



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 283404 **Name:** Practicum II

Credits: 9,00 **ECTS Year:** 4 **Semester:** 2

Module: 5) External practices.

Subject Matter: External practices. **Type:** Internship

Field of knowledge: Health sciences

Department: Basic Sciences and Cross-disciplinary Subjects

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

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Universidad
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Course guide

Year 2025/2026
283404 - Practicum II

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Module organization

5) External practices.

Subject Matter	ECTS	Subject	ECTS	Year/semester
External practices.	12,00	Internship I	3,00	3/2
		Practicum II	9,00	4/2



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Design, develop, evaluate, adapt and apply the processes of planning and programming of physical-sport activities in the different contexts (educational, training, health and management) formal and non-formal, attending to diversity, from a multidisciplinary perspective.
- R2 Organize, plan, carry out and evaluate physical-sports activities in which people with disabilities and / or different pathologies participate in all areas of physical activity sciences, as well as cooperate with other agents involved.
- R3 Support students in their diversity in the recognition of their rights, promoting physical-sports activities as a tool for educational inclusion and personal fulfillment.
- R4 Properly argue and justify (orally and in writing) methods, techniques, exercises and physical activity programs depending on the type of population and context of application.
- R5 Describe and prioritize at a practical level the configuring elements of each of the structures (coordinative, cognitive, conditional, socio-affective, and emotional-volitional) of the different sports modalities at different ages and contexts (educational, recreational, competitive and therapeutic), taking into account diversity.
- R6 Diagnose the situation of a sports organization and the context.
- R7 Evaluate the success and viability of physical-sport activity projects and design improvement proposals, considering the evolution of organizations, needs, resources and activities.
- R8 Solve problems and make decisions with efficiency and professional ethics in the field of sports and physical activity sciences.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are
(please score from 1 to 4, being 4 the highest score):

Weighting				
1	2	3	4	



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R4	10,00%	Written and/or practical tests.
R3, R7, R8	10,00%	Self appraisal.
R1, R2, R3, R4, R5, R6	30,00%	Final internship report.
R2, R3, R7, R8	50,00%	Report and assessment of the External tutor.

Observations

The student may keep the assessment instruments passed during the 3 years following the first enrolment. It is necessary to obtain 50% in the self-assessment, in the final internship report, and in the external tutor's report and assessment in order to pass the subject. According to article 4.2. of the UCV Evaluation Guidelines, the limit of absences that may be due to eventualities (medical consultation, bureaucratic procedures...) that do not have to be justified, is 30%. If any of these criteria is not met, the student will be graded with a maximum of 4.5. In the written test, the penalty system will be as follows: *Standard penalty system

No options = no subtraction

2 choices = 1 wrong subtract 100%.

3 options = 1 wrong subtract 50%.

4 options = 1 wrong subtracts 33.3%.

5 options = 1 wrong subtract 25% 6 options = 1 wrong subtract 20% *Standard penalty system

6 options = 1 wrong subtracts 20%.

The detailed explanation (procedure of the tasks) as well as the assessment instruments (cards or rubrics) of each section will be published on the platform of each group at the disposal of the student.



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Attendance at practices.
- M2 Resolution of problems and cases.
- M3 Discussion in small groups.
- M4 Practical laboratories.
- M5 Presentation of content by the teacher.
- M6 Practical lesson.
- M7 Group dynamics and activities.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom. M5	R1, R2, R3, R4, R5, R6, R7, R8	6,00	0,24
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project. M2	R1, R2, R3, R4, R5, R6, R7, R8	2,00	0,08
PRACTICAL ASSISTANCE: The practices will be supervised by a tutor belonging to the entity where they are carried out. In addition, there will be a supervisor of the process internship belonging to the university. M1	R1, R2, R3, R4, R5, R6, R7, R8	207,00	8,28
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works. M2, M7	R1, R2, R3, R4, R5, R6, R7, R8	5,00	0,20
TOTAL		220,00	8,80



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces. M2	R1, R2, R3, R4, R5, R6, R7, R8	5,00	0,20
TOTAL		5,00	0,20

Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
I	GENERAL AND SPECIFIC REGULATIONS FOR EXTERNAL PLACEMENTS
II	STAGES OF THE PRACTICUM II PROCESS AND EXTRACURRICULAR PLACEMENTS
III	PRACTICUM MANAGEMENT PROCESSES II. DOCUMENTS AND MEMORY
IV	DOCUMENTS AND PROTOCOLS FOR PROFESSIONAL PRACTICE



Temporary organization of learning:

Block of content	Number of sessions	Hours
I	1,00	2,00
II	1,00	2,00
III	1,00	2,00
IV	1,00	2,00



References

BASIC REFERENCES

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- Resolución de 22 de enero de 2020, de la Secretaría General Técnica, por la que se publica el Convenio con la Universidad Católica de Valencia, para el desarrollo de prácticas académicas externas de sus estudiantes. https://www.boe.es/diario_boe/txt.php?id=BOE-A-2020-1494
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