



Information about the subject

Degree: Bachelor of Sciences of Physical Activity and Sport

Faculty: Faculty of Physical Activity and Sport Sciences

Code: 281104 **Name:** History and Sociology of Physical Activity and Sport

Credits: 6,00 **ECTS Year:** 1 **Semester:** 2

Module: 1) Basic formation Module

Subject Matter: Behavioral and social foundations of human motor skills. **Type:** Basic Formation

Field of knowledge: Ciencias sociales y Jurídicas.

Department: -

Type of learning: Classroom-based learning

Languages in which it is taught: Spanish

Lecturer/-s:

281A	<u>Pablo Vidal Gonzalez</u> (Responsible Lecturer)	pablo.vidal@ucv.es
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281C	<u>Pablo Vidal Gonzalez</u> (Responsible Lecturer)	pablo.vidal@ucv.es
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281X	<u>Josep Capsi Martí</u> (Responsible Lecturer)	josep.capsi@ucv.es



Module organization

1) Basic formation Module

Subject Matter	ECTS	Subject	ECTS	Year/semester
Biological and mechanical foundations of human motor skills.	36,00	Biochemistry and Human Physiology	9,00	1/2
		Biomechanics of Physical Activity	6,00	2/1
		Human Anatomy	9,00	1/2
		Kinesiology	6,00	2/1
		Physiology of Exercise	6,00	2/1
Behavioral and social foundations of human motor skills.	24,00	History and Sociology of Physical Activity and Sport	6,00	1/2
		Sport Psychology	6,00	1/2
		Statistics and Data Processing	6,00	2/2
		Technology Applied to Physical Activity and Sport	6,00	1/1



Learning outcomes

At the end of the course, the student must be able to prove that he/she has acquired the following learning outcomes:

- R1 Evaluate and compare data related to the history and evolution of physical-sporting activity from different perspectives of the human and social sciences .
- R2 Correctly handle various sources of documentary information: archive and informative support linked to the history of Physical Activity and sport (in Spanish, English and other languages ??depending on the content).
- R3 Identify and describe the emergence of emerging physical-sports practices, based on their cultural and historical context.
- R4 Argue and adequately justify (in writing or oral) research, educational and informative projects based on the cultural and historical context.
- R5 Analyze the evolution of needs and activities in the different areas of physical and sporting activity in society.
- R6 Collect information on the habits, needs and desires of society in relation to physical-sports activities.



Competencies

Depending on the learning outcomes, the competencies to which the subject contributes are (please score from 1 to 4, being 4 the highest score):

GENERAL		Weighting			
		1	2	3	4
CG1	Understand the scientific literature in English and in other languages ??of significant presence in the scientific field through proper information management.			X	
CG2	Know how to apply information and communication technologies (ICT).				X
CG4	Convey any related information properly both in writing and orally.				X
CG6	Develop interpersonal relationship skills and teamwork, both in international and national contexts and in interdisciplinary as well as non-interdisciplinary teams.	X			
CG7	Be able to carry out critical reasoning using the knowledge acquired.			X	
CG9	Know and act within the ethical principles necessary for proper professional practice.	X			
CG10	Develop skills for adaptation to new situations and for autonomous learning.				X
CG11	Develop skills for creativity, initiative and entrepreneurship.		X		
CG13	Be able to apply theoretical knowledge in practice.				X
CG14	Use the internet properly as a means of communication and as a source of information.				X
CG15	Transmit the knowledge acquired both to people specialized in the matter and to people not specialized in The subject in question .		X		
CG17	Know other cultures and customs and be able to adapt your activity to them.	X			
CG19	Develop habits of excellence and quality in professional practice.			X	



SPECIFIC	Weighting			
	1	2	3	4
CE 1.2 Design and apply the methodological process integrated by observation, reflection, analysis, diagnosis, execution, evaluation technical-scientific and / or dissemination in different contexts and in all sectors of professional intervention of physical activity and sport.		X		
CE 6.3 Articulate and deploy with rigor and a scientific attitude the justifications on which to elaborate, support, base and constantly and professionally justify all acts, decisions, processes, procedures, actions, activities, tasks, conclusions, reports and professional performance.		X		

Assessment system for the acquisition of competencies and grading system

Assessed learning outcomes	Granted percentage	Assessment method
R1, R2, R3, R4, R5, R6	50,00%	Carrying out a project.
R1, R2, R3, R4, R5, R6	40,00%	Written / oral and / or practical tests.
R1, R2, R3, R4, R5, R6	10,00%	Active participation.

