



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 283402 **Name:** Internship II

Credits: 6,00 **ECTS Year:** 4 **Semester:** 2

Module: 12) External practices

Subject Matter: Prácticum II **Type:** Internship

Field of knowledge: Coordinating external Practices

Department: Basic Sciences and Cross-disciplinary Subjects

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

CATR

Concepcion Ros Ros (**Responsible Lecturer**)

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Module organization

12) External practices

Subject Matter	ECTS	Subject	ECTS	Year/semester
Practicum I	6,00	Practicum I	6,00	4/1
Prácticum II	6,00	Internship II	6,00	4/2
Practicum III	6,00	Practicum III	6,00	4/2

Recommended knowledge

Have completed 24 credits in the chosen itinerary.

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Know the reality of work and competent part of the graduate in Sport Sciences.
- R2 Promote the analysis and reflection balanced through scientific knowledge and practical experience.
- R3 Manage information by synthesizing it to substantiate the points of the required documentation (portfolio).
- R4 Propose alternatives to the difficulties and problems that arise in the professional context.
- R5 Consider initial formation as the beginning of the formational process, and reflect on the gaps in the preparation and the specific need for a permanent professional renewal.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL	Weighting			
	1	2	3	4
CG2 Ability to apply information technology and communication (ICT)			X	
CG3 Develop skills to solve problems through decision-making				X
CG5 Plan and organize any activity efficiently				X
CG7 Be capable of critical reasoning using the knowledge gained				X
CG9 Knowing and complying with the professional ethics necessary to work				X
CG11 Develop skills for creativity, initiative and entrepreneurship				X
CG13 Being able to apply theoretical knowledge in practice				X
CG15 Conveying the acquired knowledge both to specialists in the subject and to people who are not experts on it				X
CG18 Being able to assess themselves				X
CG19 Developing habits aiming at obtaining excellence and quality at work				X
SPECIFIC	Weighting			
	1	2	3	4
CE1 Knowing and understanding the contents within the scope of Physical Activity and Sports Science				X



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4	30,00%	Delivery of the final practice report.
R1, R2, R3, R4	60,00%	Report and assessment of the tutor and the practice supervisor.
R5	10,00%	Student self-assessment in practices.

Observations

To pass the subject at 1st or 2nd enrolment:

- To pass the subject all the percentages must be passed by a rate of 5 or more.
- The portfolio not be accepted at the end of the process, if you have not done the timing and tracking schedule.
- All students that don't meet requirements to pass the course but the overall rating is equal to or greater than 5 will be rated with 4.5

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M3 Resolution of problems and cases.
- M7 Internship assistance.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
TUTORY: Learning supervision, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of schemes and indexes of the proposed works. M3	R1, R4, R5	25,00	1,00
PRACTICAL ASSISTANCE: The practices will be tutored by a tutor from the entity where they are carried out. There will also be a supervisor of the internship process belonging to the university. M3, M7	R2, R3, R4, R5	125,00	5,00
TOTAL		150,00	6,00

Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
UD I	Work meetings with the tutor (UCV).
UD II	Tutorships.



Temporary organization of learning:

Block of content	Number of sessions	Hours
UD I	12,00	24,00
UD II	63,00	126,00



References

BASIC BIBLIOGRAPHY:

RD.1707/2011 de 18 de noviembre por el que se regulan las prácticas académicas externas de los estudiantes universitarios (BOE sábado 10 de diciembre 2011.)

Normativa prácticas académicas externas UCV

Normativa adaptada al grado de Ciencias de la Actividad Física y del Deporte

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Serra, J.R. (2004). Prescripción del ejercicio físico para la salud. Barcelona: Paidotribo.