed.) (1995): Psicopatología del Niño y del Adolescente. Universidad de Sevilla: Manuales Universitarios.

Sameroff, A. J., Lewis, M. & Miller, S. M. (2000). Handbook of developmental psychopathology. New York: Kluwer Academis/Plenum.





Serrano Pintado, I. (1996): Agresividad Infantil. Madrid: Pirámide. Wicks-Nelson, R. e Israel, A. (2000): Psicopatología del Niño y del Adolescente (2nd ed.). Madrid: Prentice Hall.







Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled

students is lower than the allowed capacity in classroom, according to the security

measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled

students is higher than the allowed capacity in classroom, according to the security

measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:



Microsoft Teams



Kaltura





Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:



Microsoft Teams



Kaltura

Explanation about the practical sessions:





2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

Х

The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.



The following changes will be made to adapt the subject's assessment to the online teaching.

| Course guide | | Adaptation | |
|-----------------|----------------------|--------------------------------------|------------------------|
| Assessment tool | Allocated percentage | Description of the suggested changes | Platform to be used |

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System:





ONLINE WORK

Regarding the Assessment Tools:



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| Course guide | | Adaptation | |
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