



Information about the course

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 284402 **Name:** Final Degree Project

Credits: 9,00 ECTS **Year:** 4 **Semester:** 2

Module: 6) Final Degree Project

Subject Matter: Final Degree Project **Type:** Trabajo Fin Grado

Branch of knowledge: Health sciences

Department: Basic Sciences and Cross-disciplinary Subjects

Type of learning: Classroom-based learning

Language/-s in which it is given: Spanish

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Module organization

6) Final Degree Project

Subject Matter	ECTS	Subject	ECTS	Year/semester
Final Degree Project	9	Final Degree Project	9	4/2



Learning outcomes

Al finalizar la asignatura, el estudiante deberá demostrar haber adquirido los siguientes resultados de aprendizaje:

R1 - Summarize, order, evaluate and contrast statistical data related to physical-sporting activity based on the scientific method.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Develop and implement the technical-scientific evaluation of the elements, methods, procedures, activities, resources and techniques that make up the manifestations of movement and the processes of physical condition and physical exercise; taking into account the development, characteristics, needs and context of individuals, the different types of population and the spaces where physical activity and sport are carried out; in the various sectors of professional intervention and with emphasis on special populations.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.

R2 - Interpret, adapt and transfer research results in interdisciplinary work groups in all areas of the CC of physical activity and sport.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas



- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
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R3 - Analyze, defend and assess the ethical-deontological principles of a CCAFD graduate.

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R4 - Design and analyze qualitatively and quantitatively the results of sports-physical activity programs applied in different populations and contexts.

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R5 - Analyze, discriminate and critically discuss various sources of documentary information (in Spanish and English) on methods and / or theories related to the Sciences of Physical Activity and Sport.

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R6 - Properly argue and justify methods, techniques, exercises and physical activity programs based on the type of population and context of application.

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R7 - Scientifically substantiate the content related to the different sports modalities.

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R8 - Design research projects and interpret habits, needs and desires of society in relation to games, disciplines and physical-sports activities.

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Assessment system

Modalidad presencial

Assessed learning outcomes	Granted percentage	Assessment tool
R1, R2, R4, R5, R6, R7, R8	50,00%	Individual or Group Work / Project.
R1, R2, R3, R6, R7	30,00%	Oral tests or presentation.
R4, R5, R6, R8	20,00%	Report and assessment of the Internal tutor.

Observations

·The student may keep the assessment instruments passed during the 3 years following the first enrolment.

·The student must pass 60% in the written work and 50% in the oral presentation.

·If any of these criteria is not met, the student will be graded with a maximum of 4.5.

·In the written test, the penalty system will be as follows:

·*Standard penalty system

·No options = no subtraction

·2 choices = 1 wrong subtract 100%.

·3 options = 1 wrong subtract 50%.

·4 options = 1 wrong subtracts 33.3%.

·5 options = 1 wrong subtract 25% 6 options = 1 wrong subtract 20% *Standard penalty system

·6 options = 1 wrong subtracts 20%.

This subject is NOT eligible for single assessment according to article 10.3 of the GENERAL RULES FOR ASSESSMENT AND GRADING OF OFFICIAL COURSES AND UCV's OWN DEGREES.

The detailed explanation (procedure of the tasks) as well as the assessment instruments (cards or rubrics) of each section will be published on the platform of each group at the disposal of the



Universidad
**Católica de
Valencia**
San Vicente Mártir

Guía Docente

284402 - Final Degree Project - Year 2025/2026

student.



Use of Artificial Intelligence Tools in the CAFD Degree Program

Use of Artificial Intelligence tools in the CAFD degree program In the Bachelor's Degree in Physical Activity and Sports Sciences (CAFD), the use of Artificial Intelligence (AI) tools is permitted in a complementary and responsible manner, as long as it contributes to active learning, the development of critical thinking, and the improvement of students' professional skills. Under no circumstances should AI replace personal effort, direct practice, or independent reflection, which are fundamental pillars of this degree program.

Permitted Uses of AI:

- Obtaining alternative explanations of theoretical or methodological concepts.
- Generating outlines, concept maps, or summaries to support study.
- Simulating interviews, questionnaires, or training sessions as part of methodological or research practices.
- Receiving feedback on report writing, provided that the original content is the student's own.
- Supporting the search for bibliography or scientific references, always contrasting with reliable and real academic sources, and respecting the CAFD regulations for the presentation of university work.

Prohibited Uses of AI:

- Writing complete sections of academic papers, classroom exercises and practices, internship reports, journals, or portfolios, as well as the Final Degree Project.
- Formulating hypotheses, objectives, or conclusions for academic work.
- Replacing qualitative or quantitative data analysis with automated tools without human validation.
- Creating videos, presentations, or avatars with AI as a substitute for the student's oral or practical presentation.
- Obtaining automatic answers to tests, rubrics, or assessable activities through the use of AI.

Citation and Attribution Guidelines:

- Any use of AI tools must be explicitly acknowledged in the submitted document (e.g., in a footnote or appendix).
- The name of the tool, the purpose of use (e.g., grammatical review, organization of ideas, interview simulation), and where it was used in the work must be indicated.
- Responsible use of AI will be evaluated within the framework of originality, academic honesty, and digital competence.

Additional recommendations:

Students are encouraged to combine the use of AI with traditional methods (manual problem solving, practical session design, direct observation, etc.) to ensure the comprehensive development of their skills.



If there are any doubts about the permitted use of AI in a specific activity, students should consult the faculty responsible for the course.

Actividades formativas

The methodologies to be used so that the students reach the expected learning outcomes will be the following:

M2 Resolution of problems and cases.

M6 Practical lesson.

M7 Group dynamics and activities.

IN-CLASS TRAINING ACTIVITIES

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases. Practical lesson. Group dynamics and activities.	10,00	0,40
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases. Practical lesson. Group dynamics and activities.	10,00	0,40



EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases. Practical lesson. Group dynamics and activities.	1,00	0,04
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases. Practical lesson. Group dynamics and activities.	10,00	0,40
TOTAL			31,00	1,24

TRAINING ACTIVITIES OF AUTONOMOUS WORK

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases. Practical lesson. Group dynamics and activities.	4,00	0,16
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases.	190,00	7,60
TOTAL			194,00	7,76



Description of contents

Descripción de contenidos necesarios para la adquisición de los resultados de aprendizaje.

Theoretical content:

Block of content	Contents
BLOCK I	General regulations for the Final Degree Project. Final Degree Project Teaching Guide. Timetable of the Final Degree Project.
BLOCK II	Orientation in the choice of topic/type of work. Types of Final Degree Project. Orientation and specific structure of each Final Project. Parts of the final dissertation.
BLOCK III	APA / Vancouver / Other normative citation. Appropriate use of Word / Powerpoint. Presentation format of the Final Degree Project. Writing, style, presentation,...
BLOCK IV	Techniques and resources necessary for the presentation and defence of the final degree project. Personal factors influencing oral communication. Control.



Temporary organization of learning:

Block of content	Sessions	Hours
BLOCK I	1	2,00
BLOCK II	1	2,00
BLOCK III	1	2,00
BLOCK IV	1	2,00

References

The director, through tutorials and in the Final Project seminars, depending on the type of project chosen by the student, will guide the student in the search for a suitable bibliography.



Information about the course

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Faculty: Faculty of Physical Activity and Sport Sciences

Code: 284402 **Name:** Final Degree Project

Credits: 9,00 ECTS **Year:** 4 **Semester:** 2

Module: 6) Final Degree Project

Subject Matter: Final Degree Project **Type:** Trabajo Final

Branch of knowledge: Health sciences

Department: Basic Sciences and Cross-disciplinary Subjects

Type of learning: Classroom-based learning

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Module organization

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- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.

R3 - Analyze, defend and assess the ethical-deontological principles of a CCAFD graduate.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Develop and implement the technical-scientific evaluation of the elements, methods, procedures, activities, resources and techniques that make up the manifestations of movement and the processes of physical condition and physical exercise; taking into account the development, characteristics, needs and context of individuals, the different types of population and the spaces where physical activity and sport are carried out; in the various sectors of professional intervention and with emphasis on special populations.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.



- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.

R4 - Design and analyze qualitatively and quantitatively the results of sports-physical activity programs applied in different populations and contexts.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Develop and implement the technical-scientific evaluation of the elements, methods, procedures, activities, resources and techniques that make up the manifestations of movement and the processes of physical condition and physical exercise; taking into account the development, characteristics, needs and context of individuals, the different types of population and the spaces where physical activity and sport are carried out; in the various sectors of professional intervention and with emphasis on special populations.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.



R5 - Analyze, discriminate and critically discuss various sources of documentary information (in Spanish and English) on methods and / or theories related to the Sciences of Physical Activity and Sport.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Develop and implement the technical-scientific evaluation of the elements, methods, procedures, activities, resources and techniques that make up the manifestations of movement and the processes of physical condition and physical exercise; taking into account the development, characteristics, needs and context of individuals, the different types of population and the spaces where physical activity and sport are carried out; in the various sectors of professional intervention and with emphasis on special populations.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.

R6 - Properly argue and justify methods, techniques, exercises and physical activity programs based on the type of population and context of application.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.



- Develop and implement the technical-scientific evaluation of the elements, methods, procedures, activities, resources and techniques that make up the manifestations of movement and the processes of physical condition and physical exercise; taking into account the development, characteristics, needs and context of individuals, the different types of population and the spaces where physical activity and sport are carried out; in the various sectors of professional intervention and with emphasis on special populations.
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- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.

R7 - Scientifically substantiate the content related to the different sports modalities.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Develop and implement the technical-scientific evaluation of the elements, methods, procedures, activities, resources and techniques that make up the manifestations of movement and the processes of physical condition and physical exercise; taking into account the development, characteristics, needs and context of individuals, the different types of population and the spaces where physical activity and sport are carried out; in the various sectors of professional intervention and with emphasis on special populations.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.



- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.

R8 - Design research projects and interpret habits, needs and desires of society in relation to games, disciplines and physical-sports activities.

Learning outcomes of the specified title

Type of AR: Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Develop and implement the technical-scientific evaluation of the elements, methods, procedures, activities, resources and techniques that make up the manifestations of movement and the processes of physical condition and physical exercise; taking into account the development, characteristics, needs and context of individuals, the different types of population and the spaces where physical activity and sport are carried out; in the various sectors of professional intervention and with emphasis on special populations.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
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Assessment system

Modalidad presencial

Assessed learning outcomes	Granted percentage	Assessment tool
R1, R2, R4, R5, R6, R7, R8	50,00%	Individual or Group Work / Project.
R1, R2, R3, R6, R7	30,00%	Oral tests or presentation.
R4, R5, R6, R8	20,00%	Report and assessment of the Internal tutor.

Observations

·The student may keep the assessment instruments passed during the 3 years following the first enrolment.

·The student must pass 60% in the written work and 50% in the oral presentation.

·If any of these criteria is not met, the student will be graded with a maximum of 4.5.

·In the written test, the penalty system will be as follows:

·*Standard penalty system

·No options = no subtraction

·2 choices = 1 wrong subtract 100%.

·3 options = 1 wrong subtract 50%.

·4 options = 1 wrong subtracts 33.3%.

·5 options = 1 wrong subtract 25% 6 options = 1 wrong subtract 20% *Standard penalty system

·6 options = 1 wrong subtracts 20%.

This subject is NOT eligible for single assessment according to article 10.3 of the GENERAL RULES FOR ASSESSMENT AND GRADING OF OFFICIAL COURSES AND UCV's OWN DEGREES.

The detailed explanation (procedure of the tasks) as well as the assessment instruments (cards or rubrics) of each section will be published on the platform of each group at the disposal of the



Universidad
**Católica de
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San Vicente Mártir

Guía Docente

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student.





Use of Artificial Intelligence Tools in the CAFD Degree Program

Use of Artificial Intelligence tools in the CAFD degree program In the Bachelor's Degree in Physical Activity and Sports Sciences (CAFD), the use of Artificial Intelligence (AI) tools is permitted in a complementary and responsible manner, as long as it contributes to active learning, the development of critical thinking, and the improvement of students' professional skills. Under no circumstances should AI replace personal effort, direct practice, or independent reflection, which are fundamental pillars of this degree program.

Permitted Uses of AI:

- Obtaining alternative explanations of theoretical or methodological concepts.
- Generating outlines, concept maps, or summaries to support study.
- Simulating interviews, questionnaires, or training sessions as part of methodological or research practices.
- Receiving feedback on report writing, provided that the original content is the student's own.
- Supporting the search for bibliography or scientific references, always contrasting with reliable and real academic sources, and respecting the CAFD regulations for the presentation of university work.

Prohibited Uses of AI:

- Writing complete sections of academic papers, classroom exercises and practices, internship reports, journals, or portfolios, as well as the Final Degree Project.
- Formulating hypotheses, objectives, or conclusions for academic work.
- Replacing qualitative or quantitative data analysis with automated tools without human validation.
- Creating videos, presentations, or avatars with AI as a substitute for the student's oral or practical presentation.
- Obtaining automatic answers to tests, rubrics, or assessable activities through the use of AI.

Citation and Attribution Guidelines:

- Any use of AI tools must be explicitly acknowledged in the submitted document (e.g., in a footnote or appendix).
- The name of the tool, the purpose of use (e.g., grammatical review, organization of ideas, interview simulation), and where it was used in the work must be indicated.
- Responsible use of AI will be evaluated within the framework of originality, academic honesty, and digital competence.

Additional recommendations:

Students are encouraged to combine the use of AI with traditional methods (manual problem solving, practical session design, direct observation, etc.) to ensure the comprehensive development of their skills.



If there are any doubts about the permitted use of AI in a specific activity, students should consult the faculty responsible for the course.

Actividades formativas

The methodologies to be used so that the students reach the expected learning outcomes will be the following:

M2 Resolution of problems and cases.

M6 Practical lesson.

M7 Group dynamics and activities.

IN-CLASS TRAINING ACTIVITIES

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases. Practical lesson. Group dynamics and activities.	10,00	0,40
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases. Practical lesson. Group dynamics and activities.	10,00	0,40



EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases. Practical lesson. Group dynamics and activities.	1,00	0,04
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases. Practical lesson. Group dynamics and activities.	10,00	0,40
TOTAL			31,00	1,24

TRAINING ACTIVITIES OF AUTONOMOUS WORK

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases. Practical lesson. Group dynamics and activities.	4,00	0,16
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces.	R1, R2, R3, R4, R5, R6, R7, R8	Resolution of problems and cases.	190,00	7,60
TOTAL			194,00	7,76



Description of contents

Descripción de contenidos necesarios para la adquisición de los resultados de aprendizaje.

Theoretical content:

Block of content	Contents
BLOCK I	General regulations for the Final Degree Project. Final Degree Project Teaching Guide. Timetable of the Final Degree Project.
BLOCK II	Orientation in the choice of topic/type of work. Types of Final Degree Project. Orientation and specific structure of each Final Project. Parts of the final dissertation.
BLOCK III	APA / Vancouver / Other normative citation. Appropriate use of Word / Powerpoint. Presentation format of the Final Degree Project. Writing, style, presentation,...
BLOCK IV	Techniques and resources necessary for the presentation and defence of the final degree project. Personal factors influencing oral communication. Control.



Temporary organization of learning:

Block of content	Sessions	Hours
BLOCK I	1	2,00
BLOCK II	1	2,00
BLOCK III	1	2,00
BLOCK IV	1	2,00

References

The director, through tutorials and in the Final Project seminars, depending on the type of project chosen by the student, will guide the student in the search for a suitable bibliography.