



## Information about the subject

**Degree:** Bachelor of Science Degree in Psychology

**Faculty:** Faculty of Psychology

**Code:** 290205 **Name:** Psychology of Motivation and Emotion

**Credits:** 6,00 **ECTS Year:** 2 **Semester:** 1

**Module:** PSYCHOLOGICAL FUNCTIONS AND PROCESSES

**Subject Matter:** PSYCHOLOGICAL PROCESSES **Type:** Compulsory

**Field of knowledge:** Health Sciences

**Department:** Basic, Social, and Neuropsychology

**Type of learning:** Classroom-based learning / Online

**Languages in which it is taught:** Spanish

### Lecturer/-s:

|        |  |                       |
|--------|--|-----------------------|
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Universidad  
**Católica de  
Valencia**  
San Vicente Mártir

## Course guide

Year 2025/2026  
**290205 - Psychology of Motivation and Emotion**

292GIQ Maite Montagut Asuncion (**English Responsible  
Lecturer**)

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## Module organization

### PSYCHOLOGICAL FUNCTIONS AND PROCESSES

| Subject Matter          | ECTS  | Subject                                | ECTS | Year/semester |
|-------------------------|-------|--|------|---------------|
| PSYCHOLOGY              | 12,00 | Psychology of Attention and Perception | 6,00 | 1/1           |
|                         |       | Psychology of Learning and Memory      | 6,00 | 1/2           |
| PSYCHOLOGICAL PROCESSES | 12,00 | Psychology of Motivation and Emotion   | 6,00 | 2/1           |
|                         |       | Psychology of Thought and Language     | 6,00 | 3/2           |

## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Knowing the psychological processes of Motivation, as well as its theoretical models.
- R2 Understanding the empirical evidence that supports each theoretical construct in the area of Psychology of Motivation.
- R3 Knowing the psychological processes of Emotion as well as the theoretical models about them.
- R4 Understanding the empirical evidence that supports each theoretical construct in the area of Psychology of Emotion.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

| SPECIFIC   | Weighting |   |   |   |
|--|-----------|---|---|---|
|  | 1         | 2 | 3 | 4 |
| CE28 To know the functions, characteristics and limitations of the different theoretical models of Psychology. |           |   |   | X |

  

| TRANSVERSAL  | Weighting |   |   |   |
|--|-----------|---|---|---|
|  | 1         | 2 | 3 | 4 |
| CT1 Capacity to analyze and synthesize.  |           |   |   | X |
| CT2 Capacity to organize and plan.   |           |   |   | X |
| CT6 Capacity to manage information (capacity to look for and analyze information coming from different types of sources) |           |   |   | X |
| CT9 Capacity to work in team.  |           |   | X |   |
| CT18 Capacity to produce new ideas (creativity).   | X         |   |   |   |



## Assessment system for the acquisition of competencies and grading system

### In-class teaching

| Assessed learning outcomes | Granted percentage | Assessment method  |
|----------------------------|--------------------|--|
| R1, R2, R3, R4             | 60,00%             | Oral and/or written tests employed in initial, training and/or summative student assessment.   |
| R1, R2, R3, R4             | 20,00%             | Attendance and active participation: lessons, group assignments and tutoring sessions. It will be monitored and registered by the teacher. |
| R1, R2, R3, R4             | 10,00%             | Oral presentation of assignments.  |
| R1, R2, R3, R4             | 10,00%             | Group assignments.   |

### Observations

**INFORMATION NOTE ON THE FINAL EVALUATION TEST** A written exam will be carried out with multiple choice questions that may be combined with practical or development assumptions. Under adequate justification it could be replaced by an oral test.

**CRITERIA FOR PASSING THE SUBJECT** To pass the subject, the student must separately pass the different evaluation systems (attendance and active participation, practices and exam). Students who have been absent for a justified and accredited reason and who cannot participate in at least 50% of the sessions will have the right to a single alternative assessment, which they must request from the relevant lecturer with the necessary documentation. This alternative assessment will include a written exam, practical work and other tasks, oral and/or written, which the teacher considers appropriate to demonstrate the student's acquisition of competences developed in the classroom.

