



Information about the course

Degree: Bachelor of Science Degree in Human Nutrition and Dietetics

Faculty: Faculty of Medicine and Health Sciences

Code: 1310104 **Name:** Anthropology

Credits: 6,00 ECTS **Year:** 1 **Semester:** 1

Module: Basic Sciences Module

Subject Matter: Antropología **Type:** Obligatoria

Branch of knowledge:

Department: Medicine and Health Sciences

Type of learning: Classroom-based learning

Language/-s in which it is given: Spanish

Teachers:

131A Sara Martinez Mares (**Profesor responsable**)

sara.martinez@ucv.es



Module organization

Basic Sciences Module

Subject Matter	ECTS	Subject	ECTS	Year/semester
Biología	6	Biology and Genetics	6	1/1
Bioquímica	6	Biochemistry	6	1/2
Química	12	Basic Fundamentals of Chemistry	6	1/1
		Organic Chemistry	6	1/2
Fisiología	12	Physiology	6	1/2
Estadística	6	Biostatistics	6	1/1
Anatomía Humana	6	Human Anatomy	6	1/1
Antropología	12	Anthropology	6	1/1
Microbiología	6	Microbiology and Parasitology	6	1/2
Inglés	6	English	6	1/2

Recommended knowledge

Previous knowledge is not required



Learning outcomes

At the end of the course, the student must demonstrate having acquired the following learning outcomes:

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Learning outcomes of the specified title

Type of AR:

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Assessment system

In-person modality

Assessed learning outcomes	Granted percentage	Assessment tool
	30,00%	Assessment of individual or group activities or practical exercises, which require students to research and organize information related to each subject, and solve cases or problems. This is done through a continuous assessment system throughout the course, which involves the submission and/or presentation of assignments, the objectives and content of which will be set by the instructor.
	60,00%	Written assessment of the knowledge and skills acquired. This test may consist of a series of open-ended or multiple-choice questions on the theoretical content of the subject and/or practical exercises (problem-solving).
	10,00%	Evaluation of the effectiveness of practical classroom classes, problem-solving or computer science sessions, seminars and tutorials. Through attendance and participation in the various activities planned.

Observations

GENERAL CRITERIA FOR EVALUATING THE SUBJECT FIRST ENROLLMENT:

- 1.- Evaluation of practical work, cases, and problems (may be carried out via the training platform and in face-to-face activities): consists of reflection on texts proposed by the teacher, which the student may upload to the platform, write in their portfolio, and/or present in class. This section includes a seminar on a monograph. It will be assessed through specific questions and appropriate class participation (this instrument allows for up to 3 points to be awarded).
- 2.- Assessment of achievement. Attendance is not assessed, as this is a face-to-face course. Instead, participation in group work on specific content proposed by the teacher on specific dates and in specific formats will be assessed. This instrument will allow up to 1 point to be obtained from the total grade for the course.
3. Written assessment of knowledge and skills. (With a total value of up to 6 points). There are three possible assessments for the final exam, from which the most appropriate one will be chosen depending on the health situation and the online work needs that may arise at any given time (it is



unique to the group). In all cases, it will be essential to pass this assessment tool (3 points out of 6) in order to average it with the rest. If it is not passed, the published grade will be the weighted grade for this assessment tool exclusively.

SINGLE ASSESSMENT MODALITY

In accordance with Article 9 of the General Regulations for Assessment and Grading of Official Courses and UCV Degrees, single assessment is linked to the inability of students enrolled in a face-to-face degree program to attend classes. It is, therefore, an extraordinary and exceptional assessment system available to students who, for justified and accredited reasons, are unable to undergo the continuous assessment system and who request it from the professor responsible for the subject, who will expressly decide on the admission of the student's request for single assessment and will notify them of its acceptance or rejection. As far as the subject of Anthropology is concerned, the minimum attendance requirement is 60% (this may differ if the faculty imposes a different percentage), which is therefore the limit to be taken into consideration for any potential request for a single assessment. If granted, this will be based on the following criteria:

- In the first exam session, students must complete all assessable activities that count for 20%, with the exception of those that are assessed in class. If this is the case, students with a single assessment must submit an extended piece of work in terms of answering the questions.

- In the second exam session, the same assessment criteria will apply as in the first exam session.

ON THE USE OF AI

The use of AI in assessable activities in this course is prohibited, unless explicitly requested by the instructor for a specific task in the classroom. If this is the case, the program used must be referenced, as well as the prompts used to arrive at the specific solution.

CRITERIA FOR AWARDING HONORS: According to Article 14.4 of the General Regulations for Assessment and Grading of Official Courses and UCV Degrees, the distinction of "Honors" may be awarded to students who have obtained a grade of 9.0 or higher. The number of students receiving this distinction may not exceed five percent of the students enrolled in a group in the corresponding academic year, unless the number of students enrolled is less than 20, in which case only one "Honors" distinction may be awarded.

MENTION OF DISTINCTION:

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded. Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.



Training activities

The methodologies to be used so that the students reach the expected learning outcomes will be the following:

- M1 Group preparation of readings, essays, problem-solving, seminars, papers, reports, etc... for discussion or submission
- M2 Group preparation of readings, essays, problem-solving, seminars, papers, reports, etc... for discussion or submission
- M3 Personalized attention in small groups. A period of instruction and/or guidance provided by a tutor to review and discuss the materials and topics presented in classes, seminars, readings, assignments, etc. Student attendance and their gradual progress in understanding the subjects will be evaluated.
- M5 Student study: individual preparation of readings, essays, problem solving, seminars, papers, memoirs, etc. for discussion or submission in electronic format.
- M8 Practical exercises and case studies, analysis of evaluation procedures and procedural intervention. All of this with the support of the professor. This aspect can be monitored through attendance and active participation in the practical sessions.
- M9 The teacher will present the content, analyze competencies, and explain and demonstrate skills, abilities, and knowledge in the classroom.
The whiteboard, computer, and projector will be used to display texts, graphics, etc.

IN-CLASS TRAINING ACTIVITIES

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
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ASSESSMENT	R1, R2, R5	Group preparation of readings, essays, problem-solving, seminars, papers, reports, etc... for discussion or submission Group preparation of readings, essays, problem-solving, seminars, papers, reports, etc... for discussion or submission	1,00	0,04
TUTORING	R5	Personalized attention in small groups. A period of instruction and/or guidance provided by a tutor to review and discuss the materials and topics presented in classes, seminars, readings, assignments, etc. Student attendance and their gradual progress in understanding the subjects will be evaluated.	4,00	0,16



PRACTICAL CLASSES	R2, R5	Practical exercises and case studies, analysis of evaluation procedures and procedural intervention. All of this with the support of the professor. This aspect can be monitored through attendance and active participation in the practical sessions.	30,00	1,20
THEORETICAL CLASSES	R1, R2	Group preparation of readings, essays, problem-solving, seminars, papers, reports, etc... for discussion or submission The teacher will present the content, analyze competencies, and explain and demonstrate skills, abilities, and knowledge in the classroom. The whiteboard, computer, and projector will be used to display texts, graphics, etc.	60,00	2,40
TOTAL			95,00	3,80



TRAINING ACTIVITIES OF AUTONOMOUS WORK

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
INDEPENDENT GROUP WORK	R1, R2	Student study: individual preparation of readings, essays, problem solving, seminars, papers, memoirs, etc. for discussion or submission in electronic format.	15,00	0,60
I N D I V I D U A L SELF-EMPLOYMENT	R1, R2	Student study: individual preparation of readings, essays, problem solving, seminars, papers, memoirs, etc. for discussion or submission in electronic format.	40,00	1,60
TOTAL			55,00	2,20



Description of contents

Description of content necessary for the acquisition of learning outcomes.

Theoretical content:

Block of content	Contents
Conceptions of human beings and their relationship with their natural and sociocultural environment	1. Foundational concepts.2. Evolutionism, materialism, determinism, individualism, rationalism, anthropocentrism, and biocentrism.3. The relationship between human beings and their environment in different cultures: the birth of dignity.
Especific block	1. Anthropology of health: attention to human nutrition and food2. Anthropology of suffering. Evil, meaning, and transcendence. Responses to suffering.
Capacities of the human person	1. The relational nature of the person. The primacy of love in human relationships.2. Equal relationships between men and women.3. Affections and emotions.4. Freedom and its implications: moral responsibility.

Temporary organization of learning:

Block of content	Sessions	Hours
Conceptions of human beings and their relationship with their natural and sociocultural environment	26	52,00
Especific block	8	15,00
Capacities of the human person	14	28,00



References

- Bauman, Z. (2004). *Work, Consumerism And The New Poor*. McGraw-Hill Education.
- Favale, A. (2022). *The Genesis of Gender. A Christian Theory*. Ignatius Press.
- Rifkin, J. (1998). *The Biotech Century. Harnessing the Gene and Remaking the World*. Penguin Random House.
- Sandel, M. (2002). *The Case against Perfection. Ethics in the Age of Genetic Engineering*. Harvard University Press.
- Gould, J.S. (1996). *The Mismeasure of Man*. W. W. Norton & Company