



Information about the subject

Degree: Bachelor of Science Degree in Nursing

Faculty: Faculty of Medicine and Health Sciences

Code: 1210304 **Name:** Nursing Care of Women

Credits: 4,50 **ECTS Year:** 3 **Semester:** 1

Module: Nursing sciences

Subject Matter: Nursing at different stages of the life cycle **Type:** Compulsory

Field of knowledge: Health care

Department: Nursing

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Universidad
**Católica de
Valencia**
San Vicente Mártir

Course guide

Year 2025/2026
1210304 - Nursing Care of Women

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Module organization

Nursing sciences

Subject Matter	ECTS	Subject	ECTS	Year/semester
Nursing bases	12,00	Fundamentals of Nursing	6,00	1/1
		Nursing Methodology	6,00	1/2
Community nursing	10,50	Community Health Nursing I	6,00	1/2
		Community Health Nursing II	4,50	3/2
Nursing at different stages of the life cycle	16,50	Nursing Care in Childhood and Adolescence	6,00	2/2
		Nursing Care of the Elderly	6,00	2/2
		Nursing Care of Women	4,50	3/1
Clinical nursing	12,00	Nursing Care of the Adult I	6,00	2/2
		Nursing Care of the Adult II	6,00	3/1
Mental health nursing	6,00	Nursing Care in Mental Health	6,00	4/1
Legislation and management	4,50	Legislation and Management of Nursing Services	4,50	3/2
Palliative care	4,50	Chronic and Terminal Patient Care	4,50	3/1



Recommended knowledge

No prerequisites specified

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 That the student is able to carry out nursing care based on comprehensive health care, which involves multi-professional cooperation, integration of processes and continuity of care.
- R2 The student must be capable of applying the nursing process to provide and guarantee the well-being, quality and safety of the people being cared for.
- R3 That the student knows and applies the principles that support the integral care of nursing.
- R4 The student will be able to direct, evaluate, and provide comprehensive nursing care to the individual, family, and community.
- R5 The student will be able to identify care needs arising from health problems.
- R6 The student will be able to select interventions to treat or prevent problems arising from health deviations.
- R7 That the student is capable of having a cooperative attitude with the different members of the team.
- R8 The trainee must be able to identify the characteristics of women in the different stages of the reproductive cycle and in the climacteric and the alterations that can occur, providing the necessary care in each stage.
- R9 The student must be able to apply general care during the maternity process to facilitate the adaptation of women and newborns to new demands and prevent complications.
- R10 That the student is capable of providing care, guaranteeing the right to dignity, privacy, intimacy, confidentiality and decision-making capacity of the patient and family.
- R11 That the student is able to individualize care considering age, gender, cultural differences, ethnic group, beliefs and values.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

BASIC		Weighting			
		1	2	3	4
CB1	Students have demonstrated possession and understanding of knowledge in an area of study that is at the core of general secondary education, and is often at a level that, while supported by advanced textbooks, also includes some aspects that involve knowledge from the cutting edge of their field of study.			X	
CB2	Students are able to apply their knowledge to their work or vocation in a professional way and possess the skills usually demonstrated by developing and defending arguments and solving problems within their area of study.				X
CB3	Students have the ability to gather and interpret relevant data (usually within their area of study) to make judgments that include reflection on relevant social, scientific or ethical issues.		X		
CB4	That students can convey information, ideas, problems and solutions to both specialized and non-specialized audiences.				X
CB5	Students have developed those learning skills necessary to undertake further study with a high degree of autonomy.				X
GENERAL		Weighting			
		1	2	3	4
CG0	Good Public Speaking.			X	
SPECIFIC		Weighting			
		1	2	3	4
3c	To apply the process of nursing to guarantee wellbeing and safety for the patient.				X



4c	Knowing and applying the principles that support comprehensive nursing care.				X
5c	To direct, evaluate, and give the integral care for nursing to the individual family and community.				X
8c	To promote a participation of persons, family, and groups in their own process of health and disease.			X	
15c	To identify care needs derived from health problems.				X
18c	To select interventions leading to treating or preventing the problems derived from the deviations of health.			X	
19c	To have a cooperative attitude towards the different members of the team.			X	
20c	To identify women's characteristics at different stages of their reproductive cycle, menopause and alterations that may occur by giving nursing care at each stage.				X
21c	To apply the general care during the process of maternity to facilitate the adaptation of women and neonates to new demands and to prevent complications.				X
37c	To provide care, guaranteeing the right to dignity, privacy, intimacy, confidentiality and the patient's and family's capacity to make decisions.			X	

TRANSVERSAL		Weighting			
		1	2	3	4
1	To be able, within the framework of nursing, to give technical and professional care to carers, of the correct needs of these persons in agreement with development of the scientific knowledge in each moment and with the levels of quality and safety that are established by the legal and the deontological norms which are applicable.				X
2	To plan and give nursing care directed towards persons, families or groups with the aim of improving health, evaluating its impact through guidelines of clinical practice which are described in the process by which a health problem is diagnosed, treated or taken care of.			X	
4	To understand the interactive behaviour of the person regarding gender, group or community within a social and multicultural context.			X	



5	To design caring systems directed towards persons, families or groups, evaluating the impact of such systems and establishing the appropriate modifications.				X
6	To base interventions in nursing on scientific evidence and on the available means.				X
7	To understand people without prejudices, taking into account their physical, psychological, and social aspects, as independent and autonomous individuals, ensuring respect for their opinions, beliefs or values, always guaranteeing their right to privacy through professional confidentiality and secrecy.				X
8	To promote and respect the right to participate in decision taking for the patients in agreement with the way in which they live their process of health – disease				X
9	To promote healthy life spans, to promote taking care of each person by themselves and support the maintenance of preventive and therapeutic measures.				X
10	To protect the health and well-being of persons, family or groups, guaranteeing their health and safety.				X
11	To establish efficient communication with patients, family, social groups, and companions to promote education for health.				X
14	To establish means of evaluation regarding scientific and technical aspects and those of the quality required.			X	
16	To understand the systems of information related to health.			X	
17	To promote nursing care based on the attention to health involving multiprofessional cooperation, integration in the process and continuity in the care of patients			X	



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R2, R3, R5, R6, R8	65,00%	Theoretical written exams
R1, R2, R3, R4, R5, R8, R9, R10, R11	30,00%	Practical tests and works
R3, R7	5,00%	Attendance and active participation

Observations

In this course we will work on the NANDA domains:

- SEXUALITY/REPRODUCTION. Class 3: reproduction
- SAFETY. Class 1: infection
- COMFORT. Class 1: physical comfort
- ROLE/RELATIONSHIPS.

Evaluation criteria:

In order to pass the course, it will be **compulsory**:

- Pass all evaluation tools (the written exam, group work, and attendance and participation).
- The value of the written exam will be 65% of the total of the subject.
- The value of the group work will be 30% (written work 20% and exhibition 10%). That will be evaluated using a rubric (they will be uploaded to the platform). If more than 25% of plagiarism is observed in the introduction, the work will be failed and a new work will have to be handed in again in the second exam.
- Attendance and participation in the teaching sessions will be assessed with 5%. This will be done through activities developed in the classroom.

The OBJECTIVE WRITTEN TEST will consist of 45 multiple-choice questions, in which failures will be penalised $[C-(F/n-1)]$ and will deal with the contents of the syllabus.

- The theoretical assessment will take place at the end of the course, through a **final theoretical test** and will consist of multiple-choice objective questions (multiple-choice). It will have a maximum duration of **one hour**.
- The correct use of language will be assessed. Lack of sufficient scientific evidence, spelling mistakes, grammatical inconsistencies will be penalized with a reduction of 0.1 point per fault committed.



Evaluation Criteria for Exchange Students:

- The **Erasmus/Mundus/SICUE** student, has the responsibility to contact the teacher of the subject through virtual tutoring informing of said situation at the beginning of the four-month period. The way to obtain the percentage of grades for this student will be as follows:
 - Objective test of identical structure and value as the rest of the students. 65%
 - Resolution of 1 clinical case related to the theoretical contents. 20%.
 - Teamwork will be replaced by a paper, which will be indicated by the lecturer responsible for the course. 15%.
- All **Erasmus/Mundus/SICUE** students will take the exams according to the indications of the responsible teacher in coordination with the International/Vice-deanship.

Comments regarding the evaluation of the course

- The grade that will appear in the minutes of the failed students will be the grade of the exam out of 10. The grade to appear on the report is 3.3 (one decimal place will be left).
- Students who have passed the written exam but who have not handed in their work will be given a mark of 4 in the first sitting and will have to present the pending work before the date indicated by the teacher in order to pass the course.
- Once the deadline for the assignment has passed, no assignments will be accepted. The assignments will not be reopened until the second sitting. In the second call, if the subject is not presented, it will be failed and the student will have to register again in the following academic year.
- Students (including ERASMUS/SICUE students) are responsible for accessing the platform on a continuous basis to know the timing of the activities.
- Criteria for the awarding of Honours Grades: In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded. Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.
- Correct use of language will be taken into account. Spelling mistakes and grammatical inconsistencies will be penalised with a reduction of 0.1 point per fault committed.
- The student has the right to know the grades of all the assessment tools included in the teaching guide at least one week before the written test and not on the date of the exam revision.



Development of the subject in second and subsequent enrolments:

Depending on academic needs, there may be a specific group for students who are not first-time enrolments and a teacher in charge of this group.

The lecturer in charge of the group of failed students (second and subsequent enrolments) will contact the students through the virtual campus and will indicate the days and times of the corresponding tutorials (if applicable).

In each session, the subject will be developed in such a way as to reinforce the work on the competences that each student needs in order to pass the subject.

The evaluation of contents will be done by means of a written test (40 multiple-choice questions) with a value of 70% and a practical case study with a value of 30% of the total grade of the subject. The content blocks and tasks to be developed in each session (if applicable) will be the same as those detailed in the theoretical content section of the ordinary subject.

MENTION OF DISTINCTION:

In accordance with the regulations governing the assessment and grading of subjects in force at UCV, the distinction of "Matrícula de Honor" (Honours with Distinction) may be awarded to students who have achieved a grade of 9.0 or higher. The number of "Matrículas de Honor" (Honours with Distinction) may not exceed five percent of the students enrolled in the group for the corresponding academic year, unless the number of enrolled students is fewer than 20, in which case a single "Matrícula de Honor" (Honours with Distinction) may be awarded. Exceptionally, these distinctions may be assigned globally across different groups of the same subject. Nevertheless, the total number of distinctions awarded will be the same as if they were assigned by group, but they may be distributed among all students based on a common criterion, regardless of the group to which they belong. The criteria for awarding "Matrícula de Honor" (Honours with Distinction) will be determined according to the guidelines stipulated by the professor responsible for the course, as detailed in the "Observations" section of the evaluation system in the course guide.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- | | |
|----|---|
| M1 | Exposition of contents by the teacher, analysis of competencies, explanation and demonstration of abilities, skills and knowledge in the classroom. |
| M2 | Group work sessions supervised by the teacher. Case study, diagnostic analysis, problems, field study, computer room, visits, data search, libraries, network, Internet, etc. Significant construction of knowledge through student interaction and activity. |
| M3 | Supervised monographic sessions with shared participation. |
| M4 | Application of interdisciplinary knowledge. |



- M5 Activities developed in spaces and with specialized equipment.
- M6 Personalized attention and in small groups. Period of instruction and/or orientation carried out by a tutor with the objective of reviewing and discussing the materials and topics presented in the classes, seminars, readings, completion of assignments, etc.
- M7 Set of oral and/or written tests used in the initial, formative or summative evaluation of the student.
- M8 Student study: Individual preparation of readings, essays, problem solving, seminars, papers, memoirs, etc. To expose or deliver in the theoretical classes, practical classes and/or small group tutorials. Work done on the university platform (www.plataforma.ucv.es).
- M9 Group preparation of readings, essays, problem solving, papers, memoirs, etc. To present or deliver in the theoretical classes, practical classes, seminars and/or small group tutorials. Work done on the university platform (www.plataforma.ucv.es).



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
Face-to-face class M1, M2, M3, M6, M9	R2, R5, R8	36,00	1,44
Seminar M3	R1, R2, R3, R4, R5, R6, R7, R8, R9, R10, R11	2,00	0,08
Exhibition of group works M2, M3, M6, M9	R1, R2, R3, R4, R5, R8, R9, R10, R11	4,00	0,16
Tutorial M6	R7	1,00	0,04
Evaluation M2, M7, M9	R2, R3, R5, R6, R7, R8, R9	2,00	0,08
TOTAL		45,00	1,80

LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
Student's self-employment M7, M8	R1, R2, R3, R4, R5, R8, R9, R10, R11	50,00	2,00
Group work M2, M3, M6, M9	R1, R2, R3, R4, R5, R7, R8, R9, R10, R11	17,50	0,70
TOTAL		67,50	2,70



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
ANATOMO-PHYSIOLOGICAL RECOLLECTION OF THE FEMALE GENITAL APPARATUS.	<ol style="list-style-type: none">1. Anatomy and physiology of the female genital apparatus. Menstrual cycle.2. Diagnosis of pregnancy. Local and general modifications of the maternal organism during pregnancy. Nursing care against gender violence.
OBSTETRICS: DEVELOPMENT OF NORMAL AND PATHOLOGICAL GESTATION. NURSING CARE DURING PREGNANCY.	<ol style="list-style-type: none">3. Development of normal gestation: Anamnesis, examination and laboratory tests. Feeding, vaccinations, hygienic measures. Nutritional nursing care during pregnancy.4. Development of pathological gestation.5. Nursing care in the pathology associated with pregnancy: emesis and hyperemesis gravidarum, diabetes, anemias, digestive and urinary pathology, hypertensive states (Preeclampsia, Eclampsia).6. Hemorrhages during pregnancy. Threatened miscarriage. Spontaneous abortion (missed abortion, abortion in progress, incomplete abortion). Placenta previa. Premature detachment of the placenta normo inserted. Nursing care of the woman with threatened abortion.



NORMAL AND PATHOLOGICAL LABOR AND PUERPERIUM.

7. Prodromal signs of labor: periods, clinical course. Nursing care for the comfort of the woman.
8. Normal puerperium. Changes in the maternal organism. Prevention of complications. Nursing care to improve parenting.
9. Care of dystocic labor.
10. Uterine rupture. Cord prolapse. Chronologically prolonged pregnancy. Tocurgy. Nursing care after cesarean section.
11. Pathology of childbirth and puerperium: hemorrhages, infections. Puerperal sadness. Nursing care for the safety of women in labor and puerperium.

HUMAN REPRODUCTION: MAINTENANCE OF HEALTH AND MAIN PROBLEMS. NURSING CARE.

12. Human reproduction and menstrual disorders. Sterility, infertility: causes, generalities and birth regulation. Nursing care in the reproductive process.

GYNECOLOGY

13. Nursing care in climacteric and menopause. Amenorrhea. Dysfunctional uterine bleeding, hypermenorrhea, metrorrhagia. Endometriosis. Dyspareunia.
14. Benign pathology of the genital tract: malformations, polyps, genital prolapse, urinary incontinence, myomas, ovarian cysts. Risk factors for gynecological cancer. Early diagnosis of cervical cancer. Cytology.



Temporary organization of learning:

Block of content	Number of sessions	Hours
ANATOMO-PHYSIOLOGICAL RECOLLECTION OF THE FEMALE GENITAL APPARATUS.	2,00	4,00
OBSTETRICS: DEVELOPMENT OF NORMAL AND PATHOLOGICAL GESTATION. NURSING CARE DURING PREGNANCY.	12,50	25,00
NORMAL AND PATHOLOGICAL LABOR AND PUERPERIUM.	2,00	4,00
HUMAN REPRODUCTION: MAINTENANCE OF HEALTH AND MAIN PROBLEMS. NURSING CARE.	3,00	6,00
GYNECOLOGY	3,00	6,00



References

BASIC REFERENCES

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Speroff L. Endocrinología ginecológica clínica y esterilidad. Ed. Lippincott Williams &Wilkins 2007. 2ª Ed Español. ISBN: 0-7817-4795-3

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