Observations

- The student will be able to keep the evaluation instruments passed during the 3 years following the first enrollment.
- It is necessary to obtain a 50% in the following instruments (if this criterion is not fulfilled, the student will be graded with a maximum of 4.5 in that exam):
 - Written/oral and/or practical tests
 - Project development



Learning activities

The following methodologies will be used so that the students can achieve the learning outcomes of the subject:

- M2 Group dynamics and activities.
- M3 Practical lesson.
- M4 Presentation of content by the teacher.
- M5 Laboratory practices.
- M7 Small group discussion.
- M8 Resolution of problems and cases.
- M9 Attendance at practices.



IN-CLASS LEARNING ACTIVITIES

	LEARNING OUTCOMES	HOURS	ECTS
THEORETICAL CLASS: Presentation of contents by the teacher. Competency analysis. Demonstration of capabilities, skills and knowledge in the classroom. M2, M4, M7	R1, R2, R3, R4	20,00	0,80
PRACTICAL CLASS / SEMINAR: Group dynamics and activities. Resolution of problems and cases. Practical laboratories. Data search, computer room, library, etc. Meaningful construction of knowledge through interaction and student activity. M2, M3, M7, M8	R1, R2, R3, R4, R5, R6	32,00	1,28
TUTORING: Supervision of learning, evolution. Small group discussion. Resolution of problems and cases. Presentation of results before the teacher. Presentation of diagrams and indexes of the proposed works. M7	R1, R2, R3, R4	4,00	0,16
EVALUATION: Set of oral and / or written tests used in the evaluation of the student, including the oral presentation of the final degree project. M2, M8	R1, R2, R3, R4, R5, R6	4,00	0,16
TOTAL		60,00	2,40



LEARNING ACTIVITIES OF AUTONOMOUS WORK

	LEARNING OUTCOMES	HOURS	ECTS
GROUP WORK: Problem solving. Preparation of exercises, memoirs, to expose or deliver in classes and / or in tutoring. M2, M8	R1, R2, R3, R4, R5, R6	45,00	1,80
SELF-EMPLOYED WORK: Study, individual preparation of exercises, works, memories, to expose or deliver in classes and / or in tutoring. Platform activities or other virtual spaces. M8	R1, R2, R3, R4, R5, R6	45,00	1,80
TOTAL		90,00	3,60



Description of the contents

Description of the necessary contents to acquire the learning outcomes.

Theoretical contents:

Content block	Contents
2 JJOO of Antiquity and Contemporary Olympic Movement.	JJOO of Antiquity and Contemporary Olympic Movement.
2 SXIX: Gymnastic Schools Sport in England Origins of modern Olympism	SXIX: Gymnastic Schools Sport in England Origins of modern Olympism
3 Sport and Global Society: the sociological perspective	Sport and Global Society: the sociological perspective
4 Gender, Age and Sport	Gender, Age and Sport
5 Sports Culture and Socialization	Sports Culture and Socialization
6 Social Structure of Sports Practice	Social Structure of Sports Practice



Temporary organization of learning:

Block of content	Number of sessions	Hours
2 JJOO of Antiquity and Contemporary Olympic Movement.	5,00	10,00
2 SXIX: Gymnastic Schools Sport in England Origins of modern Olympism	5,00	10,00
3 Sport and Global Society: the sociological perspective	5,00	10,00
4 Gender, Age and Sport	5,00	10,00
5 Sports Culture and Socialization	5,00	10,00
6 Social Structure of Sports Practice	5,00	10,00

References

- Betancor, M. A. & Vilanou, C. (1995). Historia de la Educación Física y el Deporte a través de los textos. Promociones Publicaciones Universitarias.
- Diem, C. (1966). Historia de los deportes. Vol 1-2. Luis de Caralt.
- García Ferrando, M., Puig, N., Lagardera, F., Llopis, R., & Vilanova, A. (2017). Sociología del deporte. Alianza
- García Ferrando, M. & Llopis, R. (2017). La popularización del deporte en España. Encuestas de Hábitos Deportivos 1980-2015. Centro de Investigaciones Sociológicas
- Mandell, R.D. (1986). Historia cultural del deporte. Bellaterra S.L.
- Rodríguez López, J. (2000). Historia del deporte. INDE Publicaciones.