

Course guide

Year 2025/2026 284401 - Bachelor's Thesis

Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 284401 Name: Bachelor's Thesis

Credits: 12,00 ECTS Year: 4 Semester: 2

Module: 13) Degree dissertation

Subject Matter: Degree dissertation Type: Final Degree Project

Field of knowledge: Coordination of Internship – Grade Dissertation

Department: Basic Sciences and Cross-disciplinary Subjects

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

13) Degree dissertation

Subject Matter	ECTS	Subject	ECTS	Year/semester
Degree	12,00	Bachelor's Thesis	12,00	4/2
dissertation				

Recommended knowledge

GD's public presentation will not be performed until student does not reach 90% of grade's credits (216 ECTS).

earning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Ability for critical thinking using the acquired knowledge.
- R2 Transmission of any information properly related both in writing and orally.
- R3 Ability to synthesize and analyse the contents acquired in training grade applied to physical activity and sport in its different manifestations.
- R4 Find information necessary for the preparation of the Grade Dissertation.
- R5 Ability to develop skills for independent learning.
- R6 Ability to make and defend a Grade Dissertation that integrates the skills acquired during the Grade in Physical Education and Sports Sciences.
- R7 Ability to use new technologies and information technologies and communication.





Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			I
		I	2	3	4
CG1	Understanding scientific literature in English and other important languages widely used in the scientific field achieving a good management of information		X		
CG2	Ability to apply information technology and communication (ICT)		x		
CG3	Develop skills to solve problems through decision-making		x		
CG4	Transmit any information regarding the contents of body expression both in writing and orally				X
CG5	Plan and organize any activity efficiently		x		
CG7	Be capable of critical reasoning using the knowledge gained				x
CG10	Develop skills to adapt to new situations and autonomous learning			x	
CG11	Develop skills for creativity, initiative and entrepreneurship			x	
CG13	Being able to apply theoretical knowledge in practice		x		
CG14	Use Internet well as communication and as a source of information				x
CG15	Conveying the acquired knowledge both to specialists in the subject and to people who are not experts on it				x
CG16	Understanding other specialists proposals and communicating with them both in the student's own language and in a foreign language		X		
CG19	Developing habits aiming at obtaining excellence and quality at work			x	





SPECIF	FIC	V	Veig	hting	
	1	I	2	3	4
CE1	Knowing and understanding the contents within the scope of Physical Activity and Sports Science		x		
CE2	Acquiring the basic scientific knowledge to different areas of Physical Activity and Sports and understanding literature in the field of physical Activity sports in English and in the other important languages widely used in the scientific field achieving a good management of information				X
CE3	Knowing and understanding the physiological and biomechanical factors determining physical activity and sports		x		
CE4	Knowing and understanding behavioural and social elements which determine Physical activity and sport		x		
CE5	Know and understand the effects of the practice of body language and its manifestations in the personal development and health improvement		X		
CE6	Know and experience the practice of body language as a means of communication and personal and interpersonal relationship		x		
CE7	Know and understand the foundations, structure and function of body language in relation to human movement		x		
CE8	Knowing and understanding the structure and function of different forms human motor function		x		
CE9	Know and understand the different manifestations of expressive human movement		x		
CE10	Design, plan and evaluate content of body language to improve motor skills		x		
CE11	Promote and evaluate various expressive forms		x		
CE12	Plan, develop and control the theatrical process at different levels		X		
CE13	Applying physiological, biomechanical, behavioural and social principles to different fields of physical activity and sports		x		
CE14	Assessing physical condition and prescribing physical exercises with a view to improve health		x		
CE15	Identifying risks of inadequate physical activity on health		x		





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CE16 Planning, developing and assessing physical activity programmes

Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5	20,00%	Attendance at interviews, seminars and practical activities.
R1, R2, R3, R6, R7	30,00%	Oral exhibition of individual and / or group works.
R1, R2, R3, R4, R6, R7	50,00%	Design and evaluation of the final individual work supervised.

Observations

To overcome the subject in the 1st enrolment will be essential:

·It will be necessary to pass the Grade Dissertation have a grade of 50% of the points assigned to each of the sections of the aforementioned evaluation (supervising by the Supervisor, evaluation of written work presented and defence act).

•Reach 5 pts. at least between the various subsections of the assessment (except the active participation).

•Students who do not meet the requirements to pass the course but the overall rating is equal to or greater than 5 pts. will be rated at 4.5 pts.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M3 Resolution of problems and cases.
- M6 Practical lesson.





IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
PRACTICAL /SEMINAR CLASS: Dynamics and group activities. Resolution of problems and cases. Laboratory practices. Data search in a computer room, library Meaningful construction of knowledge through the interaction and activity of the student M3, M6	R1, R3, R4, R5, R7	11,30	0,45
TUTORY: Learning supervision, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of schemes and indexes of the proposed works	R1, R2, R3	7,50	0,30
M3			
EVALUATION: Set of oral and / or written tests used in the evaluation of the student, including	R1, R2, R3, R4, R6, R7	3,80	0,15
the oral presentation of the final project.			
THEORETICAL CLASS: Presentation of content by the teacher. Competency analysis. Demonstration of skills, abilities and knowledge in the classroom	R1, R3, R4, R5, R7	3,80	0,15
M3			
TOTAL		26,40	1,06





LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring.	R1, R2, R3, R6, R7	6,30	0,25
AUTONOMOUS WORK: Study, Individual preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. Platform activities or other virtual spaces.	R1, R2, R3, R4, R5, R6, R7	267,30	10,69
TOTAL		273,60	10,94





Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
ITEM I	·General regulation of GD
	·DG´s Teacher Guide
	·Calendar of GD
ITEM II	·Types of GD
	·GD´s parts
	GD's Presentation Format
	Orientation election theme / type of work
ITEM III	·Orientation to seeking information for preparation of the
	GD-bibliographic management software
	APA citation rules
	Proper use of Word / Powerpoint
ITEM IV	·Techniques and resources to the exposition and defence
	of GD
	 Influence of personal factors in oral communication.
	Control.
ITEM V	 Guidance and specific structure of each GD. Search for specific information and document review. Analysis and processing of information and / or data from GD. Writing, style, presentation,





Temporary organization of learning:

Block of content	Number of sessions	Hours
ΙΤΕΜΙ	1,00	2,00
	1,00	2,00
	1,00	2,00
ITEM IV	1,00	2,00
ITEM V	1,00	2,00

References

READING GUIDES INCLUDED IN EACH GRADE'S SUBJECTS.

The supervisor through mentoring and teachers at seminars itinerary Working Final Year, according to the type of work chosen by the student / a guide to them to search for adequate bibliography.