**CRITERIA FOR THE USE OF ARTIFICIAL INTELLIGENCE (AI)** Students must make ethical use of AI, bearing in mind that they may use it for consultation purposes only, and must always cite the purpose for which it has been used. AI must not be used to record or transcribe any lecture material, or to perform tasks for which students are responsible according to the teacher's guidelines.

### CRITERIA FOR THE GRANT OF HONOR REGISTRATION

It is granted as a sign of academic exceptionality and with restrictions as to the amount per number of students legally established.

The grant is subject to the professor's discretion. The student who opts for it would have been qualified a minimum grade in the subject of 9.5 points and would have demonstrated his academic excellence throughout the development of the subject, in the different planned activities and in the



different evaluation processes.

## Online teaching

| Assessed learning outcomes | Granted percentage | Assessment method  |
|----------------------------|--------------------|--|
| R1, R2, R3, R4             | 75,00%             | Final evaluation consisting of essay questions and hypothetical scenarios. |
| R1, R2, R3, R4             | 5,00%              | Submitted tasks  |
| R1, R2                     | 20,00%             | Attendance and participation in synchronic communication activities.       |

## Observations

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In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded.

Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Teacher presentation of contents, competency analysis, explanation and demonstration of capacities, abilities and knowledge in the classroom (presential modality).
- M2 Teacher-supervised groupwork sessions: case studies, diagnostic tests, problems, fieldwork, IT room, visits, data searches, libraries, web, Internet, etc. Building knowledge significantly through interaction and student activities (presential modality).
- M4 Application of interdisciplinary knowledge.
- M5 Activities developed in spaces with specialized equipment.
- M6 Personalized attention in small groups. Training and/or orientation period by a teacher aimed at revising and discussing the materials and topics presented in the lessons, seminars, lectures, assignments, etc.
- M7 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M8 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and/or tutoring sessions in small groups. Tasks done on the platform or other virtual spaces.



- M9 Students' independent study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be presented or handed in during theory lessons, practical lessons and /or small-group tutoring sessions. Tasks on the platform or other virtual spaces.
- M11 Teacher presentation of contents, competencies analysis, explanation and demonstration of capacities, abilities and knowledge on the virtual classroom.
- M12 Group work sessions via chat moderated by the teacher. Case studies –both real and fictional– aimed at building knowledge through interaction and students' activities. Critical analysis of values and social commitment.
- M13 Monographic sessions throughout the course, focused on current aspects and applications of the subject.
- M14 Set of oral and/or written tests employed in initial, training or summative assessment of the student.
- M15 Student's individual study: individual preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or turned in in electronic format.
- M16 Individualized attention for the monitoring and orientation in the learning process, performed by a tutor in order to revise and discuss the materials and topics, seminars, readings and assignments, etc.
- M17 Group preparation of readings, essays, problem resolution, seminars, assignments, reports, etc. to be discussed or handed in.
- M18 Participation and contributions to discussion forums related to the subject and moderated by the module's teacher.
- M19 Problem resolution, comments, reports to be handed in according to the deadlines throughout the course.





## IN-CLASS LEARNING

### IN-CLASS LEARNING ACTIVITIES

|  | LEARNING OUTCOMES | HOURS        | ECTS        |
|--|-------------------|--------------|-------------|
| <b>ON-CAMPUS CLASS</b><br>Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge.<br>M1  | R1, R2, R3, R4    | 40,00        | 1,60        |
| <b>PRACTICAL CLASSES</b><br>Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity.<br>M2, M4, M5, M8 | R1, R2, R3, R4    | 8,00         | 0,32        |
| <b>SEMINAR</b><br>Supervised monographic sessions with shared participation.<br>M2, M6   | R1, R2, R3, R4    | 2,00         | 0,08        |
| <b>GROUP WORK EXHIBITION</b><br>Application of multidisciplinary knowledge.<br>M2, M8  | R1, R2, R3, R4    | 4,00         | 0,16        |
| <b>OFFICE ASSISTANCE</b><br>Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, papers, etc.<br>M6  | R1, R2, R3, R4    | 4,00         | 0,16        |
| <b>ASSESSMENT</b><br>Set of oral and/or written tests used in initial, formative or additive assessment of the student.<br>M7  | R1, R2, R3, R4    | 2,00         | 0,08        |
| <b>TOTAL</b>   |                   | <b>60,00</b> | <b>2,40</b> |



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

|   | LEARNING OUTCOMES | HOURS        | ECTS        |
|---|-------------------|--------------|-------------|
| <b>GROUP WORK</b><br>Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform<br>M2, M8                            | R1, R2, R3, R4    | 30,00        | 1,20        |
| <b>INDEPENDENT WORK</b><br>Student study: Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions. Work done on the university e-learning platform.<br>M6, M9 | R1, R2, R3, R4    | 60,00        | 2,40        |
| <b>TOTAL</b>  |                   | <b>90,00</b> | <b>3,60</b> |



## ON-LINE LEARNING

### SYNCHRONOUS LEARNING ACTIVITIES

|  | LEARNING OUTCOMES | HOURS        | ECTS        |
|--|-------------------|--------------|-------------|
| Virtual session (distance learning)<br>M11                     | R1, R2, R3, R4    | 40,00        | 1,60        |
| Virtual practical session (distance learning)<br>M12           | R1, R2, R3, R4    | 2,00         | 0,08        |
| Seminar and virtual videoconference (distance learning)<br>M13 | R1, R3            | 4,00         | 0,16        |
| Individual tutoring sessions (distance learning)<br>M16        | R2, R3            | 8,00         | 0,32        |
| Discussion forums (distance learning)<br>M18                   | R1, R3            | 3,00         | 0,12        |
| Continuous assessment activities (distance learning)<br>M14    | R1, R2, R3        | 3,00         | 0,12        |
| <b>TOTAL</b>   |                   | <b>60,00</b> | <b>2,40</b> |

### ASYNCHRONOUS LEARNING ACTIVITIES

|   | LEARNING OUTCOMES | HOURS        | ECTS        |
|---|-------------------|--------------|-------------|
| Individual work activities (distance learning)<br>M17 | R1, R2, R3        | 50,00        | 2,00        |
| Teamwork (distance learning)<br>M17                   | R1, R2, R3, R4    | 40,00        | 1,60        |
| <b>TOTAL</b>  |                   | <b>90,00</b> | <b>3,60</b> |



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

| Content block | Contents  |
|---------------|---|
| 1. MOTIVATION | 1. Introduction to motivational process<br>2. Historical perspective and current status of the psychology of motivation<br>3. Extrinsic and intrinsic motivation<br>4. The homeostatic model of motivation and basic motives<br>5. Psychological motives<br>6. Social motives |
| 2. EMOTION    | 7. Introduction to emotional process<br>8. Basic and secondary emotions<br>9. Emotions and health   |

### Temporary organization of learning:

| Block of content | Number of sessions | Hours |
|------------------|--------------------|-------|
| 1. MOTIVATION    | 16,00              | 32,00 |
| 2. EMOTION       | 14,00              | 28,00 |



## References

### Basic Bibliography

Palmero, F. y Martínez Sánchez, F. (2008). *Motivación y Emoción*. McGraw-Hill.

Reeve, J. M. (2009). *Motivación y Emoción* (5ª ed.). McGraw-Hill.

Reeve, J. M. (2018). *Understanding Motivation and Emotion* (7th ed.). Wiley.

### Supplementary Bibliography

Garrido Gutiérrez, I. (Ed.) (2000). *Psicología de la Emoción*. Síntesis.

Greenberg, L. (2000). *Emociones: Una guía interna*. DDB.

LeDoux, J. (1999). *El cerebro emocional*. Ariel.

Palmero, F. y Martínez Sánchez, F. (2008). *Motivación y Emoción*. McGraw-Hill.

Pasantes, H. (2008). *De neuronas, emociones y motivaciones*. FCE.

Sacristán, R. (2020). *Movidos por el amor. Estudio del dinamismo afectivo*. Universidad San Dámaso.