# **COURSE GUIDE**

# SOCIAL INTERVENTION DRUG ADDICTION

# **DEGREE IN SOCIAL EDUCATION**

Universidad Católica de Valencia

Year 2023-24

**COURSE GUIDE TO SOCIAL INTERVENTION DRUG ADDICTION** 





PI-02-F-16 ED. 00

		FCTC
		ECTS
MODULE: Socio-educational processes interv	ention	30
FIELD: Social intervention in specific contexts	3	30
Subject: Social intervention drug addiction		6
Type of learning <sup>1</sup> : Core	YEAR: 3 <sup>st</sup> Semester: 2 <sup>st</sup>	
Teacher: Gabriel Martinez Rico PhD Joana Calero Plaza PhD	Department: Inclusive education, community development and science occupation.	
	E-mail: gabi.martir	nez@ucv.es —

# **SUBJECT ORGANIZATION**

Socio-educational processes intervention		Nº E	Nº ECTS: 30	
Duration and temporal location within the curriculum:				
Subjects and Courses				
Subject	ECTS	ASIGNATURA		Curso/ semestre
		Old age social intervention	6	2/1
		Drug addiction social intervention	6	3/2
Social intervention in specific contexts	30	Disabilities social intervention	6	4/1
		Child abuse social intervention	6 2/1 6 3/2	2/2
		Family Social Intervention	6	2/2

 $<sup>^{1}</sup>$  Core Curricula, Internships, Degree Paper.





Prerequisites: N/A

#### **GENERAL GOALS**

- 1. To know the basic concepts related to drug addiction as well as models explanatory consumption.
- 2. To know the type of drugs, as well as its effects.
- 3. To determine risk factors and protective factors that increase, mitigating or inhibit the development of addictive behavior.
- 4. Study and evaluate intervention programmes aimed at prevention according to your level and scope.
- 5. Analyze the different approaches to treatment and rehabilitation programmes, (desintoxicaciondeshabituacion), in the field of addictive behaviors.

CROSS-SECTIONAL COMPETENCES <sup>2</sup>		Compe measurin			
Instrumental competences:	1	I	2	3	4
1.(1) Capacity of analysis and synthesis.					
2. (2) Capacity of organization and planning.			x		
3. (6) Capacity of managing information.				х	
4. (7) Capacity of problems solving.				х	
5. (8) Capacity of taking decisions.				х	
Interpersonal competences:		ı	2	3	4
(11) Interpersonal skills.					Х
SPECIFIC COMPETENCES <sup>3</sup>					
	1	I	2	3	4

<sup>&</sup>lt;sup>2</sup> Number all the competences correlatively. Each competence should be adjusted on a 1 to 4 scale.

Specific competences are adjusted on a 1 to 4 scale following the same criteria as with the cross-sectional ones.





PCA-27-F-01 Ed. 00

2.	(3) Ability to identify the different stages and the development of the target population.	х	
3.	(4) Ability to know and diagnose the special needs and main interests to		х
	plan the social educational performance.		
4.	(5) Ability to analyze and diagnose the current situations that might need the socio - educational performance.		X
5.	(6) Ability to know the pedagogical, sociological and psychological assumptions underlying the processes of the socio-educational performance.	х	
6.	(9) Ability to know and use the tools and necessary resources in the different performance areas.		х
7.	(14) Develop programmes and projects in the field of specialized education (behaviors, addictive, prison, groups at risk of exclusion, special educational needs)		х
8.	(15) Ability to know and use the specific techniques for socio-educational and community performance (team-building, motivation, negotiation, assertiveness, etc)		х
9.	(17) Be able to write and understand technical reports, research reports and performance assessments.	х	
10.	(20) Be empathetic, respectful, helpful and reliable with people and institutions related to the social education		х

LEARNINGOUTCOMES <sup>4</sup>	COMPETENCES
R-1. To know the different substances typologies, their effects and the basic concepts in addictive behavior.	2,3,4,7,8,9
R-2. To know mechanisms about psychology and physiology of addictive behavior.	1,4,7,8,9,14,15
R-3. To recognize the different preventive programs and their sustaining bases.	1,4,5,7,8,9,14,15,17

 $<sup>^{\</sup>rm 4}$  Learning Outcomes should be numbered correlatively following the proposed nomenclature.

