



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 280205 **Name:** Body Language

Credits: 6,00 **ECTS Year:** 1 **Semester:** 2

Module: 2) Knowledge of Basic Discipline module.

Subject Matter: Manifestations of the human motor **Type:** Compulsory

Field of knowledge: Management and didactics of physical activity

Department: Physical Activity Management and Didactics

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

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Module organization

2) Knowledge of Basic Discipline module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Science and Human Movement.	6,00	Learning and Motor Development	6,00	1/2
Manifestations of the human motor	12,00	Body Language	6,00	1/2
		Perceptual-Motor Skills	6,00	2/1
Applied basis o sports	36,00	Adapted Sport and Physical Activity with Specific Educational Needs	6,00	3/1
		Adversary Sports	6,00	3/2
		Collective Sports	6,00	2/2
		Individual Sports	6,00	2/1
		Local Games and Sports	6,00	2/2
		Sport in the Natural Environment	6,00	3/2
		Biological and Mechanics Basis of Human Movement	18,00	Biomechanics of Physical Activity
Kinesiology	6,00			2/1
Physiology of Exercise	6,00			2/2



Recommended knowledge

None. As a recommendation, studied energy or be pursuing Course perceptual motor skills.

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Acquiring knowledge and understanding basic theoretical the area of physical expression is related with physical activity.
- R2 Demonstrate skills práInternships in the development of body expression.
- R3 Effectively perform the tasks assigned as a member of a team.
- R4 To design appropriate intervention, knowing analyze the context and characteristics of students.
- R5 Learn and discover appropriate procedures for assessing student learning.
- R6 Analyze body language as a form of expression and communication and check the role it plays within Physical Education in the comprehensive development of the student.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL	Weighting			
	1	2	3	4
CG2 Ability to apply information technology and communication (ICT)		X		
CG3 Develop skills to solve problems through decision-making			X	
CG4 Transmit any information regarding the contents of body expression both in writing and orally			X	
CG5 Plan and organize any activity efficiently				X
CG6 Develop interpersonal skills and teamwork, both international and domestic contexts and in interdisciplinary teams and non-interdisciplinary				X
CG7 Be capable of critical reasoning using the knowledge gained				X
CG10 Develop skills to adapt to new situations and autonomous learning				X
CG11 Develop skills for creativity, initiative and entrepreneurship				X
CG13 Being able to apply theoretical knowledge in practice				X
CG14 Use Internet well as communication and as a source of information		X		
CG17 Learn about other cultures and customs and be able to adapt its activities to them	X			
CG18 Being able to assess themselves		X		
SPECIFIC	Weighting			
	1	2	3	4



CE5	Know and understand the effects of the practice of body language and its manifestations in the personal development and health improvement								X
CE6	Know and experience the practice of body language as a means of communication and personal and interpersonal relationship								X
CE10	Design, plan and evaluate content of body language to improve motor skills								X
CE18	Select and know how to use the most appropriate teaching materials and resources for each type of activity								X
CE19	Learn to apply the techniques of information and communication within the body expression							X	



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	15,00%	Written/oral and/or practical tests.
R1, R2, R3, R4, R5	55,00%	Oral exhibition of individual and / or group works.
R1, R2, R3, R4, R5	30,00%	Autonomous work.

Observations

CRITERIA FOR HONOR:

·It may qualify with honors to a student who after completing the course has passed and obtained in each of the aspects of evaluation, a rating of outstanding and has done volunteer work given in class.

·If several students chose to honor (had lower enrollment number that can be leased, 1:20) which will take into account the two half notes is higher and if the following numerical equality is taken into account by: the exam and class participation.

To pass the subject in first enrolment it will be essential:

- Overcome at least 5.0 each of the sections of the course evaluation.
- If a student fails a section on evaluation and final average comes out approved, will appear on the intranet by 4.5 until the student passes that part.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1 Exhibition of contents by the teacher.

M2 Dynamics and group activities.



