



## Information about the subject

**Degree:** Bachelor of Science Degree in Nursing

**Faculty:** Faculty of Medicine and Health Sciences

**Code:** 1211108 **Name:** Fundamentals of Nursing

**Credits:** 6,00 **ECTS Year:** 1 **Semester:** 1

**Module:** NURSING SCIENCES (67.5)

**Subject Matter:** FUNDAMENTOS DE ENFERMERÍA **Type:** Basic Formation

**Field of knowledge:** ENFERMERÍA

**Department:** Nursing

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

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## Module organization

### NURSING SCIENCES (67.5)

Subject Matter	ECTS	Subject	ECTS	Year/semester
FUNDAMENTOS DE ENFERMERÍA	12,00	Fundamentals of Nursing	6,00	1/1
		Nursing Methodology	6,00	1/2
ENFERMERÍA COMUNITARIA	10,50	Community Health Nursing	6,00	1/2
		Community Health Nursing II	4,50	3/2
ENFERMERÍA EN LAS DIFERENTES ETAPAS DEL CICLO VITAL	16,50	Care for Elderly People	6,00	2/2
		Care for Women	4,50	3/1
		Nursing Care in Childhood and Adolescence	6,00	2/2
ENFERMERÍA CLÍNICA	12,00	Nursing Care of the Adult I	6,00	2/2
		Nursing Care of the Adult II	6,00	3/1
ENFERMERÍA EN SALUD MENTAL	6,00	Nursing Care in Mental Health	6,00	4/1
LEGISLACIÓN Y GESTIÓN	4,50	Legislation and Management of Nursing Services	4,50	3/2
CUIDADOS PALIATIVOS	6,00	Palliative Care	6,00	3/1



INTEGRIDAD CUTÁNEA	4,50	Nursing Care of the Skin	4,50	This elective is not offered in the academic year 25/26
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## Recommended knowledge

No specific prior knowledge is required

## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 R21. Identificar, integrar y relacionar el concepto de salud y los cuidados, desde una perspectiva histórica, para comprender la evolución del cuidado de enfermería.
- R2 R22. Distinguir desde una perspectiva ontológica y epistemológica, la evolución de los conceptos centrales que configuran la disciplina de enfermería, así como los modelos teóricos más relevantes.
- R3 R25. Determinar los principios que sustentan los cuidados integrales de enfermería.
- R4 R54. Realizar técnicas y/o procedimientos de Enfermería dirigidos a evaluar el estado fisiológico de las personas.
- R5 R69. Aplicar los conceptos metaparadigmáticos de la enfermería (persona, entorno, cuidar y salud)



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

BASIC	Weighting			
	1	2	3	4
HAB10 To understand from an ontological and epistemological perspective, the evolution of the central concepts that shape the nursing discipline, as well as the most relevant theoretical models, applying the scientific methodology in the care process and developing the corresponding care plans.				X
HAB11 Apply the nursing process to provide and ensure the well-being, quality, and safety of the individuals served.	X			
HAB12 Know and apply the principles that support comprehensive nursing care.	X			
HAB17 Analyze the data collected in the assessment, prioritize the problems of the adult patient, establish and implement the care plan, and conduct its evaluation.	X			
HAB18 Carry out nursing care techniques and procedures, establishing a therapeutic relationship with patients and their families.		X		
SPECIFIC	Weighting			
	1	2	3	4
CON9 Identify, integrate, and relate the concept of health and care from a historical perspective to understand the evolution of nursing care.				X



## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R5	70,00%	Written exams
R4	25,00%	Practical tests and assignments
R4, R5	5,00%	Attendance and participation

### Observations

Minimum criteria for passing the course: Passing at least 50% of the written test, the independent assignment, and attending 100% of the seminar.

**WRITTEN TEST (worth 70%):** This will consist of 30 multiple-choice questions (4 points) with 4 answer options. The following formula will be used to correct the multiple-choice questions:  $A - (E/n - 1)$ , where A is the number of correct answers, E is the number of errors, and n is the number of answer options.

**PRACTICAL TESTS AND ASSIGNMENTS (worth 25%):** Activities will be carried out, both in class and at home, individually, following the teacher's instructions. All activities will be corrected according to the rubric guidelines. It will consist of critical readings and commentary on articles, clinical cases on nursing functions, comparisons of needs/patterns/Maslow's hierarchy.

**SEMINAR (worth 5%):** A seminar on basic CPR and the Heimlich manoeuvre will be held, which is compulsory to attend. This will be followed by a practical test that will determine the seminar grade, which must be above 50% (according to the rubric) in order to be averaged with the rest of the grades.

Spelling mistakes, grammatical inconsistencies and 'text message' language appearing in assignments, exams or other assessment tools will result in the loss of a percentage of the mark awarded for the exercise (scored according to the rubric).

**COURSE DEVELOPMENT IN SECOND AND SUBSEQUENT ENROLMENTS:** There will be a specific group for students who are not first-time enrolments and a teacher in charge of that group. The teacher in charge of this group will conduct follow-up and tutoring sessions. In each session, the subject will be developed in such a way as to reinforce the skills that each student needs in order to pass the subject. The assessment of content will take place on the date set in the official calendar for this subject.

**Assessment criteria for SECOND AND SUBSEQUENT ENROLMENTS / Erasmus students:**

Minimum criteria for passing the subject: Have passed at least 50% of the written test and independent work.



·WRITTEN TEST: will account for 70% of the subject assessment, with 30 multiple-choice questions.

·INDEPENDENT WORK: the teacher will assign independent work that will account for 30% of the grade.

The following formula will be used to grade the multiple-choice questions:  $A - (E/n - 1)$ , where A is the number of correct answers, E is the number of errors, and n is the number of answer choices.

In this course, the option of *single assessment* IS NOT available, as practical activities and active participation are mandatory.

### **Annex I. USE OF ARTIFICIAL INTELLIGENCE (AI):**

Students are permitted to use AI for the following purposes:

- Clarifying doubts related to learning activities.
- Assisted learning, such as alternative explanations or self-assessment exercises.
- Searching for supplementary study resources and references.

Students are NOT permitted to use AI for:

- Recording or transcribing, in whole or in part, any classroom activity with the intention of obtaining summaries or notes generated by AI.
- Generating text for assignments connected to the activities proposed in the course.
- Submitting AI-generated work as their own.
- Providing AI with examination questions, exercises, or assessment tasks in order to obtain automatic answers.

**Citation and Attribution Requirements:** Where AI is utilised in any activity, students must cite the name of the tool, specify the section of the activity in which it was employed, identify the AI used, and clarify the purpose of its use (e.g., source consultation, stylistic analysis, knowledge expansion, etc.).

### **MENTION OF DISTINCTION:**

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded. Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.



## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Presentation, explanation, and demonstration of content by the lecturer, and active listening, elaboration, and formulation of questions that organise the information received
- M2 Activities carried out in specialised areas and with specialised equipment
- M3 Personalised attention and small-group work. Period of instruction and/or guidance provided by a tutor in order to review and discuss the materials and topics presented in classes, seminars, readings, assignments, etc
- M4 Set of oral and/or written tests used in the initial, formative, or summative assessment of the student
- M5 Student study: Individual preparation of reading materials, essays, problem-solving activities, seminars, assignments, reports, etc., to be presented or submitted in lectures, practical classes, and/or small-groups. Work carried out on the university platform (<https://campusvirtual.ucv.es/>)
- M6 Group preparation of reading materials, essays, problem-solving activities, assignments, reports, etc., to be presented or submitted in lectures, practical classes, seminars, and/or small-groups. Work carried out on the university platform (<https://campusvirtual.ucv.es/>)
- M7 Group work sessions supervised by the lecturer. Case studies, diagnostic analyses, problem-solving activities, fieldwork, computer lab activities, visits, data searches, online libraries, Internet, etc. Meaningful knowledge construction through student interaction and activity.
- M8 Supervised monographic sessions with shared participation



## IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Participatory lecture Presentation, explanation, and demonstration of content by the lecturer, along with active listening, and the development and formulation of questions that organise the information received. M1	R1, R2, R3	38,00	1,52
Practical classes Group work sessions supervised by the lecturer. Case studies, diagnostic analyses, problem-solving activities, fieldwork, computer lab activities, visits, data searches, libraries, online resources, Internet, etc. Meaningful knowledge construction through student interaction and activity M6, M8	R1, R3, R5	10,00	0,40
Support sessions Personalised and small-group mentoring. Period of instruction and/or guidance provided by a tutor with the aim of reviewing and discussing the materials and topics presented in classes, seminars, readings, assignments, etc M3	R3	6,00	0,24
Assessment Set of oral and/or written tests used in the initial, formative, or summative evaluation of the student M4	R1, R2, R5	4,00	0,16
Workshops Supervised monographic sessions with shared participation M2, M8	R4	2,00	0,08
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
Independent work Individual preparation of reading materials, essays, problem-solving activities, seminars, assignments, reports, etc., to be presented or submitted in lectures, practical classes, and/or small-group sessions. Work carried out on the university platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> ). M5	R1, R2, R3	70,00	2,80
Group work Group preparation of reading materials, essays, problem-solving activities, assignments, reports, etc., to be presented or submitted in lectures, practical classes, seminars, and/or small-group tutorials. Work carried out on the university platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> ) M6, M7	R1, R2, R3	20,00	0,80
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>



## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

Content block	Contents
History of Nursing	<ul style="list-style-type: none"><li>·History of Nursing.</li><li>·Nursing and its historical evolution. Concepts and social and cultural determinants.</li><li>·Historical development of nursing studies in Spain.</li></ul>
Nursing Profession and Its Functions	<ul style="list-style-type: none"><li>·Nursing as a profession. Concept and evolution of the nursing profession.</li><li>·Nursing functions. Analysis of care, teaching, research, and managerial functions.</li><li>·Areas of nursing practice.</li></ul>
Nursing Metaparadigm	<ul style="list-style-type: none"><li>·Analysis of the concept of caring.</li><li>·Analysis of the concepts of health, well-being, and illness.</li><li>·Introduction to the nursing conceptual framework.</li></ul>
Main Nursing Theories and Models	<ul style="list-style-type: none"><li>·Conceptual models of nursing. Introduction to the study of nursing theories and models. Analysis of the concept of person in the different nursing models.</li></ul>
Seminars	Basic CPR and Heimlich maneuver.



## Temporary organization of learning:

Block of content	Number of sessions	Hours
History of Nursing	8,00	16,00
Nursing Profession and Its Functions	10,00	20,00
Nursing Metaparadigm	4,00	8,00
Main Nursing Theories and Models	7,00	14,00
Seminars	1,00	2,00

## References

1. Potter P.A, Perry A.G. Fundamentos de Enfermería. Ed. Elsevier. 2019
2. Benavent, M<sup>a</sup> A. Fundamentos de enfermería. Madrid. DAE. 2001
3. Berman, A. Fundamentos de Enfermería: conceptos, proceso y prácticas. Vol 1. Madrid. Pearson Prentice Hall. 2008.
4. Martinez M.L. Historia de la Enfermería: evolución histórica del cuidado enfermero. Barcelona: Elsevier, 2011.
5. Marriner- Tomeya : Modelos y Teorías de Enfermería .3.ed. Madrid: Mosby Doyma. 1994.
6. Kozier B. Fundamentos de enfermería, conceptos, proceso y práctica. Vol.1. Madrid. Mc Graw-Hill. Interamericana de España. 2004.
7. Siles Gonzalez, J. Historia de Enfermería. DAE 2011.
8. Ley General de Sanidad 14111986 de 25 de Abril
9. Colegio Enfermería de Valencia [sede Web]. Disponible en <http://www.enfervalencia.org/pub/colegio>