**Important Note:** Competences are broadly presented in Teaching Guides. Therefore, including the learning outcomes in any Teaching Guide is necessary. These outcomes stand for one or several competences, specifying how much students have to know about a given topic. How Learning Outcomes are stated is also useful to know their assessment criteria. Learning Outcomes show whatever students should be able to prove at the end of a subject or a field. They also reflect the acquisition degree of a given competence or of a group of competences.

\_





R-4. To identify/ assess necessities, diagnose and choose the adequate treatment modality in dehabituation processes.	1,2,5,7,10,11,12,13,1 4,15,17
R-5. To be able to work in team and plan the design of prevention programs and/or deepen in topics related to addictive behavior.	4,5,6,11,12,13,14,15, 17

ON-CAMPUSEDUCATIONAL ACTIVITIES				
ACTIVITY	Teaching-Learning Methodology	Relationship With Learning Outcomes for the subject	ECTS⁵	
ON-CAMPUS CLASS	Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge.	R1, R2, R3, R4, R5,	1,4	
PRACTICAL CLASSES	Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc.  Meaningful construction of knowledge through interaction and student activity.	R2, R3, R4, R5,	0,28	
SEMINAR	Supervised monographic sessions with shared participation	R2, R3, R4, R5,	0,08	
GROUP PRESENTATION OF PAPERS	Application of multidisciplinary knowledge	R1, R2, R3, R4, R5,	0,4	
OFFICE ASSISTANCE	Personalized and small group attention. Period of instruction and/or orientation carried out by a tutor to review and discuss materials and topics presented in classes, seminars, readings,	R2, R3, R4, R5,	0,16	

This subject is divided into ON-CAMPUS EDUCATIONAL ACTIVITIES and into INDEPENDENT WORK ACTIVITIES, with an estimated ECTS allocation each. The following would be an appropriate distribution: 35-40% corresponding to On-Campus Educational Activities and 65-60% to Independent Work Activities. (In a 6 ECTS subject: 2.4 and 3.6

The teaching-learning methodology is broadly described in this Teaching Guide. It is fully presented in the didactic units into which this subject is organized.





#### PPI-02-F-16 ED. 00

	papers, etc.		
ASSESSMENT	Set of oral and/or written tests used in initial, formative or additive assessment of the student	R1, R2, R3, R4, R5,	0,08
		Total	(2,4*)

INDEPENDENT WORK ACTIVITIES				
ACTIVITY	Teaching-Learning Methodology	Relationship of Course with Learning Outcomes	ECTS	
GROUPWORK	Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions.  Work done on the university elearning platform (www.plataforma.ucv.es)	R1, R2, R3, R4, R5	1,8	
INDEPENDENT WORK	Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions.  Work done on the university e- learning platform (www.plataforma.ucv.es)	R1, R2, R3, R4, R5	1,8	
Total			(3,6*)	

## SYSTEM FOR ASSESSING THE ACQUISITION OF THE COMPETENCES AND ASSESSMENT SYSTEM





Assessment Tool <sup>6</sup>	LEARNING OUTCOMES ASSESSED	Allocated Percentage
Reports of attendance to classes	R1, R2, R3, R4, R5,	10%
Directed works, written memories, reflections to be submitted individually.	R2, R3 , R4, R5	10%
Work in team: elaboration of written and audiovisual material	R4, R5	20%
Assessment through objective/s proof/s(multiple-choice questions).	R2, R3 , R4, R5	60%

**Evaluation criteria:** You must obtain a grade equal to or greater than 5 out of 10 in each of these sections, so you can join the final grade. Otherwise, it would reserve the grade earned in the corresponding only to the second round of the course. In order to pass the course, it is necessary to demonstrate an advanced level of linguistic proficiency in all oral and written productions. Therefore, each spelling mistake will be penalized with 0.50 points in papers and exams. Three missing accents will be equivalent to one spelling mistake. For this purpose, the evaluation will include a long development question in the final exams.

#### Mention of distinction:

The mention of Distinction will be awarded to students who have achieved a score equal to or greater than 9.0. The number of Distinctions granted will not exceed 5% of students enrolled in a subject in the corresponding academic year unless enrollment is under 20, in which case only one Distinction may be granted. (Royal Decree 1125/2003).

# DESCRIPTION OF CONTENTS COMPETENCES

\_

<sup>&</sup>lt;sup>6</sup> Assessment Methods: exam-oral presentation, written tests (multiple-choice tests, open-ended questions tests, concept maps...), guided papers, projects, case studies, observation notebooks, portfolio, etc.





PI-02-F-16 ED. 00

DIDACTIC UNIT I:1. Foundations of addictive behavior:	
<ul> <li>Basic concepts</li> <li>Typology. Classification of substances and their effects.</li> <li>Physiological bases of addictive behavior.</li> <li>Psychological bases of addictive behavior.</li> <li>Theoretical explanatory models.</li> </ul>	1,2,3,13,14,15,16
DIDACTIC UNIT II: Risk and protective factors:	
<ul><li>Consumption causes.</li><li>Risk factors.</li><li>Protective factors.</li></ul>	1,3,15,16,18
DIDACTIC UNIT III: Prevention of addictive behaviors:	1, 2, 3, 4, 5, 9,10,11,12,13,17,18,1
<ul> <li>Objectives and strategies in prevention. Reduction of offer and demand. Levels and fields in prevention. Main prevention programs.</li> </ul>	9
DIDACTIC UNIT IV: Intervention and treatment of addictive behavior.	
<ul> <li>What's drugs dependence intervention?</li> </ul>	
- Attendance web.	1,2,3,4,5,9,10,11,13,1
<ul> <li>- Main psychological trends in intervention.</li> <li>- Transtheoretical model of ChangeMotivational interview.</li> </ul>	4,18,19,20,21
<ul> <li>- Main psychological trends in intervention.</li> <li>- Transtheoretical model of ChangeMotivational interview.</li> </ul>	4,18,19,20,21



#### **TEMPORAL ORGANIZATION OF LEARNING:**

	CONTENT/TEACHING UNIT	OF MEETINGS
2	Foundations of addictive behavior	10
3	Risk and protective factors	6
4	Intervention and treatment of addictive behavior	12

#### **REFERENCES**

#### **BIBLIOGRAFÍA BÁSICA:**

Becoña, E. (2001). Bases teóricas que sustentan los programas de prevención de drogas. Madrid. Ministerio del Interior. Delegación del Gobierno para el Plan Nacional de drogas.

Becoña, E. (2002). Bases científicas de la prevención de las drogodependencias. Madrid. Ministerio del Interior. Delegación del Gobierno para el Plan Nacional de drogas.

Miller, W. R. Y Rollnick, S. (Comps.). (1999). La entrevista Motivacional. Preparar para el cambio de Conductas Adictivas. Barcelona. Ed. Paidós.

#### **BIBLIOGRAFÍA COMPLEMENTARIA:**

Abeijón, J. y Urbano, A. (1999). *Las recaídas en Toxicomanías*. VI Encuentros Nacionales sobre Drogodependencias y su Enfoque Comunitario. Cpd de Cádiz.

American Psychiatric Association. (2002). *Manual diagnóstico y estadístico de los trastornos mentales-IV-Texto revisado*. Barcelona: Masson.

Beck, A.T., Wright, F.D., Newman, C.F. y Liese, B.S. (1993). *Terapia de las Drogodependencias*. Barcelona, Buenos Aires y México: Paidós.

Becoña, E y Cortés, MT. (2008). *Guía Clínica de Intervención Psicológica en Adicciones*. Editada por Socidrogalcohol.



#### PCA-27-F-01 Ed. 00

Bobes, J. y Calafat, A. (2000). *Monografía Cannabis*. Revista Adicciones. Vol. 12, suplemento 2. 2000.

Bobes, J; Casas, M. y Gutierrez, M. (2003). *Manual de Evaluación y Tratamiento de Drogodependencias*. Barcelona. Psiquiatría editores.

Casas Brugué, M. y Gossop, M. (1993). *Tratamientos psicológicos en drogodependencias: Recaída y Prevención de recaídas*. Barcelona. Ediciones en Neurociencias.

Casas, B. (1992). *Trastornos Psíquicos en las Toxicomanías*. Barcelona: Ediciones en Neurociencias.

Delegación del Gobierno para el Plan Nacional de drogas. *Estrategia Nacional sobre drogas*, (2009-2016). Madrid: Ministerio de sanidad y Política social. Delegación del Gobierno para el Plan Nacional de drogas.

Giner, F. y Cervera, G. (coords). (2001). *Trastornos Adictivos*. *Drogodependencias: clínica y tratamientos psicobiológicos*. Valencia. Generalitat Valenciana, Consellería de Bienestar Social.

Gónzalez, Juan Carlos y Poyo, Félix (2006). *Manual práctico sobre manejo de adicciones y patología asociada*. Madrid: Softmed.

Gual, A. (2002). *Monografía Alcohol*. Revista Adicciones. Vol. 14, suplemento 2002.

Haro, G. (2006). *Manual de la Terapia Psicoeducativa Motivacional Breve*. Madrid. Ergon.

Haro, G., Bobes, J., Casas, M., Didia, J. y Rubio, G. (2010). *Tratado sobre Patología Dual*. Barcelona: MRA.

Nanni, Ricardo I. (2009). *Tratado de Patología Dual*. México D.F.: Bioquimed.

Olcina, J., Casas, C. y Pérez, R. (1994). *Manual de Intervención Médica en Drogodependencias*. Valencia: Generalitat Valenciana

Pascual, F., Torres, M. y Calafat, A. (2001). *Monografía Cocaína*. Revista Adicciones. Vol. 13, suplemento 2. 2001.

Pedrero Pérez, E.J. El tratamiento de la dependencia de la cocaína guiado por la personalidad. *Trastornos Adictivos*. 2008;10(4):226-41.

Prochaska, J.O.; DiClemente, C. y Norcross, J.C. (1994). Como cambia la gente. Aplicaciones en los comportamientos adictivos. *RET, Revista de toxicomanías*, 1, 3-





12

14.

4

DIDACTIC UNIT IV:

Vielva, I., Pantoja, L., Abeijon, J.A. Las familias y sus adolescentes ante las drogas. Universidad de Deusto: Bilbao; 2001

TEMPORAL ORGANIZATION OF LEARNING: (Students of the subject in second and subsequent enrollments			
	CONTENT/TEACHING UNIT	# OF MEETINGS	
1	DIDACTIC UNIT I:	10	
2	DIDACTIC UNIT II:	8	
3	DIDACTIC UNIT III:	12	



# Addendum to the Course Guide of the Subject SOCIAL INTERVENTION DRUG ADDICTION

# (Social Education)

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject:

<u>Situation 1: Teaching without limited capacity</u> (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

# 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching.



Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:



# Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

# 1. Educational Activities of Onsite Work:

All the foreseen onsite activities described in this section of the Course Guide, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:





# Explanation about the practical sessions:

**2.** System for Assessing the Acquisition of the competences and Assessment System

# **ONSITE WORK**

# **Regarding the Assessment Tools:**

The Assessment Tools will not be modified. If onsite assessment is not
possible, it will be done online through the UCVnet Campus.
The following changes will be made to adapt the subject's assessment to
the online teaching.

Course guide		Adaptation	
Assessment	Allocated	Description of the	Platform to be
tool	Percentage	suggested changes	used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

## **Comments to the Assessment System:**



# **ONLINE WORK**

# Regarding the Assessment Tools:

The Assessment Tools will not be modified. If onsite assessment is no
possible, it will be done online through the UCVnet Campus.
The following changes will be made to adapt the subject's assessment to
the online teaching.

Course guide		Adaptation	
Assessment	Allocated	Description of the	Platform to be
tool	Percentage	suggested changes	used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.