



## Information about the subject

**Degree:** Bachelor of Sciences of Physical Activity and Sport

**Faculty:** Faculty of Physical Activity and Sport Sciences

**Code:** 280207 **Name:** Perceptual-Motor Skills

**Credits:** 6,00 **ECTS** **Year:** 2 **Semester:** 1

**Module:** 2) Knowledge of Basic Discipline module.

**Subject Matter:** Manifestations of the human motor **Type:** Compulsory

**Field of knowledge:** Management and didactics of physical activity

**Department:** -

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

**Lecturer/-s:**



## Module organization

### 2) Knowledge of Basic Discipline module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Science and Human Movement.	6,00	Learning and Motor Development	6,00	1/2
Manifestations of the human motor	12,00	Body Language	6,00	1/2
		Perceptual-Motor Skills	6,00	2/1
Applied basis of sports	36,00	Adapted Sport and Physical Activity with Specific Educational Needs	6,00	3/1
		Adversary Sports	6,00	3/2
		Collective Sports	6,00	2/2
		Individual Sports	6,00	2/1
		Local Games and Sports	6,00	2/2
		Sport in the Natural Environment	6,00	3/2
Biological and Mechanics Basis of Human Movement	18,00	Biomechanics of Physical Activity	6,00	3/2
		Kinesiology	6,00	2/1
		Physiology of Exercise	6,00	2/2



## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Acquiring knowledge and understanding basic theoretical the area of physical expression is related with physical activity.
- R2 Demonstrate skills práInternships in the development of body expression.
- R3 Effectively perform the tasks assigned as a member of a team.
- R4 To design appropriate intervention, knowing analyze the context and characteristics of students.
- R5 Analyze the body language as a form of expresion and communication and check the role in Education Physics in the development of the student.



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL	Weighting			
	1	2	3	4
CG2 Ability to apply information technology and communication (ICT)			x	
CG3 Develop skills to solve problems through decision-making			x	
CG4 Transmit any information regarding the contents of body expression both in writing and orally			x	
CG5 Plan and organize any activity efficiently				x
CG6 Develop interpersonal skills and teamwork, both international and domestic contexts and in interdisciplinary teams and non-interdisciplinary				x
CG7 Be capable of critical reasoning using the knowledge gained				x
CG10 Develop skills to adapt to new situations and autonomous learning			x	
CG11 Develop skills for creativity, initiative and entrepreneurship			x	
CG13 Being able to apply theoretical knowledge in practice				x
CG14 Use Internet well as communication and as a source of information			x	

SPECIFIC	Weighting			
	1	2	3	4
CE1 Knowing and understanding the contents within the scope of Physical Activity and Sports Science				x



CE5	Know and understand the effects of the practice of body language and its manifestations in the personal development and health improvement	X
CE8	Knowing and understanding the structure and function of different forms human motor function	X
CE10	Design, plan and evaluate content of body language to improve motor skills	X
CE18	Select and know how to use the most appropriate teaching materials and resources for each type of activity	X
CE19	Learn to apply the techniques of information and communication within the body expression	X



## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R4	40,00%	Written/oral and/or practical tests.
R1, R2, R3, R4, R5	15,00%	Participation and self-assessment.
R1, R2, R3, R4, R5	30,00%	Oral exhibition of individual and / or group works.
R1, R3	15,00%	Autonomous work.

### Observations

#### To pass the materia in first enrolment, it will be a must:

- One written test will be done (20% of the final mark) and JUST in case of having 1 out of 2, the student will be allowed to do the oral part, and he will need to pass the examto do the arithmetical mean with the written test (20% of the final mark. It will be a must to have a 2to be able to sumar II the different parts (40% of the final mark).
- The attendance and participation in the practical sessions and and on-campus clases through debates and questionnaire (10-20 %). Given the materia's characteristicsthe participation will be considered basic to assimilate the concepts.
- The realization of a small team project (20-30%), with theoretical and practical presentations. They COULDN'T be done if the group have not used the needed tutoria to guarantee the correct following by the teacher. The Project, must be delivered to the teacher before the due date through the plataforma. It will be necessary to pass the exams and presentations to be able to sum the other parts of the subject..
- Execution of the proposed tasks in class and in independant work (10-20%).
- All the parts should have a 5 to be able to make mean with the rest of the parts and obtain a final mark. In case of fail 1 of the tree parts of the subject, the final mark shown in the student file will be 4,5.



## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1      Exhibition of contents by the teacher.
- M2      Dynamics and group activities.
- M3      Resolution of problems and cases.
- M5      Discussion in small groups.
- M6      Practical lesson.
- M7      Internship assistance.



### IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
PRACTICAL /SEMINAR CLASS: Dynamics and group activities. Resolution of problems and cases. Laboratory practices. Data search in a computer room, library... Meaningful construction of knowledge through the interaction and activity of the student  M2, M3, M5, M6	R1, R2, R3, R4, R5	27,50	1,10
TUTORIAL: Learning supervision, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of schemes and indexes of the proposed works.  M5	R1, R2, R3, R4, R5	2,00	0,08
EVALUATION: Set of oral and / or written tests used in the evaluation of the student, including the oral presentation of the final project.  M2, M3	R1, R2, R4	4,00	0,16
THEORETICAL CLASS: Presentation of content by the teacher. Competency analysis. Demonstration of skills, abilities and knowledge in the classroom.  M1, M2, M5	R1, R2, R3	26,50	1,06
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. M2, M3	R1, R2, R3, R4	40,00	1,60
AUTONOMOUS WORK: Study, Individual preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. Platform activities or other virtual spaces. M3	R1, R2, R3, R5	50,00	2,00
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>

## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

### Theoretical contents:

Content block	Contents
BLOCK I: CHARACTERISTICS AND RESOURCES OF THE MOTOR ACTIONS	1. Introduction to the mobility 2. Capabilities, abilities, skills and tasks 3. Resources for action
BLOCK II: THE PERCEPTUAL-MOTOR CAPABILITIES: ADJUSTMENT OF THE MOVEMENT TO THE POSSIBILITIES AND CIRCUMSTANCES OF THE OWN BODY AND THE ENVIRONMENT	4. The perceptual-motor capabilities: adjustment of the movement to the possibilities and circumstances of the own body: The body schema. 5. The perceptual-motor capabilities: adjustment of the movement to the possibilities and circumstances of the environment 6. The coordination capabilities
BLOCK III: BASIC MOTOR ABILITIES AND SKILLS	7. Basic motor abilities and skills



Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I: CHARACTERISTICS AND RESOURCES OF THE MOTOR ACTIONS	9,00	18,00
BLOCK II: THE PERCEPTUAL-MOTOR CAPABILITIES: ADJUSTMENT OF THE MOVEMENT TO THE POSSIBILITIES AND CIRCUMSTANCES OF THE OWN BODY AND THE ENVIRONMENT	13,00	26,00
BLOCK III: BASIC MOTOR ABILITIES AND SKILLS	8,00	16,00



## References

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#### COMPLEMENTARY BIBLIOGRAPHY:

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#### INTERESTING WEBSITES:

[www.revistadepsicomtricidad.com](http://www.revistadepsicomtricidad.com)

<http://www.cienciaydeporte.net>

Revista de Educación Física: <http://revistaeducacionfisica.com/>

Revista Habilidad Motriz:

<http://www.colefandalucia.com/index.php/publicaciones/revista-habilidad-motriz>

Revista Motricidad. European Journal of Human Movement: <http://www.eurjhm.com/>

Revista Acción Motriz: <http://www.accionmotriz.com/>

<http://www.revistaefei.com.ar/>

[www.colefcafecv.es](http://www.colefcafecv.es)



**INTERESTING JOURNALS:**

Ágora

Apunts, Educación Física i Esports

Motricidad.

Perceptual and Motor Skills

Tándem





## Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

**Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).**

In this case, no changes are made in the guide of the subject.

**Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).**

In this case, the following changes are made:

### 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

Microsoft Teams

Kaltura



### **Situation 3: Confinement due to a new State of Alarm.**

In this case, the following changes are made:

#### **1. Educational Activities of Onsite Work:**

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

- Microsoft Teams
- Kaltura

Explanation about the practical sessions:



## 2. System for Assessing the Acquisition of the competences and Assessment System

### ONSITE WORK

#### Regarding the Assessment Tools:

- The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.
- The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

#### Comments to the Assessment System:

There will be no changes to the assessment instruments but an adaptation of the tasks will be made depending on the circumstances.