



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 280305 **Name:** Adversary Sports

Credits: 6,00 **ECTS Year:** 3 **Semester:** 2

Module: 2) Knowledge of Basic Discipline module.

Subject Matter: Applied basis o sports **Type:** Compulsory

Field of knowledge: SPORT TRAINING

Department: Sports Training

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

2) Knowledge of Basic Discipline module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Science and Human Movement.	6,00	Learning and Motor Development	6,00	1/2
Manifestations of the human motor	12,00	Body Language	6,00	1/2
		Perceptual-Motor Skills	6,00	2/1
Applied basis o sports	36,00	Adapted Sport and Physical Activity with Specific Educational Needs	6,00	3/1
		Adversary Sports	6,00	3/2
		Collective Sports	6,00	2/2
		Individual Sports	6,00	2/1
		Local Games and Sports	6,00	2/2
		Sport in the Natural Environment	6,00	3/2
		Biological and Mechanics Basis of Human Movement	18,00	Biomechanics of Physical Activity
Kinesiology	6,00			2/1
Physiology of Exercise	6,00			2/2



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Acquisition of theoretical knowledge of technical, tactical and regulatory fundamentals sports adversary.
- R2 Search for information to expand and personalize the theoretical content of the course.
- R3 Learning to observe, detect and correct technical issues in the context of sport adversary.
- R4 Acquire knowledge about the planning and management in the area of sports adversary.
- R5 Learn to apply methodological progressions for the acquisition of the technical in sports adversary.
- R6 Learn to present oral work.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL	Weighting			
	1	2	3	4
CG2 Ability to apply information technology and communication (ICT)		X		
CG3 Develop skills to solve problems through decision-making			X	
CG4 Transmit any information regarding the contents of body expression both in writing and orally			X	
CG5 Plan and organize any activity efficiently			X	
CG6 Develop interpersonal skills and teamwork, both international and domestic contexts and in interdisciplinary teams and non-interdisciplinary			X	
CG7 Be capable of critical reasoning using the knowledge gained			X	
CG9 Knowing and complying with the professional ethics necessary to work				X
CG10 Develop skills to adapt to new situations and autonomous learning			X	
CG11 Develop skills for creativity, initiative and entrepreneurship		X		
CG13 Being able to apply theoretical knowledge in practice				X
CG15 Conveying the acquired knowledge both to specialists in the subject and to people who are not experts on it			X	
CG19 Developing habits aiming at obtaining excellence and quality at work				X
SPECIFIC	Weighting			
	1	2	3	4



CE2	Acquiring the basic scientific knowledge to different areas of Physical Activity and Sports and understanding literature in the field of physical Activity sports in English and in the other important languages widely used in the scientific field achieving a good management of information							X
CE9	Know and understand the different manifestations of expressive human movement							X
CE16	Planning, developing and assessing physical activity programmes						X	
CE18	Select and know how to use the most appropriate teaching materials and resources for each type of activity		X					
CE19	Learn to apply the techniques of information and communication within the body expression						X	



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R4, R5	20,00%	Written/oral and/or practical tests.
R2, R3, R4, R5	40,00%	Exam or practical questionnaires.
R2, R3, R4, R5, R6	40,00%	Oral exhibition of individual and / or group works.

Observations

CRITERIA FOR GRANTING A GRADE WITH HONORS:

In order to considering a candidate for the mention of this distinction, it is necessary to have a minimum mark of 9. Whenever two students get the same mark, the teacher will take into account the interest in the subject, behaviour and implication of the students. The number of distinctions granted will not exceed 5% of students enrolled in a subject in the corresponding academic year unless enrollment is under 20, in which case only one Distinction may be granted (Royal Decree 1125/2003).

First enrolment:

It is necessary to pass the written exam with a mark of 5 or above (out of 10) and the average mark of all the parts be equal or above 5. In the event of failing to pass the written exam with a 5, but getting a total of 5 or above, the final mark granted will be a 4.5.

Second enrolment:

The teacher of this group will give 6 lessons of 2 hours each. In each session the subject will be developed so as to reinforce the work of the skills that each student needs to pass the course. Evaluation of content will be made in the consideration set in the official calendar for this course. These sessions are available on the specific schedule.

Third and successive enrolments:

These students will qualify them only with 100% exam department. No notes taken into account skills and studied / approved. They may request tutoring the subject teacher.



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Exhibition of contents by the teacher.
- M2 Dynamics and group activities.
- M3 Resolution of problems and cases.
- M4 Laboratory practices.
- M5 Discussion in small groups.
- M6 Practical lesson.
- M7 Internship assistance.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
<p>PRACTICAL /SEMINAR CLASS: Dynamics and group activities. Resolution of problems and cases. Laboratory practices. Data search in a computer room, library... Meaningful construction of knowledge through the interaction and activity of the student</p> <p>M2, M3, M5, M6</p>	R3, R5, R6	30,00	1,20
<p>TUTORY: Learning supervision, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of schemes and indexes of the proposed works.</p> <p>M5</p>	R1, R2	2,00	0,08
<p>EVALUATION: Set of oral and / or written tests used in the evaluation of the student, including the oral presentation of the final project.</p> <p>M2, M3</p>	R1, R6	6,00	0,24
<p>THEORETICAL CLASS: Presentation of content by the teacher. Competency analysis. Demonstration of skills, abilities and knowledge in the classroom.</p> <p>M1, M2, M5</p>	R1, R2, R4	22,00	0,88
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. M2, M3	R2, R6	45,00	1,80
AUTONOMOUS WORK: Study, Individual preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. Platform activities or other virtual spaces. M3	R5, R6	45,00	1,80
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
BLOCK I. GENERAL INTRODUCTION TO OPPOSING SPORTS	<ul style="list-style-type: none">·Historic evolution of opposing sports.·The institutionalization and sportive process of opposing activities.·Concepts and characteristics of opposing sports.·Classification criteria of opposing sports.
BLOCK II. FUNCTIONAL ANALYSIS OF OPPOSING SPORTS	<ul style="list-style-type: none">·The action game as unit of analysis in sport. Basis of opposing sports: space, time, communication, regulation and strategy.·Aspects that configure the functional structure of opposing sports. Basis of the fitness in the sport. Physical demands.
BLOCK III. BASIC, TECHNIQUE, TACTIC, AND STRATEGIC ASPECTS OF OPPOSING SPORTS	<ul style="list-style-type: none">·Basic techniques. Tactic and strategic basis. Characteristics and generalities of types of sports. Learning exercises.·Basic tactic situations. Tactic phases. Learning exercises.
BLOCK IV. PLANNING AND CARRYING OUT SEASONS OF TRAINING	<ul style="list-style-type: none">·Carrying out practice seasons. Specific planning. Types of training. Learning exercises of different combat sports with grappling.·Carrying out practice seasons. Specific planning. Types of training. Learning exercises of different racket sports.·Carrying out practice seasons. Specific planning. Types of training. Learning exercises of different combat sports with impact.·Adapted intervention programs: Senior, wheelchair, psychic and sensorial disability.
BLOCK V. INICIATION AND SPORT FORMATION	<p>The learning /teaching process of the technique, tactic and strategic of sport: Physical education, 3rd age, sport schools, etc.</p>



Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I. GENERAL INTRODUCTION TO OPPOSING SPORTS	2,00	4,00
BLOCK II. FUNCTIONAL ANALYSIS OF OPPOSING SPORTS	6,00	12,00
BLOCK III. BASIC, TECHNIQUE, TACTIC, AND STRATEGIC ASPECTS OF OPPOSING SPORTS	15,00	30,00
BLOCK IV. PLANNING AND CARRING OUT SEASONS OF TRAINNING	2,00	4,00
BLOCK V. INICIATION AND SPORT FORMATION	5,00	10,00



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COMPLEMENTARY BIBLIOGRAPHY:

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WEBSITES:

- <http://www.arajudo.com/>
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Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

Microsoft Teams

Kaltura



Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

Microsoft Teams

Kaltura

Explanation about the practical sessions:



2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: