



## Information about the course

**Degree:** Bachelor of Sciences of Physical Activity and Sport

**Faculty:** Faculty of Physical Activity and Sport Sciences

**Code:** 282048 **Name:** Pedagogy in Educational Values in Sports and Physical Activity

**Credits:** 6,00 ECTS **Year:** 4 **Semester:** 1

**Module:** 4) Optional Module.

**Subject Matter:** Professional Itinerary Electives **Type:** Optativa

**Branch of knowledge:** Health Sciences

**Department:** -

**Type of learning:** Classroom-based learning

**Language/-s in which it is given:** Spanish

**Teachers:**

OAC37 Concepcion Ros Ros (**Profesor responsable**)

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## Module organization

### 4) Optional Module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Inclusive Activities and Practices	4	Inclusive Activities and Practices in the Areas of Education and Leisure Time	4	4/2
Anthropology.	12	Anthropology	6	3/1
		Science, Reason and Faith	6	3/2
Collective Sports	22	Basketball	4	4/2
		Football	4	4/2
		Handball	4	4/2
		Hockey	4	4/2
		Volleyball	4	4/2
Adversary Sports	18	Fencing	4	4/2
		Judo	4	4/2
		Paddle	4	4/2
		Tennis	4	4/2
Sports in the Natural Environment	4	Sports in Nature: Specific Techniques	4	4/2
Individual sports	22	Athletics	4	4/2



Individual sports		Cycling	4	4/2
		Gymnastics	4	4/2
		Swimming	4	4/2
		Triathlon	4	4/2
Direction and Management of Gyms and Sports Centers	4	Gym and Sports Centre Management and Administration	4	4/2
Idiom	9	Inglés Avanzado para Ciencias Actividad Física y Deporte	4	4/2
		Inglés Intermedio para Ciencias Actividad Física y Deporte	4	4/2
Sports facilities	4	Sports Facilities	4	4/2
Research Methods and Techniques	4	Applied Research Methods and Techniques in Sport Sciences	4	4/2
Nutrition	4	Nutrition	4	4/2
Professional Itinerary Electives	27	Fitness and Physical Conditioning	6	4/1
		Pedagogy in Educational Values in Sports and Physical Activity	6	4/1
		Skills, Entrepreneurship and Employment	3	4/2
		Sports Management of Human and Economic Resources	6	4/1



Professional Itinerary Electives		Theory and Practice of Training for High Performance in Sports	6	4/1
Trends in sports practices	4	Trends in Sports Practices	4	4/2
Social Skills and Group Dynamics	4	Social Skills and Group Dynamics	4	4/2



## Learning outcomes

Al finalizar la asignatura, el estudiante deberá demostrar haber adquirido los siguientes resultados de aprendizaje:

R17 - Design, implement and evaluate physical-sport activity programs in the formal and non-formal educational environment, taking into account the development of values, attitudes and norms.

Learning outcomes of the specified title

### **Type of AR:** Habilidades o Destrezas

- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Know, prepare and know how to apply the ethical-deontological, structural-organizational conditions, professional performance and the regulations of professional practice of Graduates in Physical Activity and Sports Sciences, in any professional sector of physical activity and sport (teaching formal and informal physical-sports; physical and sports training; physical exercise for health; as well as being able to develop multidisciplinary work
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

R18 - Summarize, contrast, assess and present data from scientific studies, related to the development of values in physical-sports activities.

Learning outcomes of the specified title

### **Type of AR:** Habilidades o Destrezas



- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.

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**Type of AR:** Conocimientos o contenidos

- Know and understand the bases of the methodology of scientific work.

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**Type of AR:** Competencias

- Analyze, review and select the effect and effectiveness of the practice of research methods, techniques and resources and scientific work methodology, in solving problems that require the use of creative and innovative ideas.

- Articulate and deploy with rigor and a scientific attitude the justifications on which to constantly and professionally prepare, support, substantiate and justify all acts, decisions, processes, procedures, actions, activities, tasks, conclusions, reports and professional performance.

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R19 - Adapt, put into practice and evaluate physical and sports activities, appreciating the levels of development of values, attitudes and norms, and attending to individualities, both in the formal and non-formal areas.

Learning outcomes of the specified title

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**Type of AR:** Habilidades o Destrezas

- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.

- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).

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R20 - Transfer the inherent values of physical-sports activities through the development and implementation of projects and / or programs applied in the formal and non-formal environment.

Learning outcomes of the specified title

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**Type of AR:** Habilidades o Destrezas

- Apply the principles derived from the concept of integral ecology in your proposals or actions, whatever the scope and area of knowledge and the contexts in which they are proposed.
- Communicate and interact appropriately and efficiently, in physical and sports activity, in diverse intervention contexts, demonstrating teaching skills in a conscious, natural and continuous way.
- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Develop theoretical-practical responses based on the sincere search for the full truth and the integration of all dimensions of the human being when faced with the great questions of life.
- Know, prepare and know how to apply the ethical-deontological, structural-organizational conditions, professional performance and the regulations of professional practice of Graduates in Physical Activity and Sports Sciences, in any professional sector of physical activity and sport (teaching formal and informal physical-sports; physical and sports training; physical exercise for health; as well as being able to develop multidisciplinary work
- Respect and put into practice the ethical principles and action proposals derived from the objectives for sustainable development, transferring them to all academic and professional activities.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).
- Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the purposes and benefits of physical activity and sport in an adequate, safe, healthy and efficient manner in all physical-sports services offered and provided and in any professional sector of physical activity and sport.

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**Type of AR:** Competencias



- Know and know how to apply ethical and deontological principles and social justice in professional performance and involvement, as well as have habits of scientific and professional rigor and a constant attitude of service to citizens in the exercise of their professional practice with which improvement, excellence, quality and efficiency are intended.

R21 - Select and put into practice different methodologies and strategies for the development of values based on the characteristics of the group in different contexts.

Learning outcomes of the specified title

**Type of AR:** Habilidades o Destrezas

- Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, technical-scientific evaluation and/or dissemination in different contexts and in all sectors of professional intervention in physical activity and sports.
- Understand, develop and know how to apply the procedures, strategies, activities, resources, techniques and methods that intervene in the teaching-learning process efficiently, developing the entire course of action in all sectors of professional intervention of physical activity and sport (formal and informal physical-sports teaching; physical and sports training; physical exercise for health; direction of physical activity and sports).





## Assessment system

### Modalidad presencial

Assessed learning outcomes	Granted percentage	Assessment tool
R17, R18	30,00%	Written and/or practical tests.
R17, R18, R19, R21	30,00%	Individual or Group Work / Project.
R17, R19, R20, R21	30,00%	Exercises and Practices in the Classroom.
R18	10,00%	Oral tests or presentation.

### Observations

Students may keep the assessment tools they have passed for three years after first enrolling. A 50% grade on all assessment tools is required to pass the course. Failure to meet this criterion will result in a maximum grade of 4.5.

This course is NOT eligible for a single assessment, pursuant to Article 10.3 of the GENERAL REGULATIONS FOR THE EVALUATION AND GRADING OF OFFICIAL COURSES AND DEGREES OF THE UCV.

#### OTHER CLARIFICATIONS

Written and/or practical tests

- Multiple choice test. Standard penalty system.
- Developed question on a practical case related to the syllabus.

Individual or group assignment/project.



- Service-learning project (group).
- Another project chosen by the group from those developed in the content (Personal and Social Responsibility Program; Project for the Development of Life Skills, Fair Play, etc.).

Oral tests or presentations.

- Individual and group presentations. All members must participate in the explanation.

Classroom exercises and practices

- Exercises and practices carried out in class (physical and sports sessions, group work reports, practice notebooks, etc.).

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\*Standard penalty system

No options = No subtractions

2 options = 1 incorrect result subtracts 100%

3 options = 1 incorrect result subtracts 50%

4 options = 1 incorrect result subtracts 33.3%

5 options = 1 incorrect result subtracts 25%

6 options = 1 incorrect result subtracts 20%

The detailed explanation (procedure for the assignments) as well as the assessment tools (sheets or rubrics) for each section will be included. hanging on each group's platform at the student's disposal.



## Use of Artificial Intelligence Tools in the CAFD Degree Program

Use of Artificial Intelligence tools in the CAFD degree program In the Bachelor's Degree in Physical Activity and Sports Sciences (CAFD), the use of Artificial Intelligence (AI) tools is permitted in a complementary and responsible manner, as long as it contributes to active learning, the development of critical thinking, and the improvement of students' professional skills. Under no circumstances should AI replace personal effort, direct practice, or independent reflection, which are fundamental pillars of this degree program.

### Permitted Uses of AI:

- Obtaining alternative explanations of theoretical or methodological concepts.
- Generating outlines, concept maps, or summaries to support study.
- Simulating interviews, questionnaires, or training sessions as part of methodological or research practices.
- Receiving feedback on report writing, provided that the original content is the student's own.
- Supporting the search for bibliography or scientific references, always contrasting with reliable and real academic sources, and respecting the CAFD regulations for the presentation of university work.

### Prohibited Uses of AI:

- Writing complete sections of academic papers, classroom exercises and practices, internship reports, journals, or portfolios, as well as the Final Degree Project.
- Formulating hypotheses, objectives, or conclusions for academic work.
- Replacing qualitative or quantitative data analysis with automated tools without human validation.
- Creating videos, presentations, or avatars with AI as a substitute for the student's oral or practical presentation.
- Obtaining automatic answers to tests, rubrics, or assessable activities through the use of AI.

### Citation and Attribution Guidelines:

- Any use of AI tools must be explicitly acknowledged in the submitted document (e.g., in a footnote or appendix).
- The name of the tool, the purpose of use (e.g., grammatical review, organization of ideas, interview simulation), and where it was used in the work must be indicated.
- Responsible use of AI will be evaluated within the framework of originality, academic honesty, and digital competence.

### Additional recommendations:

Students are encouraged to combine the use of AI with traditional methods (manual problem solving, practical session design, direct observation, etc.) to ensure the comprehensive development of their skills.



If there are any doubts about the permitted use of AI in a specific activity, students should consult the faculty responsible for the course.

## Actividades formativas

The methodologies to be used so that the students reach the expected learning outcomes will be the following:

- M1 Attendance at practices.
- M2 Resolution of problems and cases.
- M3 Discussion in small groups.
- M5 Presentation of content by the teacher.
- M6 Practical lesson.
- M7 Group dynamics and activities.

### IN-CLASS TRAINING ACTIVITIES

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
<b>THEORETICAL CLASS:</b> Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom.	R17, R19, R21	Presentation of content by the teacher.	22,00	0,88



<b>PRACTICAL CLASS / SEMINAR:</b> Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity.	R17, R18, R19, R20, R21	Attendance at practices. Resolution of problems and cases. Discussion in small groups. Practical lesson. Group dynamics and activities.	30,00	1,20
<b>EVALUATION:</b> Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project.	R17, R18, R19, R20, R21	Resolution of problems and cases.	4,00	0,16
<b>TUTORING:</b> Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works.	R17, R18, R19, R20, R21	Resolution of problems and cases. Discussion in small groups.	4,00	0,16
<b>TOTAL</b>			<b>60,00</b>	<b>2,40</b>



## TRAINING ACTIVITIES OF AUTONOMOUS WORK

ACTIVITY	RELATIONSHIP WITH THE COURSE LEARNING OUTCOMES	METHODOLOGY	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring.	R17, R18, R19, R20, R21	Discussion in small groups. Group dynamics and activities.	20,00	0,80
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces.	R17, R18, R19, R20, R21	Resolution of problems and cases.	70,00	2,80
<b>TOTAL</b>			<b>90,00</b>	<b>3,60</b>



## Description of contents

Descripción de contenidos necesarios para la adquisición de los resultados de aprendizaje.

### Theoretical content:

Block of content	Contents
1. The person and its dimensions. Corporeality in the context of the unity of the person.	1. The person and its dimensions. Corporeality in the context of the unity of the person.
2. Values: their nature, axiology and the disciplines that address them	2. Values: their nature, axiology and the disciplines that address them
3. Methods of education in values	3. Methods of education in values
4. Values ??in the world of sport.	4. Values ??in the world of sport.
5. Methodological strategies in education in values ??and attitudes	5. Methodological strategies in education in values ??and attitudes
6. The evaluation and measurement of attitudes and values ??in physical-sporting activity.	6. The evaluation and measurement of attitudes and values ??in physical-sporting activity.
7. Conflict resolution in the framework of physical and sporting activity.	7. Conflict resolution in the framework of physical and sporting activity.
8. Intervention programs in the development of values ??through physical-sporting activities	8. Intervention programs in the development of values ??through physical-sporting activities



### Temporary organization of learning:

Block of content	Sessions	Hours
1. The person and its dimensions. Corporeality in the context of the unity of the person.	3	6,00
2. Values: their nature, axiology and the disciplines that address them	3	6,00
3. Methods of education in values	3	6,00
4. Values ??in the world of sport.	4	8,00
5. Methodological strategies in education in values ??and attitudes	5	10,00
6. The evaluation and measurement of attitudes and values ??in physical-sporting activity.	4	8,00
7. Conflict resolution in the framework of physical and sporting activity.	4	8,00
8. Intervention programs in the development of values ??through physical-sporting activities	4	8,00





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