



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 283304 **Name:** Internship I

Credits: 3,00 **ECTS Year:** 3 **Semester:** 2

Module: 5) External practices.

Subject Matter: External practices. **Type:** Internship

Field of knowledge: Ciencias de la Salud

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught:

Lecturer/-s:

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Module organization

5) External practices.

Subject Matter	ECTS	Subject	ECTS	Year/semester
External practices.	12,00	Internship I	3,00	3/2
		Practicum II	9,00	4/2

Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Develop and show values ??and attitudes of cooperation, respect and constructive criticism typical of interdisciplinary teamwork that occurs in the management, teaching, physical-sports preparation and / or training processes sports.
- R2 Observe and record the characteristics of sports facilities and spaces in order to be able to safely practice physical sports activities.
- R3 Analyze, qualitatively and quantitatively, the physical-sports activity programs applied in different populations and contexts.
- R4 Identify: problems, difficulties, learning environments, exercise adherence environments, which are generated in the professional context.
- R5 Analyze, reflect and describe, the practical experience, through the knowledge acquired.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

Weighting				
1	2	3	4	

Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5	10,00%	Written / oral and / or practical tests.
R2, R3, R4, R5	20,00%	Delivery of the final report of practices.
R1, R2, R4, R5	60,00%	Report and assessment of the tutor and the internship supervisor.
R1, R3, R4, R5	10,00%	Self-assessment of the practices.

Observations

- The student will be able to keep the evaluation instruments passed during the 3 years following the first enrollment.
- It is necessary to obtain 50% in all the instruments to pass the subject. If this criterion is not met, the student will be graded with a maximum of 4.5 in said call.



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M2 Group dynamics and activities.
- M4 Presentation of content by the teacher.
- M7 Small group discussion.
- M8 Resolution of problems and cases.
- M9 Attendance at practices.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom. M4	R1, R2, R3, R4	6,00	0,24
TUTORING: Supervision of learning, evolution. Small group discussion. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works. M2, M8	R1, R2, R3, R4, R5	4,00	0,16
PRACTICAL ASSISTANCE: The practices will be tutored by a tutor belonging to the entity where they are carried out. What's more there will be a supervisor of the internship process belonging to the university. M9	R1, R2, R3, R4, R5	60,00	2,40
EVALUATION: Set of oral and / or written tests used in the evaluation of the student, including the oral presentation of the final degree project. M8	R2, R3, R4	1,00	0,04
TOTAL		71,00	2,84



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
SELF-EMPLOYED WORK: Study, individual preparation of exercises, works, memories, to expose or deliver in classes and / or in tutoring. Platform activities or other virtual spaces. M8	R2, R3, R4, R5	4,00	0,16
TOTAL		4,00	0,16

Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
BLOCK I	General and specific regulations for external practices.
BLOCK II	Phases of the process of Practicum I, Practicum II and extracurricular practices.
BLOCK III	Practicum I management processes. Documents and memory
BLOCK IV	Observational recording instruments



Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I	1,00	2,00
BLOCK II	1,00	2,00
BLOCK III	0,50	1,00
BLOCK IV	0,50	1,00



References

BASIC BIBLIOGRAPHY:

RD.1707/2011 de 18 de noviembre por el que se regulan las prácticas académicas externas de los estudiantes universitarios (BOE sábado 10 de diciembre 2011.)

Normativa prácticas académicas externas UCV

Normativa adaptada al grado de Ciencias de la Actividad Física y del Deporte

Álvarez, V. y col. (2006). *Diseño y evaluación de programas*. Madrid: EOS.

Alvira, M.F. (1991). *Metodología de la evaluación de programas*. Madrid: CIS.

American College of Sports Medicine. ACSM'S (2006) Guidelines for exercise testing and prescription. Lippincott Williams & Wilkins. Baltimore.

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- Mestre, J.A. (2008). *Planificación estratégica del deporte: teoría y práctica: hacia la sostenibilidad*. Madrid: Síntesis.
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- Agirreazkuenaga, I. (1998) *Intervención pública en el deporte*, Madrid: IVAP/Civitas.
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- Serra, J.R. (2004). *Prescripción del ejercicio físico para la salud*. Barcelona: Paidotribo.



Addendum to the Course Guide of the Subject

Due to the exceptional situation caused by the health crisis of the COVID-19 and taking into account the security measures related to the development of the educational activity in the Higher Education Institution teaching area, the following changes have been made in the guide of the subject to ensure that Students achieve their learning outcomes of the Subject.

Situation 1: Teaching without limited capacity (when the number of enrolled students is lower than the allowed capacity in classroom, according to the security measures taken).

In this case, no changes are made in the guide of the subject.

Situation 2: Teaching with limited capacity (when the number of enrolled students is higher than the allowed capacity in classroom, according to the security measures taken).

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject will be made through a simultaneous teaching method combining onsite teaching in the classroom and synchronous online teaching. Students will be able to attend classes onsite or to attend them online through the telematic tools provided by the university (videoconferences). In any case, students who attend classes onsite and who attend them by videoconference will rotate periodically.

In the particular case of this subject, these videoconferences will be made through:

☐

Microsoft Teams

☐

Kaltura



Situation 3: Confinement due to a new State of Alarm.

In this case, the following changes are made:

1. Educational Activities of Onsite Work:

All the foreseen activities to be developed in the classroom as indicated in this field of the guide of the subject, as well as the group and personalized tutoring, will be done with the telematic tools provided by the University, through:

☐

Microsoft Teams

☐

Kaltura

Explanation about the practical sessions:



2. System for Assessing the Acquisition of the competences and Assessment System

ONSITE WORK

Regarding the Assessment Tools:

☒ The Assessment Tools will not be modified. If onsite assessment is not possible, it will be done online through the UCVnet Campus.

☐ The following changes will be made to adapt the subject's assessment to the online teaching.

Course guide		Adaptation	
Assessment tool	Allocated percentage	Description of the suggested changes	Platform to be used

The other Assessment Tools will not be modified with regards to what is indicated in the Course Guide.

Comments to the Assessment System: