



## Information about the subject

**Degree:** Bachelor of Sciences of Physical Activity and Sport

**Faculty:** Faculty of Physical Activity and Sport Sciences

**Code:** 280202 **Name:** Collective Sports

**Credits:** 6,00 **ECTS Year:** 2 **Semester:** 2

**Module:** 2) Knowledge of Basic Discipline module.

**Subject Matter:** Applied basis o sports **Type:** Compulsory

**Field of knowledge:** SPORT TRAINING

**Department:** Sports Training

**Type of learning:** Classroom-based learning

**Languages in which it is taught:** Spanish

### Lecturer/-s:

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## Module organization

### 2) Knowledge of Basic Discipline module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Science and Human Movement.	6,00	Learning and Motor Development	6,00	1/2
Manifestations of the human motor	12,00	Body Language	6,00	1/2
		Perceptual-Motor Skills	6,00	2/1
Applied basis o sports	36,00	Adapted Sport and Physical Activity with Specific Educational Needs	6,00	3/1
		Adversary Sports	6,00	3/2
		Collective Sports	6,00	2/2
		Individual Sports	6,00	2/1
		Local Games and Sports	6,00	2/2
		Sport in the Natural Environment	6,00	3/2
		Biological and Mechanics Basis of Human Movement	18,00	Biomechanics of Physical Activity
Kinesiology	6,00			2/1
Physiology of Exercise	6,00			2/2



## Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Knowing the origins, main characteristics, fundamentals and scope of the collective sports.
- R2 Differentiating and be able to design development tasks for different capacities-skills (coordinative, conditional, cognitive and socio-affective) characteristic of collective sports.
- R3 Recognizing, justifying and using it properly different teaching methodology (analytical work, comprehensive and modified games) according to the context of intervention in education, training of the collective sports.
- R4 Diagnosing, analyzing, planning and carrying out the intervention programs based on collective sports adapted to different levels.
- R5 Developing and showing values and attitudes for cooperation, respect and constructive criticism characteristics of collective sports.
- R6 Searching information from various scientific and bibliographic resources and analyzing critically to find for specific solutions to contextual problems.
- R7 Being able to prepare a clear, comprehensive and organized report on different aspects of the collective sports, as well as submission for oral presentation in an orderly manner



## Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL	Weighting			
	1	2	3	4
CG3 Develop skills to solve problems through decision-making			X	
CG4 Transmit any information regarding the contents of body expression both in writing and orally			X	
CG5 Plan and organize any activity efficiently			X	
CG6 Develop interpersonal skills and teamwork, both international and domestic contexts and in interdisciplinary teams and non-interdisciplinary				X
CG7 Be capable of critical reasoning using the knowledge gained		X		
CG11 Develop skills for creativity, initiative and entrepreneurship			X	
CG13 Being able to apply theoretical knowledge in practice				X
CG14 Use Internet well as communication and as a source of information			X	
SPECIFIC	Weighting			
	1	2	3	4
CE9 Know and understand the different manifestations of expressive human movement			X	
CE10 Design, plan and evaluate content of body language to improve motor skills				X
CE18 Select and know how to use the most appropriate teaching materials and resources for each type of activity				X
CE19 Learn to apply the techniques of information and communication within the body expression			X	



## Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	40,00%	Written/oral and/or practical tests.
R1, R2, R3, R4, R5, R6, R7	30,00%	Completion of a project.
R4, R5, R6, R7	10,00%	Active participation.
R1, R2, R3, R4, R5, R6, R7	20,00%	Oral exhibition of individual and / or group works.

### Observations

**MENTION OF DISTINCTION:**Summation of qualifications exceeding 9 pts. , in order of number of UCV granting.

### To pass the course in 1st and 2nd call will be essential:

Overcome with at least 5 pts the theoretical- practice exam and individual/group work. Get 5 pts. or more between the different sections of the evaluation .If a student will not exceed the assessment made by one of the instruments considered basic (and examination papers), but the rest get a score greater than 5, will be graded at 4.5.

## Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

M1 Exhibition of contents by the teacher.

M2 Dynamics and group activities.



- M3 Resolution of problems and cases.
- M4 Laboratory practices.
- M5 Discussion in small groups.
- M6 Practical lesson.
- M7 Internship assistance.



## IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
<p>PRACTICAL /SEMINAR CLASS: Dynamics and group activities. Resolution of problems and cases. Laboratory practices. Data search in a computer room, library... Meaningful construction of knowledge through the interaction and activity of the student</p> <p>M2, M3, M5, M6</p>	R2, R3, R4, R5, R6, R7	37,75	1,51
<p>TUTORY: Learning supervision, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of schemes and indexes of the proposed works.</p> <p>M5</p>	R5, R6, R7	2,00	0,08
<p>EVALUATION: Set of oral and / or written tests used in the evaluation of the student, including the oral presentation of the final project.</p> <p>M2, M3</p>	R1, R2, R3, R4, R7	4,00	0,16
<p>THEORETICAL CLASS: Presentation of content by the teacher. Competency analysis. Demonstration of skills, abilities and knowledge in the classroom.</p> <p>M1, M2, M5</p>	R1, R3, R5	16,25	0,65
<b>TOTAL</b>		<b>60,00</b>	<b>2,40</b>



## LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. M2, M3	R2, R3, R4, R5, R6, R7	20,00	0,80
AUTONOMOUS WORK: Study, Individual preparation of exercises, works, memories, to exhibit or deliver in classes and / or in tutoring. Platform activities or other virtual spaces. M3	R1, R2, R3, R6, R7	70,00	2,80
<b>TOTAL</b>		<b>90,00</b>	<b>3,60</b>





## Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
UD1	Definitions and taxonomy. Historical Evolution. Scopes of application and objectives. Session of experimentation of predominant tasks in the different scopes of application or objectives
UD2	Structural analysis of the collective sports. Structure of the collective games. The perception process taking of decision-execution in the collective sports. Capacities and structures of the collective sports: coordinative, conditional, cognitive and socio-affective. Phases and principles of the game (offensive, defensive and transitions). Session of application of the theoretical contents in practice.
UD3	Didactics of the education-training of the collective sports. Stages of formation and main targets. The process of sport Initiation. The educating trainer in initiation to the collective sports. The competition in the sport initiation. Models of education-learning: Technical-traditional model. Tactical-alternative model (vertical and horizontal). Integrated models. The session and its parts. The task and its types. Analytical tasks/global Tasks/modify-simplified Games. Graphical representation/symbolism. Session of application of the theoretical contents in practice.



- UD4
- Methodological bases of the technical fundamentals. The process of execution in the technique. Concepts and conditioners of the technical execution. Fundamentals common and biomechanical aspects keys in the execution of sport techniques. Offensive fundamentals: Dominion ability, Boat conduction, Pass-reception-control. Launching. Serve. Defensive fundamentals: Interceptions. Methodological aspects for the education-learning in different contexts. Sensible phases for the training of the technique. Criteria to construct coordinative tasks. Session of application of the theoretical contents in practice.
- UD5
- Individual tactical fundamentals. The perception-decision making process in the tactics. Tactical fundamentals  
Offensive defensives: Anticipation. Exchange. Blockade.  
Offensive fundamentals: Temporisation. Feint. Dribbling. Distancing. Deployment cuts. Defensive fundamentals: Marking. Aid-covers. Pressing-harassment. Methodological aspects for the education-learning in different contexts. Session of application of the theoretical contents in practice.
- UD6
- Collective tactical fundamentals. Basic introduction  
Planning: Collective tactics versus game systems. Types of motor communication. Characteristics of the game systems. Systems of offensive game: Principles of elaboration, development and execution of systems of offensive games. Defensive systems of game: Principles of elaboration, development and execution of systems of offensive games. Methodological aspects for the education-learning in different contexts: Traditional approach versus modern. Considerations and methodological progression. Periodization of the tactical training. Session of application of the theoretical contents in practice.



## UD7

Fundamentals of the strategy in the collective sports. Planning and importance. Strategy versus Technique versus Tactics. Individual strategy versus. Collective strategy. Action to stopped ball (ASB). Elements susceptible shrouds of the game of strategic manipulation. The analysis and "Scouting". Analysis DAFO and strategic exposition. The previous strategy and during the party. Methodological aspects for the education-learning in different contexts. Preparation and execution of ASB tools of intervention. Considerations in the education - practical of ABP plays. Examples. Session of application of the theoretical contents in practice.

## Temporary organization of learning:

Block of content	Number of sessions	Hours
UD1	2,00	4,00
UD2	3,00	6,00
UD3	5,00	10,00
UD4	5,00	10,00
UD5	5,00	10,00
UD6	6,00	12,00
UD7	4,00	8,00



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## Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

**Situation 1: Teaching without limited capacity** (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

**Situation 2: Teaching with limited capacity** (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

### 1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

Microsoft Teams

Kaltura





## **Situation 3: Confinement due to a new State of Alarm.**

In this case, the following changes are made:

### **1. Educational Activities of Onsite Work:**

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

Microsoft Teams

Kaltura

Explanation about the practical sessions:

The practical sessions will be replaced by videos showing the contents to be developed in them, presentations and explanations of examples of exercises and sessions, design of tasks and sessions.



## 2. System for Assessing the Acquisition of the competences and Assessment System

### ONSITE WORK

#### Regarding the Assessment Tools:

The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

#### Comments to the Assessment System: