

# Course guide

Year 2024/2025 281011 - Anthropology

## Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 281011 Name: Anthropology

Credits: 6,00 ECTS Year: 1 Semester: 1

Module: 5) Anthropology and Professional Ethics module

Subject Matter: Anthropology Type: Basic Formation

Field of knowledge: Basic Sciences

Department: Basic Sciences and Cross-disciplinary Subjects

Type of learning: Classroom-based learning

Languages in which it is taught:

Lecturer/-s:





## Module organization

#### 5) Anthropology and Professional Ethics module

| Subject Matter                  | ECTS | Subject                      | ECTS | Year/semester |
|---------------------------------|------|------------------------------|------|---------------|
| Anthropology                    | 6,00 | Anthropology                 | 6,00 | 1/1           |
| Science,<br>reasoning and faith | 6,00 | Science, Reason and<br>Faith | 6,00 | 2/1           |
| Social Morals and<br>Deontology | 6,00 | Social Moral. Deontology     | 6,00 | 3/1           |

### \_earning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 The student gives the person an appropriate value and evaluates the factors that constitute its nature: physical, mental, rational and spiritual.
- R2 The student understands that human actions are transforming the world and the notion of progress must be reviewed.
- R3 The student recognizes the social character of the person and the primacy of love in human relationships.
- R4 The student understands the dynamic of freedom and its implications: the moral responsibility.
- R5 Students acquire the basic concepts of physical anthropology and the processes of humanization and hominization.
- R6 The student correctly identifies the existential questions, longings, desires, limitations and transcendence.
- R7 Be able to locate the nature, object and method of anthropology.





# Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

| GENERAL |  |   | Weighting |   |   |  |
|---------|--|---|-----------|---|---|--|
|         |  | 1 | 2         | 3 | 4 |  |
| CG3     | Develop skills to solve problems through decision-making   |   |           |   | x |  |
| CG6     | Develop interpersonal skills and teamwork, both international and domestic contexts and in interdisciplinary teams and non-interdisciplinary |   |           | x |   |  |
| CG8     | Being able to recognise multicultural and diverse environment  |   |           |   | x |  |
| CG11    | Develop skills for creativity, initiative and entrepreneurship   |   |           |   | x |  |
| CG12    | Developing leadership abilities  |   |           | x |   |  |

| SPECIFIC   | Weighting |  |  |
|--|-----------|--|--|
|  | 1 2 3 4   |  |  |
| CE16 Planning, developing and assessing physical activity programmes | X         |  |  |





# Assessment system for the acquisition of competencies and grading system\_\_\_\_

| Assessed learning outcomes | Granted percentage | Assessment method                    |
|----------------------------|--------------------|--------------------------------------|
| R1, R2, R3, R4, R7         | 50,00%             | Written/oral and/or practical tests. |
| R1, R2, R3, R4, R5, R6     | 10,00%             | Participation and self-assessment.   |
| R6                         | 20,00%             | Completion of a project.             |
| R5                         | 20,00%             | Exam or practical questionnaires.    |

#### Observations

**Note:** In order to mediate with other tools of the evaluative system, the student must pass the theoretical exam with a minimum score of 5.

### Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Exhibition of contents by the teacher.
- M2 Dynamics and group activities.
- M3 Resolution of problems and cases.
- M5 Discussion in small groups.



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#### **IN-CLASS LEARNING ACTIVITIES**

|  | LEARNING OUTCOMES      | HOURS | ECTS |
|--|------------------------|-------|------|
| PRACTICAL /SEMINAR CLASS: Dynamics and group activities. Resolution of problems and cases. Laboratory practices. Data search in a computer room, library Meaningful construction of knowledge through the interaction and activity of the student M2, M3, M5 | R1, R4                 | 28,00 | 1,12 |
| TUTORY: Learning supervision, evolution.<br>Discussion in small groups. Resolution of<br>problems and cases. Presentation of results<br>before the teacher. Presentation of schemes and<br>indexes of the proposed works.<br>M5                              | R1, R4                 | 2,00  | 0,08 |
| EVALUATION: Set of oral and / or written tests<br>used in the evaluation of the student, including<br>the oral presentation of the final project.<br>M1, M3  | R1, R2, R3, R4, R5, R6 | 4,00  | 0,16 |
| THEORETICAL CLASS: Presentation of content<br>by the teacher. Competency analysis.<br>Demonstration of skills, abilities and knowledge<br>in the classroom.<br>M1, M2, M5  | R1, R2, R3, R4, R5, R6 | 26,00 | 1,04 |
| TOTAL  |                        | 60,00 | 2,40 |
|  |                        |       |      |





#### LEARNING ACTIVITIES OF AUTONOMOUS WORK

|   | LEARNING OUTCOMES      | HOURS | ECTS |
|---|------------------------|-------|------|
| GROUP WORK: Problem solving. Preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring.  | R5, R6                 | 25,00 | 1,00 |
| AUTONOMOUS WORK: Study, Individual preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. Platform activities or other virtual spaces. | R1, R2, R3, R4, R5, R6 | 65,00 | 2,60 |
| TOTAL   |                        | 90,00 | 3,60 |
| Description of the contents   |                        |       |      |

Description of the necessary contents to acquire the learning outcomes.

#### Theoretical contents:

| Content block                                       | Contents   |
|---|--|
| BLOCK 1. Physical and social anthropology           | <ul> <li>The anthropological problem. Dignity and Human Rights.</li> <li>Physical dimensión: Corporality and the world. Man and Woman.</li> <li>Social dimension: human community, iquality, intersubjectivity.</li> </ul>   |
| BLOCK 2. Philosophical and theological anthropology | <ul> <li>La dimensión psíquica: (emociones, sentimientos, introducción a la libertad)</li> <li>La dimensión espiritual: El fracaso y el mal, la muerte, el sentido de la vida, el sentido del sufrimiento.</li> <li>Historia de salvación.</li> <li>La huella de Dios en el ser humano. Human community</li> </ul> |
| BLOCK 3. ANTHROPOLOGY OF<br>SPORTS                  | Pragmatista model vs. Modelo ascetic model   |





#### Temporary organization of learning:

| Block of content                                    | Number of sessions | Hours |
|---|--------------------|-------|
| BLOCK 1. Physical and social anthropology           | 15,00              | 30,00 |
| BLOCK 2. Philosophical and theological anthropology | 10,00              | 20,00 |
| BLOCK 3. ANTHROPOLOGY OF SPORTS                     | 5,00               | 10,00 |

#### References

#### **BASIC BIBLIOGRAPHY:**

Ayllon, J.R. (2013). Antropología paso a paso. Ed. Palabra. Madrid.

Burgos J.M. (2003). Antropología: una guía para la existencia. Ed. Palabra. Madrid.

García Cuadrado, J. A. (2010). *Antropología Filosófica.* 5<sup>a</sup> Edición. Ed. Ediciones Universidad de Navarra, S.A. (EUNSA)

Huxley, A. (2001). Un mundo feliz. Barcelona: Palza & Janés Eds

Silva, J. M. (2007). *Los indeseados como enemigos. La exclusión de seres humanos del status personae*. Revista electrónica de Ciencia Penal y Criminología.

Yepes R., Aranguren J. (2006). *Fundamentos de Antropología*. Ed. Ediciones Universidad de Navarra, S.A. (EUNSA)