



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 282063 **Name:** Inglés Intermedio para Ciencias Actividad Física y Deporte

Credits: 4,50 **ECTS Year:** 3, 4 **Semester:** 2

Module: 4) Optional Module.

Subject Matter: Idiom **Type:** Elective

Field of knowledge: Health Sciences

Department: Basic Sciences and Cross-disciplinary Subjects

Type of learning: Classroom-based learning

Languages in which it is taught: English

Lecturer/-s:

OAC30	Katherine Haug (Profesor responsable)	katherine.haug@ucv.es
OAC304	<u>Pablo Daniel Soltice Berenguer</u> (English Responsible Lecturer)	pablodaniel.soltice@ucv.es
OAC30B	<u>Chiara De Luca</u> (English Responsible Lecturer)	chiara.deluca@ucv.es



Module organization

4) Optional Module.

Subject Matter	ECTS	Subject	ECTS	Year/semester
Inclusive Activities and Practices	4,50	Inclusive Activities and Practices in the Areas of Education and Leisure Time	4,50	3, 4/2
Anthropology.	12,00	Anthropology	6,00	3/1
		Science, Reason and Faith	6,00	3/2
Collective Sports	22,50	Basketball	4,50	3, 4/2
		Football	4,50	3, 4/2
		Handball	4,50	3, 4/2
		Hockey	4,50	This elective is not offered in the academic year 25/26
		Volleyball	4,50	4/2
Adversary Sports	18,00	Fencing	4,50	This elective is not offered in the academic year 25/26
		Judo	4,50	4/2
		Paddle	4,50	4/2
		Tennis	4,50	3, 4/2



Sports in the Natural Environment	4,50	Sports in Nature: Specific Techniques	4,50	3, 4/2
Individual sports	22,50	Athletics	4,50	3, 4/2
		Cycling	4,50	This elective is not offered in the academic year 25/26
		Gymnastics	4,50	This elective is not offered in the academic year 25/26
		Swimming	4,50	This elective is not offered in the academic year 25/26
		Triathlon	4,50	3, 4/2
Direction and Management of Gyms and Sports Centers	4,50	Gym and Sports Centre Management and Administration	4,50	This elective is not offered in the academic year 25/26
Idiom	9,00	Inglés Avanzado para Ciencias Actividad Física y Deporte	4,50	3, 4/2
		Inglés Intermedio para Ciencias Actividad Física y Deporte	4,50	3, 4/2
Sports facilities	4,50	Sports Facilities	4,50	This elective is not offered in the academic year 25/26
Research Methods and Techniques	4,50	Applied Research Methods and Techniques in Sport Sciences	4,50	3, 4/2
Nutrition	4,50	Nutrition	4,50	3, 4/2



Professional Itinerary Electives	27,00	Fitness and Physical Conditioning	6,00	4/1
		Pedagogy in Educational Values in Sports and Physical Activity	6,00	4/1
		Skills, Entrepreneurship and Employment	3,00	4/2
		Sports Management of Human and Economic Resources	6,00	4/1
		Theory and Practice of Training for High Performance in Sports	6,00	4/1
Trends in sports practices	4,50	Trends in Sports Practices	4,50	This elective is not offered in the academic year 25/26
Social Skills and Group Dynamics	4,50	Social Skills and Group Dynamics	4,50	This elective is not offered in the academic year 25/26



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Produce well-organized oral texts in English (at B1+ level) appropriate for the interlocutor and their communicative purpose in general communication contexts and contexts related to Physical Education and Sports Sciences (CAFD).
- R2 Engage in oral debates in English (at B1+ level) with correctness, fluency, and spontaneity that allow for maintaining interaction, reacting, asking questions, and repeating what the interlocutor said to ensure mutual understanding in communication contexts.
- R3 Identify the general meaning, essential information, main points, and relevant details in clearly structured oral texts delivered in standard English (at B2 level) at a moderate pace and transmitted live.
- R4 Compose simple and cohesive written texts in standard English (at B2 level), whether public or private, that require conveying or contrasting information, narrating stories, describing experiences or events (real or imaginary), feelings, and reactions.

Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

Weighting				
	1	2	3	4



Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4	50,00%	Written and/or practical tests.
R1, R2, R3, R4	30,00%	Individual or Group Work / Project.
R1, R2, R3, R4	20,00%	Oral tests or presentation.

Observations

- The student may keep the assessment instruments passed for 3 years after the first registration.
- It is necessary to obtain 50% in all instruments to pass the subject.
- If any of these criteria are not met, the student will be graded with a maximum of 4.5.
- According to article 4.2. of the Guidelines for Evaluation at UCV, the limit of absences that may be due to eventualities (medical consultation, bureaucratic procedures...) that do not have to be justified, is 30%.

The detailed explanation (procedure of the tasks) as well as the evaluation instruments (cards or rubrics) of each section will be published on the platform of each group at the student's disposal.

Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M1 Attendance at practices.
- M2 Resolution of problems and cases.
- M3 Discussion in small groups.
- M4 Practical laboratories.



- M5 Presentation of content by the teacher.
- M6 Practical lesson.
- M7 Group dynamics and activities.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom. M2, M5, M7	R1, R2, R3, R4	10,00	0,40
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer classroom, library, etc. Meaningful construction of knowledge through student interaction and activity. M2, M4, M5, M6	R1, R2, R3, R4	23,00	0,92
EVALUATION: Set of oral and/or written tests used in the evaluation of the student, including the oral presentation of the final degree project. M2	R1, R2, R3, R4	5,00	0,20
TUTORING: Supervision of learning, evolution. Discussion in small groups. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works. M2, M5	R2, R3, R4	7,00	0,28
TOTAL		45,00	1,80



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to present or deliver in classes and/or in tutoring. M2, M7	R2, R3, R4	22,50	0,90
SELF-EMPLOYED WORK: Study, Individual preparation of exercises, assignments, reports, to present or deliver in classes and/or in tutoring. Activities in platform or other virtual spaces. M2, M5, M7	R2, R3, R4	45,00	1,80
TOTAL		67,50	2,70



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
BLOCK I	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of B1+ level. Specific area: Sport context, general questions: basic actions, implements, places where sport is practised, sport professionals, expression of sport results.
BLOCK II	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of level B1+. Specific area: Sport context, general issues: competition sport, adventure activities and conditioning activities.
BLOCK III	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of B1+ level. Specific area: Physical activity and health.
BLOCK IV	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of B1+ level. Specific area: Psychosocial aspects of sport.
BLOCK V	Language skills: review and practice of the main grammatical, lexical, functional and pragmatic elements of B1+ level. Specific area: Research in Sport Science.



Temporary organization of learning:

Block of content	Number of sessions	Hours
BLOCK I	5,50	11,00
BLOCK II	5,50	11,00
BLOCK III	5,50	11,00
BLOCK IV	4,00	8,00
BLOCK V	2,00	4,00

References

BASIC REFERENCE:

Hernández, A. y Prades, C. (2019). *English for Physical and Sports Activities*. Altamar

COMPLEMENTARY REFERENCES:

Evans, V., Dooley, J, & Graham A. (2019) *Career Paths: Sports*. Express Publishing
Healthline Fitness. (n.d.). <https://www.healthline.com/fitness>

Nisco, M. C. (2017). *The English Training Lab. Sports and Health in ESP Contexts*.

PE Blog | Resources for PE Teachers and Coaches. (n.d.). PE Blog.

<https://blog.peoffice.co.uk/>

Rea, S. (2023). *Sports Science: A complete introduction*. Hachette UK.