



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 280102 **Name:** -

Credits: 6,00 **ECTS Year:** 1 **Semester:** 1

Module: 2) Obligatory Formation module.

Subject Matter: Manifestations of human motor skills. **Type:** Compulsory

Field of knowledge: Ciencias sociales y Jurídicas.

Department: Physical Activity Management and Didactics

Type of learning: Classroom-based learning

Languages in which it is taught:

Lecturer/-s:

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Module organization

2) Obligatory Formation module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Manifestations of human motor skills.	18,00	-	6,00	1/1
		-	6,00	1/2
		-	6,00	2/2
Sports Fundamentals.	42,00	-	6,00	1/1
		-	6,00	1/2
		-	6,00	2/1
		-	6,00	2/2

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Design, adapt, implement and evaluate the planning and programming processes of expressive activities in different ages and contexts, taking into account diversity.
- R2 Elaborate and represent expressive body activities in a creative way.
- R3 Experiment, contrast and manage resources linked to the different manifestations of the movement.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL	Weighting			
	1	2	3	4
CG2 Know how to apply information and communication technologies (ICT).				X
CG3 Develop skills to solve problems through decision making.				X
CG4 Convey any related information properly both in writing and orally.				X
CG5 Plan and organize any activity efficiently.				X
CG6 Develop interpersonal relationship skills and teamwork, both in international and national contexts and in interdisciplinary as well as non-interdisciplinary teams.				X
CG7 Be able to carry out critical reasoning using the knowledge acquired.				X
CG10 Develop skills for adaptation to new situations and for autonomous learning.				X
CG11 Develop skills for creativity, initiative and entrepreneurship.				X
CG13 Be able to apply theoretical knowledge in practice.				X
CG14 Use the internet properly as a means of communication and as a source of information.				X
CG17 Know other cultures and customs and be able to adapt your activity to them.		X		
CG18 Be able to self-evaluate.			X	
SPECIFIC	Weighting			
	1	2	3	4



CE 1.2 Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, evaluation technical-scientific and / or dissemination in different contexts and in all sectors of professional intervention of physical activity and sport.

X

CE 4.1 Fluently develop procedures and protocols to solve unstructured, unpredictable and growing problems complexity, articulating and displaying a domain of the elements, methods, processes, activities, resources and techniques that make up basic motor skills, physical activities, sports skills, play, expressive body activities and dance, and activities in nature in an appropriate, efficient, systematic, varied and methodologically integrated way for all the population and with emphasis on populations of a special nature such as: older people (seniors), schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and / or prescribed by a doctor), attending to gender and diversity and in any sector of professional intervention of physical activity and sport (teaching formal and informal physical-sports; physical and sports training; physical exercise for health; direction of physical activity and sport).

X

CE 4.2 Elaborate fluently procedures and protocols to solve unstructured, unpredictable and difficult problems. increasing complexity, articulating and displaying a domain of the elements, methods, procedures, activities, resources, techniques and processes of physical condition and physical exercise in an adequate, efficient, systematic, varied and integrated way methodologically for the entire population and with emphasis on special populations such as: older people (elderly), schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and / or prescribed by a doctor), taking into account gender and diversity and in any sector of professional intervention of activity physics and sport.

X

CE 4.3 Develop and implement the technical-scientific evaluation of the elements, methods, procedures, activities, resources and techniques that make up the manifestations of movement and processes of physical condition and physical exercise; having take into account the development, characteristics, needs and context of individuals, different types of population and spaces where physical activity and sports are carried out; in the various sectors of professional intervention and with an emphasis on populations of special character.

X



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3	30,00%	Carrying out a project.
R1, R2	20,00%	Written / oral and / or practical tests.
R3	50,00%	Oral presentation of individual and / or group works.

Observations

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M2 Group dynamics and activities.
- M3 Practical lesson.
- M4 Presentation of content by the teacher.
- M5 Laboratory practices.
- M7 Small group discussion.
- M8 Resolution of problems and cases.
- M9 Attendance at practices.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
<p>THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom. M2, M4, M7</p>	R1, R3	7,00	0,28
<p>PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer room, library, etc. Meaningful construction of knowledge through interaction and student activity. M2, M3, M7, M8</p>	R1, R2, R3	41,00	1,64
<p>TUTORING: Supervision of learning, evolution. Small group discussion. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works. M7</p>	R1	8,00	0,32
<p>EVALUATION: Set of oral and / or written tests used in the evaluation of the student, including the oral presentation of the final degree project. M2, M8</p>	R1, R2, R3	4,00	0,16
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to expose or deliver in classes and / or in tutoring. M2, M8	R1, R2, R3	50,00	2,00
SELF-EMPLOYED WORK: Study, individual preparation of exercises, works, memories, to expose or deliver in classes and / or in tutoring. Platform activities or other virtual spaces. M8	R1, R2, R3	40,00	1,60
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
1 Theoretical framework of Body Expression	Theoretical framework of Body Expression
2 Body Expression as content in the curricular area in PE	Body Expression as content in the curricular area in PE
3 Body Language	Body Language
4 The body: Body image	The body: Body image
5 Dramatization	Dramatization
6 Resources of Body Expression	Resources of Body Expression
7 Different Manifestations of Body Expression	Different Manifestations of Body Expression



Temporary organization of learning:

Block of content	Number of sessions	Hours
1 Theoretical framework of Body Expression	2,00	4,00
2 Body Expression as content in the curricular area in PE	2,00	4,00
3 Body Language	5,00	10,00
4 The body: Body image	5,00	10,00
5 Dramatization	5,00	10,00
6 Resources of Body Expression	5,00	10,00
7 Different Manifestations of Body Expression	6,00	12,00



References

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PELI´CULAS:

Five Days to dance: <http://www.suicafilms.com/five-days-to-dance/>

Dancing with Maria: <http://www.docsbarecelona.com/es/doc/dancing-with-maria>

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