



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 283401 **Name:** Practicum I

Credits: 6,00 **ECTS Year:** 4 **Semester:** 1

Module: 12) External practices

Subject Matter: Practicum I **Type:** Internship

Field of knowledge: Coordinating external Practices

Department: Basic Sciences

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Universidad
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Course guide

283401 - Practicum I - Year 2021/2022

IGRD

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Module organization

12) External practices

Subject Matter	ECTS	Subject	ECTS	Year/semester
Practicum I	6,00	Practicum I	6,00	4/1
Prácticum II	6,00	Practicum II	6,00	4/2
Practicum III	6,00	Practicum III	6,00	4/2

Recommended knowledge

Have completed 24 credits in the chosen itinerary.

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Know the process and development of internships in the itinerary chosen.
- R2 Favour balanced analysis and reflection through scientific knowledge and practical experience.
- R3 Manage summarize information to substantiate the points of the required documentation (briefcase).
- R4 Suggest alternatives to the difficulties and problems that arise in the employment context.
- R5 Consider initial formation as the beginning of the formational process, and reflect on the gaps in the preparation and the specific need for a permanent professional renewal.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL	Weighting			
	1	2	3	4
CG2 Ability to apply information technology and communication (ICT)			X	
CG5 Plan and organize any activity efficiently		X		
CG9 Knowing and complying with the professional ethics necessary to work				X
CG10 Develop skills to adapt to new situations and autonomous learning				X
CG18 Being able to assess themselves				X

SPECIFIC	Weighting			
	1	2	3	4
CE1 Knowing and understanding the contents within the scope of Physical Activity and Sports Science			X	
CE2 Acquiring the basic scientific knowledge to different areas of Physical Activity and Sports and understanding literature in the field of physical Activity sports in English and in the other important languages widely used in the scientific field achieving a good management of information			X	



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4	40,00%	Written/oral and/or practical tests.
R1, R2, R3, R4	10,00%	Participation and self-assessment.
R1, R2, R3, R4	50,00%	Completion of a project.

Observations

Criteria for granting a grade of A with honors:

- Add up 9 pts rating. By high to low depending on the number of student and ratio indicated by rules of UCV (is only possible to give an A with honors for each 20 students, not by fraction of 20, excepted in case of groups with less than 20 students in total, which can be given an A with honors).
- If equal numbers in the final grade, the teacher will take into account the interest, illingness and involvement of students in the course.

To overcome the subject in the 1st registration will be essential:

- It will be necessary to pass the subject of Practicum I, have a score of 50% of the score assigned to each of the sections of the evaluation mentioned above (with the exception of the self-assessment).
- Add 5 pts. or more among the different sub-sections of the evaluation.
- Those students who do not meet the requirements to pass the subject but the overall grade is equal to or greater than 5 pts. will be rated with 4.5 pts.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1 Exhibition of contents by the teacher.



M3 Resolution of problems and cases.

M7 Internship assistance.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
<p>PRACTICAL /SEMINAR CLASS: Dynamics and group activities. Resolution of problems and cases. Laboratory practices. Data search in a computer room, library... Meaningful construction of knowledge through the interaction and activity of the student</p> <p>M1, M3</p>	R1, R2, R4	5,00	0,20
<p>TUTORY: Learning supervision, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of schemes and indexes of the proposed works.</p> <p>M1, M3</p>	R1, R2, R3, R4	15,00	0,60
<p>EVALUATION: Set of oral and / or written tests used in the evaluation of the student, including the oral presentation of the final project.</p> <p>M3</p>	R1, R2, R3, R4	5,00	0,20
<p>THEORETICAL CLASS: Presentation of content by the teacher. Competency analysis. Demonstration of skills, abilities and knowledge in the classroom.</p> <p>M1</p>	R1, R2, R4	20,00	0,80
TOTAL		45,00	1,80



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. M3	R1, R2, R3, R4	25,00	1,00
AUTONOMOUS WORK: Study, Individual preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. Platform activities or other virtual spaces. M3	R1, R2, R3, R4	80,00	3,20
TOTAL		105,00	4,20



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
UD I	Phases of the practicum I, II y III. Calendar. Documentation
UD II	CAFD general and specific rules of the external practices.
UD III	Choosing practice centres. Practical application from the intranet.
UD IV	Placement principles. Itineraries General framework of the external practices of science degree in physical activity and sport. Practic case: conflict resolution
UD V	Process management practicum. Document. Final report.
UD VI	Development of Curriculum Vitae
UD VII	Bibliographic resources. Using databases.
UD VIII	Independent work: Bibliographic research, optional theme.
UD IX	Preparation of interviews
UD X	Job search through social networks.



Temporary organization of learning:

Block of content	Number of sessions	Hours
UD I	1,00	2,00
UD II	1,00	2,00
UD III	1,00	2,00
UD IV	1,00	2,00
UD V	1,00	2,00
UD VI	1,00	2,00
UD VII	1,00	2,00
UD VIII	1,00	2,00
UD IX	1,00	2,00
UD X	1,00	2,00



References

BASIC BIBLIOGRAPHY:

RD.1707/2011 de 18 de noviembre por el que se regulan las prácticas académicas externas de los estudiantes universitarios (BOE sábado 10 de diciembre 2011.)

Normativa prácticas académicas externas UCV

Normativa adaptada al grado de Ciencias de la Actividad Física y del Deporte

American College of Sports Medicine. ACSM'S (2006) *Guidelines for exercise testing and prescription*. Lippincott Williams & Wilkins.

Direcció General de Salut Pública i Secretaria General d'Esports de la Generalitat de Catalunya (2007) *Guía de prescripció d'exercici físic per a la salut*. Barcelona

Serra JR, Bagur C. (2004) *Prescripción del ejercicio físico para la salud*. Barcelona: Paidotribo.

Blázquez, D. (1995). *La iniciación deportiva y el deporte escolar*. Barcelona: INDE.

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Brown, Lee E. *Entrenamiento de velocidad, agilidad y rapidez*. (2007). Barcelona: Paidotribo.

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Häfelinger, V. *La coordinación y el entrenamiento propioceptivo*. (2010). Barcelona: Paidotribo.

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Mestre Sancho, J.A (2008). *Planificación estratégica del deporte: teoría y práctica: hacia la sostenibilidad*. Madrid; Síntesis.

Ayora, D., Mestre Sancho, J.A., García Sánchez, E. (2004). *Organización de eventos deportivos*. Barcelona: Inde.



Mestre Sancho, J.A., Rodríguez Romo, G. (2007). *El gestor deportivo y las instalaciones deportivas*. Editorial Inde. Barcelona. Agirreazkuenaga, I. *Intervención pública en el deporte*, IVAP/Civitas, Madrid, 1998.

Millán, A. (2007) *Legislación deportiva*. Barcelona: Ariel.

Sánchez, P. (2000). *Marketing Deportivo*. Madrid: Consejería de Educación (Comunidad de Madrid)

Desbordes, M. (2001). *Estrategias del Marketing Deportivo*. Barcelona: Paidotribo

Prat, M. y Soler S. (2003): *Actitudes, valores y normas en la educación física y el deporte. Reflexiones y propuestas didácticas*. Zaragoza: Inde.

Escartí, A. Pascual, C. y Gutiérrez, M. (2005): *Responsabilidad personal y social a través de la educación física y el deporte*. Barcelona: Graó.

Gutiérrez, M. (2003): *Manual sobre valores en la educación física y el deporte*. Barcelona: Paidós.

Alvira, M.F. (1991). *Metodología de la evaluación de programas*. Madrid: CIS.

COMPLEMENTARY BIBLIOGRAPHY:

Toda aquella de las asignaturas relacionadas al itinerario correspondiente



Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

Microsoft Teams

Kaltura



Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

Microsoft Teams

Kaltura

Explanation about the practical sessions:



2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: