

## Course guide

Year 2024/2025 342004 - Introduction to Medicine

## Information about the subject

Degree: Bachelor of Science Degree in Medicine

Faculty: Faculty of Medicine and Health Sciences

Code: 342004 Name: Introduction to Medicine

Credits: 3,00 ECTS Year: 1 Semester: 2

- Module: Diagnostic and therapeutical procedures.
- Subject Matter: Diagnostic procedures Type: Elective

Field of knowledge: Health Science

**Department: Medical Specialities** 

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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## Module organization

## Diagnostic and therapeutical procedures.

| Subject Matter           | ECTS  | Subject                                       | ECTS | Year/semester  |
|--------------------------|-------|---|------|--|
| Diagnostic<br>procedures | 39,00 | Basic Immunology                              | 3,00 | 1/2  |
|                          |       | Functional Assessment                         | 6,00 | This elective is not<br>offered in the<br>academic year<br>24/25 |
|                          |       | Genetics                                      | 3,00 | 1/1  |
|                          |       | Introduction to Medicine                      | 3,00 | 1/2  |
|                          |       | Laboratory of Diagnostic<br>Tests             | 3,00 | 5/1  |
|                          |       | Medical Microbiology and<br>Parasitology      | 6,00 | 3/1  |
|                          |       | Pathological Anatomy                          | 6,00 | 2/2  |
|                          |       | Physiological Records<br>and Functional Tests | 3,00 | 2/2  |
|                          |       | Radiodiagnostic and<br>Imaging Techniques     | 6,00 | 3/1  |
| Therapeutic<br>procedure | 27,00 | Anaesthesia and<br>Resuscitation              | 3,00 | 5/1  |
|                          |       | Biotechnology                                 | 6,00 | This elective is not<br>offered in the<br>academic year<br>24/25 |
|                          |       | General and Special<br>Pharmacology           | 9,00 | 3/2  |
|                          |       |   |      |  |



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| Therapeutic<br>procedure | General Procedures of<br>Intervention  | 6,00 | This elective is not<br>offered in the<br>academic year<br>24/25 |
|--------------------------|--|------|--|
|                          | Rehabilitation and<br>Physical Therapy | 3,00 | 4/2  |







## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

| R1  | Using different working techniques at the seminar   |
|-----|---|
| R2  | Search for bibliographic information from different sources and know how to analyze it in a critical and constructive spirit. |
| R3  | Learn the basics of medicine as science and profession.   |
| R4  | Know the historical genesis of health, disease and medical practice   |
| R5  | Distinguish the various health systems of the European Union.   |
| R6  | Be familiar with the structure and operation of the Spanish National Health System.   |
| R7  | Recognize the fundamental problems of scientific methodology and major scientific documentation techniques                    |
| R8  | Correctly interpret the specific characteristics of medical language.   |
| R9  | Argue with rational criteria based on your work.  |
| R10 | Search for bibliographic information from different sources and know how to analyze it in a critical and constructive spirit. |
| R11 | Being able to write an understandable and organized text on various medical topics  |
| R12 | Know how to explore and assess vital signs and clinical signs.  |
| R13 | Correctly perform eye bandage and basic joint bandages and immobilizations.   |
| R14 | Know how to apply parenteral techniques: intramuscular, subcutaneous and endovenous access; venoclysis.                       |
| R15 | Properly practice elementary surgical procedures: cleaning, hemostase and wound suture.                                       |
|     |   |





## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

| BASIC |  | Weighting |      | g     |   |
|-------|--|-----------|------|-------|---|
|       |  | 1         | 2    | 3     | 4 |
| CB1   | Students have demonstrated to possess and understand knowledge<br>in a study area that starts from the base of the general secondary<br>education, and is usually found at a level that, while supported by<br>advanced textbooks, also includes some aspects that involve<br>knowledge from the forefront of their field of study |           |      |       | x |
| CB2   | Students know how to apply their knowledge to their job or vocation<br>in a professional way and possess the competences that are usually<br>demonstrated through the elaboration and defense of arguments and<br>the resolution of problems within their area of ??study  |           |      |       | X |
| CB3   | Students have the ability to collect and interpret relevant data (usually within their area of study) to make judgments that include a reflection on relevant social, scientific or ethical topics   |           |      |       | X |
| CB4   | Students can pass on information, ideas, problems and solutions to both a specialized and non-specialized audience   |           |      |       | X |
| CB5   | Students have developed the learning skills needed to undertake further studies with a high degree of autonomy   |           |      |       | x |
| GENER |  |           | Weig | hting | j |

