

Course guide

Year 2025/2026 243303 - -Supervised practicum I

Information about the subject

Degree: Bachelor of Science Degree in Physiotherapy

Faculty: Faculty of Medicine and Health Sciences

Code: 243303 Name: -Supervised practicum I

Credits: 6,00 ECTS Year: 3 Semester: 1

Module: MODULE 3: SUPERVISED PRACTICE

Subject Matter: Supervised Practice I Type: Internship

Field of knowledge: Health Sciences

Department: Physiotherapy

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

| 243A | Francisco Javier Falaguera Vera (Responsible Lecturer) | fj.falaguera@ucv.es |
|------|--|------------------------|
| | Eloy Jaenada Carrilero | eloy.jaenada@ucv.es |
| | Esther Ramos Castellano | esther.ramos@ucv.es |
| | Paula Blanco Giménez | paula.blanco@ucv.es |
| 243Q | Francisco Javier Falaguera Vera (Responsible Lecturer) | fj.falaguera@ucv.es |
| | <u>Cristina Campos Villegas</u> | cristina.campos@ucv.es |
| | Eloy Jaenada Carrilero | eloy.jaenada@ucv.es |
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Course guide

| 243Q | Juan Vicente Mampel | juan.vicente@ucv.es |
|--------|--|------------------------|
| | Luis Baraja Vegas | luis.baraja@ucv.es |
| | Marta Martinez Soler | marta.martinez@ucv.es |
| | <u>Mireia Yeste Fabregat</u> | mireia.yeste@ucv.es |
| 244DAF | Francisco Javier Falaguera Vera (Responsible Lecturer) | fj.falaguera@ucv.es |
| | Eloy Jaenada Carrilero | eloy.jaenada@ucv.es |
| | Esther Ramos Castellano | esther.ramos@ucv.es |
| | Jorge Alarcón Jiménez | jorge.alarcon@ucv.es |
| | Laura García Martínez | laura.gmartinez@ucv.es |
| | Monica Alonso Martin | monica.alonso@ucv.es |
| 474DF | Francisco Javier Falaguera Vera (Responsible Lecturer) | fj.falaguera@ucv.es |
| | Esther Ramos Castellano | esther.ramos@ucv.es |





Module organization

MODULE 3: SUPERVISED PRACTICE

| Subject Matter | ECTS | Subject | ECTS | Year/semester |
|----------------------------|-------|--------------------------|-------|---------------|
| Supervised Practice II | 18,00 | Supervised Practicum II | 18,00 | 4/1 |
| Supervised Practice III | 18,00 | Supervised practicum III | 18,00 | 4/2 |
| Supervised Practice I | 6,00 | -Supervised practicum I | 6,00 | 3/1 |

_earning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Integrates and knows how a hospital/physiotherapy centre works.
- R2 Does proper follow-up of patients with different pathologies and their treatments
- R3 Maintains an adequate patient-physiotherapist relationship.
- R4 Develops the capacity to guarantee the confidentiality of the user's and the professionals' data.
- R5 Critically analyses the work.





Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

| ASIC | | Weighting | | | | |
|------|--|-----------|---|---|--|---|
| | | 1 | 2 | 3 | | 4 |
| CB2 | Students know how to apply their knowledge to their work or vocation in a professional way and possess the skills usually demonstrated by developing and defending arguments and solving problems within their area of study. | | | | | X |
| CB3 | Students have the ability to gather and interpret relevant data (usually within their area of study) to make judgments that include reflection on relevant social, scientific or ethical issues. | | | X | | |
| CB4 | Students can convey information, ideas, problems and solutions to both specialized and non-specialized audiences. | | | | | x |
| CB5 | Students develop those learning skills necessary to undertake further studies with a high degree of autonomy. | | | X | | |

| GENEF | RAL | Weighting | | |
|-------|---|-----------|---|---|
| | | 1 2 | 3 | 4 |
| CG1 | Students know the methods, procedures and physiotherapeutic actions, for the free exercise of the profession. | | x | |
| CG2 | Students design objectives in the physiotherapeutic intervention of the pathologies to be treated. | | x | |
| CG3 | Correct application of therapeutics in re-education and functional recovery. | | | X |
| CG4 | Assess the functional state of the patient, considering the physical, psychological and social aspects. | | | X |

| SPECIFIC | Weighting |
|----------|-----------|
| | 1 2 3 4 |
| | |





| CE9 | Students assimilate theories of communication and interpersonal skills. | X | |
|------|--|---|---|
| CE20 | Students comprehend the implications of organisational arrangements and working models. | x | |
| CE21 | Students give proof of the criteria and indicators that guarantee the quality in the provision of the physiotherapy service, through the use of good clinical practice guidelines and professional standards. | | x |
| CE25 | The ethical, legal and professional conditions that make up the practice of Physiotherapy. | | X |
| CE28 | Students prepare and systematically fill in the complete Physiotherapy Clinical History, where all the steps followed from the reception of the patient/user to the report at the discharge of Physiotherapy are properly and efficiently recorded. | | X |
| CE30 | Students determine the Physiotherapy Diagnosis according to the internationally recognized standards and international validation instruments. This competency includes prioritizing the needs of the patient/user to attend with priority to those that most compromise the recovery process. | | X |
| CE31 | Students know how to design the Physiotherapy Intervention Plan. To elaborate a specific Physiotherapy Intervention Plan using problem-solving skills and clinical reasoning: in line with the available resources; formulating the intervention objectives with the user and, if appropriate, with the significant people in his environment, collecting his expectations regarding care; selecting the protocols or procedures most appropriate to the planned care, attending to criteria of appropriateness, validity and efficiency. | X | |
| CE32 | Students execute, direct and coordinate the Physiotherapy Intervention Plan, attending to the principle of the user's individuality and using the therapeutic tools typical of Physiotherapy, that is, the set of methods, procedures, actions and techniques that through the application of physical means: cure, recover, enable, rehabilitate, adapt and readapt people with deficiencies, functional limitations, disabilities and handicaps; prevent diseases and promote health to people who want to maintain an optimum level of health. | x | |





| CE33 | Students evaluate the evolution of the results obtained with the Physiotherapy treatment in relation to the objectives set and the established results criteria. To do this it will be necessary: to define and establish the results criteria; to carry out the evaluation of the evolution of the patient/user; to redesign the objectives according to the evaluation, if necessary; and to adapt the intervention or treatment plan to the new objectives, if necessary. | x | |
|------|--|---|---|
| CE35 | Students provide a Physiotherapy attention in an effective way, giving an integral assistance to the patients/users, for which it will be necessary: To interpret the medical prescriptions; to prepare the environment in which the Physiotherapy attention will be carried out so that it is comfortable; to keep the patient informed of the treatment that is applied, explaining him/her the tests and maneuvers that are practiced, the preparation that they require, and to exhort him/her to collaborate at all times; to register daily the application of the Physiotherapy attention, the evolution and the incidents of it. | X | |
| CE37 | Students relate effectively with the whole multidisciplinary team. This includes: establishing the objectives of Physiotherapy within the team; collecting, listening and assessing the reflections of the rest of the multidisciplinary team towards their actions; accepting and respecting the diversity of criteria of the rest of the team members; recognizing the competences, skills and knowledge of the rest of the health professionals. | | × |
| CE38 | Students incorporate the ethical and legal principles of the profession into the professional culture. This implies: respecting the rights of the patient/user and the relatives; identifying possible violations of these rights and taking appropriate measures to preserve them; identifying ethical problems in daily practice and applying reasoning and critical judgment in their resolution; participating in health care ethics committees and clinical research ethics committees; adjusting professional practice to the deontological conditions and legal regulations of professional practice; guaranteeing the confidentiality of user and professional data. | X | |





| CE40 | Students develop the teaching function as part of the professional practice. This includes: active participation in the training of physiotherapy professionals; participation in the development and delivery of educational programs related to physiotherapy aimed at professional groups, interdisciplinary and / or the general population; assess their own levels of knowledge, attitudes and skills; participate in professional evaluation processes, in general, and especially in those processes of re-certification established by the relevant administration. | | X |
|------|--|---|---|
| CE42 | Students develop planning, management and control activities for Physiotherapy services. This includes: participating in the preparation, management and execution of the health plan of the institution in which one works; establishing, defining and applying the operation of the Physiotherapy unit; establishing the health programs in the area of Physiotherapy; establishing, defining and applying the criteria of attention in Physiotherapy, using adequately the available resources, applying efficiency criteria as work tools and using technology adequately. | X | |
| CE44 | Students cope with stress, which involves the ability to control oneself and one's environment in stressful situations. | x | |
| CE45 | Students take some risks and live in uncertain environments, i.e. having the ability to carry out a responsibility without knowing 100% the final result. | x | |
| CE47 | Students maintain an attitude of learning and improvement. This includes expressing interest and acting in a constant search for information and professional improvement, committing to contribute to professional development in order to improve practice competence and maintain the status that corresponds to a qualified and regulated profession. | | x |
| CE48 | Students manifest a high degree of self-concept, with optimal self-acceptance, without self-centeredness but without prejudices. | | x |
| CE49 | Students conform to the limits of their professional competence in health care. | | x |
| CE50 | Students collaborate and cooperate with other professionals, enriching each other This includes: resolving most situations by establishing direct and assertive communication and seeking consensus; assisting other health professionals in professional practice; knowing interprofessional boundaries and employing appropriate referral procedures. | × | |





| CE51 Show respect, appreciation and sensitivity to the work of others. | | x |
|---|--|---|
| CE53 Express discretion, making appropriate use of the information available to him, preserving the dignity of the patient. | | x |

| TRANSVERSAL | | | Veig | hting | I |
|-------------|--|--|------|-------|---|
| | 1 | | 2 | 3 | 4 |
| CT1 | Decision-making | | | | x |
| CT2 | Problem solving. | | | | x |
| CT3 | Capacity for organization and planning. | | | x | |
| CT4 | Analysis and synthesis capacity. | | | | X |
| CT5 | Oral and written communication in the native language. | | | X | |
| CT6 | Information management capacity. | | | | X |
| CT7 | Computer skills related to the field of study. | | | x | |
| CT8 | Knowledge of a foreign language. | | | | |
| CT9 | Ethical commitment. | | | | X |
| CT10 | Teamwork. | | | x | |
| CT11 | Interpersonal relationship skills. | | | x | |
| CT12 | Work in an interdisciplinary team | | | x | |
| CT13 | Critical Reasoning | | | | x |
| CT14 | Work in an international context. | | | | |
| CT15 | Recognition of diversity and multiculturalism | | | | |
| CT16 | Motivation for quality | | | | x |





| CT17 | Adaptation to new situations. | | | x |
|------|---|---|---|---|
| CT18 | Creativity | | x | |
| CT19 | Autonomous learning | | x | |
| CT20 | Initiative and entrepreneurship | | x | |
| CT21 | Leadership. | x | | |
| CT22 | Knowledge of other cultures and customs | | | |
| CT23 | Sensitivity to environmental issues. | | | |





Assessment system for the acquisition of competencies and grading system

| Assessed learning outcomes | Granted percentage | Assessment method |
|----------------------------|--------------------|---|
| R1, R2, R3, R4, R5 | 40,00% | Evaluation of Practices by the Assistant Professor to Practice. |
| R1, R2, R3, R4 | 10,00% | Record of Attendance to the Outside Internship. |
| R1, R2, R3, R4, R5 | 50,00% | Internship Report |

Observations

To pass the subject it will be mandatory:

Collect and present all the documentation provided for carrying out the internship. Documentation that is not collected or delivered within the established deadlines may be sanctioned with 1 penalty point in the overall grade. Have complied with the hours and dates required and required in the relevant annexes. Submit the external tutor's notes before the agreed deadline that will be indicated in the initial meetings or through the communication channels that exist through the Platform or university email. Furthermore, the grade must be higher than 5. Present or deliver the practical report carried out by the student in the task created in the marked time and with the indicated conditions. Failure to deliver the Report in the UCV Platform Task within the indicated period is understood as "not presented" and automatically results in failure, and this absence cannot be corrected with its subsequent presentation in the exa review period. 'menes. To pass the subject, both the practical report and the external tutor's evaluation must have a minimum grade of 5.Passing is considered a minimum grade of 5 out of 10.Regarding attendance by the student, he or she must attend 90% of all hours and the rest 10% must be justified according to exam regulations (illness, trial, or death of a first-degree relative).)

All unjustified hours must be recovered in a timely manner in order to be evaluated.





MENTION OF DISTINCTION:

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded. Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M8 Face-to-face practical classes: The student will attend different physiotherapy centres and hospitals where he will attend to patients with professionals as required. Each professional will assess each practice according to the objectives and requirements stipulated in the teaching guide.
- M9 External practical tutorial: Personalised attention and in small groups. Period of instruction and/or orientation carried out by a tutor with the aim of reviewing and discussing the materials and topics presented in the classes, seminars, readings, completion of work
- M13 Production of works or reports





IN-CLASS LEARNING ACTIVITIES

| | LEARNING OUTCOMES | HOURS | ECTS |
|---------------------|-------------------|--------|------|
| SUPERVISED PRACTICE | R1, R2, R3, R4 | 120,00 | 4,80 |
| TOTAL | | 120,00 | 4,80 |

LEARNING ACTIVITIES OF AUTONOMOUS WORK

| | LEARNING OUTCOMES | HOURS | ECTS |
|-----------------|-------------------|-------|------|
| Autonomous work | R1, R2, R3, R4 | 30,00 | 1,20 |
| TOTAL | | 30,00 | 1,20 |

Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block

Contents

Temporary organization of learning:

Block of content

Number of sessions

Hours





References

