



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 282063 **Name:** Inglés Intermedio para Ciencias Actividad Física y Deporte

Credits: 4,50 **ECTS Year:** 3 **Semester:** 2

Module: 4) Optional Module.

Subject Matter: Idiom. **Type:** Elective

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught: English

Lecturer/-s:

OAC30 Katherine Haug (**Profesor responsable**)

katherine.haug@ucv.es

OAC30B Maria Del Mar Matilla Rojo (**English Responsible Lecturer**)

mdm.matilla@ucv.es



Module organization

4) Optional Module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Professional Itinerary Electives.	27,00	Fitness and Physical Conditioning	6,00	This elective is not offered in the academic year 23/24
		Pedagogy in Educational Values in Sports and Physical Activity	6,00	This elective is not offered in the academic year 23/24
		Skills, Entrepreneurship and Employment	3,00	This elective is not offered in the academic year 23/24
		Sports Management of Human and Economic Resources	6,00	This elective is not offered in the academic year 23/24
		Theory and Practice of Training for High Performance in Sports	6,00	This elective is not offered in the academic year 23/24
Anthropology.	18,00	Anthropology	6,00	3/1
		Religion, Culture and Values	6,00	This elective is not offered in the academic year 23/24
		Science, Reason and Faith	6,00	3/2
Idiom.	9,00	Inglés Avanzado para Ciencias Actividad Física y Deporte	4,50	3/2



Idiom.		Inglés Intermedio para Ciencias Actividad Física y Deporte	4,50	3/2
Nutrition.	4,50	Nutrition	4,50	3/2
Sports Facilities.	4,50	Sports Facilities	4,50	This elective is not offered in the academic year 23/24
Methods and techniques of investigation.	4,50	Applied Research Methods and Techniques in Sport Sciences	4,50	This elective is not offered in the academic year 23/24
Sports in the Natural Environment.	4,50	Sports in Nature: Specific Techniques	4,50	This elective is not offered in the academic year 23/24
Inclusive Activities and Practices	4,50	Inclusive Activities and Practices in the Areas of Education and Leisure Time	4,50	3/2
Trends in sports practices	4,50	Trends in Sports Practices	4,50	This elective is not offered in the academic year 23/24
Direction and Management of Gyms and Sports Centers.	4,50	Gym and Sports Centre Management and Administration	4,50	This elective is not offered in the academic year 23/24
Individual sports.	22,50	Athletics	4,50	3/2
		Cycling	4,50	This elective is not offered in the academic year 23/24
		Gymnastics	4,50	This elective is not offered in the academic year 23/24



Individual sports.		Swimming	4,50	This elective is not offered in the academic year 23/24
		Triathlon	4,50	3/2
Collective Sports.	22,50	Basketball	4,50	3/2
		Football	4,50	3/2
		Handball	4,50	3/2
		Hockey	4,50	This elective is not offered in the academic year 23/24
		Volleyball	4,50	This elective is not offered in the academic year 23/24
Adversary Sports.	18,00	Fencing	4,50	3/2
		Judo	4,50	3/2
		Paddle	4,50	This elective is not offered in the academic year 23/24
		Tennis	4,50	3/2



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Produce well-organized oral texts in English (level B1 +) appropriate for the interlocutor and their communicative purpose in contexts of general communication and contexts related to CAFD.
- R2 Discuss orally in English (level B1 +) with a correctness, fluency and spontaneity that allows to maintain interaction, react, ask, repeat what the interlocutor has said to guarantee mutual understanding in communication contexts.
- R3 Identify the general meaning, the information essential, main points and most relevant details in clearly structured oral texts delivered in standard English (B1 + level) articulated at medium speed and transmitted live.
- R4 Identify general meaning, essential information, main points and further details relevant in clear and organized texts written in standard English (level B1 +) in general and CAFD-related contexts.
- R5 Compose simple and cohesive texts in standard English (level B1 +), whether public or private, that require, transmit or contrast information, tell stories, describe experiences or events (real or imagined), feelings, reactions, Advanced English for Sport Sciences



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG1	Understand the scientific literature in English and in other languages ??of significant presence in the scientific field through proper information management.				X
CG2	Know how to apply information and communication technologies (ICT).			X	
CG3	Develop skills to solve problems through decision making.			X	
CG4	Convey any related information properly both in writing and orally.				X
CG5	Plan and organize any activity efficiently.		X		
CG6	Develop interpersonal relationship skills and teamwork, both in international and national contexts and in interdisciplinary as well as non-interdisciplinary teams.				X
CG7	Be able to carry out critical reasoning using the knowledge acquired.			X	
CG8	Recognize multiculturalism and diversity.			X	
CG9	Know and act within the ethical principles necessary for proper professional practice.				X
CG10	Develop skills for adaptation to new situations and for autonomous learning.			X	
CG11	Develop skills for creativity, initiative and entrepreneurship.		X		
CG13	Be able to apply theoretical knowledge in practice.				X
CG16	Understand the proposals of other specialists and communicate with them, both in their language and in a second language foreign.				X



Year 2023/2024

282063 - Inglés Intermedio para Ciencias Actividad Física y Deporte

SPECIFIC	Weighting			
	1	2	3	4
CE 1.3 Communicate and interact appropriately and efficiently, in physical and sporting activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.		X		
CE 2.3 Design and apply fluently, naturally, consciously and continuously physical exercise and adequate physical condition, efficient, systematic, varied, based on scientific evidence, for the development of adaptation and improvement processes or readaptation of certain capacities of each person in relation to human movement and its optimization; with the purpose of be able to solve unstructured, increasingly complex and unpredictable problems and with an emphasis on populations of character special.		X		
CE 7.3 Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduated in Sciences of Physical Activity and Sports as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the goals and benefits of physical activity and sport in an adequate, safe, healthy and efficient way in all the physical-sports services offered and provided and in any sector professional of physical activity and sports.		X		



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R5	40,00%	Carrying out a project.
R1, R2, R3, R5	40,00%	Written / oral and / or practical tests.
R1, R2, R3, R4	10,00%	Active participation.
R1, R2, R3, R4, R5	10,00%	Autonomous work.

Observations

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M2 Group dynamics and activities.
- M3 Practical lesson.
- M4 Presentation of content by the teacher.
- M5 Laboratory practices.
- M8 Resolution of problems and cases.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom. M2, M4, M8	R1, R2, R3, R4	10,00	0,40
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer room, library, etc. Meaningful construction of knowledge through interaction and student activity. M3, M4, M5, M8	R2, R3, R4, R5	23,00	0,92
TUTORING: Supervision of learning, evolution. Small group discussion. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works. M4, M8	R2, R3, R4	7,00	0,28
EVALUATION: Set of oral and / or written tests used in the evaluation of the student, including the oral presentation of the final degree project. M8	R2, R3, R4, R5	5,00	0,20
TOTAL		45,00	1,80



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to expose or deliver in classes and / or in tutoring. M2, M8	R2, R3, R4, R5	22,50	0,90
SELF-EMPLOYED WORK: Study, individual preparation of exercises, works, memories, to expose or deliver in classes and / or in tutoring. Platform activities or other virtual spaces. M2, M4, M8	R2, R3, R4, R5	45,00	1,80
TOTAL		67,50	2,70



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
BLOCK I	<p>Linguistic skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B1+.</p> <p>Specific area: Sports context, general issues: basic actions, implements, places where sports are practiced, sports professionals, expression of sports results.</p>
BLOCK II	<p>Linguistic skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B1+.</p> <p>Specific area: Sports context, general issues: competitive sport (competition sport), activity in the natural environment (adventure activities) and physical preparation (conditioning activities).</p>
BLOCK III	<p>Linguistic skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B1+.</p> <p>Specific area: Physical Activity and health</p>
BLOCK IV	<p>Linguistic skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B1+.</p> <p>Specific area: Psychosocial aspects of sport</p>
BLOCK V	<p>Linguistic skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B1+.</p> <p>Specific area: Research in Sports Sciences.</p>



Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I	7,00	14,00
BLOCK II	7,00	14,00
BLOCK III	7,00	14,00
BLOCK IV	6,00	12,00
BLOCK V	3,00	6,00



References

BÁSIC BIBLIOGRAPHY:

Hernandez, A. y Prades, C. (2019). English for Physical and Sports Activities. Altamar editorial.

ISBN: 9788417872021.

Dossier

COMPLEMENTARY BIBLIOGRAPHY:

Brook-Hart, G. (2008). Complete First Certificate: Student's Book with answers with CD- ROM.

Cambridge, Reino Unido: Cambridge University Press.

Deuter, M. (Ed.). (2008). Oxford collocations dictionary: for students of English. Oxford University Press.

Doff, A., Thaine, C., Puchta, H., Stranks, J., y Lewis-Jones, P. (2016) Cambridge English empower pre-intermediate combo A with online assessment. Cambridge, Reino Unido:

Cambridge University Press.

Evans, V., Dooley, J& Graham A. Career Paths: Sports. London: Express Publishing

Hashemi, L. and Thomas, B. (2008). Grammar for First Certificate. Cambridge, Reino Unido:

Cambridge University Press.

Hashemi, L. & Thomas, B. (2006). Grammar for PET. Cambridge, Reino Unido: Cambridge University Press.

Hashemi, L. & Thomas, B. (2011). Grammar for PET: Self-study grammar reference and practice.

Cambridge, Reino Unido: Cambridge University Press.

Heyderman, E. & May, P. (2011). Complete PET for Spanish Speakers: Student's

Book. Cambridge, Reino Unido: Cambridge University Press.

McCarthy, M. & O'Dell, F. (1999). English Vocabulary in Use. Cambridge, Reino Unido:

Cambridge University Press.

McCarthy, M. & O'Dell F. (2005). English Collocations in use: Intermediate. (13rd Ed.).

Cambridge: CUP.

Murphy, R. (2014). English Grammar in Use with Answers: A Self-Study Reference and Practice

Book for Intermediate Students of English. Cambridge, Reino Unido: Cambridge University Press.