|     |  | 1 2 | 3 4 |
|-----|--|-----|-----|
| CG1 | Recognizing the essential elements of the medical profession,<br>including ethical principles, legal responsibilities, and<br>patient-centered professional exercise | X   |     |
| CG2 | Understanding the importance of such principles for the benefit of the patient, society and profession, with special attention to professional secrecy               | x   |     |
| CG6 | Developing professional practice with respect for other health professionals, acquiring teamwork skills  | ×   |     |





| CG12 | Understanding the basis of action, indications and efficacy of therapeutic interventions, based on available scientific evidence        | X |   |   |  |
|------|---|---|---|---|--|
| CG23 | Communicating effectively and clearly, both orally and in writing, with patients, family members, media workers and other professionals |   |   | x |  |
| CG30 | Basic knowledge of the National Health System and health legislation  |   | x |   |  |
| CG32 | Knowing how to use information and communication technologies in clinical, therapeutic, preventive and research activities              |   |   | x |  |

| SPECIFIC  | Weighting |   |     |  |
|---|-----------|---|-----|--|
|   | 1         | 2 | 3 4 |  |
| CE61 Assessing the risk-benefit ratio of diagnostic and therapeutic<br>procedures | x         |   |     |  |

| RANS | RANSVERSAL                              |   | hting | J                |
|------|---|---|-------|------------------|
|      | 1                                       | 2 | 3     | 4                |
| CT1  | Analytical and synthesis capacity       | x |       |                  |
| CT2  | Planification and organization capacity | x |       |                  |
| CT6  | Manage information capacity             | x |       |                  |
| CT9  | Team work                               |   | x     | 1                |
| CT12 | Interpersonal relationship skills       | x |       | -<br>-<br>-<br>- |
| CT14 | Critical reasoning                      |   | x     | 1                |
| CT16 | Individual learning                     | x |       |                  |
| CT18 | Creativity                              | x |       |                  |
| CT24 | Ability to take responsibility X        |   |       |                  |
| CT25 | Autocriticism capacity                  |   | x     |                  |

6/15





# Assessment system for the acquisition of competencies and grading system

| Assessed learning outcomes   | Granted percentage | Assessment method      |  |
|--|--------------------|------------------------|--|
| R3, R4, R5, R6, R7   | 0,00%              | Open questions         |  |
| R3, R4, R5, R6, R7   | 45,00%             | Tests                  |  |
| R2, R3, R4, R5, R6, R7,<br>R8, R9, R10, R11, R12,<br>R13, R14, R15 | 30,00%             | Practices              |  |
| R1   | 5,00%              | Participation in class |  |
| R12, R13, R14, R15   | 20,00%             | Practice exam          |  |

### Observations

### **MENTION OF DISTINCTION:**

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded. Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.





## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

| M1  | Masterclass  |
|-----|--|
| M2  | Problems resolution and practical cases                          |
| M4  | Content presentations by teacher                                 |
| M5  | Knowledges and skills explanation                                |
| M6  | Laboratory practices   |
| M7  | Oral presentation by student                                     |
| M8  | Group activities supervised by professor                         |
| M9  | Knowledge acquirance through student interaction and activity    |
| M11 | Personalised attention by professor                              |
| M12 | Tests to understand the level of knowledge acquirance and skills |
| M13 | Written work   |
| M14 | Online activity on e-learning                                    |
| M15 | Personal study   |
| M16 | Information research   |
| M17 | Discussion and solving issues in group                           |





- M18 Work in team
- M19 Group work for searching, discussion and information research
- M21 Supervision of clinical histories

## **IN-CLASS LEARNING ACTIVITIES**

|                           | LEARNING OUTCOMES  | HOURS | ECTS |
|---------------------------|--|-------|------|
| Theory class<br>M1, M4    | R3, R4, R5, R6, R7, R8,<br>R12   | 22,00 | 0,88 |
| Practices in small groups | R8, R12, R13, R14  | 8,00  | 0,32 |
| Tutoring<br>M2            | R9, R10, R12   | 4,00  | 0,16 |
| Evaluation<br>M5          | R1, R2, R3, R4, R5, R6, R7,<br>R8, R9, R10, R11, R12, R13,<br>R14, R15 | 4,00  | 0,16 |
| TOTAL                     |  | 38,00 | 1,52 |

## LEARNING ACTIVITIES OF AUTONOMOUS WORK

|                                | LEARNING OUTCOMES                  | HOURS | ECTS |
|--------------------------------|------------------------------------|-------|------|
| No attendance<br><sup>M2</sup> | R2, R3, R4, R5, R7, R8, R9,<br>R10 | 37,00 | 1,48 |
| TOTAL                          |                                    | 37,00 | 1,48 |
|                                |                                    |       |      |
|                                |                                    |       |      |
|                                |                                    |       |      |
|                                |                                    |       |      |
|                                |                                    |       |      |





## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

## Theoretical contents:

| Content block                                       | Contents   |  |  |
|---|--|--|--|
| I Basic concepts of Medicine and Health             | <ul> <li>Presentation of the subject. Concepts of Medicine as a science and as a profession. Historical genesis of health, disease and medical practice.</li> <li>Introduction to research and communication in Medicine. Main scientific documentation techniques. Initiation to the bibliographic search in Medicine. Elementary bases of the design of a scientific work.</li> </ul>  |  |  |
|   | ·Fundamental ideas and problems of scientific  |  |  |
|   | methodology. Specific characteristics of medical language.   |  |  |
| II: Basic knowledge for the practice of<br>Medicine | <ul> <li>Safety and hygiene measures in health personnel.</li> <li>Universal protection measures. Protocols for action after an accident due to puncture or contamination. Medical waste management</li> <li>Health systems of the European Union. The Spanish health system, its structure and operation. Function of the</li> </ul>  |  |  |
| III: Basic health knowledge                         | different health professions. Medical specialties.<br>Introduction to basic clinical examination: Detection and<br>measurement of vital signs and clinical constants.<br>Introduction to parenteral techniques: intramuscular,<br>subcutaneous and endovenous access; IV.<br>Introduction to the basic techniques of bandages and joint<br>immobilizations. Correct eye bandage. Types of basic<br>bandages according to their location and their shape.<br>Bandaging of various anatomical regions for each student |  |  |





## Temporary organization of learning:

| Block of content                                 | Number of sessions | Hours |
|--|--------------------|-------|
| I Basic concepts of Medicine and Health          | 6,00               | 12,00 |
| II: Basic knowledge for the practice of Medicine | 8,00               | 16,00 |
| III: Basic health knowledge                      | 5,00               | 10,00 |







## References

## **REFERENCE**

American Heart Association. 2020 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science. *Circulation*. 2020;142(suppl 2):337–357; 2020

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Cabré Pairet, Montserrat; Salmón Muñiz, Fernando (eds.) Sexo y género en medicina. Una introducción a los estudios de las mujeres y de género en ciencias de la salud. Santander, Publicaciones de la Universidad de Cantabria, 2013

Clinica Universidad de Navarra. Diccionario médico *on line* gratuito.

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Dorland B. Diccionario enciclopédico ilustrado de medicina (30ªed). Madrid: Elssevier; 2007 Laso Guzmán FJ. Introducción a la Medicina Clínica. 4ª Ed. Barcelona: Elssevier; 2020 López AI et alii. Guías didácticas: experiencias de su empleo en la asignatura Introducción a la Medicina General Integral. EDUMECENTRO [Internet]. 2019 Mar [acceso 28-Dic-2020]; 11(1) ): 121-131. Disponible en:

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López Piñero JM<sup>a</sup>, Terrada Ferrandis ML. Introducción a la terminología médica. 2<sup>a</sup> ed. Barcelona: Masson; 2005.

Merayo-Pérez A. Bravo-Pérez E. Gordón-Carbonell F. La comunicación con el paciente: habilidades emocionales para los profesionales de la salud. Madrid. Elssevier. 2014.

Real Academia Nacional de Medicina. Diccionario de Términos Médicos. Madrid: Panamericana; 2011

Sánchez González, MA. Historia de la medicina y humanidades médicas. Barcelona, Elsevier/Masson, 2012.

World Healt Organization. Healt systems. (e-page) [access 29-12-2019]

https://www.who.int/es/news-room/fact-sheets#A

Zabalegui Tamoz A, http:// 2020 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care [access 02 jan 2021]





## Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

## Situation 1: Teaching without limited capacity (when the number of enrolled

#### students is lower than the allowed capacity in classroom, according to the security

#### measures taken).

In this case, no changes are made in the guide of the subject.

### Situation 2: Teaching with limited capacity (when the number of enrolled

#### students is higher than the allowed capacity in classroom, according to the security

#### measures taken).

In this case, the following changes are made:

## 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:



Microsoft Teams



Kaltura





## Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

## 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:



**Microsoft Teams** 



Kaltura

Explanation about the practical sessions:





# 2. System for Assessing the Acquisition of the competences and Assessment System

**ONSITE WORK** 

### **Regarding the Assessment Tools:**

Х

The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.



The following changes will be made to adapt the subject's assessment to the online teaching.

| Course guide    |                      | Adaptatio                            | on                     |
|-----------------|----------------------|--------------------------------------|------------------------|
| Assessment tool | Allocated percentage | Description of the suggested changes | Platform to be<br>used |

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

### Comments to the Assessment System: