



**PI-02-F-16 ED. 00**

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**COURSE GUIDE**  
**Universidad Católica de Valencia**

**GROUP DYNAMICS**

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**FACULTY OF TEACHING AND EDUCATIONAL SCIENCES**

Year 2023/24



## COURSE GUIDE TO GROUP DYNAMICS

|                                                                                            |                                                                                                             | ECTS |
|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|------|
| <b>MODULE:</b> Itinerary Optional courses: Educator Specialist in Sociocultural animation. |                                                                                                             | 30   |
| <b>FIELD:</b> Educator Specialist in Sociocultural animation.                              |                                                                                                             | 30   |
| <b>Subject:</b> Group dynamics                                                             |                                                                                                             | 6    |
| <b>Type of learning:</b> Optional                                                          | <b>YEAR:</b> 4º<br><b>Semester:</b> 1º                                                                      |      |
| <b>Teacher:</b> Dra. Joana Calero Plaza                                                    | <b>Department:</b> Department of Inclusive Education, Socio-community Development and Occupational Sciences |      |
|                                                                                            | <b>E-mail:</b> joana.calero@mail.com                                                                        |      |

## MODULE ORGANIZATION

| EDUCATOR SPECIALIST IN SOCIOCULTURAL ANIMATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |      |                               |      | Nº ECTS: 30     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-------------------------------|------|-----------------|
| <p><b>Duration and temporal location within the curriculum:</b> This module is one of the Elective Training Itineraries on offer in the Curriculum of Social Education. It has a total of 30 ECTS and consists of five different subjects, each of 6 ECTS. The first subject is active in the in the second half and in particular is "Social Participation and Partnership." The second is "Pedagogy of Leisure and Leisure" and is taught in third grade in the second half. The other three subjects are activated in the fourth grade, between the first and second semester. These are: "Group dynamics", "animation techniques, expression and creativity" and "the game as an educational tool." They all make up the module Educator Specialist in Socio.</p> |      |                               |      |                 |
| Field and Subject                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |      |                               |      |                 |
| Field                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | ECTS | Subject                       | ECTS | Course/semester |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 30   | Participation and partnership | 6    | 2/2             |



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|-------------------------------------------------|--|-----------------------------------------------------|---|-----|
| Specialist educator in sociocultural animation. |  | Group dynamics                                      | 6 | 4/1 |
|                                                 |  | Pedagogy of Leisure                                 | 6 | 3/1 |
|                                                 |  | The Game as an educational tool                     | 6 | 4/1 |
|                                                 |  | Expression's techniques and creativity's techniques | 6 | 4/2 |

**COURSE GUIDE TO THE SUBJECT: GROUP DYNAMICS****Prerequisites: None****GENERAL GOALS**

1. Improving the functioning of groups and the quality of its consequences for individuals.
2. Improving group performance standards, through knowledge of the strategies, techniques and resources of observation and group coordination.
3. Develop skills to improve the quality, effectiveness and productivity of teamwork.
4. Reducing the negative consequences of conflicts within or outgroup.
5. Establish appropriate guidelines and consensus for group interaction.

| <b>CROSS-SECTIONAL COMPETENCES</b>                 | <b>Competence measuring scale</b> |          |          |          |
|----------------------------------------------------|-----------------------------------|----------|----------|----------|
|                                                    | <b>1</b>                          | <b>2</b> | <b>3</b> | <b>4</b> |
| 1. Ability to organize and plan.                   |                                   |          |          | <b>X</b> |
| 7. Ability for problem-solving and decision-taking |                                   |          |          | <b>X</b> |
| 11. Interpersonal skills.                          |                                   |          |          | <b>X</b> |
| 8. Critical thinking ability                       |                                   |          | <b>X</b> |          |
| 13. Independence in learning.                      |                                   |          |          | <b>X</b> |
| 15. Creativity.                                    |                                   |          |          | <b>X</b> |



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| 12. Ethical commitment                                                                                                                                           |                                                                                                                                 |                                                     |   | X    |
| SPECIFIC COMPETENCES                                                                                                                                             |                                                                                                                                 |                                                     |   |      |
|                                                                                                                                                                  | 1                                                                                                                               | 2                                                   | 3 | 4    |
| 15. Ability to know and use the specific techniques for socio-educational and community performance (team-building, motivation, negotiation, assertiveness, etc) |                                                                                                                                 |                                                     |   | X    |
| 20. Be empathetic, respectful, helpful and reliable with people and institutions related to the social education.                                                |                                                                                                                                 |                                                     |   | X    |
| LEARNING OUTCOMES                                                                                                                                                | COMPETENCES                                                                                                                     |                                                     |   |      |
| R1 . The student is able to develop skills to improve the quality, effectiveness and productivity of teamwork.                                                   | G2-G7-G8-G11-G13-G14-G15-G12 y E15-E20                                                                                          |                                                     |   |      |
| R2. The student knows and values the group animation as changing engine socio through cooperation and participation.                                             | G2-G7-G8-G11-G13-G14-G15-G12 y E15-E20                                                                                          |                                                     |   |      |
| R3. The student is able to stimulate and motivate the desire to investigate and innovate, to design dynamic and group animation techniques.                      | G2-G7-G8-G11-G13-G14-G15-G12 y E15-E20                                                                                          |                                                     |   |      |
| R4. The student knows the importance of skills and attitudes related to the professionalism of the Social Educator, as an instrument of social change.           | G2-G7-G8-G11-G13-G14-G15-G12 y E15-E20                                                                                          |                                                     |   |      |
| ON-CAMPUS EDUCATIONAL ACTIVITIES                                                                                                                                 |                                                                                                                                 |                                                     |   |      |
| ACTIVITY                                                                                                                                                         | Teaching-Learning Methodology                                                                                                   | Relationship With Learning Outcomes for the subject |   | ECTS |
| ON-CAMPUS CLASS                                                                                                                                                  | Teacher presentation of contents, analysis of competences, explanation and in-class display of skills, abilities and knowledge. | R2, R4                                              |   | 1    |



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| PRACTICAL CLASSES                  | Group work sessions supervised by the professor. Case studies, diagnostic tests, problems, field work, computer room, visits, data search, libraries, on-line, Internet, etc. Meaningful construction of knowledge through interaction and student activity.                                                              | R1, R3                                               | 0.5         |
| WORK GROUP EXHIBITION              | Application of multidisciplinary knowledge                                                                                                                                                                                                                                                                                | R1, R3                                               | 0.7         |
| ASSESSMENT                         | Set of oral and/or written tests used in initial, formative or additive assessment of the student                                                                                                                                                                                                                         | R1, R2, R3, R4                                       | 0.2         |
| Total                              |                                                                                                                                                                                                                                                                                                                           |                                                      | 2.4         |
| <b>INDEPENDENT WORK ACTIVITIES</b> |                                                                                                                                                                                                                                                                                                                           |                                                      |             |
| <b>ACTIVITY</b>                    | <b>Teaching-Learning Methodology</b>                                                                                                                                                                                                                                                                                      | <b>Relationship of Course with Learning Outcomes</b> | <b>ECTS</b> |
| GROUP WORK                         | Group preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions.<br><br>Work done on the university e-learning platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> ) | R1,R2,R3,R4                                          | 1.6         |
| INDEPENDENT WORK                   | Student study: Group Individual preparation of readings, essays, problem solving, seminars, papers, reports, etc. to be presented or submitted in theoretical lectures, practical and/or small-group tutoring sessions.                                                                                                   | R1,R2,R3,R4                                          | 1.7         |



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|                                                                                                                                                                                                                                                                          | Work done on the university e-learning platform ( <a href="http://www.plataforma.ucv.es">www.plataforma.ucv.es</a> ) |                             |     |
| Total                                                                                                                                                                                                                                                                    |                                                                                                                      |                             | 3.6 |
| <b>SYSTEM FOR ASSESSING THE ACQUISITION OF THE COMPETENCES AND ASSESSMENT SYSTEM</b>                                                                                                                                                                                     |                                                                                                                      |                             |     |
| <b>Assessment Tool</b>                                                                                                                                                                                                                                                   | <b>LEARNING OUTCOMES ASSESSED</b>                                                                                    | <b>Allocated Percentage</b> |     |
| <b>Practice Activity:</b><br>Reflection and analysis of the chosen papers<br>Design of a meeting of dynamics of groups<br>Direction and coordination of a meeting of dynamics of groups<br>Evaluation of the meetings of dynamics of groups carried out in the classroom | R1, R3                                                                                                               | 10%                         |     |
|                                                                                                                                                                                                                                                                          |                                                                                                                      | 15%                         |     |
|                                                                                                                                                                                                                                                                          |                                                                                                                      | 15%                         |     |
|                                                                                                                                                                                                                                                                          |                                                                                                                      |                             |     |
| Final Test type test of the theoretical contents worked in the subject.<br>Learning notebook corresponding to the theoretical and practical application of the contents of the course.                                                                                   | R2,R4                                                                                                                | 30%                         |     |
|                                                                                                                                                                                                                                                                          |                                                                                                                      | 20%                         |     |
| Attendance and active participation in the group dynamics sessions designed, respecting and empathizing with the situations generated by the dynamics itself.                                                                                                            | R1, R2, R3, R7                                                                                                       | 10%                         |     |

\* Other skills will be acquired and evaluated through the practice in schools.

| DESCRIPTION OF CONTENTS                                                                                                                                                           | COMPETENCES                            |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|
| <b>DIDACTIC UNIT I.</b> Conceptualization group dynamics<br>1.1 Introduction and origin of group dynamics<br>1.2. Concept and stages of group<br>1.3. The evolution of group life | G2-G7-G8-G11-G13-G14-G15-G12 y E15-E20 |



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| <b>DIDACTIC UNIT II:</b> Communication<br>2.1 Communication in the group.<br>2.1 intergroup relations.<br>2.3 roles in the group: the leader and roles.                                                                             |                                                          | G2-G7-G8-G11-G13-G14-<br>G15-G12 y E15-E20 |
| <b>DIDACTIC UNIT III:</b> Techniques for dynamic groups<br>3.1 Types of techniques<br>3.2 Techniques for cooperation and intra and intergroup competition.<br>3.3 conflict resolution techniques.<br>3.4 Stimulation of the groups. |                                                          | G2-G7-G8-G11-G13-G14-<br>G15-G12 y E15-E20 |
| <b>TEMPORAL ORGANIZATION OF LEARNING:</b>                                                                                                                                                                                           |                                                          |                                            |
|                                                                                                                                                                                                                                     | <b>CONTENT/TEACHING UNIT</b>                             | <b>Nº OF MEETINGS</b>                      |
| 1                                                                                                                                                                                                                                   | <b>DIDACTIC UNIT I.</b> Conceptualization group dynamics | 9                                          |
| 2                                                                                                                                                                                                                                   | <b>DIDACTIC UNIT II:</b> Communication                   | 9                                          |
| 3                                                                                                                                                                                                                                   | <b>DIDACTIC UNIT III:</b> Techniques for dynamic groups  | 11                                         |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
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| <b>REFERENCES</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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