- M3 Resolution of problems and cases.
- M5 Discussion in small groups.
- M6 Practical lesson.
- M7 Internship assistance.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
<p>PRACTICAL /SEMINAR CLASS: Dynamics and group activities. Resolution of problems and cases. Laboratory practices. Data search in a computer room, library... Meaningful construction of knowledge through the interaction and activity of the student</p> <p>M2, M3, M5, M6</p>	R2, R3, R5	41,50	1,66
<p>TUTORY: Learning supervision, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of schemes and indexes of the proposed works.</p> <p>M5</p>	R1, R3	2,00	0,08
<p>EVALUATION: Set of oral and / or written tests used in the evaluation of the student, including the oral presentation of the final project.</p> <p>M2, M3</p>	R1	4,00	0,16
<p>THEORETICAL CLASS: Presentation of content by the teacher. Competency analysis. Demonstration of skills, abilities and knowledge in the classroom.</p> <p>M1, M2, M5</p>	R1, R2, R3	12,50	0,50
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. M2, M3	R1, R2, R3, R4	37,50	1,50
AUTONOMOUS WORK: Study, Individual preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. Platform activities or other virtual spaces. M3	R1, R2, R4, R5	52,50	2,10
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
SECTION I: THEORETICAL FOUNDATIONS EXPRESSION BODY	<p>Item 1. Theoretical framework of body expression1.1 Approach to the concept of body language.1.2 Developments social history of body expression.1.3 Flows of bodily expression.</p> <p>Item 2. The body language as a subject curriculum in the area of Physical Education.2.1 above curriculum area2.2 Treatment of curricula in different educational curricula.2.3 Objectives and contents.2.4 Methodological guidance in the area of body language.2.5 Assessment of body expression.</p>
BLOCK II: THE COMMUNICATION Through body language	<p>Item 3. Body language3.1 The nonverbal communication elements unintentional body language.3.2 Classification of non-verbal communication.3.3 Functions of nonverbal communication in the communication process.</p> <p>Item 4. Body: body image4.1 Basic skills, expressive, and creative4.2 The work of space and time.4.3 Gesture, posture and movement, facial expressions, gaze gestures and body postures4.4 The creativity</p>
BLOCK III: EXPRESSIVE ACTIVITIES, DEVELOPMENT AND RESOURCES	<p>Item 5. Dramatization5.1 Reflection and analysis on the concept of theater (Traditional) and drama.5.2. Elements of dramatic structure.5.3 The improvisation</p> <p>Item 6. Expression Resources6.1 Shadow puppets.6.2 Masks.6.3 Holders of expression</p>
SECTION IV: REPRESENTATIONS OF BODY EXPRESSION	<p>Item 7. The different manifestations in body language7.1 Common elements of the various expressions about the body language7.2 Roles of the staging technical7.3 Dance, mime, dance, theater, circus...</p>



SECTION V: THE SCENERY

THE SCENERY

Temporary organization of learning:

Block of content	Number of sessions	Hours
SECTION I: THEORETICAL FOUNDATIONS EXPRESSION BODY	2,00	4,00
BLOCK II: THE COMMUNICATION Through body language	7,00	14,00
BLOCK III: EXPRESSIVE ACTIVITIES, DEVELOPMENT AND RESOURCES	7,00	14,00
SECTION IV: REPRESENTATIONS OF BODY EXPRESSION	7,00	14,00
SECTION V: THE SCENERY	7,00	14,00



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WEBS:

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FILMS:

Five Days to dance: <http://www.suicafilms.com/five-days-to-dance/>

Dancing with Maria: <http://www.docsbarcelona.com/es/doc/dancing-with-maria> Pina:
<http://www.pina-film.de/en/>

FILM PROGRAM:

<http://www.cinesalbatrosbabel.com/esco.html>



Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

Microsoft Teams

Kaltura



Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

Microsoft Teams

Kaltura

Explanation about the practical sessions:



2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: